



# Town of Cortlandt

## SUMMER 2023 RECREATION PROGRAM BROCHURE

— Town Supervisor —  
Richard H. Becker, MD

— Town Board —  
James F. Creighton | Francis X. Farrell | Cristin Jacoby | Robert E. Mayes



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**Town of Cortlandt Recreation & Conservation Department**

Cortlandt Town Hall  
1 Heady Street  
Cortlandt Manor, NY 10567-1241

- ☎ Phone: 914-734-1050
- 🌐 Website: [www.townofcortlandt.com](http://www.townofcortlandt.com)
- ✉ Email: [tocrec@townofcortlandt.com](mailto:tocrec@townofcortlandt.com)
- 📘 Facebook: [facebook.com/townofcortlandt](https://facebook.com/townofcortlandt)
- 📷 Instagram: [@townofcortlandt](https://instagram.com/@townofcortlandt)

*- Sponsored by the Town of Cortlandt -*

**TOWN SUPERVISOR**  
Richard H. Becker, MD

**TOWN BOARD**  
James F. Creighton | Francis X. Farrell | Cristin Jacoby | Robert E. Mayes

**PARKS, RECREATION, & CONSERVATION ADVISORY BOARD**

- Michael J. Huvane, Chairman
- Tino Martin, Vice Chairman
- Jeffrey Boudin
- Pamela Bush Denenberg
- Jennifer Corrado
- Paul DiRoma
- Michael Fleming
- Nathan Palmer
- Pete Ruvolo
- Joy A. Snyder

**ADVISORY BOARD HIGH SCHOOL STUDENTS**

- Kailee Fleming
- Emily Grace Ruvolo

**RECREATION & CONSERVATION DEPARTMENT**

- John Palmiotto, Director ..... 914-734-1051
- Kenneth Sherman, Deputy Director ..... 914-734-1058
- Lesley Popkin, Recreation Supervisor II ..... 914-734-1057
- Tim Fisher, Recreation Supervisor ..... 914-734-1056
- Greg Kroohs, Senior Recreation Leader ..... 914-734-1055
- Dawn Mahoney, Director of Senior Services ..... 914-528-1572
- Rebecca Ferguson, Assistant Director of Senior Services ..... 914-528-8377
- Lindsey Luposello, Youth Center Interim Director ..... 914-736-0498
- Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator ..... 914-734-1052

**OFFICE STAFF**

Emma Giovinco | Janice LaFave

*The Town of Cortlandt gratefully acknowledges the cooperation extended by the Hendrick Hudson School District, Lakeland Central School District, Village of Buchanan, Village of Croton-on-Hudson, Cortlandt Town Center and to all other groups regarding the use of their facilities and to our business community for supporting our programs and teams.*

<b>CORTLANDT TOWN HALL</b>	Main Telephone Number	914-734-1000
<b>DEPARTMENT OF ENVIRONMENTAL SERVICES</b>	<i>167 Roa Hook Road, Cortlandt Manor, NY 10567</i>	
Director	Steve Ferreira, P.E.	914-737-0100
Deputy Director	Christina Edwards	914-737-0100
Working Supt. Highway		914-737-0075
Highway & Parks Division		914-737-0075
Sanitation Division		914-737-0100
Water Division		914-734-1026
Water Division Billing Issues, Northern Westchester Joint Water Works		914-737-5380 EXT 114
<b>HOTLINE FOR INFORMATION AND EVENTS</b>		914-734-1000 EXT 28
<b>DIRECTOR OF OPERATIONS</b>	Claudia Vahey	914-734-1004
<b>JUSTICE COURT</b>	Judge Kimberly Ragazzo	914-734-1090
	Judge Maritza Fugaro-Norton	914-734-1090
<b>JUSTICE COURT CLERK</b>	Audrey Stewart	914-734-1090
<b>MURIEL H. MORABITO COMMUNITY CENTER</b>	<i>29 West Brook Drive, Cortlandt Manor, NY 10567</i>	
Office of the Aging Director	Dawn Mahoney	914-528-1464
Nutrition Site Manager & Assistant to Director	Rebecca Ferguson	914-528-8377
<b>DEPARTMENT OF PLANNING &amp; COMMUNITY DEVELOPMENT</b>		
Director	Christopher Kehoe	914-734-1080
Assistant Director	Rosemary Boyle-Lasher	914-734-1083
<b>PURCHASING DEPARTMENT/ CENTRAL SUPPLIES</b>		
Director of Purchasing	Jennifer Glasheen	914-734-1046
<b>RECEIVER OF TAXES</b>	Debra A. Carter	914-734-1030
<b>DEPARTMENT OF RECREATION AND CONSERVATION</b>		
Director	John Palmiotto	914-734-1051
Deputy Director	Ken Sherman	914-734-1058
<b>SUPERVISOR</b>	Richard H. Becker, MD	914-734-1002
Secretary to the Supervisor	Judi Peterson	914-734-1002
Assistant to the Supervisor	Dianne Carroll	914-734-1101
Assistant to the Supervisor	Elvia Sinchi	914-734-1002
<b>DEPARTMENT OF TECHNICAL SERVICES- CODE ENFORCEMENT, ENGINEERING, AND PLANNING</b>		
Director D.O.T.S	Michael Preziosi, P.E.	914-734-1060
Deputy Director, D.O.T.S.	Artie D'Angelo, Jr., P.E.	914-734-1060
Director, Code Enforcement	Martin Rogers, P.E.	914-734-1010
Assistant Director, Code Enforcement	Holly Haight	914-734-1015
<b>TOWN ASSESSOR</b>		914-734-1040
<b>TOWN ATTORNEY</b>	Thomas Wood	914-736-0930
<b>DEPUTY TOWN ATTORNEY</b>	Michael Cunningham	914-736-0930
<b>TOWN COMPTROLLER</b>	Patricia Robcke	914-734-1070
<b>TOWN CLERK</b>	Laroue Shatzkin	914-734-1020
<b>YOUTH &amp; RECREATION CENTER</b>	<i>3 Memorial Drive, Croton on Hudson, NY 10520</i>	
Youth Center Interim Director	Lindsey Luposello	914-736-0498

# Letter from the Supervisor

Dear Cortlandt Resident:

I am excited to present you with our summer 2023 brochure. There are many exciting activities for all members of our community. In addition, I wanted to give you an update on the following new exciting project:

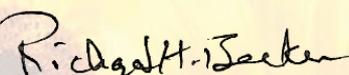
The Town of Cortlandt has been actively planning for a new permanent outdoor **amphitheater** at the Cortlandt Waterfront Park in Verplanck. The town is in receipt of grant funding for this project and we are actively in the planning phase. We are endeavoring to design the stage in such a fashion that the view will be entirely preserved. The Town Board recognizes that this property is unique in that it is unencumbered by railroad tracks or other structures that block the view of the magnificent River. Accordingly, we are seeking a structure that enhances the park without obstructing this magical vista. We envision that the amphitheater will have a floating roof, such that the views can be enjoyed during concerts and other events. The Town Board as well as local citizens and staff visited the park as part of the planning process.

In addition, the town of Cortlandt has received a grant from Westchester County to rebuild the children's playground! This playground has fallen into disrepair, given the harsh environment along the river. We are working with the County to design an **"aviation" themed children's playground** to honor the memory of Mr. James Martin, who donated the property. There will be all brand-new equipment, with all of the latest safety advances. There will also be gentle pathways to allow the park to be enjoyed by those who may be handicapped or have difficulty walking. We are grateful to State Sen. Peter Harckham for arranging the grant funding for the amphitheater, as well as to County Executive George Latimer and our two local County legislators (Catherine Borgia and Colin Smith) for their assistance in providing the County grant for the children's playground. Please join us for our annual Cortlandt Family Fun Day on September 9th and in the fall brochure you will see upcoming announcements about our Fourth Annual Winter Wonderland.

Lastly, we would like to announce the changing of the guard in our Department of Recreation and Conservation. Many of you know John Palmiotto the Director of our Department of Recreation and Conservation. John will be retiring for this position on April 27th. We would like to congratulate John on his upcoming retirement and we wish all the best. We are extremely grateful to John for all of his work and dedication during his 36 years in the Town government.

Wishing you a fun filled summer season with friends and family. Enjoy all of our wonderful activities.

Sincerely,



Richard H. Becker, M.D.  
Supervisor, Town of Cortlandt



# VETERANS INFORMATION

## VETERANS MONTHLY MEETINGS

Our Cortlandt Regional Veterans Committee meets monthly at Cortlandt Town Hall, 1 Heady Street and chairman, Willy Nazario (a Purple Heart Vietnam Veteran) and his fellow Veterans represent the pride in Country that is reflected in all of our Veterans throughout the years.

If you have any questions in regards to the meetings, please call Karen Grexa at 914-528-1572.

## VIETNAM MEMORIAL AND MILITARY ORDER OF THE PURPLE HEART MEMORIAL AT CORTLANDT TOWN HALL

The Town of Cortlandt has constructed and dedicated memorials on the front lawn at Town Hall. The Town of Cortlandt honored the men and women veterans for the 50th anniversary of the Vietnam War. This memorial will be a living tribute to those who defended our Country and to those who sacrificed their lives for our freedoms in America.

We also have a glorious Veteran's Memorial at our Cortlandt Waterfront Park by the Hudson River in the hamlet of Verplanck.



## ★ CORTLANDT MANOR MILITARY TRIBUTE BANNERS ★

The Town of Cortlandt is proud to announce that we are sponsoring a Military Tribute Banner Program in the Town of Cortlandt. The banners are a beautiful tribute to honor all of our men and women who have defended our Country and fought for our freedoms in America. The banners will be displayed from Memorial Day to Veterans Day along Route 9A near the VA Hospital in Montrose, Broadway in Verplanck and Oregon Road. After this period, they will be taken down and given to the family or business that purchased the banner as a keepsake. Then the next cycle takes place.

For additional details regarding these special banners and for ordering/payment information, please visit the Town Information Section at [www.townofcortlandt.com](http://www.townofcortlandt.com). Contact the Supervisor's Office at 914-734-1002 or [DianneC@townofcortlandt.com](mailto:DianneC@townofcortlandt.com) for more information.



*In honor of our Town of Cortlandt Disabled Veterans and their spouses, the Town of Cortlandt Recreation Department will offer half prices for all recreation programs offered in this brochure.*



## DOWNLOAD OTOCAST TODAY!

Otocast provides a mobile application used for audio and visual guides of specific points of interest such as historical and recreational sites in any participating location. The Town of Cortlandt is now a part of this incredible easily accessible mobile application.



Download the Otocast app now on the App Store or Google Play to take advantage of this app today!



Town of Cortlandt Youth Center



Charles J. Cook Recreation Center



## The Town of Cortlandt Announces RECYCLE RIGHT WESTCHESTER APP



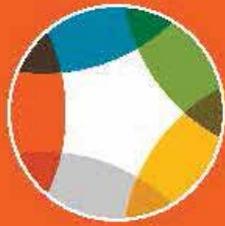
### Never miss another collection day

- View your collection schedule online or download the mobile waste app.
- Sign up for collection day reminders - get them by email, phone call or text message!

### Full details at

[www.townofcortlandt.com/sanitationschedule](http://www.townofcortlandt.com/sanitationschedule)





ONSOLVE  
**CODERED**

**Text CORTLANDT**  
to 99411 to  
enroll in CodeRED  
public safety alerts





# STORM PREPAREDNESS

## TOWN OF CORTLANDT INFORMATION

### IMPORTANT RESOURCES AND LINKS

#### CON EDISON

800-752-6633 | [www.coned.com](http://www.coned.com)

#### Sign up for alerts on the Town of Cortlandt Website:

[www.townofcortlandt.com/alerts](http://www.townofcortlandt.com/alerts)

#### TOWN OF CORTLANDT STORM HOTLINE

914-97-STORM

914-977-8676

[www.townofcortlandt.com](http://www.townofcortlandt.com)

#### TOWN OF CORTLANDT, DES HIGHWAY DIVISION

914-737-0075

[highway@townofcortlandt.com](mailto:highway@townofcortlandt.com)

for downed trees and/or wires

#### TOWN OF CORTLANDT FACEBOOK

[www.facebook.com/townofcortlandt](http://www.facebook.com/townofcortlandt)

#### OPTIMUM CABLE, NY

#### BRONX / BROOKLYN / WESTCHESTER

Residential Customer Service, 718-860-3513

[www.optimum.net](http://www.optimum.net)

#### VERIZON FIOS

800-837-4966

[www.verizon.com/home/fios/](http://www.verizon.com/home/fios/)

#### NYS POLICE

Non-Emergency Phone 914-737-7171

#### WESTCHESTER COUNTY POLICE

Non-Emergency Phone 914-864-7701

#### EMERGENCY 911

### STORM PREPAREDNESS CHECKLIST

- Pay close attention to weather advisories and storm warnings



- Keep a flashlight and fresh batteries handy



- Refuel vehicles and ensure they are in good working condition



- Have a battery powered radio to keep informed of restoration efforts



- Have a plan to check on vulnerable neighbors and family members



- Stock water and packaged or canned foods that do not require refrigeration



- Have a phone that does not require an electric outlet to operate; Charge cell phones or have a car cell phone charger



- Ensure adequate supplies of medications, cash, and other necessities



- Stay at least 30 feet away from downed power lines, and lines that may be entangled and hidden in fallen trees. Assume a downed line is live.
- Avoid using candles for illumination.
- Never use outdoor gas or charcoal grills, indoors as they pose a fire hazard and, over time, can give off deadly carbon monoxide gas. Use these appliances outdoors only, with proper ventilation. Operate motor vehicles outdoors only, and never in the garage.



## SUSTAINABLE CORTLANDT OUR MISSION

To protect and enhance the quality of life of our residents and the unique environment of our area by establishing programs and policies which integrate sustainability into Town governance and planning, at the same time we want to encourage and enable Town residents and businesses to adopt sustainable practices.



### ELECTRIC VEHICLE (EV) OUTLET STATION



Through a grant provided by the New York Power Authority in 2014, The Town of Cortlandt was able to install two electric vehicle charging stations at Town Hall. Please download the free EV Connect mobile app which is available in the Apple App Store and Google Play Store or at [www.evconnect.com/charging-app/](http://www.evconnect.com/charging-app/) and register for an account. Once registered, you will receive a confirmation link through email. You may also register at [network.evconnect.com](http://network.evconnect.com). If you would like to do a one-time charge, please call EV Connect driver support line at 866-816-PLUG(7584).

Please note: Public drivers will need to setup a PayPal account and have it associated to their EVC account prior to using the stations.

To schedule an appointment and for more information about chemical clean up and H-MRF (Household Material Recovery Facility) contact Westchester County at **914-813-5425** or visit [www.westchester.gov](http://www.westchester.gov)

This guide is printed on **RECYCLED PAPER**; As a result, approximately five (5) trees were preserved.



The Town has established regular pick up routes for organic yard waste. Yard waste will be picked up town wide on these dates. Yard waste must be placed in Brown Biodegradable Bags or loosely in garbage cans.

Plastic bags cannot be composted. Organic waste in plastic bags will not be picked up. Please visit the website for further information [www.townofcortlandt.com/sanitation](http://www.townofcortlandt.com/sanitation)

The Town of Cortlandt Town Hall will host a **PERMANENT MEDICAL DROP BOX** to offer our Town residents the opportunity to safely discard unwanted prescription drugs.

The box is located in the Purchasing Building at the Town of Cortlandt Town Hall Campus at **1 Heady Street, Cortlandt Manor, NY 10567**

The hours of operation will be  
**Monday- Friday: 9:00 AM-3:30 PM**

The drop box is monitored by the Westchester County State Police.

# SOLUTIONS TO STORMWATER POLLUTION

## EASY THINGS YOU CAN DO EVERY DAY TO PROTECT OUR WATER

Stormwater is water from rain or melting snow that flows from rooftops, paved areas and lawns that doesn't soak into the ground but runs off into waterways, like streams, ponds, lakes, and rivers.

As it flows, stormwater runoff collects and transports soil, animal waste, salt, fertilizers, oil and grease, pesticides, litter and other potential pollutants. This pollution can enter groundwater, streams, lakes, ponds, and rivers and can even affect the quality of our drinking water.

Increase in impervious surfaces cause more stormwater runoff. Because less water is soaking in, flooding can become more frequent and more destructive.

The Town of Cortlandt is a regulated community and has enacted updated Town ordinances governing stormwater. To learn more, visit our website at: [www.townofcortlandt.com/stormwater](http://www.townofcortlandt.com/stormwater)

## WHAT CAN YOU DO TO HELP WITH STORMWATER ISSUES?

### LAWN CARE

Most lawns tested in Westchester County DO NOT need more phosphorus. If you must fertilize, use phosphorus-free fertilizer (where the middle number on the bag is zero). Excess fertilizer flows into streams, lakes, rivers, and reservoirs, where it can degrade drinking water, lead to algae and plant growth and contribute to fish kills. Don't fertilize when rain is expected. Leave grass clippings on the lawn to recycle nutrients. More information on lawn care is available in the Town of Cortlandt Recycling brochure.



### SEPTIC SYSTEM MAINTENANCE

Failing septic systems can contaminate groundwater, drinking water and surface flows. Most of the Town of Cortlandt is serviced by individual septic systems. Your septic system should be pumped and inspected regularly. Generally, septic tanks should be cleaned out every 3-5 years, depending on the size of the tank. Do not pour chemicals, paints, fats, or excess medications down your pipes. Driving on or parking on septic field may damage them.

### SCOOP THE POOP

Please pick up after your dog or cat. It doesn't matter the size of the animal- all animal waste has an impact. Animal waste is easily carried by runoff, washing off roads and lawns. Pet waste contains harmful bacteria and phosphorus that can promote the growth of weeds and algae.



### LANDSCAPING HELPS

Keep vegetation and organic material on the soil, especially on slopes. Landscape to limit the steepness or length of slopes. Build a buffer of vegetation by watercourses to help filter sediment. Replace the lawn at water's edge with shrubs, hedges or trees. Anything that slows the flow of water will help us give time for the pollution to be removed.

### CARE FOR YOUR CAR

Little drops of oil and gas add up. One pint of oil can cause an oil slick the size of a football field. Take used motor oil to gas stations. NEVER pour it down the drain. Take other fluids to approved recycling locations. Use saw dust or kitty litter to clean up leaks and spills in your driveway. Wash your car on your lawn if possible to capture runoff.

### REPORTING STORMWATER POLLUTERS

Your actions or the action of your neighbor can affect water resources. We are all downstream of someone. No polluted water should be allowed to go into our stormwater system. If you notice pollution of Stormwater you can report the details to the Town of Cortlandt Stormwater Hotline at 914-293-0900 or Town Code Enforcement at 914-734-1010.



## WHAT DO YOU KNOW ABOUT THE TOWN OF CORTLANDT HEATING OIL PLAN, CHOP?

This is an initiative of the Town of Cortlandt Town Supervisor and the Town Board, designed to save you money on the high cost of heating your home this winter. Members of CHOP will be able to purchase oil at a discount, through our bulk purchasing arrangement. The cost will be 30- 40 cents per gallon above the wholesale cost to our local distributors, averaging approximately 20 cents per gallon less than the homeowner can obtain. This results in a savings for our homeowners.

This is a totally voluntary program, in which all homeowners may join our oil plan by paying a \$5.00 membership fee. For additional information, frequently asked questions and for participating oil companies, visit [www.townofcortlandt.com/chop](http://www.townofcortlandt.com/chop) for more information.



## FOR YOUR SAFETY HOUSE NUMBERS MUST BE POSTED TO FACILITATE THE ENHANCED 911 SYSTEM FOR EMERGENCY RESPONSE

Building enumeration is a vital component of the E911 System. Local Law No. 5-1988 mandated the posting of your home number for the use of emergency response personnel. Public education and awareness of the requirements of E911 is difficult without the assistance of the general public and our local media. Please advise your neighbors of the need for house enumeration. We want to use all resources available to us to speed the delivery of emergency services to your homes and families. Thank you for your cooperation on this important issue. At all times we thank our first responders who protect our residents and our community.

For additional information call: 914-734-1040 (House Enumeration), 914-734-1010 (Location and # Size)

## ATTENTION HOME OWNERS

If your home is equipped with an alarm system it must be registered with the Town by obtaining an alarm permit with pertinent information relative to your home. (i.e., animals, contact persons, etc.) These permits are valid for long as you own your home. A new permit must be obtained when ownership changes. The permit information is distributed to the appropriate emergency services to enable them to respond to the alarm more efficiently. Applications can be by mail and can be obtained from the code enforcement office. Call 914-734-1010 for any further information or application.

Your local Volunteer Ambulance Corps & Fire Departments need volunteers to help their effort to provide Emergency Services to our Community. Join your local department and learn new skills, make new friends and know you are helping to save lives and property and provide a real service to you community.

**Call the "house" number, listed in the phone book for more info or call:**

### VOLUNTEER FIRE DEPARTMENTS

Buchanan Fire	914-737-3481 or 914-737-0334
Continental Village	845-739-1020
Croton-on-Hudson	914-271-2693
Mohegan	914-526-0823
Montrose	914-737-8919
Verplanck	914-788-6943
Peekskill	914-737-2760

### VOLUNTEER AMBULANCE CORPS

Cortlandt (CCVAC)	914-739-0881
Croton	914-271-2693
Mohegan	914-526-1005
Verplanck	914-788-6943
Peekskill	914-737-5310

### **\*Westchester County Mobile Shredder\***

**Town Hall, 1 Heady Street, Cortlandt Manor on April 21, 10:00 AM- 1:00 PM**

*The Town does not provide accident insurance • The Town is not responsible for typographical errors*

# HOW TO REGISTER FOR RECREATION PROGRAMS ONLINE

**SUMMER 2023 ONLINE REGISTRATION WILL BEGIN ON:  
THURSDAY, MARCH 23, 2023, 8:30 AM**



To create a family account and register for programs, follow the instructions below or on the Community Pass site.

## HOW TO CREATE A FAMILY ACCOUNT:

1. Go to [www.townofcortlandt.com/reonline](http://www.townofcortlandt.com/reonline)
2. From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
3. On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
4. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
5. Please save your login and password for future use.

## HOW TO REGISTER FOR PROGRAMS:

1. Go to [www.townofcortlandt.com/reonline](http://www.townofcortlandt.com/reonline) to log back into the system.
2. Log in using the permanent username and password for your account.
3. Click the 'Click Here to Register' button.
4. Select the applicable Catalog by clicking the 'Continue' button next to your choice.
5. Verify email. Click 'Continue.'
6. Select the person registering, then 'Continue.'
7. Select the program (s) you wish to attend.
8. When finished with selections, click 'Continue.'
9. Complete payment information.

If you have any questions concerning account activation, registration or payments, please contact us at:  
**914-734-1050** or [reonline@townofcortlandt.com](mailto:reonline@townofcortlandt.com)

### — IMPORTANT REGISTRATION INFORMATION —

- Registration can also be mailed to the Recreation office (PLEASE NOTE: Due to the popularity of our programming, and accessibility of online registration, mailing in your registration may result in waitlist);  
Office Hours 8:30 AM to 4:00 PM:  
**Town of Cortlandt Recreation & Conservation**  
**1 Heady Street**  
**Cortlandt Manor, New York 10567-1254**
- Use the appropriate registration form included in the back of this brochure for in office and/or mail in registrations.
- Include cash, a check, or a money order payable to THE TOWN OF CORTLANDT RECREATION for the total amount.
- Individual checks are necessary for separate courses and camp programs.
  - If a check is returned to the Recreation Division due to insufficient funds, there will be a \$20.00 service charge.
  - Checks **CANNOT BE REDEPOSITED**. Cash or Money Order will be required immediately to replace returned check and service charge.
- There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early!
- It is recommended that your registration be completed a minimum of two (2) weeks prior to the start of the program.
- If space is available in any program one week prior to the start of the program, nonresidents will be allowed to participate by paying a 20% surcharge of the higher fee.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.

*The Town does not provide accident insurance • The Town is not responsible for typographical errors*

## TOWN OF CORTLANDT RECREATION PHOTO ID CARDS, CHARLES J. COOK POOL SEASON PASSES AND HOLLOW BROOK SEASON PASSES

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

- Previously issued ID cards are NOT acceptable as current proof of residency.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.
- Adult and Youth ID Card fee, \$7.00.
- Senior Citizen ID Card fee (60+, must provide identification), \$3.50.

### TOWN OF CORTLANDT RECREATION PHOTO ID CARDS VIA COMMUNITY PASS AND EMAIL

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

1. Residents must first create an account through Community Pass (\*Please be sure to enter every household member into your family account that you would like to have registered for a Town of Cortlandt Recreation ID Card):
  - Go to [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline)
  - From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
  - On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
  - On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.'
  - Then click 'Finish.' Please save your login and password for future use.
2. Each adult resident in the household requesting an ID Card must submit two forms of proof of residency (Drivers license, current utility bill, current paystub, check with Town of Cortlandt address, car registration, etc. Previously issued ID cards are NOT acceptable as current proof of residency), via email to [recidcard@townofcortlandt.com](mailto:recidcard@townofcortlandt.com), along with the following.
  - Residents must also specify which family members in their account would like an ID Card
  - Residents must also submit photos of each family member requesting an ID Card
    - *In color*
    - *Taken within the past 6 months, showing current appearance*
    - *Use a clear image of your face. Do not use filters commonly used on social media.*
    - *Full face, front view with a plain background*
    - *Have someone else take your photo. No selfies.*
    - *Do not wear a hat or headgear*
    - *Do not wear sunglasses*
3. Office staff will then register each family member for their ID Cards.
4. Residents will be notified when their ID Cards are registered through Community Pass. Once they ID Cards are registered in Community Pass, residents must login to their Community Pass accounts and pay their ID Card balance. **Families will not be eligible to register for any other program through the Town of Cortlandt Community Pass Online Registration Software until the balance for their ID Cards is paid in full.**
5. Finally, once the balance is paid online in full, office staff will print the physical ID Cards, and mail them to the address on the residents Community Pass account.

**Residents may also get their Town of Cortlandt Recreation Photo ID Cards directly at Town of Cortlandt Town Hall from 9:00 AM-3:30 PM, no appointment required, please call 914-734-1050 for more information. Must bring two forms of proof of residency for each adult in the household.**

*Buchanan and Croton residents may use their Village ID card to receive our ID card rate for all programs except our summer swim passes and summer swim lessons. If you have a Buchanan or Croton Village ID Card and wish to register for a program online, please contact the Town of Cortlandt Recreation Department at [recidcard@townofcortlandt.com](mailto:recidcard@townofcortlandt.com). Buchanan and Croton residents still require a town of Cortlandt Recreation Photo ID Card to visit Charles J. Cook Pool.*

# TOWN OF CORTLANDT RECREATION PHOTO ID CARDS, CHARLES J. COOK POOL SEASON PASSES AND HOLLOW BROOK SEASON PASSES CONTINUED

## CHARLES J. COOK SEASON PASSES

### IF YOU AND YOUR FAMILY ALREADY POSSESS VALID, PHYSICAL TOWN OF CORTLANDT PHOTO ID CARDS...

1. You may skip the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" steps on the previous page, and simply email [recidcard@townofcortlandt.com](mailto:recidcard@townofcortlandt.com) to request 2021 Charles J. Cook Pool Season Passes for you and your family. **Please specify which members of your family would like 2023 Charles J. Cook Season Passes.** Once your payment has been made in full online at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline), there is no further action required; The barcodes on your cards will have the Charles J. Cook Pool Season Pass information necessary to enter the pool facility.

### IF YOU AND YOUR FAMILY DO NOT YET POSSESS TOWN OF CORTLANDT RECREATION PHOTO ID CARDS...

1. Steps 1-5 of the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" on the previous page would be similarly followed. Please specify which members would also like 2023 Charles J. Cook Season Passes, and your ID Cards will be free of charge with the price of the CJCP Season Passes.

## HOLLOW BROOK GOLF STICKERS/ SEASON PASSES

### IF YOU AND YOUR FAMILY ALREADY POSSESS VALID, PHYSICAL TOWN OF CORTLANDT PHOTO ID CARDS...

1. You may skip the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" steps on the previous page, and simply email [recidcard@townofcortlandt.com](mailto:recidcard@townofcortlandt.com) to request a 2023 Hollow Brook Golf Sticker/ Season Pass. Please specify which members of your family would also like 2023 Hollow Brook Golf Sticker/ Season Pass. (The Hollow Brook Sticker/ Season Pass is a physical sticker that will be placed on the back of your ID Card.)
2. Once the request has been processed through Community Pass by office staff, office staff will notify you via email that payment may then be made online at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline).
3. Finally, you will be required to mail your Town of Cortlandt Photo ID Card to us at 1 Heady Street, Cortlandt Manor, NY 10567, or setup a date and time with recreation office staff to bring your card directly to Town Hall.

### IF YOU AND YOUR FAMILY DO NOT YET POSSESS TOWN OF CORTLANDT RECREATION PHOTO ID CARDS...

1. Steps 1-5 of the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" on the previous page would be similarly followed. Please specify which members of your family would also like 2023 Hollow Brook Sticker/ Season Pass.

## SWIM LESSON RECREATION PHOTO ID CARDS

### IF YOUR CHILD ALREADY POSSESSES A VALID, PHYSICAL TOWN OF CORTLANDT PHOTO ID CARD AND/OR CJCP SEASON PASS...

1. You may skip the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" steps on the previous page, and simply register your child for your choice of swim lesson online at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline). If you and your child do not possess a Charles J. Cook Pool Season Pass, your child's existing Town of Cortlandt Recreation Photo ID Card will act as your entry to the pool facility for the swim lesson.

### IF YOUR CHILD DOES NOT YET POSSESS A TOWN OF CORTLANDT RECREATION PHOTO ID CARD AND/ OR CJCP SEASON PASS...

1. Steps 1-5 of the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" on the previous page would be similarly followed. Please specify which children in your family you would also like to register for 2023 CJCP Swim Lessons. Please include the course number. In order to get the FREE Town of Cortlandt Recreation Photo ID Card, the Photo ID Card registration and swim lesson registration MUST BE DONE AT THE SAME TIME (IN THE SAME EMAIL).

For 2023 Photo ID Card rates, Charles J. Cook Pool Season Pass fees, and Hollow Brook Golf fees, please see page 39. For more information on Hollow Brook Golf stickers, please see page 69.

**There will also be limited in-person registration for Town of Cortlandt Recreation Photo ID Cards, Charles J. Cook Pool Season Passes, and Hollow Brook Stickers/ Season Passes off business hours.**

We request that all families in attendance enter every household member into your Community Pass family account that you would like to have registered for a Town of Cortlandt Recreation ID Card, Charles J. Cook Pool Season Pass, or Hollow Brook Season Pass prior to your in-person registration at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline). Each family member requiring a new photo ID card must be present during registration for photos.



**Cortlandt Town Hall  
Recreation Department, Office #11  
1 Heady Street  
Cortlandt Manor, NY 10567**

### **DATES AND TIMES**

Saturday, April 15	10:00 AM- 2:00 PM
Tuesday, April 25	4:30 PM- 8:30 PM
Wednesday, May 17	4:30 PM- 8:30 PM
Saturday, June 10	10:00 AM- 2:00 PM

# GENERAL TOWN OF CORTLANDT RECREATION DEPARTMENT INFORMATION

## CREDITS/ REFUNDS

- **A full refund will be issued for any program cancelled by the Recreation Department.**
- Any refund request because of illness or accident must be submitted in writing and be accompanied by a doctor's note. Refunds will be prorated based on the date received. **Requests must be made prior to the end of the program and will not be considered when a program is half over.** All requests must be submitted in writing.
- All other refund/credit requests (other than medical) must also be submitted in writing and will be assessed a \$15.00 processing fee and issued a prorated program credit based on the date received. The credit must be used within two years from the date and must be mailed in with your application to ensure proper credit towards your next program or league registration. The credit is not replaceable – original form must be submitted for credit.
- Whether the initial registration is paid via cash, check, or credit card, **all refunds** will be issued via check.
- **DAY CAMP Refund policy:**
  - Any refund request received **prior to June 2nd** will be issued for **90%** of the fee.
  - Any refund request received **between June 3rd and June 16th** will be issued for **50%** of the fee.
  - Any refund request received **after June 17th will not be issued.**
- **ALL OTHER Recreation program refund policies:**
  - Charles J. Cook Pool Refund Policy: Once a patron has entered the pool area, there will be no refunds issued.

## SLIDING FEE SCALE AVAILABLE

It is the intention of the Town that no resident of the Town be denied the ability to participate in programs because of an inability to pay. Income Tax backup is necessary, unemployment information, and any other paper work is requested for financial help already received by any other agencies. The fee reduction can be used with any program registration, sports league or resident pass in the Recreation Division. To request a fee reduction application, please contact the Town of Cortlandt Recreation Office at 914-734-1050 or [tocrec@townofcortlandt.com](mailto:tocrec@townofcortlandt.com).

## RECREATION "SUGGESTION BOX"

There may be an activity or program that you enjoy which is not presently offered by the Town of Cortlandt Recreation Department. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Town of Cortlandt Recreation Department encourages residents to express their ideas and concerns! Help us offer the best programs and services! Send all ideas and comments to [tocrec@townofcortlandt.com](mailto:tocrec@townofcortlandt.com).

## HANDICAPPED ACCESSIBILITY

Programs described in this brochure have been audited by our staff to determine general accessibility. All Town of Cortlandt facilities and Schools that are used to hold our programs are barrier free. For programs that are held outdoors please call the Recreation Department at 914-734-1050 for information.

# FULL DAY SUMMER CAMP IMPORTANT INFORMATION & POLICIES

## CAMP REGISTRATION INFORMATION

- Please note that the camp registration is on a FIRST COME/ FIRST SERVE BASIS.
- Registration Options:
  - **Online Registration** ([www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline))
  - **Mail In Registration** to our office, located in the Town of Cortlandt Town Hall, 1 Heady Street, Cortlandt Manor, NY 10567
  - **Drop Off Registration** directly at Town of Cortlandt Town Hall to the Recreation Office (#11) Monday-Friday, 9:00 AM- 3:30 PM, or utilize the drop box location located outside Town of Cortlandt Town Hall.
- *WE DO NOT ACCEPT CAMP REGISTRATIONS VIA PHONE, EMAIL, OR FAX.*
- Any incomplete hard copy camp registrations received by our office will be returned to the sender and not processed until all necessary information is provided.
- There will be a late registration fee for anyone who registers after June 9th for all of our Day Camp Programs.
  - The late fee will be \$25 for each session, and a total of \$75 when registering for all three sessions.
- The application deadline to enroll for ALL camps including Day Camp, 5th/6th Grade Camp, and 7th/8th Grade Camp will be:

### DEADLINE FOR ALL REGISTRATIONS; NO EXCEPTIONS:

Tuesday, June 20 for Session I  
Wednesday, July 5 for Session II  
Tuesday, July 18 for Session III

## CAMP PICK UP/ DROP OFF INFORMATION

**\*THE TOWN OF CORTLANDT WILL NOT PROVIDE BUS TRANSPORTATION TO AND FROM CAMP.** Campers must be dropped off at their designated camp location and time. \*

- **DAY CAMP (K- 4TH):** All pick up/drop offs will be done at Charles J. Cook Park, 293A Furnace Dock Rd, Cortlandt, NY 10567. In our best effort to eliminate pick up and drop off congestion, please follow the designated time slots below. Please make a note that camp activities start at 9:10 AM, so please be on time.
  - MORNING DROP OFF
    - K-2nd Grade: 8:35 AM- 8:50 AM
    - 3rd & 4th Grade: 8:50 AM-9:05 AM
  - AFTERNOON PICK UP
    - K- 2nd Grade: 3:30PM- 3:40 PM
    - 3rd & 4th Grade: 3:40 PM- 3:50 PM
- **5TH & 6TH GRADE CAMP:** All pick up/drop offs will be done at Hendrick Hudson High School, 2166 Albany Post Road, Montrose, NY 10548. All campers can be dropped off from 8:40-9:00 AM, and picked up 3:30PM-3:45 PM.
- **7TH & 8TH GRADE CAMP:** All pick up/drop offs will be done at Blue Mountain Middle School, 7 Furnace Woods Road, Cortlandt, NY 10567. All campers can be dropped off from 8:40-9:00 AM, and picked up 3:30PM-3:45 PM.

*The Recreation Office will be staffed from 8:00 AM to 4:30 PM from June 26th through August 4th. If you have any comments/ questions/ concerns, please call 914-734-1050.*



**DAY CAMP (GRADES K- 4TH AS OF SEPT '23)**

**Megan Boyle, Director & Matt Glashoff, Assistant Director**

**(Enrollment is limited to 225 per section)**

A rain or shine program that offers swimming instruction, sports, music, arts and crafts, drama, supervised swimming, special events and some special day trips. Children are to bring lunch and a drink. Campers are instructed to label their clothing and towels. A Town of Cortlandt Recreation t-shirt will be provided to all participants free of charge.

<b>Course #:</b>	Section I	100-1U	June 26- July 7 (No Camp Tuesday, July 4th)
	Section II	100-2U	July 10- July 21
	Section III	100-3U	July 24- August 4
<b>Location:</b>	Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)		
<b>Days:</b>	Monday- Friday		
<b>Time:</b>	9:00 AM- 3:45 PM		

**REGISTERED AND PAID IN FULL BEFORE FRIDAY, JUNE 9TH**

<b>Fees:</b>	Section I	\$390
	Section II	\$390
	Section III	\$390
	All Three Sections	\$1,090

**REGISTERED AND PAID IN FULL AFTER FRIDAY, JUNE 9TH**

Section I	\$415
Section II	\$415
Section III	\$415
All Three Sections	\$1,165

## **5TH AND 6TH GRADE CAMP (GRADES 5TH & 6TH AS OF SEPT '23)**

**Shawn Rawlins, Director & Kelsey Sherman, Assistant Director**

**(Enrollment is limited to 125 per section)**

A rain or shine program specifically designed for these grade levels. The program will offer such activities as arts & crafts, sports, waterslide, bowling, swimming and special trips each session. Campers should bring a lunch and a drink.

<b>Course #:</b>	Section I	102-1U	June 26- July 7 (No Camp Tuesday, July 4th)
	Section II	102-2U	July 10- July 21
	Section III	102-3U	July 24- August 4

**Location:** Hendrick Hudson High School (2166 Albany Post Road, Montrose)

**Days:** Monday- Friday

**Time:** 9:00 AM- 3:45 PM

### **REGISTERED AND PAID IN FULL BEFORE FRIDAY, JUNE 9TH**

<b>Fees:</b>	Section I	\$440
	Section II	\$440
	Section III	\$440
	All Three Sections	\$1,205

### **REGISTERED AND PAID IN FULL AFTER FRIDAY, JUNE 9TH**

Section I	\$465
Section II	\$465
Section III	\$465
All Three Sections	\$1,280

## **7TH AND 8TH GRADE CAMP (GRADES 7TH & 8TH AS OF SEPT '23)**

**John Glashoff, Director & Kamryn Sherman, Assistant Director**

**(Enrollment is limited to 100 per section)**

A rain or shine program specifically designed for these grade levels. The program will offer such activities as arts & crafts, sports, bowling, swimming and special trips each session. Campers should bring a lunch and a drink.

<b>Course #:</b>	Section I	103-1U	June 26- July 7 (No Camp Tuesday, July 4th)
	Section II	103-2U	July 10- July 21
	Section III	103-3U	July 24- August 4

**Location:** Blue Mountain Middle School (7 Furnace Woods Road, Cortlandt)

**Days:** Monday- Friday

**Time:** 9:00 AM- 3:45 PM

### **REGISTERED AND PAID IN FULL BEFORE FRIDAY, JUNE 9TH**

<b>Fees:</b>	Section I	\$440
	Section II	\$440
	Section III	\$440
	All Three Sections	\$1,205

### **REGISTERED AND PAID IN FULL AFTER FRIDAY, JUNE 9TH**

Section I	\$465
Section II	\$465
Section III	\$465
All Three Sections	\$1,280



## **MEDICAL IMMUNIZATION POLICIES**

The Westchester County Department of Health (DOH) requires that all campers must have documented proof of immunizations from a physician. Please note that the COVID-19 vaccine is not required.

In order to comply with this requirement, the Town of Cortlandt Recreation Department requires you to obtain this information from your physician and return it to our office no later than Friday, June 9, 2023. A print out from your child's last physical examination that also includes a complete immunization history with dates is acceptable. Another option, if you have a patient portal, is to print out the immunization information yourself. The immunization record must show the campers name, date of birth, the list of immunizations and dates administered. As always, your records will remain private and confidential.

Immunization Record Forms may be submitted in any of the following ways (Please include your child's name and camp attending- i.e. Day Camp, 5th/6th Grade Camp, 7th/8th Grade Camp):

- Scan and email the form as an attachment to [tocrec@townofcortlandt.com](mailto:tocrec@townofcortlandt.com)
- Fax the form to the Recreation Office at 914-734-1059
- Mail the form to the Recreation Office at 1 Heady Street, Cortlandt Manor, NY 10567
- Drop the form off at the drop box location located outside of Town of Cortlandt Town Hall at 1 Heady Street, Cortlandt Manor, NY 10567

*PLEASE NOTE: Along with the paperwork from your child's physician, the Town of Cortlandt also requires that you fill in all of the dates in the appropriate spaces on the camp application form (If you choose to complete a hard copy registration form AND online).*

Thank you for your understanding and cooperation. Please contact the Town of Cortlandt Recreation Department at 914-734-1050 if you have any questions. We are looking forward to another great Cortlandt Camp season!

## **FULL DAY SUMMER CAMP PARENTS INFORMATION NIGHT**

A pre-camp opportunity to meet your child's camp director, and various camp staff. You will be able to hear first hand about the camp program and ask any questions that you have.

**Location:** Cortlandt Town Hall Nyberg Meeting Room (1 Heady Street, Cortlandt Manor)  
**Day/Date:** Tuesday, June 20  
**Time:** 7:00 PM

## **TOWN OF CORTLANDT AFTER CAMP PROGRAM (GRADES 5TH- 8TH ONLY & ONLINE REGISTRATION ONLY)**

This service is free and is offered on Tuesdays, Wednesdays, Thursdays, Fridays ONLY for the 6 weeks of Camp. Your child will be bussed to the Town of Cortlandt Youth Center and can use this facility as they wish. A parent or guardian can pick their child up at their earliest convenience. (The Youth Center closes at 8 PM on Summer Weeknights).

**Registration for the Youth Center After Camp Program MUST be completed online at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline).** Children registered for the Youth Center After Camp Program MUST also register to be a participant of the Youth Center. This registration must be completed online at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline) (search by keyword). The Youth Center registration is valid for one year and needs to be renewed on a yearly basis. You will be notified by email prior to renewal requirement.

**Course Number:** Session I: June 27- July 7 (No Camp/ After Camp Tuesday, July 4th)  
Session II: July 11- July 21  
Session III: July 25- August 4  
**Location:** Town of Cortlandt Youth Center (3 Memorial Drive, Croton on Hudson)  
**Day:** Tuesdays, Wednesdays, Thursdays, Fridays  
**Fee:** Free

# PLAYGROUNDS FREE PLAY PROGRAM

## **PLAYGROUNDS/ FREE PLAY (GRADES K-5 AS OF SEPT '23)**

This is a FREE drop off and pickup program supervised by paid recreation staff. The program offers such activities as arts and crafts, sports and special events. Your child must be dropped off and picked up by an adult 18 years or older. Playground programs will NOT be held on rainy days. If the playground is cancelled at 8:45 AM, the playground will not be re-opened on that day. Call 914-734-1053 (Program Cancellation Hotline) to verify weather cancellations. Those interested must register online in advance at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline).

### **LOCATION/ COURSE NUMBERS:**

**Frank G. Lindsey Elementary School**  
**57 Trolley Road, Montrose**

<b>Section I</b>	134-1U	June 26- July 7 (No Camp Tuesday, July 4th)
<b>Section II</b>	134-2U	July 10- July 21
<b>Section III</b>	134-3U	July 24- August 4

**Muriel H. Morabito Playground**  
**29 Westbrook Drive, Cortlandt Manor**

<b>Section I</b>	135-1U	June 26- July 7 (No Camp Tuesday, July 4th)
<b>Section II</b>	135-2U	July 10- July 21
<b>Section III</b>	135-3U	July 24- August 4
<b>Time:</b>	9:00 AM- 12:30 PM	
<b>Fee:</b>	Free	



# YOUTH SPORTS CAMPS

**RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053  
THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.**

## **CHEERLEADING CAMP (GRADES K- 5TH AS OF SEPT '23)**

***Nicole Curran (Varsity Head Coach of Hendrick Hudson High School Cheerleading), Instructor***

Got Spirit? Want to know what being a cheerleader is all about? Enjoy a fun filled morning of cheers, chants, dances, stunts, and tumbling! Learn the in's and out's on how to be a cheerleader! Cheerleaders will learn a mini routine and have a performance on the Friday of each session- you won't want to miss it! Please wear sneakers, no jewelry and bring a water bottle and snack.

**Course Number:** 105-1U  
**Location:** Frank G. Lindsey School Gym (57 Trolley Road, Montrose)  
**Days/ Dates:** Monday- Friday, July 10- July 14 (5 sessions)  
**Time:** 9:00 AM- 12:00 PM  
**Fee:** \$75 with ID/ \$80 without ID/ \$96 nonresident

**Course Number:** 105-2U  
**Location:** Frank G. Lindsey School Gym (57 Trolley Road, Montrose)  
**Days/ Dates:** Monday- Friday, July 17- July 21 (5 sessions)  
**Time:** 9:00 AM- 12:00 PM  
**Fee:** \$75 with ID/ \$80 without ID/ \$96 nonresident

## **HEN HUD SOFTBALL CAMP (GIRLS, GRADES 3RD- 7TH AS OF SEPT '23)**

***Will Mauro , Hen Hud Softball Coach***

This camp will cover the basic fundamentals of softball: hitting, bunting, fielding (infield/outfield) & base running. Each participant will get a free t-shirt!

**Course Number:** 107-1U  
**Location:** Frank G. Lindsey Softball Field (57 Trolley Road, Montrose)  
**Days/ Dates:** Monday- Thursday, June 26- June 29 (4 sessions)  
**Time:** 9:00 AM- 12:00 PM  
**Fee:** \$100 with ID/\$105 without ID/ \$126 nonresident

## **HEN HUD WRESTLING CAMP**

***Rob Porter, Instructor***

Children will be introduced to the sport of wrestling and taught the basic moves, stances, and techniques of the sport. Those who have been exposed to the sport already, will receive further instruction. Children should bring their lunch and snacks for the day. A t-shirt will be provided as to all participants!

**Course Number:** 139-1U  
**Location:** Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)  
**Days/ Dates:** Monday- Friday, July 10- July 14 (5 sessions)  
**Time:** 9:00 AM- 2:00 PM  
**Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident



### **LACROSSE CAMP (BOYS, GRADES 1ST- 8TH AS OF SEPT '23)**

***Troy Lepore, Instructor***

Great week of lacrosse for players of all levels. Run by Hen Hud Varsity Coach Troy Lepore along with Hen Hud alumni currently playing college lacrosse. This camp will work on the fundamentals of the game thru great instruction and drills coupled with fun and games!

**Course Number:** 109-1U  
**Location:** Hendrick Hudson High School Turf Field (2166 Albany Post Road, Montrose)  
**Days/ Dates:** Monday- Thursday, July 10- July 13 (4 sessions)  
**Time:** 9:00 AM- 1:00 PM  
**Fee:** \$125 with ID/ \$130 without ID/ \$156 non resident

### **LACROSSE CAMP (GIRLS, GRADES 1ST- 8TH AS OF SEPT '23)**

***Robert Molfetta, Instructor***

The Hendrick Hudson girls lacrosse camp will be for beginners to advanced players from 1st to 8th grade. Each session will include stick work instruction, position specific drills and game development. Campers will be coached by current and former Hendrick Hudson Varsity high school and college players. The camp will strive to create a fun environment and develop a love of the game for campers. Bring mouth guard, stick and water bottle.

**Course Number:** 136-1U  
**Location:** Hendrick Hudson High School Turf Field (2166 Albany Post Road, Montrose)  
**Days/ Dates:** Monday- Thursday, July 17- July 20 (4 sessions)  
**Time:** 9:00 AM- 1:00 PM  
**Fee:** \$100 with ID/ \$105 without ID/ \$121 non resident

### **RED DEVIL/ CORTLANDT BASKETBALL CAMP (GRADES 2ND- 8TH AS OF SEPT '23)**

***Lou Panzanaro, Director***

Individual instruction daily fundamentals of shooting, passing, dribbling, rebounding, post-play & defensive play, individual evaluation, competition & games each day, competition within own ability. Participants will be grouped according to grades as of Sept. 22.

**Course Number:** 111-1U  
**Location:** Hendrick Hudson High School Dome (2166 Albany Post Road, Montrose)  
**Days/ Dates:** Monday- Friday, August 7- August 11 (5 sessions)  
**Time:** 9:00 AM- 1:00 PM  
**Fee:** \$105 with ID/ \$110 without ID/ \$132 nonresident

### **SOCCER CAMP (AGES 7- 14)**

Soccer program for beginners as well as the advanced soccer player. This camp will stress individual skill practices, functional training for positional play, attacking and defensive principles, and the players responsibilities in their third of the field. No transportation provided. Each participant should bring a lunch, snacks and plenty of fluids.

**Course Number:** 114-1U  
**Location:** Sprout Brook Lacrosse All Purpose Field (130 Sprout Brook Road, Cortlandt Manor)  
**Days/ Dates:** Monday-Thursday, July 17- July 20 (4 sessions)  
(Friday 7/21 will be used in case of rain as a makeup)  
**Time:** 9:00 AM- 1:00 PM  
**Fee:** \$75 with ID/ \$80 without ID/ \$96 nonresident



## **TENNIS CAMP**

**Brad Fredman (Hendrick Hudson High School Varsity Boys & Girls Tennis Coach), Instructor**

Participants will receive expert instruction emphasizing eye-hand coordination, racquet skills, locomotor skills, teamwork, and sportsmanship. The program is designed for the beginner or advanced beginner, and will place an emphasis on basic stroke knowledge, rules of game, introductory strategies, and having fun! Racquets will be provided if needed.

### **AGES 4-9**

**Course Number:** 115-1U

**Location:** Lake Street Tennis Courts (Across from Hendrick Hudson High School)

**Days/ Dates:** Monday- Friday, June 26- July 30 (5 sessions)

**Time:** 9:00 AM- 10:30 AM

**Fee:** \$70 with ID/\$75 without ID/ \$90 nonresident

### **AGES 10-15**

**Course Number:** 115-2U

**Location:** Lake Street Tennis Courts (Across from Hendrick Hudson High School)

**Days/ Dates:** Monday- Friday, June 26- July 30 (5 sessions)

**Time:** 10:45 AM- 12:45 PM

**Fee:** \$90 with ID/ \$95 without ID/ \$114 nonresident

### **AGES 4-9**

**Course Number:** 115-3U

**Location:** Lake Street Tennis Courts (Across from Hendrick Hudson High School)

**Days/ Dates:** Monday- Friday, July 3- July 7 (4 sessions) (NO CLASS ON TUESDAY, 7/4)

**Time:** 9:00 AM- 10:30 AM

**Fee:** \$55 with ID/ \$60 without ID/ \$72 nonresident

### **AGES 10-15**

**Course Number:** 115-4U

**Location:** Lake Street Tennis Courts (Across from Hendrick Hudson High School)

**Days/ Dates:** Monday- Friday, July 3- July 7 (4 sessions) (NO CLASS ON TUESDAY, 7/4)

**Time:** 10:45 AM- 12:45 PM

**Fee:** \$72 with ID/ \$77 without ID/ \$92 nonresident

## **VOLLEYBALL CAMP FOR GIRLS (GRADES 1ST- 8TH AS OF SEPT '23)**

**Dina Bertoline, Instructor**

Coach Bertoline, as well as other volleyball coaches, will teach the skills an athlete needs in order to be a successful volleyball player. Each child will learn and or improve their overhand serve, pass, set, spike and block. We will emphasize correct body position and techniques. Drills will incorporate our newly learned skills. Defensive and offensive strategies will be taught during the scrimmages. We will challenge all skill levels. Bring a friend! Better yet bring your team!! You will need a water bottle, towel, kneepads, court sneakers, and energy!

**Course Number:** 119-1U

**Location:** Hendrick Hudson High School Gym & Dome (2166 Albany Post Road, Montrose)

**Days/ Dates:** Monday- Thursday, June 5- June 8 (4 Sessions)

**Time:** 4:00 PM- 5:30 PM

**Fee:** \$75 with ID/ \$80 without ID/ \$96 nonresident

## YOUTH ARTISTIC CAMPS

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053 • THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

### **MUSICAL THEATER WORKSHOP (GRADES 3RD- 9TH AS OF SEPT '23)**

**Robyn Ferracane, Instructor**

Immerse yourself in the world of theater! This workshop is for everyone from the student acting for the first time, to the seasoned performer. This program takes the student from the audition process to a final performance everyone will enjoy. Not only will this workshop be a source of fun and excitement but it will also increase the skill level of every student, whether their goal is to become a professional actor or use the workshop to have fun and develop life skills. Production with costumes, props and minimal sets. All youth will have a role to play, receive a script and will be taught any music they will need to perform for their role. The result will be a wonderful final performance on Friday at 1 PM for family and friends.

#### **SECTION I: GREASE**

**Course Number:** 610-1U  
**Location:** Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)  
**Days/Dates:** Monday- Friday, August 7- 11 (5 sessions)  
**Time:** 9:00 AM- 3:00 PM  
**Fee:** \$200 with ID/ \$205 without ID/ \$245 nonresident

#### **SECTION II: MATILDA**

**Course Number:** 610-2U  
**Location:** Cortlandt Youth & Recreation Center  
**Days/Dates:** Monday- Friday, August 14- 18 (5 sessions)  
**Time:** 9:00 AM- 3:00 PM  
**Fee:** \$200 with ID/ \$205 without ID/ \$245 nonresident



### **ONCE UPON A TIME...STORYBOOK THEATRE CAMP (AGES 4- 7)**

**Maria Morabito, Instructor**

Travel to a land of make believe through silly stories and fantastic fairy tales in this fun introduction to Theatre Arts! Characters jump from the pages and onto the stage as your child creates scenes and skits using crafts, costumes, games and songs. The week will end with a final performance for family and friends on stage. Participants should bring lunch, a snack and wear comfortable shoes appropriate for play.

**Course Number:** 129-1U  
**Location:** Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)  
**Days/ Dates:** Monday- Friday, July 24- July 28 (5 sessions)  
**Time:** 10:00 AM- 1:00PM  
**Fee:** \$150 with ID/ \$155 without ID/ \$186 nonresident

## **PRINCESS CAMP (AGES 4- 7)**

***Maria Morabito, Instructor***

Hear Ye! Hear Ye! By order of the Town of Cortlandt all Princesses are invited to join The Royal Court! Each day your little one will assume their role as princesses as they move thru crafts, games, stories, and songs that focus on being kind, caring, respectful, responsible, strong, and brave. A daily message from our Queen will guide each day's theme as the princesses create their own persona and costume. Family and friends are invited on the final day as each princess is presented at The Royal Court. Participants should bring a lunch, snack and wear comfortable shoes or sneakers appropriate for outdoor play.

**Course Number:** 124-1U  
**Location:** Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)  
**Days/ Dates:** Monday- Friday, July 17- July 21 (5 sessions)  
**Time:** 10:00 AM- 1:00 PM  
**Fee:** \$150 with ID/ \$155 without ID/ \$186 nonresident

## **SUPER HERO CAMP (AGES 4- 7)**

***Maria Morabito, Instructor***

Join forces with Cortlandt Recreation to expand each child's imagination and help them become the ultimate superhero. Each camper will have the opportunity to create their own super hero persona, and design a costume to go with it. Campers will make crafts that help them fight the battle against evil, and find out their true identity. Trained and experienced staff instructors, Arts, Crafts and games during break times, Awards Ceremony, and sports activities for each day of camp! \*Please bring lunch including drinks and snacks and wear shoes for outdoor play.

**Course Number:** 125-1U  
**Location:** Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)  
**Days/ Dates:** Monday- Friday, July 31- August 4 (5 sessions)  
**Time:** 10:00 AM- 1:00 PM  
**Fee:** \$150 with ID/ \$155 without ID/ \$186 nonresident



## YOUTH PROGRAMS

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053  
THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

### **CREATIVE COOKING (GRADES K- 5TH)**

**Shari Munitz, Instructor**

Come mix it up and join us for some creative cooking. We'll make it, bake it, stir it, cut it and lots more "hot stuff" (and cold cooking too!) in this enthusiastic, educational and completely fun kitchen class. We'll integrate literature, songs, themes, science, math and many other topics and kitchen skills while expanding our taste palate, and being introduced to some new ingredients and food combinations! Not suggested for chefs with food allergies.

#### **GRADES K- 3RD**

**Course Number:** 643-1U  
**Days/ Dates:** Tuesday, May 9- June 6 (5 classes)  
**Location:** Youth Center  
**Time:** 4:00 PM- 5:00 PM  
**Fee:** \$100 with ID/ \$105 without ID/ \$120 nonresident

#### **GRADES 4TH- 8TH**

**Course Number:** 643-2U  
**Days/Dates:** Tuesday, May 9- June 6 (5 classes)  
**Location:** Youth Center  
**Time:** 5:30 PM- 6:30PM  
**Fee:** \$100 with ID/ \$105 without ID/ \$120 nonresident

### **CROTON SAILING SCHOOL**

Adults can take hands-on sailing instruction aboard a fleet of 24', 26', and 34' yachts. Courses are offered in Learn to Sail, Coastal Cruising, Bareboat Cruising & Navigation. All courses offer American Sailing Association certification. Captain Charters are also available. You may also sail on your own with the Croton Sailing Club. For more information contact the Croton Sailing School at 914-271-6868 and [www.crotonsailing.com](http://www.crotonsailing.com).

### **CROTON SAILING'S- EAST SAILING ACADEMY**

Croton Sailing School's youth program introduces children and teens aged 9-15 to small boat sailing and racing. Young sailors learn in three groups: Mariners, Voyagers, and Explorers. The program is taught aboard a fleet of vessels ranging in size from 13-24 feet. Boating safety is stressed throughout the program and all students wear life jackets any time they are on the water. The EAST Sailing Academy's program enables children to learn in a relaxed and safe atmosphere while offering unlimited challenges to advance their sailing skills. For rates, schedules, and more information about the East Sailing academy contact the Croton Sailing School at 914-271-6868 or [www.crotonsailing.com](http://www.crotonsailing.com).

### **KARATE & ADVANCED KARATE (AGES 14 AND OVER)**

See ADULT PROGRAMS

### **KARATE BASICS (AGES 10 AND OVER)**

See ADULT PROGRAMS

### **FOCUSED KARATE (AGES 10 AND OVER)**

See ADULT PROGRAMS

### **INTRODUCTION TO SWORDSMANSHIP (AGES 12 & UP)**

See ADULT PROGRAMS



## **LACE UP BASKETBALL**

***Vaughn Dweck, Instructor***

The program is designed to develop skilled basketball play, and provide regimented training for strengthening handfoot coordination. Participants will engage in structured workouts to develop skills for competitive play. The program leaders are nationally recognized coaches, experienced in building basketball I.Q. and a greater capacity for understanding the sport.

### **AGES 10-12**

**Course Number:** 333-1U  
**Location:** Croton Avenue Park Basketball Court (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturdays and Sundays, Starting June 3 (8 sessions)  
**Time:** 8:30 AM- 9:45 AM  
**Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident

### **AGES 10-12**

**Course Number:** 333-2U  
**Location:** Croton Avenue Park Basketball Court (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturdays and Sundays, Starting July 8 (8 sessions)  
**Time:** 8:30 AM- 9:45 AM  
**Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident

### **AGES 10-12**

**Course Number:** 333-3U  
**Location:** Croton Avenue Park Basketball Court (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturdays and Sundays, Starting August 5 (8 sessions)  
**Time:** 8:30 AM- 9:45 AM  
**Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident

### **AGES 13-16**

**Course Number:** 333-4U  
**Location:** Croton Avenue Park Basketball Court (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturdays and Sundays, Starting June 3 (8 sessions)  
**Time:** 10:00 AM- 11:15 AM  
**Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident

### **AGES 13-16**

**Course Number:** 333-5U  
**Location:** Croton Avenue Park Basketball Court (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturdays and Sundays, Starting July 8 (8 sessions)  
**Time:** 10:00 AM- 11:15 AM  
**Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident

### **AGES 13-16**

**Course Number:** 333-6U  
**Location:** Croton Avenue Park Basketball Court (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturdays and Sundays, Starting August 5 (8 sessions)  
**Time:** 10:00 AM- 11:15 AM  
**Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident

## **MANGA CRASH COURSE (ENTERING GRADES 4TH-9TH)**

***\*You do not register for this program via the Town of Cortlandt Recreation Department, please read below for registration information.***

***Richard Ford III, Instructor***

Participants will all receive expert instruction in this distinct comic style that originated in Japan and has won the hearts of people worldwide. In this weeklong course you will learn the basics of character creation, storytelling, and the conventions unique to this medium. About Instructor: Richard Ford III is a professional artist based in NYC. Inspired by Japanese anime, manga, and street art, Richard works with various mediums, from digital illustration to traditional paintings, as well as murals. Richard is excited to share his knowledge and techniques with young artists! Richard received a Bachelor's of Fine Arts in illustration from Columbia College Chicago.

**Location:** KinoSaito Art center, 115 7th Street, Verplanck  
**Day/Dates:** Monday- Friday  
**Session 1:** August 14-18  
**Time:** 11:00 AM- 2:00 PM  
**Fee:** \$150  
**Registration:** [www.kinosaito.org/classes](http://www.kinosaito.org/classes)  
Additional information or questions please email: [michael@kinosaito.org](mailto:michael@kinosaito.org)  
or call the KinoSaito Art Center 914-293-7468

## **TOWN OF CORTLANDT TENNIS INSTRUCTION**

***Dee Young, Instructor***

Students will learn forehand, backhand, volley, overhead & serve. Strokes will be reinforced through drills & games. Students will need their own racquet.

<b>COURSE NUMBER</b>	<b>LEVEL</b>	<b>DAY</b>	<b>TIME</b>
316-1U	Youth Beginner (Ages 5- 8)	Saturday	9:00 AM- 10:00 AM
316- 2U	Youth Beginner (Ages 9- 12)	Saturday	9:00 AM- 10:00AM
<b>Location:</b>	Lake Street Tennis Courts (Across from Hendrick Hudson High School)		
<b>Days/Dates:</b>	Saturday, Starting Date: May 13 (6 sessions)		
<b>Fee:</b>	\$60 with ID/ \$65 without ID/ \$78 nonresident		



## YOUTH LEAGUES AND TEAMS

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053  
THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

### **SWIM TEAM (AGES 6- 18 AS OF 6/01/23)**

**Nicole Segnit and Monika Ryan-Hsu, Head Coaches**

THIS IS NOT A LEARN TO SWIM PROGRAM. To participate on this team the swimmer must be a resident of the Town of Cortlandt and be able to pass the deep water test.

This is a competitive swimming team competing in the Northern Westchester Swim Conference. The swim team provides a variety of competitive experiences regardless of ability during the summer season. There are no tryouts for the swim team but children must demonstrate a swimming proficiency in at least one of the four competitive strokes (freestyle, backstroke, breaststroke, or butterfly).

Meets are held weekday evenings and Saturday mornings. Please visit <http://northernwestchestersc.com/> for more information.

<b>Course Number:</b>	315-1U
<b>Location:</b>	Charles J. Cook Pool (293 Furnace Dock Rd, Cortlandt Manor)
<b>Days/Dates:</b>	Starting Date: June 26 (Practice Monday-Friday)
<b>Time:</b>	7:00 AM- 9:00 AM (Ages 11-18) 7:30 AM- 9:00 AM (Ages 6-10)
<b>Fee:</b>	\$150 with ID/ \$155 without ID

### **SWIM TEAM SUIT FITTING**

<b>Location:</b>	Charles J. Cook Pool
<b>Days/Dates:</b>	June 26
<b>Time:</b>	7:30 AM- 9:00 AM
<b>Female Suit:</b>	\$43.95 + tax
<b>Male Jammer:</b>	\$35.95 +tax



### **LITTLE LEAGUE**

**This program is not run through the Recreation Office but it is run by a board of volunteers.**

For more Information please contact: Cortlandt American Little League (C.A.L.L.) Little League levels of play start at Age 5 up to 15 years old.

Providing little league baseball for youth in the following school districts: Lakeland, Yorktown, and Mahopac. For more information, view their website at [www.cortlandtamericanll.com](http://www.cortlandtamericanll.com) or email [Cortlandtbaseball@gmail.com](mailto:Cortlandtbaseball@gmail.com)

### **CORTLANDT NATIONAL LITTLE LEAGUE (C.N.L.L.)**

**(Hendrick Hudson School District)**

**Email:** [cnll@cnllbaseball.org](mailto:cnll@cnllbaseball.org)  
**Website:** [www.cnllbaseball.org](http://www.cnllbaseball.org)

### **CROTON LITTLE LEAGUE (C.L.L.)**

**The Little League is open to boys and girls living within the Croton Harmon Union Free School District.**

**Email:** [cll2018@gmail.com](mailto:cll2018@gmail.com)  
**Website:** [www.crotonlittleleague.com](http://www.crotonlittleleague.com)

### **CORTLANDT SOFTBALL LITTLE LEAGUE**

**Girls ages 5- 12**

For more information go to:

**Website:** [www.cortlandtsoftball.info/home](http://www.cortlandtsoftball.info/home)  
**Email:** [CSLLPresident@outlook.com](mailto:CSLLPresident@outlook.com) or  
[CSLLSecretary@outlook.com](mailto:CSLLSecretary@outlook.com)

**Follow us on Facebook:**

**<https://www.facebook.com/CortlandtGirlsSoftball>**



Picture of the Wally Blattman, Don & Sylvia Harfst Sprout Brook Little League Field located at Sprout Brook Park on Sprout Brook Road in northern Cortlandt. It is used by both Cortlandt American and Cortlandt National Little League Organizations.

## **SOCCER LEAGUE(BOYS AND GIRLS)**

***\*Coaches and officials are always needed!  
Please call 914-734-1055\****

Applications are available in the local schools, recreation office, and in the back of this brochure. Online Registration is also available at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline).

League games are played Sunday afternoons during September, October and November. Practices will be held once a week for one hour.

All registrations are accepted on a first-come, first-serve basis. Maximum number of registrations accepted is dependent upon the number of coaches available. Any application received after July 14th will be charged a **LATE FEE**, and go on a wait list. A spot on the waitlist does NOT guarantee a spot in the league.

### **BOYS**

**1ST & 2ND GRADE\*  
3RD, 4TH, & 5TH GRADE\***

### **GIRLS**

**1ST & 2ND GRADE\*  
3RD, 4TH, & 5TH GRADE\***

**Registration Fee:** \$60 with ID/ \$65  
without ID/ \$76 nonresident

**Late Fee (After 7/14):** \$70 with ID/ \$75  
without ID/ \$90 nonresident

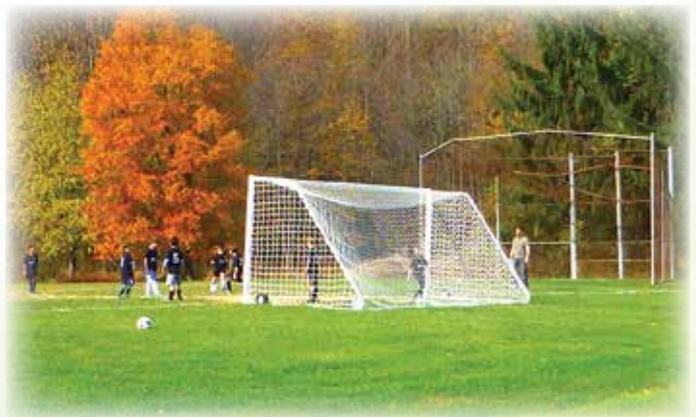
***\*Grade is for 2023/ 2024 School Year***

## **EVALUATIONS**

All players must attend evaluations unless notified by the recreation department. Players who do not attend evaluations will be PLACED RANDOMLY onto teams by the recreation division. In order to be picked by a coach you must attend evaluations.

***Evaluations will take place at Blue Mountain Middle School located at 7 Furnace Woods Road, Cortlandt (Rain or Shine) as follows:***

Tuesday, July 25	ALL BOYS	6:00 PM
Wednesday, July 26	ALL GIRLS	6:00 PM



## ADULT PROGRAMS

*Town of Cortlandt Seniors (residents only) ages 60 and over receive a 50% discount for recreation programs  
The 50% discount for recreation programs will also be offered to Town of Cortlandt Disabled Veterans and their spouses  
(Proof required for both discounts)*

RECREATION DIVISION-PROGRAM CANCELLATIONS INFO 914-734-1053  
THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.

### **BASKETBALL (18 & OVER)**

**Instructor, Steve Staiano**

Free Play Basketball. Registration closed after third session.

**Course Number:** 400-1U  
**Location:** Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)  
**Days/ Dates:** Tuesday, Starting Date: June 27 (16 sessions)  
**Time:** 8:00 PM- 10:00 PM  
**Fee:** \$55 with ID/ \$60 without ID/ \$72 nonresident

### **BASKETBALL (30 & OVER)**

**Instructor, Steve Staiano**

Free Play Basketball. Registration closed after third session.

**Course Number:** 400-2U  
**Location:** Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)  
**Days/ Dates:** Saturday, Starting Date: June 24 (16 sessions)  
**Time:** 10:00 AM- 12:00 PM  
**Fee:** \$55with ID/ \$60 without ID/ \$72 nonresident

### **"EARLY BIRD" CHARLES J. COOK POOL LAP SWIM PROGRAM CONTINUED (AGES 18 & UP)**

**See Charles J. Cook Pool & Spray Park Section**

### **DEFENSIVE DRIVING COURSE (6 HOURS TOTAL)**

**B.J. Jani, Instructor**

This is an approved course by the Department of Motor Vehicles. Upon completion of this course, the DMV will reduce points from the license and insurance companies will give discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver. Please bring your Drivers License and a pen.

**Course Number:** 403- 1U  
**Location:** Cortlandt Community Room (CUE),  
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)  
**Days/ Dates:** Tuesday & Wednesday, August 1 & 2 (2 sessions)  
**Time:** 6:30 PM- 9:30 PM  
**Fee:** \$45with ID/ \$50 without ID/ \$60 nonresident

### **FAMILY CORNHOLE TOURNAMENT (MINIMUM OF 10 TEAMS TO RUN TOURNAMENT)**

Come out and enjoy a great day at the Cortlandt Waterfront Park and get those competitive juices flowing with a Family Corn Hole Tournament! Each team must consist of one adult and one child. Rules will be available the day of the event.

**Course Number:** 440- 1U  
**Location:** Cortlandt Waterfront Park (77 Riverview Avenue, Verplanck)  
**Days/ Dates:** Saturday, May 13  
**Time:** 10:00 AM  
**Fee:** Free



### **KARATE & ADVANCED KARATE (AGES 14 & OLDER)**

***Jeff Butler, Instructor***

TAE KWON DO (Korean) style of Karate. A sophisticated program to teach self-awareness, confidence, and physical fitness. Students are asked to wear loose clothing or Karate Gi's (not required). A program for the beginner as well as those who have some experience. This program is affiliated with the World Tae Kwon Do Association. Children under 16 need to be accompanied by guardian until instructor approves drop-off.

- Course Number:** 410-1U
- Location:** Cortlandt Community Room (CUE),  
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
- Days/ Dates:** Thursday, Starting Date, June 22 (10 sessions)
- Time:** 6:00 PM- 8:00 PM
- Fee:** \$45 with ID/\$50 without ID/ \$60 nonresident

### **KARATE BASICS (AGES 10 & OLDER)**

***Jeff Butler, Instructor***

This is for those with no experience or for those who have some previous training but want to get back into martial arts at a slower pace. Participants will learn basic techniques, stretching, and some focus mitts/ heavy bag.

- Course Number:** 456-1U
- Location:** Cortlandt Community Room (CUE),  
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
- Days/ Dates:** Saturday, Starting Date, June 24 (10 sessions)
- Time:** 9:00 AM- 10:00 AM
- Fee:** \$45 with ID/\$50 without ID/ \$60 nonresident

### **FOCUSED KARATE (AGES 10 & OLDER)**

***Jeff Butler, Instructor***

This is for those who have completed Karate Basics or is an ongoing participant of the traditional Karate & Advanced Karate Course. Each week this class will rotate between forms practice, sparring/ self defense and focus mitts/ heavy bag.

- Course Number:** 457-1U
- Location:** Cortlandt Community Room (CUE),  
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
- Days/ Dates:** Saturday, Starting Date, June 24 (10 sessions)
- Time:** 10:00 AM- 11:00 AM
- Fee:** \$45 with ID/\$50 without ID/ \$60 nonresident

## **PICKLEBALL INSTRUCTION CLINIC (AGES 14 & OLDER)**

***Beth Shea, PPR Certified Professional Instructor***

This clinic will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like ping pong, you will enjoy pickleball! Mini games with scoring will take place in the last thirty minutes. This clinic is appropriate for brand new players or those who have tried the sport a couple of times and want to learn the basics correctly. Please bring a paddle, a water bottle, and sneakers.

**Course Number:** 448-1U  
**Location:** Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturday, May 13  
**Time:** 1:00 PM- 2:30 PM  
**Fee:** \$20 with ID/ \$25 without ID

**Course Number:** 448-2U  
**Location:** Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturday, May 13  
**Time:** 3:00 PM- 4:30 PM  
**Fee:** \$20 with ID/ \$25 without ID

**Course Number:** 448-3U  
**Location:** Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturday, August 5  
**Time:** 4:00 PM- 5:30 PM  
**Fee:** \$20 with ID/ \$25 without ID

**Course Number:** 448-4U  
**Location:** Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)  
**Days/ Dates:** Saturday, August 5  
**Time:** 5:30 PM- 7:00 PM  
**Fee:** \$20 with ID/ \$25 without ID

## **PROBLEM GAMBLING PREVENTION FOR PARENTS (ADULTS ONLY)**

***See YC Courses & Specialty Programs: Grades K -12th***

## **INTRODUCTION TO SWORDSMANSHIP (AGES 12 & OLDER)**

***Jeff Butler, Instructor***

A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. Anyone under the age of 16 must have a parent or guardian present for the first class.

**Course Number:** 432-1U  
**Location:** Cortlandt Community Room (CUE),  
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)  
**Days/ Dates:** Sunday, Starting Date: June 25 (10 sessions)  
**Time:** 4:30 PM- 6:00 PM  
**Fee:** \$45 with ID/\$50 without ID/ \$60 nonresident

## **ADVANCED SWORDSMANSHIP (AGES 12 & OLDER)**

***Jeff Butler, Instructor***

A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. Anyone under the age of 16 must have a parent or guardian present for the first class. Must have completed Intro Class before taking Advanced Class.

**Course Number:** 432-2U  
**Location:** Cortlandt Community Room (CUE),  
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)  
**Days/ Dates:** Sunday, Starting Date: June 25 (10 sessions)  
**Time:** 6:00 PM- 7:30 PM  
**Fee:** \$45 with ID/\$50 without ID/ \$60 nonresident

## **TAI CHI & CHI KUNG (AGES 16 AND OVER)**

### ***Sifu Nat Costanzo, Instructor***

Perfected over 2000 years ago, Tai Chi is a low impact workout designed to increase your mental and physical energy. Tai Chi is the most popular Chinese exercise in the world and is practiced daily by millions of people both young and old. The short form will be taught, as well as Chi Kung exercises and stretching to improve one's flexibility, balance and coordination. Chang style Tai Chi will help you achieve total harmony of body, mind and spirit. The slow rhythmic movements of Tai Chi will tone muscles, improve overall fitness, endurance, and will increase your strength. Tai chi is also very beneficial in stress reduction and relaxation.

**Course Number:** 415-1F  
**Location:** Sprout Brook Pavilion (130 Sprout Brook Road, Cortlandt Manor)  
**Days/ Dates:** Monday, starting date: June 5 (4 sessions)  
**Time:** 7:15 PM- 8:15 PM  
**Fee:** \$30 with ID/ \$35 without ID/ \$42 nonresident

## **TOWN OF CORTLANDT TENNIS INSTRUCTION**

### ***Dee Young, Instructor***

Beginner: Students will learn forehand, backhand, volley, overhead & serve. Stokes will be reinforced through drills & games. Intermediate: Through the use of drills & games, students will work on improving all strokes. In addition we will work on footwork, court positioning and game strategies. All registrants must bring their own racquets.

<b>COURSE #</b>	<b>LEVEL</b>	<b>DAY</b>	<b>TIME</b>
416-1U	Adult Beginner (Ages 18 & over)	Saturday	10:00 AM- 11:00 AM
416-2U	Adult Intermediate (Ages 18 & over)	Saturday	10:00 AM- 11:00 AM
416-3U	Adult Advanced Intermediate (Ages 18 & over)	Saturday	11:00 AM- 12:00 PM

**Location:** Lake Street Tennis Courts (Across from Hendrick Hudson High School)  
**Days/ Dates:** Saturday, Starting Date: May 13 (6 sessions)  
**Fee:** \$60 with ID/ \$65 without ID/ \$78 nonresident

## **WOGA I**

### ***Ruane Edge, Instructor***

As we get older, our muscle mass decreases. Using one pound weights and yoga... we will increase muscles as well as stretch the body with yoga. There will be a 5 minute meditation at the end of class. Please bring yoga mat, 1 pound weight, and water to every class.

**Course Number:** 442-1U  
**Location:** Community Room (CUE),  
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)  
**Day/ Dates:** Monday, starting date: July 10 (6 sessions)  
**Time:** 11:00 AM- 12:00 PM  
**Fee:** \$54 with ID/ \$59 without ID/ \$71 nonresident

## **WOGA II**

### ***Ruane Edge, Instructor***

Just like WOGA I.... Only doing more reps with weights and more exercises. Ending class with a little Pilates and also a five minute meditation. Please bring yoga mat, 1 pound weight, and water to every class.

**Course Number:** 442-2U  
**Location:** Community Room (CUE),  
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)  
**Day/ Dates:** Wednesday, starting date: July 12 (6 sessions)  
**Time:** 10:00 AM- 11:00 AM  
**Fee:** \$54 with ID/ \$59 without ID/ \$71 nonresident



## **LITE YOGA**

### ***Ruane Edge, Instructor***

Have you ever wanted to learn yoga? Then this is the class for you. This class will take you step by step through poses and breathing to relax the whole body. There will be a 5 minute meditation at the end of the class. Please bring a yoga mat and water to every class.

<b>Course Number:</b>	451-1U
<b>Location:</b>	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
<b>Day/ Dates:</b>	Monday, starting date: July 10 (6 Sessions)
<b>Time:</b>	9:30AM- 10:30 AM
<b>Fee:</b>	\$54 with ID/ \$59 without ID/ \$71 nonresident

## **YOGA, CORE, AND STRETCH**

### ***Karen Lett, Instructor***

Deepen your yoga practice and nurture your body. Decrease stress and increase strength, flexibility, balance, focus, and overall well-being. Special emphasis placed on posture, core, and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

<b>Course Number:</b>	449-1U
<b>Location:</b>	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
<b>Day/ Dates:</b>	Wednesday, starting date: July 12 (6 sessions)
<b>Time:</b>	6:30 PM- 7:45 PM
<b>Fee:</b>	\$54 with ID/ \$59 without ID/ \$71 nonresident

## **YOGA II**

### ***Ruane Edge, Instructor***

This class is for more experienced yoga people. More poses, and deepening breathing. There will be a 5 minute meditation at the end of class. Please bring yoga mat and water to every class.

<b>Course Number:</b>	452-1U *some yoga experience required
<b>Location:</b>	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
<b>Day/ Dates:</b>	Tuesday, starting date: July 11 (6 Sessions)
<b>Time:</b>	10:00 AM- 11:00 AM
<b>Fee:</b>	\$54 with ID/ \$59 without ID/ \$71 nonresident

## **YOGA WITH A VIEW**

### ***Katherine Kavanagh, Instructor***

Enjoy the benefits of an outdoor yoga practice: Spectacular views of the river, fresh air and sounds of nature. Join us for this nourishing ALL level flow class. We invite beginners through experienced yogis to cultivate inner peace, build strength, increase flexibility and balance. Bring mats and water. Feel free to bring blocks and a strap if this enhances your practice.

**Course Number:** 435-1U  
**Location:** Cortlandt Waterfront Park (77 Riverview Avenue, Verplanck)  
**Days/ Dates:** Mondays, Starting Date: July 10 (6 sessions)  
**Time:** 6:00 PM- 7:15 PM  
**Fee:** \$60 with ID/ \$65 without ID/ \$78 nonresident

### ***Sabrina Eyster, Instructor***

**Course Number:** 435-2U  
**Location:** Cortlandt Waterfront Park (77 Riverview Avenue, Verplanck)  
**Days/ Dates:** Saturdays, Starting Date: July 8 (6 sessions)  
**Time:** 9:30 AM- 10:45 AM  
**Fee:** \$60 with ID/ \$65 without ID/ \$78 nonresident





**CHARLES J. COOK POOL  
& SPRAY PARK  
293 FURNACE DOCK ROAD  
CORTLANDT MANOR, NY 10567**



**IMPORTANT POLICIES FOR 2023**

**\*All residents must have a valid Town of Cortlandt recreation photo ID card  
To present at the Charles J. Cook pool gate entrance.  
See pages 14 & 15 for more information on how to purchase an ID card.\***

**DATES/ HOURS OF OPERATION**

**Normal Hours of Operation:** 10:45 AM- 7:00 PM

**Opening Date:** Saturday, June 3rd  
(Weekends only until June 19th)  
Week of June 19th- June 23rd  
operating hours are 12:00 PM- 7:00 PM

**POOL OPENS FULL TIME  
SATURDAY, JUNE 26TH**

**POOL CLOSSES FOR SEASON ON  
MONDAY, SEPTEMBER 4TH (LABOR DAY)  
AT 7:00 PM**

Please remember to bring your Town of Cortlandt Recreation Photo ID Card; you will be required to scan in upon entering the Charles J. Cook Pool facility.

Charles J. Cook Pool accepts cash, checks, and/or credit cards (No American Express) at the front gate for daily admission, etc.

Town of Cortlandt Recreation Photo ID Cards and Charles J. Cook Pool Season Passes will be sold at the facility from 10:45 AM to 5:30 PM.

Swim Lesson Registrations will be taken at Charles J. Cook Pool from June 26th- July 19th, 10:00 AM to 4:30 PM, Monday- Friday.

**CHARLES J. COOK POOL POLICIES**

- An adult must directly supervise children under 16 years of age.
- Balls, Frisbees, and any other throw toys are not permitted in the water.
- Only Coast Guard Approved life saving devices may be used as personal flotation devices in designated areas ONLY- check with Head Lifeguard on duty.
- Coast Guard Approved life vests are also available for loan at the Pool Office (Town of Cortlandt Recreation Photo ID Card needed for deposit).
- Kickboards are restricted to designated areas ONLY check with Head Lifeguard on duty.
- Diapers/ Pampers are not allowed in the water. Tight fitting plastic/rubber pants or a swim diaper must be worn.
- Swim areas are staffed with certified lifeguards and on-site management to ensure your enjoyment and safety.

**IMPORTANT INFORMATION REGARDING  
TOWN OF CORTLANDT SWIM MEETS**

The Town of Cortlandt will be hosting swim meets during the summer season.

During these times, the lap lanes and the diving area will be off limits to the public. Meets are held on:

- Tuesdays and/or Thursdays from 4:00 PM- 8:00 PM and
- Saturdays from 8:00 AM- 1:00 PM



\*Note: Meet dates are scheduled by Northern Westchester County Swim Association- Schedule TBA.  
For further information please call 914-734-1057. We encourage our residents to root for our team!

# TOWN OF CORTLANDT REGISTRATION 2023 FEES

## RECREATION PHOTO ID CARD, CHARLES J. COOK POOL SEASON PASSES, & HOLLOW BROOK GOLF CLUB SEASON PASSES

TOWN OF CORTLANDT RECREATION PHOTO ID CARD	FEE	VALID FOR
<b>Recreation Photo ID Card</b> (Adult and Child, Ages 4 & Up) Free with the purchase of a Charles J. Cook Pool Season Pass	\$7.00	3 Years
<b>Senior Citizen Recreation Photo ID Card</b> (60 years of age or older- Proof of age required) Half price Senior Citizen discount only applicable to Town of Cortlandt Residents.	\$3.50	3 Years
<b>Replacement Recreation Photo ID Card</b> If Lost (Adult, Child, and Senior)	\$5.00	3 Years

SEASON PASS TYPE	FEE	VALID FOR
<b>Hollow Brook Golf Club Season Pass</b> (Plus \$7.00 for a TOC Recreation Photo ID Card if the resident does not have a current card- this pass will only be sold at Town of Cortlandt Town Hall, they will not be sold at Charles J. Cook Pool at any point)	\$12.00	1 Year (January- December)
<b>Family Season Pass, Charles J. Cook Pool</b> 2 Adults & 1 Child or 1 Adult & 2 Children	\$310.00	1 Season (Summer 2023)
<b>Family Season Pass Continued:</b> <b>Each Additional Child Season Pass, Charles J. Cook Pool</b>	\$59.00	
<b>Adult Individual Season Pass, Charles J. Cook Pool</b>	\$139.00	
<b>Child Individual Season Pass, Charles J. Cook Pool</b>	\$109.00	
<b>Senior Citizen Individual Season Pass, Charles J. Cook Pool</b>	\$74.00	

### DAILY ADMISSION FEES FOR CHARLES J. COOK POOL

The following Charles J. Cook daily fees are only applicable to residents who do not possess Charles J. Cook Pool Season Passes.

TOWN OF CORTLANDT RESIDENT DAILY FEES		
<ul style="list-style-type: none"> <li>All residents must have a valid Town of Cortlandt Recreation Photo ID Card to present at the Charles J. Cook Pool gate entrance. See pages 14 &amp; 15 for more information on how to purchase an ID Card.</li> <li>Village of Buchanan and Croton Residents must also purchase a Town of Cortlandt Photo ID Card to gain access to the pool facility. Village ID cards will not be accepted for admission for the 2023 season.</li> </ul>		
	FEE BEFORE 4:00 PM	FEE AFTER 4:00 PM
Adults	\$10.75	\$5.50
Child	\$8.75	\$4.50
Senior Citizen	\$5.75	\$2.75

GUEST FEES	
<ul style="list-style-type: none"> <li>All guests must be accompanied by a Town of Cortlandt resident with a valid Town of Cortlandt Recreation Photo ID Card.</li> </ul>	
Senior Citizen, Adults, & Children	\$13.50

# SWIMMING INSTRUCTION (AGES 5- 16)

Director- Nicole Segnit, W.S.I.

All participants of Charles J. Cook Pool swim lessons, regardless of age, will REQUIRE a Town of Cortlandt Recreation Photo ID Card (Free of charge with purchase of swim lesson; ID Card will be valid for 3 years).

If the child already possesses a valid ID card, you may register for swim lessons online at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline).

If the child does not yet possess an ID Card, parents/ guardians must follow the instructions on pages 14 & 15 ("Town of Cortlandt Recreation Photo ID Cards, Charles J. Cook Pool Season Passes, and Hollow Brook Season Passes") to acquire one before the swim lesson registration can be completed. **In order to get the FREE Town of Cortlandt Recreation Photo ID Card, the Photo ID Card registration and swim lesson registration MUST BE DONE AT THE SAME TIME/ REQUESTED IN THE SAME EMAIL.**

If you choose to complete a hard copy registration form, please be sure to put the **Course Number, Session, Swim Level Number** and your **1st and 2nd choice** for time slots on the Youth Swim Instruction Registration Form (Found in the back of this brochure). PLEASE NOTE: Due to the popularity of our programming, and accessibility of online registration, mailing in your registration may result in waitlist.

**NO ONLINE SWIM LESSON REGISTRATION AFTER THURSDAY, JUNE 22ND. After this point, all swim lesson registration will be taken at the pool (June 26th- July19th, 10:00 AM to 4:30 PM, Monday- Friday).**

## Level 1- Introduction to Water Skills

Helps participants feel comfortable in the water.

- Enter and exit water using ladder steps and side
- Blow bubbles thru mouth & nose
- Bobbing
- Open eyes under water & retrieve submerged objects
- Front & back glides & floats
- Recover to vertical position
- Roll from front to back to front
- Tread water using arm & hand actions
- Alternating & simultaneous leg actions on front & back
- Alternating & simultaneous arm actions on front & back
- Combined arm & leg actions on front & back

## Level 2- Fundamental Aquatic Skills

Gives participants success with fundamental skills.

- Enter & exit water by stepping or jumping from the side
- Fully submerge & hold breath
- Bobbing
- Open eyes under water & retrieve submerged object
- Front, jellyfish & tuck floats
- Front & back glides & floats
- Recover to vertical position
- Roll from front to back & back to front
- Change direction of travel while swimming on front or back
- Tread water using arm & leg actions on front & back
- Combined arm & leg actions on front & back
- Finning arm action

## Level 3- Stroke Development

Builds on the skills in Level 2 thru additional guided practice in deeper water.

- Enter water by jumping from the side
- Headfirst entries from the side in sitting & kneeling positions
- Bobbing while moving toward safety
- Rotary breathing
- Survival Float
- Back Float
- Change from vertical to horizontal position on front & back
- Tread water
- Flutter, scissor, dolphin & breaststroke kicks on front
- Front crawl & elementary backstroke

## Level 4- Stroke Improvement

Develops confidence in the skills learned and improves other aquatic skills.

- Headfirst entries from the side in compact and stride Positions
- Swim under water
- Feet first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, Breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back

## Level 5- Stroke Refinement

Provides further coordination and refinement of strokes.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, Breaststroke, sidestroke and butterfly Sculling

<b>Location:</b>	Charles J. Cook Pool		
<b>Course Number:</b>	510	10:00 AM- 10:40 AM	(Level 1, 2, 3)
	520	10:45 AM- 11:25 AM	(Level 2, 3, 4)
	540	3:40 PM- 4:20 PM	(Level 1, 2, 3, 4, 5)
	550	4:30 PM- 5:10 PM	(Level 1, 2, 3, 4, 5)
<b>Session Number/ Dates:</b>	1U	June 26- July 7 7 sessions (No Classes Tuesday, 7/4)	
	2U	July 10- July 21	8 sessions
	3U	July 24- August 4	8 sessions
<b>Days:</b>	Monday- Thursday (Fridays will be used as rain dates) Three, two week sessions		
<b>Fee:</b>	\$80 with Charles J. Cook Pool Season Pass \$175 without Charles J. Cook Pool Season Pass		

**\*Swim Group Level is available at listed times ONLY and on a limited Basis (1:6 staff to swimmer ratio)**  
A MINIMUM ENROLLMENT is NEEDED to RUN scheduled CLASSES.

**Inclement Weather Policy:**  
During inclement weather with thunder and/or lightning, all swimmers must evacuate the water for a minimum of thirty minutes. Two rain dates have been built into the program session (Fridays), if the two rain dates are used, a credit for the missed classes will be issued.

**All Pre- School and Tiny Tot Swim Lessons take place at Charles J. Cook Pool  
293 Furnace Dock Road, Cortlandt Manor, NY 10567**

All participants of Charles J. Cook Pool swim lessons, regardless of age, will REQUIRE a Town of Cortlandt Recreation Photo ID Card (Free of charge with purchase of swim lesson; ID Card will be valid for 3 years).

If the child already possesses a valid ID, you may register for swim lessons online at [www.townofcortlandt.com/reonline](http://www.townofcortlandt.com/reonline).

If the child does not yet possess an ID Card, parents/ guardians must follow the instructions on pages 14 & 15 ("Town of Cortlandt Recreation Photo ID Cards, Charles J. Cook Pool Season Passes, and Hollow Brook Season Passes") to acquire one before the swim lesson registration can be completed. In order to get the FREE Town of Cortlandt Recreation Photo ID Card, the Photo ID Card registration and swim lesson registration MUST BE DONE AT THE SAME TIME/REQUESTED IN THE SAME EMAIL.

\*In order to qualify for the lower rate, participants ages four (4) and up must possess their own Season Pass. If the participant is three (3) or under, the parent or guardian must possess a season pass. Family season passes may also apply.\*

NO ONLINE SWIM LESSON REGISTRATION AFTER THURSDAY, JUNE 22ND. After this point, all swim lesson registration will be taken at the pool (June 26th- July 19th, 10:00 AM to 4:30 PM, Monday- Friday).

### **PRE-SCHOOL SWIM**

#### **(AGES 3 & 4 YEARS AS OF 7/1/23)**

*Nicole Segnit, WSI, Director*

This class will provide a transition for children to prepare them for a group lesson in Swim Level A. Parental participation in the water IS REQUIRED This is not a class for children afraid of the water.

**Course Number:** 201-1U  
**Days/ Dates:** Monday & Wednesday,  
(Fridays will be used as rain dates)  
Starting Date: June 26 (6 Sessions)  
**Time:** 3:40 PM- 4:20 PM  
**Fee:** \$65 per child with Season Pass/  
\$100 without Season Pass

**Course Number:** 201-2U  
**Days/ Dates:** Monday & Wednesday,  
Starting Date: June 26 (6 Sessions)  
(Fridays will be used as rain dates)  
**Time:** 4:30 PM- 5:10 PM  
**Fee:** \$65 per child with Season Pass/  
\$100 without Season Pass

**Course Number:** 201-3U  
**Days/ Dates:** Monday & Wednesday,  
Starting Date: July 17 (6 Sessions)  
(Fridays will be used as rain dates)  
**Time:** 3:40 PM- 4:20 PM  
**Fee:** \$65 per child with Season Pass/  
\$100 without Season Pass

**Course Number:** 201-4U  
**Days/ Dates:** Monday & Wednesday,  
Starting Date: July 17 (6 Sessions)  
(Fridays will be used as rain dates)  
**Time:** 4:30 PM- 5:10 PM  
**Fee:** \$65 per child with Season Pass/  
\$100 without Season Pass

### **TINY TOT SWIMMING**

#### **(AGES 6 MONTHS- 3 YEARS AS OF 7/1/23)**

*Nicole Segnit, WSI, Director*

An introduction to the fundamentals of swimming. Water adjustment, building confidence and comfort in the water. A parent will be expected to participate in the water. Tight fitting RUBBER PANTS or a SWIM DIAPER must be worn in the water.

**Course Number:** 202-1U  
**Days/ Dates:** Tuesday & Thursday,  
Starting Date: June 27 (5 Sessions)  
(Fridays will be used as rain dates)  
**Time:** 3:40 PM- 4:20 PM  
**Fee:** \$65 per child with Season Pass/  
\$100 without Season Pass  
\*No class 7/4

**Course Number:** 202-2U  
**Days/ Dates:** Tuesday & Thursday  
Starting Date: June 27 (5 Sessions)  
(Fridays will be used as rain dates)  
**Time:** 4:30 PM- 5:10 PM  
**Fee:** \$65 per child with Season Pass/  
\$100 without Season Pass  
\*No class 7/4

**Course Number:** 202-3U  
**Days/ Dates:** Tuesday & Thursday  
Starting Date: July 18 (6 Sessions)  
(Fridays will be used as rain dates)  
**Time:** 3:40 PM- 4:20 PM  
**Fee:** \$65 per child with Season Pass/  
\$100 without Season Pass

**Course Number:** 202-4U  
**Days/ Dates:** Tuesday & Thursday  
Starting Date: July 18 (6 Sessions)  
(Fridays will be used as rain dates)  
**Time:** 4:30 PM- 5:10 PM  
**Fee:** \$65 per child with Season Pass/  
\$100 without Season Pass

# "EARLY BIRD" CHARLES J. COOK POOL LAP SWIM PROGRAM

*Our lap swim program gives fitness-minded adults the chance to take to the water without interruption from other swimmers. The program will be broken into two separate time slots, 9:00 AM- 10:00 AM and 10:00- 11:00 AM. Within those sections, there will be two options, a single swimmer per lane option, and a two swimmers per lane option. Registration begins online and in office on Monday, June 12th. PLEASE REGISTER EARLY, spots are very limited.*

## **SINGLE SWIMMER PER LANE OPTION**

**Course Number:** 445-1U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Tuesdays, starting date:  
June 27 (10 sessions)  
**Time:** 9:00 AM- 10:00 AM  
**Fee:** \$10 with CJCP Season Pass  
\$20 without CJCP Season Pass

## **TWO SWIMMERS PER LANE OPTION**

**Course Number:** 445-2U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Tuesdays, starting date:  
June 27 (10 sessions)  
**Time:** 9:00 AM- 10:00 AM  
**Fee:** \$5 with CJCP Season Pass  
\$15 without CJCP Season Pass

## **SINGLE SWIMMER PER LANE OPTION**

**Course Number:** 445-3U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Wednesdays, starting date:  
June 28 (10 sessions)  
**Time:** 9:00 AM- 10:00 AM  
**Fee:** \$10 with CJCP Season Pass  
\$20 without CJCP Season Pass

## **TWO SWIMMERS PER LANE OPTION**

**Course Number:** 445-4U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Wednesdays, starting date:  
June 28 (10 sessions)  
**Time:** 9:00 AM- 10:00 AM  
**Fee:** \$5 with CJCP Season Pass  
\$15 without CJCP Season Pass

## **SINGLE SWIMMER PER LANE OPTION**

**Course Number:** 445-5U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Thursdays, starting date:  
June 29 (10 sessions)  
**Time:** 9:00 AM- 10:00 AM  
**Fee:** \$10 with CJCP Season Pass  
\$20 without CJCP Season Pass

## **TWO SWIMMERS PER LANE OPTION**

**Course Number:** 445-6U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Thursdays, starting date:  
June 29 (10 sessions)  
**Time:** 9:00 AM- 10:00 AM  
**Fee:** \$5 with CJCP Season Pass  
\$15 without CJCP Season Pass

## **SINGLE SWIMMER PER LANE OPTION**

**Course Number:** 445-7U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Fridays, starting date:  
June 30 (10 sessions)  
**Time:** 9:00 AM- 10:00 AM  
**Fee:** \$10 with CJCP Season Pass  
\$20 without CJCP Season Pass

## **TWO SWIMMERS PER LANE OPTION**

**Course Number:** 445-8U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Fridays, starting date:  
June 30 (10 sessions)  
**Time:** 9:00 AM- 10:00 AM  
**Fee:** \$5 with CJCP Season Pass  
\$15 without CJCP Season Pass



## "EARLY BIRD" CHARLES J. COOK POOL LAP SWIM PROGRAM CONTINUED

*Our lap swim program gives fitness-minded adults the chance to take to the water without interruption from other swimmers. The program will be broken into two separate time slots, 9:00 AM- 10:00 AM and 10:00- 11:00 AM. Within those sections, there will be two options, a single swimmer per lane option, and a two swimmers per lane option. Registration begins online and in office on Monday, June 12th. PLEASE REGISTER EARLY, spots are very limited.*

### **SINGLE SWIMMER PER LANE OPTION**

**Course Number:** 446-1U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Tuesdays, starting date:  
June 27 (10 sessions)  
**Time:** 10:00 AM- 11:00 AM  
**Fee:** \$10 with CJCP Season Pass  
\$20 without CJCP Season Pass

### **TWO SWIMMERS PER LANE OPTION**

**Course Number:** 446-2U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Tuesdays, starting date:  
June 27 (10 sessions)  
**Time:** 10:00 AM- 11:00 AM  
**Fee:** \$5 with CJCP Season Pass  
\$15 without CJCP Season Pass

### **SINGLE SWIMMER PER LANE OPTION**

**Course Number:** 446-3U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Wednesdays, starting date:  
June 28 (10 sessions)  
**Time:** 10:00 AM- 11:00 AM  
**Fee:** \$10 with CJCP Season Pass  
\$20 without CJCP Season Pass

### **TWO SWIMMERS PER LANE OPTION**

**Course Number:** 446-4U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Wednesdays, starting date:  
June 28 (10 sessions)  
**Time:** 10:00 AM- 11:00 AM  
**Fee:** \$5 with CJCP Season Pass  
\$15 without CJCP Season Pass

### **SINGLE SWIMMER PER LANE OPTION**

**Course Number:** 446-5U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Thursdays, starting date:  
June 29 (10 sessions)  
**Time:** 10:00 AM- 11:00 AM  
**Fee:** \$10 with CJCP Season Pass  
\$20 without CJCP Season Pass

### **TWO SWIMMERS PER LANE OPTION**

**Course Number:** 446-6U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Thursdays, starting date:  
June 29 (10 sessions)  
**Time:** 10:00 AM- 11:00 AM  
**Fee:** \$5 with CJCP Season Pass  
\$15 without CJCP Season Pass

### **SINGLE SWIMMER PER LANE OPTION**

**Course Number:** 446-7U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Fridays, starting date:  
June 30 (10 sessions)  
**Time:** 10:00 AM- 11:00 AM  
**Fee:** \$10 with CJCP Season Pass  
\$20 without CJCP Season Pass

### **TWO SWIMMERS PER LANE OPTION**

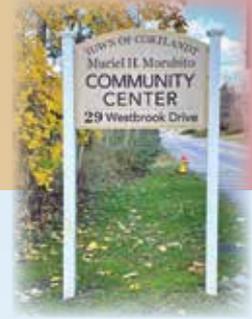
**Course Number:** 446-8U  
**Location:** Charles J. Cook Pool  
**Day/ Dates:** Fridays, starting date:  
June 30 (10 sessions)  
**Time:** 10:00 AM- 11:00 AM  
**Fee:** \$5 with CJCP Season Pass  
\$15 without CJCP Season Pass





# SENIOR SERVICES

## THE CORTLANDT GOLDEN CONNECTION



WESTBROOK DRIVE, CORTLANDT MANOR  
914-528-1572

[www.townofcortlandt.com/seniors](http://www.townofcortlandt.com/seniors)

**Director:** Dawn Mahoney | dawnm@townofcortlandt.com  
**Assistant Director:** Rebecca Ferguson | rebeccaf@townofcortlandt.com

To be ELIGIBLE to participate in any of the following Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency – a current Con Ed bill or telephone bill required. MUST be least 60+ years of age.



### CLUBS

The Nor-Cort/ Cortlandt Club meeting takes place at the Muriel H. Morabito Community Center on Westbrook Drive. Verplanck Club meets at the Verplanck Schoolhouse, 6th Street, Verplanck. Special events, information symposiums and socials are all part of club membership. To be a member of any of the above-mentioned clubs, you must be a resident of the Town of Cortlandt. Nor-Cort/Cortlandt Seniors' Club- Tuesday, meeting begins at 10:30 AM. Coffee and Cake will be served.

### ***Ongoing Golden Connection Activities at the Muriel H. Morabito Community Center:***

- Monday** 10:30 AM- 11:30 AM Line Dance Exercise Class  
11:45 AM- 2:45 PM Drop In Pickleball  
12:30 PM- 2:30 PM Ceramics Class
- Tuesday** 10:00 AM- 1:00 PM Nor-Cort/Cortlandt Senior Club
- Wednesday** 10:00 AM- 3:00 PM Varies- Check monthly calendar
- Thursday** 10:30 AM- 11:30 AM Chair Yoga Exercise Class  
10:00 AM- 2:00 PM Verplanck Senior Club  
(Verplanck School House)
- Friday** 10:15 AM- 11:15 AM Low Impact Exercise Class  
12:15 PM- 1:00 PM Zumba Gold Exercise Class

## **EXERCISE COURSE DESCRIPTIONS**

We offer a myriad of ongoing exercise classes throughout the year at no cost to Town of Cortlandt Seniors.

### **Mondays - LINE DANCE**

**10:30 AM-11:30 AM**

**Instructor: Cameron Kelly**

Come Line Dance! Love to dance but don't have a partner! No problem! Come on over and burn some calories, get some exercise, have some laughs, and meet some great people who love to line dance.

### **Thursdays - CHAIR YOGA**

**10:30 AM-11:30 AM**

**Instructor: Karen Lett**

The plan for the chair yoga class is to offer seniors health benefits by working on their physical activity. Seniors can find yoga to help their balance and stability. The participants will learn to work their breath, movement, and energy for balance and stress relief.

### **Fridays - LOW IMPACT AEROBICS AND MUSCLE STRENGTHENING/FLEXIBILITY**

**10:15 AM-11:15 AM**

**Instructor: Lori Barr**

Come join this low-impact aerobics/muscle strengthening/flexibility class done to fun music in a safe, supportive, welcoming atmosphere. You'll burn fat, improve your heart health, build stronger muscles, and bones and increase your flexibility. This class is very appropriate for beginners and modifications will be demonstrated for several experience levels. All levels are welcome!

### **Fridays - ZUMBA GOLD**

**12:15 PM-1:00 PM**

**Instructor: Suzi Tipa**

Perfect for our active older adults, Zumba Gold incorporates all of the energy, fun, and international rhythms of a traditional Zumba class, but at a lower intensity. Our class introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. You can modify any of the movements to suit your personal fitness level and goals. Come ready to sweat, and prepare to leave feeling empowered, strong and energized!

*\*Non-resident senior rate available. Please call 914-528-1572 for more details/information\**



The following programs are funded under the Older Americans Act of 1965 as amended, through the cooperation of:

**The Department of Health & Human Services  
New York State Office of the Aging  
Westchester County Department of Senior Programs & Services  
Town of Cortlandt**

**TOWN OF CORTLANDT SENIOR PROGRAM INFORMATION** - To assist seniors with other agency program information a Social Worker is available as needed. Call 914-528-8377 for referral.

**BEREAVEMENT SUPPORT**

Bereavement support is available to those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. Beth Miller, LMSW will be available for support by appointment only. Please call 914-528-1572 for more information or to see if there is a meeting scheduled.

**BUS TRANSPORTATION TO THE MURIEL H. MORABITO COMMUNITY CENTER**

Funded through the US Department of Health and Human Services-Administration on Aging (AoA), New York State Office for the Aging, Westchester County Department of Senior Programs and Services, and the Town of Cortlandt. Transportation is available Monday thru Friday to the Muriel H. Morabito Community Center for lunch and/or senior programs. Seniors are picked up in the morning and returned back home in the afternoon. In order for the Bus Service to operate, **a minimum of 6 seniors are required**. The contribution for bus transportation to and from the center is \$3.00. For congregate meals and bus transportation call (914) 528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation and some restrictions apply.

**COMPUTER LAB AND TECH ASSISTANCE**

Community Center staff is available to assist with basic cell phone questions, i.e. Connect to Wi-Fi, create a contact, or even on how to take a selfie. The computers are available for daily use from 9:00 AM- 2:00 PM; except during pre scheduled computer classes.

**NUTRITION PROGRAM**

An on-site and home delivery service that provides persons age 60+ with a nutritious and well- balanced noon-time meal. Anyone needing or knowing individuals that would benefit from the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is \$4.00 and for Home Delivered Meals is \$5.00. For home delivered meals call (914)528-8377. Grab 'N' Go meal service will continue so that seniors can pick up a hot lunch and take it home. The cost for Grab 'N' Go is \$4.00 per meal.

**OPERATION SNOWFLAKE**

The Town of Cortlandt Senior Services Division offers a snow shoveling service for eligible Senior Citizens who reside in the Town of Cortlandt based on availability. Seniors who are unable to shovel their walkway should call the Muriel H. Morabito Center at 914-528-8377 for eligibility and registration.

**SENIOR CITIZENS MEDICAL & PHARMACY TRANSPORTATION**

This service offers transportation to area doctors, medical facilities, pharmacies and back home again to those eligible Town of Cortlandt Seniors. The Medical car runs on Monday, Thursday, and Friday. Transportation available to the following areas: Yorktown, Jefferson Valley, Lake Peekskill, Peekskill, Cortlandt Manor, Buchanan, Verplanck, and Croton on Hudson. For advanced reservations and information call Becky Ferguson at 914-528-8377. The contribution for the medical car is \$5.00. \*Some restrictions apply. Seniors must be independent and/or have a companion to ride/assist.

**SHOPPING**

The shopping bus will pick up Cortlandt Seniors at their home to go to the Cortlandt Town Center every Thursday and to the Jefferson Valley Mall on the 3rd Monday of the month. Seniors will be returned to their homes after shopping. The contribution for the shopping bus is \$3.00.

Every Thursday	Cortlandt Town Center, Rte. 6	10:00 AM- 1:30 PM
3rd Monday of Month	Jefferson Valley Mall	11:00 AM- 1:30 PM (If the 3rd Monday is a holiday, the mall bus will run the following Monday.)

Call 914-528-5164 for reservations and information.

\*Some restrictions apply. In order for shopping bus to operate a minimum number of 6 seniors are required.

# TOWN OF CORTLANDT SENIOR SERVICES SPECIAL EVENTS AND CLASSES

## **AARP DRIVER SAFETY COURSE**

**Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)  
**Days/ Dates:** Tuesday, May 2 (1 session)  
**Time:** 8:30 AM- 3:30 PM- (bring driver license, pen, pad & lunch)  
**Fee:** \$25.00 members of AARP – Please include membership number on check  
\$30.00 non members of AARP  
**Checks payable to:** AARP, no cash accepted

Please call 914-528-1572 with any questions or concerns. Min. 10; Max. 40

## **ACRYLIC PAINTING CLASS**

**Hillary Hostetler, Instructor**

Join friends and make new ones. Paint various floral, landscapes, and still life with Hillary. Full instruction will be given for beginners through advanced. Bring your own supplies as per supply list. You will receive a supply list when you register.

**Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)  
**Days/ Dates:** Thursdays, October 5, 12, 19, 26, November 2, 9, 16, 30 (8 sessions)  
**Time:** 12:30 PM-2:30 PM  
**Fee:** \$80; Checks payable to the Town of Cortlandt

Please register no later than one week before. Call 914-528-1572 for more information.

## **ANNUAL SENIOR CITIZEN RECOGNITION DAY PICNIC**

Please join us for a day of fun and relaxation. Registration required for free entrance. Open to all Senior citizens residing in the Town of Cortlandt. Register at your local Senior Citizen Club in July.

**Location:** Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)  
**Days/ Dates:** Wednesday, August 9; Rain date Thursday, August 10  
**Time:** 11:00 AM- 2:00 PM  
**Fee:** Free- If registered prior to event at your Senior Citizen Clubs or by calling 914-528-1572 with your food choice.



## **BIG BINGO**

Join the staff for fun, friends, and cash prizes! Pots vary.

**Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)  
**Days/ Dates:** Wednesdays: 5/24, 6/14, 7/12, 8/2, 9/20  
**Time:** 12:30 PM- 2:30 PM  
**Fee:** \$7.00 cash due at registration. This includes 1 card for each game (11 total games included with entrance fee.)  
Additional cards, daubers, and bonus games may be purchased the day of the event.

Please call 914-528-1572 with any questions or concerns.

## **BBQ & BOCCE TOURNAMENT**

Join us Friday, June 16 to play some bocce and enjoy a bbq with other players. For more information inquire at the front desk or call 914-528-1572.

## **BOCCE**

Stop by the center and enjoy a free game on our bocce courts!

**Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)  
**Days/ Dates:** Tuesdays  
**Time:** Drop in mornings  
**Fee:** Free  
Please call 914-528-1572 with any questions or concerns.

## **COFFEE CLUB**

Held every Monday at 12:00 PM. Get to know your neighbors and other seniors in your community. Coffee is provided and you can bring your own snacks.

## **CARD SHARKS**

Stop by and give it go on Thursdays, 12:00 PM- 2:00PM. Mah Jongg, canasta, rummy 500 or poker. Pick your favorite or try something new!

## **PICKLEBALL**

Learn the fun sport that combines tennis, badminton, and ping pong. Stop by the Muriel H. Morabito Community Center on Monday afternoons to see what the craze is all about!

## **MENS DISCUSSION GROUP**

Our men's discussion group is a place for all men aged 60 and over to meet each other in an informal, social environment to share their knowledge and experiences. Wednesdays at 12:00 PM for coffee and conversation.

## **OPEN GYM**

Stop by and shoot some hoops or play some cornhole. The gym will be available for free play Wednesdays & Fridays 1:00 PM- 3:00 PM.

## **PIZZA AND MOVIE AFTERNOON**

Come join us for an afternoon matinee on our 70" flat screen tv.

**Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)  
**Days/ Dates:** Friday, May 5 Gerry & Marge Go Large  
Friday, June 2 Where the Crawdads Sing  
Friday, July 7 Ticket to Paradise  
Friday, August 4 The Good House  
Friday, September 8 The Woman King  
**Time:** 1:00 PM- 3:00 PM (or until movie ends)  
**Fee:** \$5.00 per person includes pizza, drink and dessert.  
Preregistration with payment is required no later than 1 week prior to movie showing.  
Please call 914-528-1572 with any questions or concerns.

## **SENIOR CRAFT AFTERNOONS**

Join staff from the Hendrick Hudson Free Library for a fun afternoon creating crafts and memories.

**Location:** Muriel H. Morabito Center, (29 Westbrook Drive, Cortlandt Manor)  
**Days/ Dates:** Wednesdays, April 19, June 21 & August 16  
**Time:** 12:00 PM - 2: 00 PM  
**Fee:** Free  
**Registration:** Pre-registration required no later than 1 week before class. Minimum number to run the class is 6, max is 20. Call 914-528-1572 for more information.

## **SENIOR POOL PLAYERS WELCOME**

Whether you are a beginner or an expert, stop by for some friendly tips and competition.

**Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)  
**Days:** Monday- Friday  
**Time:** Drop In between 9:00 AM- 12:00 PM  
**Fee:** Free; Call 914-528-1572 for more information.

## **SINGLES MINGLE EVENT**

Why not give it a shot? You can find a new friend or it may build into some more. Everyone deserves someone. Appetizers and light refreshments will be served.

**Location:** Muriel H. Morabito Center (29 Westbrook Drive, Cortlandt Manor)  
**Day/Date:** Wednesday, July 19  
**Time:** 1:00 PM - 3: 00 PM  
**Fee:** Free  
**Registrations:** Pre-registration required no later than 1 week before event. Call 914-528-1572 for more information.

## **WII BOWLING**

Play Wii Bowling on our large screen TV.

**Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)  
**Days/ Dates:** Thursdays  
**Time:** 11:45 AM  
**Fee:** Free; Call 914-528-1572 for more information. \*Wii Drop In times available

## **YC GAMING**

Seniors are welcome to stop by the Youth Center and utilize the game tables including: ping pong, pool and air hockey. Participants must provide two proofs of residency and complete a form their first day.

**Location:** Youth Center (3 Memorial Drive, Croton on Hudson)  
**Days/ Dates:** Tuesdays, June 20  
**Time:** 10:30 AM- 12: 30 PM  
**Fee:** Free



**Stay up to date about all things Town of Cortlandt Senior Services!**

Interested in receiving our monthly calendar, specials, trip information, exercise links, and schedule changes?

Call 914-528-1572 to be added to our general email list, exercise email list, or both!

[TOWNOFCORTLANDT.COM](http://TOWNOFCORTLANDT.COM)

*Join us for our Annual Memorial Day Ceremony on Friday, May 26th, at 1:30 PM.*

*The ceremony takes place at our Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor, NY.*

*On June 21st we have our Veteran's Picnic which is held at the Charles Cook Pool. Please call 914-528-1572 for further information and to RSVP.*



# YOUTH AND RECREATION CENTER

3 MEMORIAL DRIVE, CROTON-ON-HUDSON  
914-736-0498  
[www.townofcortlandt.com/yc](http://www.townofcortlandt.com/yc)



**Interim Director:** Lindsey Luposello | [lluposello@townofcortlandt.com](mailto:lluposello@townofcortlandt.com)

The Interim Director is available to all young people in our town for conversation, information and referral. Cortlandt Recreation is committed to providing a variety of programs that are socially engaging, educational and fun for youth of all ages.



## DROP IN PROGRAM AT THE YC FREE

Drop in activities include: table games - ping pong, pool, air hockey, arts and crafts, video games - Wii & Switch, TV, board games, learning lab, outside activities, basketball, pickleball and more! Youth must be registered participants for the drop-in program.

To Register Visit:  
[www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline)

## HOURS OF OPERATION

\*Summer Hours begin 6/26\*  
ENTERING GRADES 6TH- 12TH  
Monday- Thursday: 1:00 PM- 8:00 PM  
Friday: 1:00 PM- 9:00 PM  
Saturday: 4:00 PM- 9:00 PM • Sunday: Closed  
GRADES 1ST- 5TH (WITH ADULT SUPERVISION)  
Saturday: 1:00 PM- 4:00 PM

### CLOSED

Monday, May 29  
Tuesday, July 4  
Friday, August 25  
(Splish Splash Pool Party)  
Monday, September 4

### OPEN AT 1 PM

Monday, June 19

## CORTLANDT COMMUNITY COALITION

**HELP US KEEP OUR COMMUNITY SAFE, HEALTHY, AND DRUG FREE**

Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator  
Call 914-734-1052 for more information



# YC IMPORTANT INFORMATION FOR PARENTS

## YC REGISTRATION PROCESS

*For Youth in Grades 6th-12th  
in September*

All youth must be registered as a YC participant in order to attend our daily and specialty programming. Registration is good for one year & needs to be renewed on a yearly basis. You will be notified by email when it is time to renew.



Go to:  
[www.townofcortlandt.com/reonline](http://www.townofcortlandt.com/reonline)  
Search by keyword  
"Youth Center"

## 2023-2024

**BMMS BUS REGISTRATION IS DUE JULY 1ST!**



Blue Mountain Middle School has a bus which drops youth off at the YC Monday-Friday. Youth **MUST** be registered online before you can register for a bus pass. Applications received after July 1st will have a minimum of a two week waiting period once school starts before a pass is issued. For more information and to register email:  
[lluposello@townofcortlandt.com](mailto:lluposello@townofcortlandt.com)



**The YC is committed to providing educational programs for our youth which promote positive social development. Programs are implemented after school and with all of our drop-in participants. For more information, please call the YC at 914-736-0498.**

# YC PROGRAMS: GRADES 6TH- 12TH

## WEEKDAY PROGRAMS: MAY- AUGUST

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

### ALL PROGRAMS WILL START AT 4 PM

Tues, May 2: National Harry Potter Day  
 Thurs, May 4: National Star Wars Day  
 Wed, May 10: Duct Tape Crafts  
 Mon, May 15: Pizza Party Day  
 Wed, May 24: National Scavenger Hunt Day  
 Mon, June 5: National Donut Day  
 Wed, June 7: National Chocolate Ice Cream Day  
 Thurs, June 8: National BFF Day  
 Mon, June 19: Milkshake Monday  
 Tues, June 27: National BINGO Day

Mon, July 10: National Sugar Cookie Day  
 Thurs, July 13: National French Fry Day  
 Mon, July 17: National Ice Cream Day  
 Mon, July 24: National Hot Dog Day  
 Mon, July 31: National Avocado Day  
 Wed, August 2: National Ice Cream Sandwich Day  
 Thurs, August 10: National S'mores Day  
 Mon, August 14: National Creamsicle Day  
 Thurs, August 24: National Kobe Bryant Day  
 Wed, August 30: Toasted Marshmallow Day

### May

Su	Mo	Tu	We	Th	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### June

Su	Mo	Tu	We	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

#### KEY:

Week Day Program  
 Friday Night Program  
 Saturday Night Program



### July

Su	Mo	Tu	We	Th	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### August

Su	Mo	Tue	We	Th	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Youth must be registered members of the YC to participate in these programs. To register  
 Go to: [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline). Search by keywords.

# YC PROGRAMS: GRADES 6TH- 12TH

## WEEKEND PROGRAMS: MAY- AUGUST

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

### FRIDAYS

#### PROGRAMS START AT 7:00 PM

- |  |  |
|--|--|
| May 5: Game Night-Pictionary                   | July 7: Game Night-BINGO                       |
| May 12: 5th Grade Luau Party                   | July 14: Outdoor Movie Night                   |
| May 19: Henna (Starts at 5:30 PM)              | July 21: Basketball Tournament                 |
| May 26: Gaga Tournament                        | July 28: Water Balloon Fun                     |
| June 2: Outdoor Movie Night                    | August 4: Ice Cream Truck Night                |
| June 9: Ice Cream Truck Night                  | August 11: Outdoor Movie Night                 |
| June 16: Game Night: LCR (Left, Right, Center) | August 18: Gaga Tournament                     |
| June 23: DJ Night- Start at 6 PM               | August 25: YC CLOSED; Splish Splash Pool Party |
| June 30: Volley Tournament                     |  |



### SATURDAYS

#### PROGRAMS START AT 7:00 PM

- |  |   |
|--|---|
| May 6: Karaoke                         | July 1: Duct Tape Crafts                      |
| May 13: Mother's Day Gift Making       | July 8: Make Your Own Ice Cream Sundae        |
| May 20: Make Your Own Ice Cream Sundae | July 15: Water Balloon Battleship             |
| May 27: Slime Making                   | July 22: Game Night LCR (Left, Right, Center) |
| June 3: Karaoke                        | August 5: Slime Making                        |
| June 10: Kickball Tournament           | August 12: Make Your Own: Pizza               |
| June 17: Make Your Own-Pizza           | August 19: Water Balloon Battleship           |
| June 24: Outdoor Movie Night           | August 26: Volleyball Tournament              |

**Weekend programs are on a first come first served basis. Participants MUST be registered for the Youth Center  
Go to: [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline). Search by keywords.**

# YC PROGRAM DESCRIPTIONS: GRADES 6TH- 12TH



**BASKETBALL TOURNAMENT:** Come and try your hand at being our basketball tournament winner.

**DJ NIGHT:** DJ Randy is in the YC House! Come & enjoy some music, dancing and contests with your friends outside (weather permitted)!

**DUCT TAPE CRAFTS:** Join us as we create projects using duct tape. Key chains, wallet, jewelry and more!

**FATHER'S DAY GIFT MAKING:** Come make a father's day gift your dad will love for the holiday.

**GAGA BALL TOURNAMENT:** Join us in our own outdoor Gaga pit as we play a bracket style tournament in Gaga ball.

**GAME NIGHT:** Join the YC staff as we play classic board games. We will rotate between Pictionary, LCR and BINGO!

**HENNA:** The YC welcomes Margie from Making Faces Parties, a professional henna artist for a night of creativity and cultural fun as your hand becomes her canvas! Parental permission slip required in order to participate.

**ICE CREAM TRUCK NIGHT:** We will be getting a visit from Mr. Softee! Recommendation participants bring \$5 for ice cream

**KARAOKE:** Come sing your heart out on our karaoke machine. Solo and group performances welcomed!

**KICKBALL TOURNAMENT:** If you can kick a ball you can play this game! Join us for a some friendly competition in our kickball tournament. Prizes for winning teams!

**MAKE YOUR OWN:** We will provide the ingredients and walk you through how to make your own pizza or ice cream sundae!

**MILKSHAKE MONDAY:** Come and make your own milkshake!

**MOTHER'S DAY GIFT MAKING:** Come make a mother's day gift your mom will love for the holiday.

**NATIONAL AVOCADO DAY:** Lets eat some fresh guacamole

**NATIONAL BFF DAY:** Grab your best friend and join us at the YC. We will have Best Friend competitions and crafts!

**NATIONAL BINGO DAY:** Join us in some fun BINGO, lots of prizes and fun ahead!

**NATIONAL CHOCOLATE ICE CREAM DAY:** CHOCOLATE!! We will provide chocolate ice cream to anyone that comes by to celebrate!

**NATIONAL DONUT DAY:** Come celebrate by enjoying donuts



# YC PROGRAM DESCRIPTIONS: GRADES 6TH- 12TH CONTINUED

**NATIONAL FRENCH FRY DAY:** Thin, curly, sweet potato... so many French fries to try. Come on by!

**NATIONAL HARRY POTTER DAY:** Calling all wizards, join us for Harry Potter movies, games & crafts.

**NATIONAL HOT DOG DAY:** Come and enjoy a hot dog or two!

**NATIONAL ICE CREAM DAY:** Come cool down and enjoy ice cream

**NATIONAL ICE CREAM SANDWICH DAY:** Come cool down and make your own ice cream sandwich, yum!

**NATIONAL KOBE BRYANT DAY:** To honor Kobe Bryant let's have a day of BASKETBALL ONLY! We will play mini games like knock-out, HORSE, around the world, etc.

**NATIONAL MILK CHOCOLATE DAY:** Join us as we taste test different brands of milk chocolate bars.

**NATIONAL SCAVENGER HUNT DAY:** Become a detective by participating in our epic scavenger hunt. Do you have what it takes to find the hidden treasure at the Youth Center?

**NATIONAL STAR WARS DAY:** May the Fourth be with you, join us in Star Wars movies, crafts & games

**NATIONAL SUGAR COOKIE DAY:** We will have all the ingredients to bake and decorate your own sugar cookies!

**NATIONAL S'MORES DAY:** Let's celebrate by making s'mores

**OUTDOOR MOVIE NIGHT:** Weather permitting- we will set up our jumbo screen outside. We will vote on a movie- majority rules! Popcorn will be served!

**PIZZA PARTY DAY:** We will order pizza and soda for all that come by on this day!

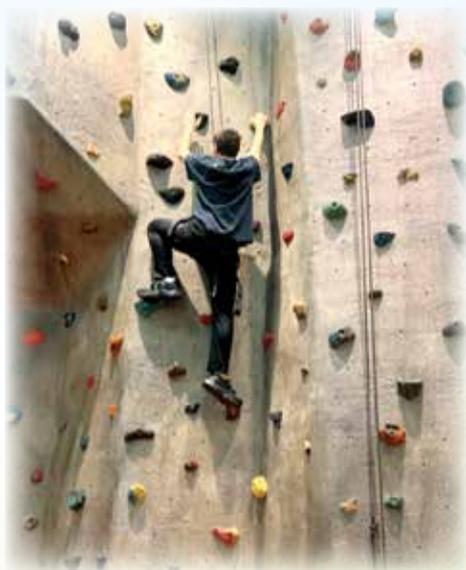
**SLIME MAKING:** Experiment with YC Staff as we combine ingredients to create our very own slime!

**VOLLEYBALL TOURNAMENT:** Come compete in an outdoor volleyball tournament. We will have the large net set up, pick teams and play a bracket style tournament. Weather permitting

**WATERBALLOON BATTLESHIP:** Think of the game battleship but in real life! We will split into two team. Each team sets up chairs on either side a barrier. Teams take turns throwing water balloons over the barrier to try and strike their opponents on the other side.

**WATER BALLOON FUN:** Join us for some fun and interactive water balloon games. It's sure to be a "cool" time!

**WORLD CHOCOLATE DAY:** It's chocolate fountain time! Join us as we try out different foods SMOTHERED in chocolate



## YOUTH EMPLOYMENT SERVICES : AGES 14- 18

### We're Open For Business: Calling All Youth, Business Owners & Town Residents

Our mission is to provide a free service which seeks to connect youth ages 14-18 with local businesses and community members who have employment opportunities.

# REGISTER NOW!

EMPLOYERS  
TEXT:  
HIRE

YOUTH  
TEXT:  
YESINFO

**TO: 833-343-0298**



*By texting keyword, "yesinfo" or "hire" to 833-343-0298 you agree to receive a text message with more information about the YES program. Additional forms will be necessary to receive promotional automated messages. This agreement isn't a condition of any purchase. Msg & data rates may apply. To unsubscribe from the message, respond "STOP".*

## SPLISH- SPLASH SUMMER'S END POOL PARTY

Families and youth are invited to an end of summer party at Charles J. Cook Pool. There will be music, games, contests and prizes! Children must be accompanied by an adult. All pool rules apply. Limited space.

- Location:** Charles J. Cook Pool (293 Furnace Dock Road, Cortlandt Manor)  
**Day/Date:** Friday, August 25  
**Rain Date:** Saturday, August 26  
**Time:** 4:00 PM- 7:30 PM  
**Ages:** All ages (activities appropriate for 4 years- Adult)  
**Fee:** Free  
**Registration:** Registration will begin on 7/5/22.  
Required in advance for all family members online at [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline).



# YC COURSES & SPECIALTY PROGRAMS: GRADES K - 12TH

*Programs are in date order.*

*Programs with course numbers require pre-registration; space is limited*

*THE TOWN DOES NOT PROVIDE ACCIDENT INSURANCE.*

## **CANTEEN AT THE COMMUNITY CENTER (GRADES 6TH- 12TH)**

Come and join us two nights a week for open gym basketball! Open to Croton, Hendrick Hudson, Copper Beach Middle School and Walter Panas High School Students or middle/high school students who are town residents. Youth must be registered in order to participate. Register on site during program hours.

**Location:** Muriel H. Morabito Community Center  
(29 Westbrook Drive, Cortlandt Manor)

**Days/ Time:** Tuesdays, 7:00 PM- 9:00 PM

**Days/ Time:** Thursdays, 7:00 PM- 9:00 PM

**Fee:** Free

## **GAME CAFÉ AT THE CUE (GRADES 9TH- 12TH)**

Croton Harmon, Hendrick Hudson, Walter Panas and town residents who are HS students are welcome to come and hang out with their friends! We have free Wifi, Xbox, flat screens, ping-pong, pool, games, café & more!

\*Must show school ID\*

**Location:** Community Room (CUE),  
(Located in the Cortlandt Town Center-  
3131 E. Main Street, Mohegan Lake)

**Days/ Times:** Fridays & Saturdays 7:30 PM- 11:30 PM

## **HOME ALONE (GRADES 5TH- 8TH)**

This program will provide each child with the essentials needed when they are home without adult supervision. Discussion will cover first aid, telephone and door answering, activity plans, encountering emergencies and more!

**Course Number:** 612-1U

**Location:** Youth Center  
(3 Memorial Drive, Croton on Hudson)

**Day/Date:** Saturday, May 20

**Time:** 10:00 AM- 11:30 AM

**Fee:** Free



## **YC CLEAN-UP (GRADES 6TH- 12TH)**

Join the Glashoffs in this unique program to help clean-up our town! Participants will be given supplies to help them pick-up litter and debris from local sites around the town. Youth will receive volunteer hours for community service. Parents will be responsible for dropping off and picking-up their child at the designated locations.

**Session I:** 652-1U

**Date:** Saturday, May 6

**Location:** Youth Center

**Session II:** 652-2U

**Date:** Saturday, June 3

**Location:** Cortlandt Waterfront

**Time:** 10:00 AM- 11:00 AM



## **PROBLEM GAMBLING PREVENTION FOR PARENTS**

Join us on Zoom as we educate parents on facts, warning signs and dangers of gambling in youth.

**Course Number:** 688-1U  
**Location:** Zoom  
**Day/Date:** Wednesday, May 17  
**Time:** 7:00 PM- 8:30 PM  
**Fee:** Free

## **JR. CHOPPED COMPETITION**

Sign up to show off your cooking skills in this safe & fun cooking competition. Judges will be looking at appearance, creativity, theme and flavor as they taste your creation.

**Location:** Youth Center  
(3 Memorial Drive, Croton on Hudson)  
**Day/Dates:** Saturdays  
May 6- Appetizer: Bacon  
June 3- Dessert: Chocolate  
Time: 1:00 PM - 5:00 PM Cooking slots;  
5:30 PM Judging  
**Fee:** Free; Participants are responsible for bringing their ingredients



## **YC ARTS & CRAFTS WEEK**

Register for a week of creation. Participants will have a special project each day to work on ranging from canvas painting, sand art, coloring projects, modeling clay, slime making and more!

**Course Number:**  
**Location:** Youth Center  
**Day/Date:** Monday-Friday  
August 7-11  
**Time:** 1:00 PM- 4:00 PM  
**Fee:** Free

## **YC BAKING & COOKING WEEK**

Register for a week of baking & cooking! Learn how to follow a recipe and the fundamentals of cooking & baking. Participants will cook and bake multiple things and get to enjoy them when we are done!

**Course Number:**  
**Location:** Youth Center  
(3 Memorial Drive, Croton on Hudson)  
**Day/Date:** Monday-Friday  
August 14-18  
**Time:** 1:00 PM- 4:00 PM  
**Fee:** Free



## **TAKE A HIKE!**

Join the YC staff in this beginner hiking program. Learn the basics of safety while hiking, while getting some fresh air and exercise. Pre-registration is required.

**Session I:**  
**Course Number:** 683-1U  
**Location:** Blue Mountain Reservation  
(435 Welcher Avenue, Peekskill)  
**Day/Date:** Saturday, May 20  
**Time:** 12:00 PM- 2:00 PM  
**Fee:** Free

**Session II:**  
**Course Number:** 683-2U  
**Location:** Nature Trail at Charles J. Cook Pool  
(293 Furnace Dock Rd, Cortlandt Manor)  
**Day/Date:** Saturday, June 10  
**Time:** 12:00 PM- 2:00 PM  
**Fee:** Free

## **PAINT NIGHTS**

Join professional artist, Margie with Painting Faces in a guided paint night. All materials will be provided. Leave with your very own piece of art!

**Location:** Youth Center  
(3 Memorial Drive, Croton on Hudson)

**Days:** Fridays

**Course Numbers & Dates:** 684-1U; July 21  
684-2U; August 18

**Time:** 6:00 PM- 8:00 PM

**Fee:** \$15 with ID/ \$20 without ID



## **IT'S YOUR MONEY**

Ages 10-13

Hudson Valley Credit Union

This is a basic money management seminar for middle and early high schoolers that touches on needs vs. wants, effective budgeting, different types of savings and loan accounts, the basics of a credit report, and tips to prevent identity theft.

**Course Number:**

**Location:** Youth Center  
(3 Memorial Drive, Croton on Hudson)

**Day/Date:** Saturday, May 6

**Time:** 1:00 PM- 2:00 PM

**Fee:** Free

## **FIVE THINGS TO KNOW**

Ages 14-18

Hudson Valley Credit Union

This is an introductory course for teens that covers five core areas of personal finance: types of accounts, budgeting, compounding, credit reports, and emergency savings.

**Course Number:**

**Location:** CUE (Located in the Cortlandt Town Center  
3131 E. Main Street, Mohegan Lake)

**Day/Date:** Saturday, May 13

**Time:** 11:00 AM- 12:00 PM

**Fee:** Free

## **STUDENT LOANS**

Ages 16-18

Hudson Valley Credit Union

This course breaks down the differences between federal and private student loans, and points out areas to consider before signing on the dotted line.

**Course Number:**

**Location:** CUE (Located in the Cortlandt Town Center  
3131 E. Main Street, Mohegan Lake)

**Day/Date:** Saturday, May 20

**Time:** 11:00 AM- 12:00 PM

**Fee:** Free



## **ROCK WALL HOURS**

Youth must have permission slip to climb and proper sneakers/attire. Rock wall hours are subject to change. To ensure the rock wall is open, please call 914-736-0498.

Monday-Friday: 4:00 PM-6:00 PM (Grades 6th-12th)  
Tuesday & Thursday: 1:00 PM-3:00 PM (Grades 6th-12th)  
Saturday: 1:00 PM-3:00 PM (Grades 1st-5th)  
5:00 PM-7:00 PM (Grades 6th-12th)



# YC FAMILY PROGRAMS: GRADES 1ST-5TH (WITH ADULT SUPERVISION)

*Programs are in date order. Pre-registration required for all programs.*

## **YC FAMILY MOTHER'S DAY GIFT MAKING**

Come make a mother's day gift your mom will love just in time for the holiday.

**Course Number:** 685-1U  
**Day/Date:** Saturday, May 13  
**Time:** 1:00 PM- 2:00 PM

## **YC FAMILY FATHER'S DAY GIFT MAKING**

Come make a father's day gift your dad will love just in time for the holiday.

**Course Number:** 686-1U  
**Day/Date:** Saturday, June 17  
**Time:** 1:00 PM- 2:00 PM



## **YC FAMILY WATER BALLOON FUN**

Join us for some fun and interactive water balloon games. It's sure to be a "cool" time!

**Course Number:** 687-1U  
**Day/Date:** Saturday, July 22  
**Time:** 1:00 PM- 2:00 PM



# YC PROGRAMS: 5TH GRADE CLASS OF 2023

***Beginning Monday, June 26, youth entering 6th grade in September are welcomed to attend all of our Monday through Saturday programming! Youth must be registered members of the YC. Visit [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline) to register!***

## **OPEN HOUSE**

All 5th Grade Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are Cortlandt residents along with their parents are invited to the Youth Center to meet the staff, and see all the activities and programs the YC has to offer. Youth will then go outside to participate in group activities, while parents stay inside to learn how to register their children for the YC, learn about the BMMS Bus and get any and all of their questions answered. Light refreshments will be available.

**Day/Date:** Saturday, April 22  
**Time:** 1:00 PM- 2:00 PM  
2:00 PM- 3:00 PM  
3:00 PM- 4:00 PM  
**Fee:** Free  
**Registration:** Pre-registration for a time slot is required for youth & parent (s); search by keywords

## **5TH GRADE WELCOME ABOARD LUAU**

The YC will host a special LUAU themed DJ Night for 5th Grade Graduates to welcome them to the YC Family! There will be music, snacks, contests and prizes. The Luau is for all 5th Grade Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are a Cortlandt resident. If your child has any allergies or individual concerns please speak with the YC Director at 914-736-0498.

**Day/Date:** Friday, May 12  
(Rain date: Friday, May 19)  
**Time:** 6:30 PM- 9:00 PM  
**Fee:** Free  
**Registration:** Pre-registration required. Begins Saturday, April 22 and closes Wednesday, May 10th at midnight. Search by keywords.



***All youth must be registered members of the Youth Center prior to registering for the Luau***

***Online registration is on a first come first served basis. Please register all youth & adult participants. Go to: [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline). Search by keywords.***

## FACILITY RENTALS

### **SPROUT BROOK PARK PICNIC/ PAVILION**

#### **PAVILION FEES**

The Mickey Carbone Pavilion at Sprout Brook Park is available for rental by the public. All group picnics are responsible for bagging their garbage and placing the bags in the Park dumpsters at the front parking lot. Pavilion rental is for any part or all of a day's use.

**IN-SEASON HOURS: 10:00 AM- DUSK**

**OFF-SEASON HOURS: 9:30 AM- 6:00 PM (DUSK)**

#### **MONDAY through FRIDAY (Non Holiday)**

25 to 100 people \$75

101 to 200 people \$150

#### **SATURDAY, SUNDAY AND HOLIDAYS**

25 to 100 people \$150

101 to 200 people \$200

Call 914-734-1052, Monday through Friday 9:00 AM- 3:30 PM to check on availability and rental procedures. Application and deposit must be made in advance through the Town of Cortlandt Recreation Office at Town Hall.

### **COMMUNITY ROOM, CORTLANDT TOWN CENTER**

The Community Room is located at 3131 East Main Street, Mohegan Lake, in the Cortlandt Town Center. It is available for rental use by Town residents and Town groups. For information and to make a reservation please call the Town of Cortlandt Recreation Office at 914-734-1052, Monday through Friday, 9:00 AM- 3:30 PM.

### **TOWN OF CORTLANDT YOUTH AND RECREATION CENTER**

Celebrate your child's birthday or host your Scout, Youth, Church, Synagogue, or Civic Organization Groups meeting/event at the Cortlandt Youth and Recreation Center. The YC is available to rent for birthday parties on Saturdays from 1:30 PM-3:30 PM for children ages seven and older. Host up to 20 of your child's friends, where they can play ping-pong, air hockey, pool, foosball, and climb the rock wall. The YC is available Monday through Thursday from 3:00 PM- 8:00 PM for civic organization meetings. Contact Lindsey for more information at 914-736-0498 or [lluposello@townofcortlandt.com](mailto:lluposello@townofcortlandt.com).



## SPECIAL ACTIVITIES AND EVENTS

### **ANNUAL SENIOR CITIZEN RECOGNITION DAY PICNIC**

(Ages 60+) See SENIOR SERVICES: THE CORTLANDT GOLDEN CONNECTION

### **COMMUNITY GARDEN**

Join us to Volunteer at our Town of Cortlandt Community Garden! A Town of Cortlandt resident with tremendous knowledge in gardening volunteers to coordinate this effort! Located at Lake Meahagh, Westchester Avenue, Verplanck, NY 10596. Cortlandt residents and groups (Scouts, Civic organizations, etc.) will take care of their defined areas with the coordinator's guidance. Contact the Town of Cortlandt Recreation Department at [tocrec@townofcortlandt.com](mailto:tocrec@townofcortlandt.com) or 914-734-1050.



**SAVE THE DATE:  
EARTH  
DAY  
HIKE  
4/15/2023**



**FOLLOW OUR FACEBOOK AND  
INSTAGRAM FOR MORE DETAILS!**



# TOWN OF CORTLANDT S U M M E R CONCERT & MOVIE SERIES



LIVE MUSIC  
FOOD TRUCKS



**CONCERT DATES: 7:00 PM**  
**OPENING ACTS BEGIN AT 6:00 PM**

JUNE 15, 2023

*THE FORCE*

JUNE 29, 2023

*HOUSE ARREST*

JULY 6, 2023

*TBA*

JULY 20, 2023

*FIRST CLASS DANCE BAND*

JULY 27, 2023

*RICKY BLUES BAND*

AUGUST 3, 2023

*TBA*

**MOVIE DATES: 8:30 PM**

JULY 6, 2023

*BLACK ADAM (2022)*

JULY 20, 2023

*D.C. LEAGUE OF SUPER PETS (2022)*

AUGUST 3, 2023

*STRANGE WORLD (2022)*

**FOOD VENDORS SCHEDULED  
TO APPEAR:**

AMERICAN DOGS, LLC.

OCTAVIO'S FOOD WAGON

MISTER SOFTEE

HOMESTYLE DESSERTS BAKERY  
AND MORE...!



77 Riverview Avenue, Verplanck

[www.townofcortlandt.com](http://www.townofcortlandt.com)



JOIN US FOR THE 17TH ANNUAL

# CORTLANDT FAMILY FUN DAY

**Saturday, September 9th**

**3:00 PM- 8:00 PM**

**Town of Cortlandt Youth & Recreation Center  
3 Memorial Drive, Croton, NY 10520**

**LIVE MUSIC  
FOOD  
TRUCKS  
FIREWORKS**

**FREE RIDES  
FOR ALL  
CHILDREN!**

Visit

[www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline)

to register to be a volunteer!

Website:

[www.townofcortlandt.com](http://www.townofcortlandt.com)

Facebook:

Facebook/TownofCortlandt

Instagram:

@townofcortlandt

Parking at the Cortlandt Train Station

Rain Date: Sunday, Sept. 10th

**Sponsored By:**

Supervisor, Richard Becker, MD

Town Board:

James Creighton

Francis Farrell

Cristin Jacoby

Robert Mayes



# NOR-WEST REGIONAL SPECIAL SERVICES

*Providing therapeutic recreation programs for individuals with special needs to Cortlandt, Peekskill, Ossining and Yorktown residents since 1973*

**LOOKING FOR QUALITY RECREATION FOR A CHILD, TEEN, OR ADULT WITH A DEVELOPMENTAL DISABILITY?**

Director, Wendy Greenfield  
Program Coordinator, Ed McKay  
Program Supervisor, Stephan Rothstein



## **THERAPEUTIC PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL AND COGNITIVE IMPAIRMENTS**

Nor West Regional Special Services is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 8-seniors in a variety of community-based weekly programs and special events, designed for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown, and Ossining. Individuals living at home and enrolled in the Home & Community Based Services Waiver do not pay registration fees.

## **THERAPEUTIC RECREATION**

\*\*\*Missing in folder

## **PART-TIME EMPLOYMENT- SEASONAL**

Nor-West offers employment to students ages 16 and up, working with children and adults. Good working experience for persons interested in working in the Human Services or Special Education fields. Make your own work schedule, flexible hours. Call Nor-West for an application.



***www.nor-west.org • 914-737-4797***  
***Nor-West is a certified OPWDD respite provider***



**Cortlandt Community Rowing proudly supports the Town of Cortlandt's commitment to helping outdoor recreation and wellness thrive in our community.**

**ROWING IS A LIFETIME SPORT FOR EVERY BODY!**

CCRA promotes health, fitness, and the benefits of team participation through rowing instruction to people of all ages, experience, and ability levels.



**LEARN MORE:**

CortlandtRowing.com Cortlandt Rowing Viking\_Rowing  
 CortlandtRowing@gmail.com CCRA is a non-profit 501(c)(3)

**VAN CORTLANDTVILLE HISTORICAL SOCIETY**

The society was founded in 1921 and has been headquartered in the historic Little Red Schoolhouse, 297 Locust Avenue, Cortlandt Manor, since 1972. A primary goal is hands-on education of children about life in the mid-19th century through such activities as the Early School Days program and the annual Colonial Fair, led by history enthusiasts in period clothing. Other activities include reenactments of local military events from the Revolutionary War, erection of roadside markers at local historic sites, annual memorial services, upgrading of Van Cortlandtville Memorial Park and rehabilitation of the Van Cortlandt family plot in Hillside Cemetery.

The society welcomes appropriate memorabilia and genealogical records from local residents. The society's regular meetings, at 2:00 PM at the Schoolhouse on the third Saturday of most months, feature a variety of presentations that extend far beyond the primary emphasis on early-day education and the rich Revolutionary War history of the community. Visitors and new members are always welcome. Most activities are open to everyone at no charge. For more information, or to schedule a visit, please call the Schoolhouse at 914-736-7868, visit [www.vancort.net](http://www.vancort.net) or email [society@vancort.net](mailto:society@vancort.net)



**PEEKSKILL/CORTLANDT AMATEUR RADIO ASSOCIATION**

Peekskill/Cortlandt Amateur Radio Association (PCARA) is a nonprofit organization consisting of a dedicated group of volunteers and communications infrastructure accessible in Northern Westchester, Putnam, and beyond. For over twenty years, PCARA has been a source of knowledge and camaraderie for radio operators in the local community.

Amateur radio (ham radio) is a popular hobby and service that brings people, electronics, and communication together. People use ham radio to talk across town, around the world, or even into space, all without the Internet or cell phones. It's fun, social, educational, and can be a lifeline during times of need.

To learn more, visit [www.pcara.org](http://www.pcara.org) or email: [mail@pcara.org](mailto:mail@pcara.org)



# SPECIAL PARK FACILITIES

## FOR ALL TOWN OF CORTLANDT RESIDENTS:

**Please remember dogs must be leashed at all times and please remember to pick up after your dogs.**

### **BICENTENNIAL GARDEN**

Located in Charles J. Cook Park in Cortlandt Manor, this garden serves as a lasting tribute to the Town of Cortlandt's 200th Birthday, the garden includes a flower garden, time capsule and site marker. The time capsule contains over 100 items of significance to the Town of Cortlandt. Its site is marked by a historic millstone from the vicinity of the Croton River.



### **CROTON ARBORETUM**

The Jane E. Lytle Arboretum in Croton-on-Hudson NY provides a variety of walking trails, including a handicap accessible trail, through wildlife habitats on 22 acres of woods and wetlands. Located at the end of Lounsbury/Fox Road and following a short drive or walk across the Hudson National golf course, the Arboretum is open 7 days a week, 365 days a year. Managed by the Croton Arboretum and Sanctuary Inc., the Arboretum provides programs in conservation, education, and recreation. For directions and information, visit our web page: [www.crotonarboretum.org](http://www.crotonarboretum.org)

### **FURNACE DOCK LAKE**

The Town of Cortlandt acquired and saved the 100 year old Furnace Dock Lake in 2011. It is now part of the Town's parkland and inventory.

#### ***Furnace Dock Lake Rules and Regulations***

**For a safe and enjoyable park experience please obey the following rules:**

- All activities at your own risk
- Park is open dawn to dusk
- Keep pets leashed, clean up after them as well
- All garbage is to be taken out of the park
- Do not remove or destroy plants, wildlife, or artifacts

#### **The following is prohibited:**

- Hunting, firearms, alcohol, and camping
- Motorized vehicles and mountain bikes
- Fires, smoking, swimming, and dumping
- Feeding wildlife, metal detectors, and radios
- Fireworks, music, and loud noise

### **HOLLOW BROOK TRAIL**

Hollow Brook Trail was dedicated on October 20, 2016 the trail is part of 70 acres that was given to the Town several years ago. The trail was completed in August and is approximately three quarters of a mile long. The entrance to the trail is located at the bottom of Anton Place, in Lake Peekskill, Town of Cortlandt. The trail is adjacent to the Hollow Brook Golf Course.

### **HUDSON RIVER COMMUNITY BOAT LAUNCH**

Located at the Cortlandt Waterfront Park (Off Riverview Avenue and Broadway in the Hamlet of Verplanck)

**Seasonal Use ONLY from April 1st through October 31st, Park Hours 7:00 AM to Dusk**

#### ***Rules and Regulations***

- Town of Cortlandt, Village of Buchanan and Village of Croton residents only
- Use of the ramp for commercial purpose is strictly prohibited
- Town of Cortlandt Boat Launch Permit is required. Permit is available at the Cortlandt Town Hall in the Town Clerk's office at 1 Heady Street, Cortlandt Manor, NY 10567, the main phone number is 914-734-1020
- Clear Ramp area- Come in Slow- NO WAKE
- Seasonal use only from April 1st through October 31st
- Pull boat around to launching ramp as soon as space becomes available. Pull boat to the tie-down zone and clear the ramp so others may use the boat launch
- Permit for ramp access MUST be in full view on the dash or mirror of your vehicle. If your permit is not in view, you will receive a summons and fines.
- Anyone driving over 5 MPH within 50 feet of the shore will forfeit their permit and be given a summons and fines
- Boat size not to exceed 22 feet
- NO swimming, sunbathing
- Waterskiing or loitering in the launch area
- NO overnight parking



## **CORTLANDT DOG PARK**

The Dog Park is located at Sprout Brook Park. There are two areas, one for small dogs and an area for large dogs. For more information and opening date call the Recreation Department at 734-1056.

In order to keep track and send information, we would encourage all residents to register their dogs through the Town Clerk Office, you can find the application in the back of this brochure.

### **Dog Park Rules and Regulations**

#### **Participation agreement and assumption of risk and liability insurance**

1. Dog Park closes at dusk daily.
2. No animals other than dogs may be brought into the fenced area.
3. All dogs must be leashed until safely inside the Dog Park and returned to a leash prior to exiting. Make sure gates are closed after entering and leaving the park.
4. Do not leave a leash on dogs in the park. Bring your leash into the park in case of emergency or altercation.
5. Dog owners must remain in the fenced area while their dogs are using the Dog Park. Owners must be in view of their dogs and have voice control at all times.
6. Children accompanying dog owners must be strictly supervised and at least 12 years old to be allowed inside unless accompanied by an adult.
7. Children under 10 years old not allowed (some dogs see small dogs as prey) in large dog area.
8. Children under 5 years old not allowed in the park.
9. Spectators should remain outside the fenced area.
10. Aggressive dogs and dogs in heat are not allowed.
11. Owners must immediately leash and remove dogs from the Dog Park at the first sight of aggressive behavior.
12. Please be courteous to others do not bring sick dogs to the park.
13. Owners must dispose of waste properly in the designated on-site containers. Owners must prevent dogs from digging holes.
14. While small bite-sized training treats are permitted, foods in bowls, long-lasting chews, or glass containers are not allowed.
15. No Smoking and no food are allowed inside of the Dog Park.
16. No more than three (3) dogs per person are allowed on any single visit.
17. Puppies less than four (4) months old are not permitted in the park.
18. Dogs must be licensed and vaccinated for rabies and DHLPP. Current license and rabies tags must be worn on the dog's collar at all times.
19. Owners are liable for any injury or damage caused by their dog and are fully responsible for their dog's actions.
20. Trainers are not allowed to use the park to conduct business
21. Any incident, problem etc. should be reported to Cortlandt Recreation and Parks 914-734-1050. Office is open Monday thru Friday 8:30am to 4pm.
22. In the event of an emergency call 911.

**I Understand That:** Permission from the Town to use the Dog Park is conditional on compliance with the above dog park rules.

**I Also Understand and Agree That:** The dog park is to provide a fenced-in area where dog owners may bring their dogs and permit them to run freely with other dogs, and that unleashing my dog (s) and being present in an area where there are other people, including children, and other unleashed dogs, poses risks to others and myself and to my dog (s) and the dogs and property of dogs, and I do hereby agree to assume such risks.

**I Further Agree To:** Release, discharge, hold harmless and indemnify the Town of Cortlandt and all of its officials, agents, officers, employees and representatives from liability for any and all claims for injuries, damages and/or losses whatsoever to any person or animal (including but not limited to disability and death) or property which may arise out of, result from or be associated with the use of or presence on the dog park by myself and/or my dog(s).



## **HOLLOW BROOK GOLF COURSE**

### **For Cortlandt Residents**

Public Access to the Hollow Brook Golf Course (off Oregon Road)

The Hollow Brook Golf Club is a private/public course with Town residents being able to reserve tee-times. The course will open in April 2023 (weather permitting). The Town coordinates those rounds reserved for the exclusive use of Town residents (Agreement on file), Tuesday thru Sunday for public use. On Tuesday and Thursday, 7 of the tee times are discounted at \$85 after 2:00 PM, Greens fees will be a total \$115 for all other tee times Tuesday, Wednesday and Thursday. On Fridays, Saturdays, Sundays and Holidays greens fees will be \$160 with no tee times before noon. Prices include greens fees and a cart. Range balls (only available when playing) for \$10. Reservations can be made five days in advance by calling 914-734-1500.

For the 2023 golf season, residents will need to purchase a golf sticker in the Town of Cortlandt Recreation Department of Town Hall, 1 Heady Street, Cortlandt Manor for a fee of \$12 for the 2023 Golf season. This sticker will be placed on the back of the Town of Cortlandt Recreation Photo ID card. If you do not currently have a VALID Town of Cortlandt Recreation Photo Card, one can be purchased for \$7; for more information regarding ID's, please visit [www.townofcortlandt.com/rec](http://www.townofcortlandt.com/rec) or contact the Town of Cortlandt Recreation Department at [tocrec@townofcortlandt.com](mailto:tocrec@townofcortlandt.com) or 914-734-1050. For more information regarding Hollow Brook please call 914-734-1058.

### **To reserve tee times residents will need to call the Hollow Brook Golf Course at 914-734-1500.**

2023 Golf Sticker Fee: \$12 with a valid Town of Cortlandt ID Card (plus an additional \$7 if a Town of Cortlandt ID is needed)

### **Rules for Town of Cortlandt Players**

1. Tee Times can be made by phone only.
2. Tee Times can be made five (5) days in advance, after 10:00 AM i.e. Friday for Tuesday, Saturday for Wednesday, Sunday for Thursday, Monday for Friday, Wednesday for Saturday and Sunday.
3. Residents must have golf shoes with sole spikes, collared shirts, golf pants or Bermuda shorts. NO JEANS, CUTOFFS, SHORT SHORTS, and CARGO PANTS OR SHORTS.
4. Residents may bring one guest at town fees.
5. Residents can only make reservations for themselves and their guest and not another town resident.
6. Residents must show their Town of Cortlandt resident card with a golf sticker.
7. Residents cannot use the driving range or practice areas unless they are playing golf.
8. Additional fees will be charged for food and beverage.
9. Additional fees will be charged for the driving range- \$10.00
10. Residents will not be allowed on the tee before their Tee Time and do not have access to the Club House.



## **CORTLANDT HOCKEY RINK**

***Located at 3 Memorial Drive, Croton, next to the Town of Cortlandt Youth & Recreation Center.***

**Skate at your own risk.**

***For your protection, please observe the following rules:***

1. Skaters must wear proper safety equipment:
2. Helmets, rubber wheeled skates, elbow pads, kneepads & wrist guards.
3. Roller hockey activities require a caged helmet, shoulder pads, shin guards, gloves and mouth guard.
4. Helmets with face mask/cage must be worn at all times for roller hockey including on player benches.
5. Skaters must provide their own equipment.
6. Only in-line skaters are permitted in rink.
7. No bicycles, skateboards, scooters, radio controlled toys, food or spectators permitted inside rink.
8. Graffiti, vandalism, and the use of profanity, tobacco, and alcohol, drugs or glass containers are prohibited.
9. Please deposit all trash in containers.
10. Rink hours are 9 AM to dusk.
11. No skating when surface is wet.
12. No trespassing after rink hours or when locked.
13. Use of rink is by permit from Cortlandt Recreation Division only.
14. Skate rink is open to Town Residents only.

### **FAILURE TO ABIDE BY THESE RULES WILL RESULT IN THE LOSS OF PARK PRIVILEGES.**

The Town of Cortlandt is not liable for any accident or injury to persons or property resulting from the use of this skate rink. Please be considerate of fellow skaters especially those who are younger or less skilled. Serious injury may result from colliding with other participants.



## **CORTLANDT ICE RINK**

From the months of December- March, the Cortlandt Hockey Rink is converted to a synthetic ice rink!

### ***Hours of Operation:***

Thursdays & Fridays: 3:00 PM- 6:30 PM

Skating Sessions:

3:00 PM- 4:30 PM

5:00 PM- 6:30 PM

Saturdays & Sundays: 12:00 PM- 5:30 PM

Skating Sessions:

12:00 PM-1:30 PM

2:00 PM- 3:30 PM

4:00 PM- 5:30 PM

### ***Fees (90 Minute Skating Session):***

\$5.00 Adult

\$3.00 Youth

\$7.00 Guest (Must be accompanied by a Town of Cortlandt Resident)

Skates available at the rink to rent for a \$3.00 fee or you can use your own skates.



## **CHARLES J. COOK PARK**

For over half a century, the Town of Cortlandt has owned the piece of property off Furnace Dock Road now known as the Charles J. Cook Recreation Center. After a 1.5 million dollar renovation in 2000, this recreational facility became one of Cortlandt's most popular venues. This active sports complex offers residents a variety of leisure activities. With a concrete surface, drainage system, filtration system, splash park and as of 2021, a newly upgraded bathhouse. The Charles J. Cook Pool is open daily during the summer from 10:45 AM until 7:00 PM and until 8:00 PM on Friday evenings. Swim areas are staffed with lifeguards, and on-site management.

A water spray park was dedicated in 2016 with five additional features. During June and July, the Town of Cortlandt Swim and Dive Teams hold meets and practice at the Pool.

The Town's summer camp program allows children, grades K through 8th, to enjoy the pool as well as the Charles J. Cook Recreation Center's playground, all purpose ball field, two tennis courts, basketball courts, a fitness trail, and 9-hole miniature golf course.



The nature and fitness trail is approximately ½ mile and consists of an 8-ft wide rustic trail (natural) and twenty (20) pieces of fitness equipment.

The miniature golf course opened in the spring of 2019; Each hole has a Town of Cortlandt inspired feature, such as the Little Red School House, Bear Mountain Bridge, and the Toll House. The course is open to both pool users and the general public during normal operating hours. The golf course will remain open spring, fall, summer, weather permitting.

### ***Mini Golf Hours:***

**June 26th- August 4th**

Monday- Thursday: 3:30 PM- 7:00 PM

Friday- 3:30 PM- 8:00 PM

Saturdays & Sundays: 11:00 PM- 7:30 PM

**August 7th- September 4th**

*After Labor Day, hours are Saturdays and Sundays ONLY from 12:00 PM-7:30 PM through the month of September.*



For residents interested in exploring the natural environment, there are nature trails, the "Touch & Smell" Garden and the Bicentennial Garden. As a tribute to the 200th birthday of the Town of Cortlandt, the Bicentennial Garden includes a beautiful flower garden and a time capsule, containing over 100 items of importance in the Town's history.

## HUDSON HIGHLANDS GATEWAY PARK

*Sprout Brook Road (Main), Doris Lee Drive, Cortlandt Manor*

Threatened twice by dense residential development, was protected in 1998 when a coalition of more than 35 groups representing homeowners, the homeowners, the community, government agencies and several environmental organizations united to preserve this 352-acre site. The Coalition to Preserve the Hudson Highlands Gateway raised \$6 million to buy the parcel. In May 2000, the Scenic Hudson Land Trust, the Town of Cortlandt and Westchester County purchased the property.

A network of trails in the park exposes visitors to woodlands, streams, steep slopes, bedrock outcroppings and meadows, revealing much human and natural history and providing spectacular river views. This park is ecologically significant because it is home to several; noteworthy ecosystems. The site's upland wetlands are crucial for many frogs and salamanders to survive. Several different snake species use the prominent, east-facing cliffs of the park to warm themselves in the sun. Also the park's Westchester County location is in one of the country's three major bird migration corridors. Come spring, hundreds of thousands of birds fly over the park where they stop to rest and feed.

Since the property was acquired, the Hudson Highlands Gateway Task Force, a group of concerned citizens - has been working with The Scenic Hudson Land Trust, the Town of Cortlandt and New York-New Jersey Trail Conference on issues including park improvements, illegal ATV use and assessing the park's natural resources. Hudson Highlands Gateway Park is an ideal destination for an afternoon or all-day outing. Recreational activities abound, including hiking, birding, cross-country skiing, fishing and snowshoeing. Located at the southern end of the fabled Hudson Highlands, the park once served as a Revolutionary War lookout and now is open for public enjoyment.

### Directions

Two parking areas are available; one is temporarily shared with Sprout Brook Park, 0.3 miles from the intersection of Sprout Brook Road and Highland Avenue, just past and on the same side as the athletic. Cross road and enter park through the gap in guardrail. Universally accessible parking area is at the end of Doris Lee Drive (see map). Park on gravel in front of fence.

### Operating Hours

Open year-round, from dawn to dusk.

### Scenic Hudson

#### *Your Valley, Your Voice, Your Future*

We hope you enjoy visiting Hudson Highlands Gateway Park. This and other significant Hudson Valley landscapes are protected by the Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of Readers Digest Association, Inc. Scenic Hudson also gratefully acknowledges those who helped make this park a reality; Town of Cortlandt, Westchester County, New York-New Jersey Trail Conference, New York State and many dedicated individuals who donated their time, energy and financial support.

### Visit other Scenic Hudson Parks nearby

- Scenic Hudson Park at Irvington
- Habirshaw Park on the Hudson, Yonkers
- Both in Westchester County
- [www.scenichudson.org/parks](http://www.scenichudson.org/parks)
- E-mail: [info@scenichudson.org](mailto:info@scenichudson.org)

Please call or write to receive a free Adventure Guide to Scenic Hudson's Parks, Preserves and Trails

Scenic Hudson works to protect and restore the Hudson River and its majestic landscape as an irreplaceable national treasure and a vital resource for residents and visitors. A crusader for the valley since 1963, today they are the largest environmental group focused on the Hudson River Valley. Our team of experts combines land acquisition, support for agriculture, citizen-based advocacy and sophisticated planning tools to create environmentally healthy communities, champion smart economic growth, open up river fronts to the public and preserve the valley's inspiring beauty and natural resources.

### Park Rules & Regulations

**Please remember, you are not only a visitor but also a steward of the land.**

**For a safe and enjoyable experience please observe the rules:**

- The park is open dawn to dusk.
- Vehicles are permitted only in the designated parking areas.
- Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
- Keep pets leashed; please clean up after them.
- Do not remove or destroy plants, wildlife or artifacts.
- Always hike with a friend.

### The following are prohibited

- Motorized vehicles, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios.

### The preserve offers

Hiking, birding, fishing in Annisville Creek, snowshoeing, cross-country skiing and waterfowl observation.

### Caution

Deer ticks, which can transmit Lyme disease, are a growing problem. Take precautions and check for ticks after leaving.

### Description of Trails

Hudson Highlands Gateway Park has four trails, totaling more than 4.9 miles that traverse the 352-acre site. There are many meandering, wooded roads where one could easily get lost. Please stay on marked trails. The degree of difficulty for the hiking trails ranges from easy to moderate. Trail users should wear sturdy shoes and beware of loose rocks, holes and slippery surfaces.

#### *(Red Trail)*

##### **Annisville Creek Trail 1 mile, approx. 1 hr.**

This trail starts at Doris Lee Drive and is universally accessible to the Pond Overlook. It travels by Annisville Creek, which contains breeding trout populations. Fishing is allowed. A sensitive wetland area surrounds the creek.

#### *(Blue Trail)*

##### **Upland Trail 2 miles**

A steep ascent through a meadow and mixed woods forest brings visitors to a terrific view of the Hudson River. The remainder of the trail encompasses rolling terrain that passes by many historic stone walls.

#### *(Yellow Trail)*

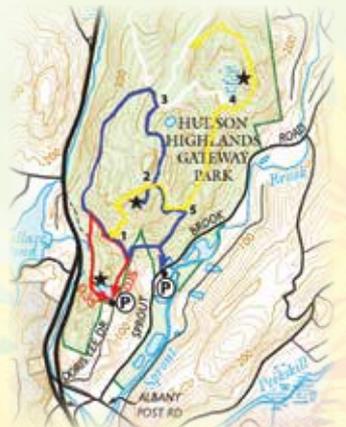
##### **Hudson Overlook Spur 0.6 miles**

Distinguished by its scenic overlook, this trail also crosses a small stream that is the outlet for a large wetland upslope.

#### *(White Trail)*

##### **Vernal Pool Trail 1.6 miles**

Beginning from the northernmost point of the Upland Trail, this trail works its way up and along a ridgeline. As it descends it passes by a large vernal pool, through a wetland and contains a number of steep slopes. Be cautious of wet surfaces. The trail finishes along an old woods road



# TOWN OF CORTLANDT PLAYGROUNDS



**Cortlandt Community Recreation Area**  
Croton Avenue, Cortlandt Manor



**Jim Martin Aviation Playground**  
Cortlandt Waterfront Park  
River View Avenue, Verplanck



**Muriel H. Morabito Community Center Playground**  
29 West Brook Drive, Cortlandt Manor



**Old Pond Park**  
8th Street, Verplanck



**Peter Cutignola Memorial Playground**  
1 Memorial Drive, Croton



**Sprout Brook Park Playground**  
Sprout Brook Park, Cortlandt Manor



**Sunset Park Playground**  
Sunset Road, Montrose



**Tommy Thurber Park Playground**  
Tommy Thurber Lane, Montrose

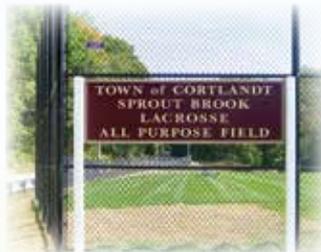
## **OSCAWANA BOAT LAUNCH**

Oscawana boat launch is located on Cortlandt Street in Crugers. A launching area for kayak's and canoes; hiking trails that lead out to the Hudson River. It was dedicated on October 4, 2004 by former Cortlandt Town Supervisor Linda D. Puglisi and the Town Board.



## **SPROUT BROOK PARK**

Sprout Brook is located at 130 Sprout Brook Road in Cortlandt Manor. The park is over 22 acres and has two lighted men's and women's softball fields. Within the park there is a little league field as well as a soccer field. Both were dedicated in the spring of 2007. The little league field has a snack bar and a batting cage. A dog park with two separate areas for small and large dogs was dedicated in 2008. There is a large pavilion with barbeque grills for rental by the public that can accommodate up to 200 people. Located by the pavilion there is a playground for children. In the Fall of 2016, a Lacrosse/ All purpose field was dedicated.



## **STEVEN HEBERT MEMORIAL SKATE PARK**

*Muriel H. Morabito Community Center*  
29 West Brook Drive, Cortlandt Manor

### **Hours of Operation:**

Monday- Sunday 10:00 AM- Dusk

Skate Park may be closed for repairs or maintenance signs will be posted.

**PLEASE NOTE:** The park is not supervised. Please follow all posted rules and skate at your own risk. No Trespassing after park hours.



## **PICKLEBALL COURT**

With the increasing popularity of the growing paddle sport, pickle ball, the Town of Cortlandt has converted one tennis court at the Croton Community Recreation Area off of Croton Avenue (Down the road from Walter Panas High School) into four pickle ball courts. This court is for residents and their guests only.



## **THE TOLL HOUSE**

The Toll House is located on Bear Mountain Road in Cortlandt Manor and was dedicated in September of 2002. It is a visitor center with information about the Hudson Valley. It is opened seasonally from May to SPROUT BROOK PARK November.



## **CORTLANDT WATERFRONT PARK**

The Cortlandt Waterfront Park is located at 77 Riverview Ave in Verplanck and is located off of Riverview Ave and Broadway in Verplanck. Come and enjoy the Park, which includes a gazebo, fishing, crabbing, playground, veterans memorial, walking path, small boat, kayak and canoe launch area, horseshoe pits (bring your horseshoes). All with a spectacular view of the Hudson River! The Cortlandt Waterfront Park also hosts the Town of Cortlandt Summer Concert and Movie Series in the months of June thru August.



## **TENNIS COURT INFORMATION**

TENNIS NETS will be kept up weather permitting at the following locations around mid March:

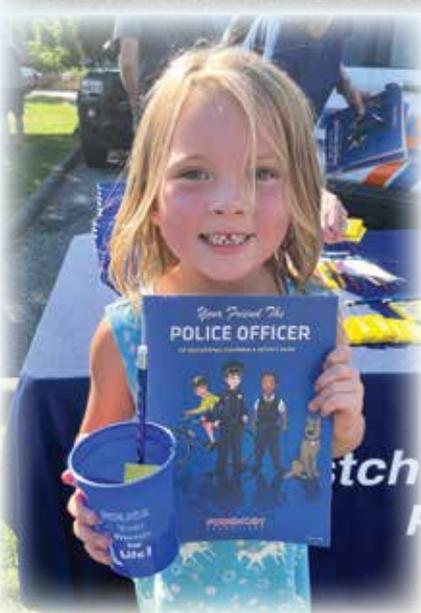
- Charles J. Cook Tennis Courts 2 Courts  
*Furnace Dock Road, Cortlandt Manor*
- Lake Street Tennis Courts 6 Courts  
*Lake Street, Montrose*
- Walter Panas Tennis Courts 6 Courts  
*Croton Avenue, Cortlandt Manor*

## **COURT AVAILABILITY**

Due to changing schedules, dates and times of court availability will be posted at the courts.

## **RULES & REGULATIONS**

In order to accommodate as many residents as possible, use of the courts for two (2) consecutive hours is prohibited if the courts are full.



**TOWN OF CORTLANDT DEPARTMENT OF RECREATION AND CONSERVATION SEASONAL EMPLOYEE APPLICATION**  
**1 HEADY STREET, CORTLANDT MANOR, NY 10567**  
**914-734-1050 TOCREC@TOWNOFCORTLANDT.COM**

Last Name	First Name	Phone #	Date Available
Address	City/ Town	Zip	Email
Are you 18 years old or older? Yes <input type="checkbox"/> No if not, what age? _____ DOB _____			
<b>Minimum age for hire:</b> CIT: 14; Lifeguard, Maintenance/Cashier, Jr. Counselor, Playgrounds: 15; Intermediate Counselor: 16; Senior Counselor: 18			
EDUCATION (Name and Location of School)		DEGREE	COMMENTS
High School			
College			
U.S. Military			
Other			
<b>EMPLOYMENT HISTORY</b>			
REF.			
From To	Employer	Address	Supervisor
			Phone No.
From To	Employer	Address	Supervisor
			Phone No.
<b>PERSONAL REFERENCES</b>			
REF.			
Name	Address	Phone No.	Sent Rec'd
Name	Address	Phone No.	Sent Rec'd
<b>CERTIFICATIONS</b>		<b>OTHER CERTIFICATIONS</b>	
<input checked="" type="checkbox"/>	Expiration Date	<input checked="" type="checkbox"/>	Expiration Date
CPO			
LGT	CPR		
	1st Aid/ RTE		
WSI	Waterfront		
Positions applied for in order of preference			
1.		2.	
		3.	
<b>Applicants Signature:</b>		Date	Interviewed by:
Recommended for employment		Title	Date
Yes <input type="checkbox"/>	No <input type="checkbox"/>	Location	Salary
Practical Exam		Comment	

FOR FULL TIME EMPLOYMENT APPLICATIONS, PLEASE CONTACT TOWN OF CORTLANDT HUMAN RESOURCES AT 914-734-1004.



# TOWN OF CORTLANDT DOG PARK REGISTRATION



Name of Dog Owner: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Name of Dog (s): \_\_\_\_\_

Date of Vaccination Expirations: \_\_\_\_\_

Dog License Number: \_\_\_\_\_

**INJURY RELEASE:** I agree to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By signing on the line below, you are signing this Agreement.

**COVID-19 RELEASE:** By participating in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by my participation. I agree that if I am exposed to or infected by COVID-19 during my participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from contracting COVID-19. I acknowledge that I have read and fully understand the terms and conditions. By signing on the line below, you are signing this Agreement.

\_\_\_\_\_  
*Owner's Signature*

\_\_\_\_\_  
*Date*

Please mail the completed Dog Park Registration Form to Town of Cortlandt Town Hall: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567.

Please contact the Town of Cortlandt Recreation Department with any questions or concerns at [tcrec@townofcortlandt.com](mailto:tcrec@townofcortlandt.com) or 914-734-1050.



# ADULT PROGRAM ACTIVITY REGISTRATION FORM

**Online registration available for Cortlandt Recreation Programs: [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline)**

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Street Address \_\_\_\_\_ PO Box \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Work Phone # \_\_\_\_\_ Home Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Cell Phone Mobile Provider \_\_\_\_\_

- Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news.
- Yes, I would like to receive text message alerts from the Cortlandt Recreation Department. \*By checking this box, I understand that standard text messaging rates may apply.

**INJURY RELEASE:** I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

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**PHOTO RELEASE:** I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. By checking "I Accept" line below, you are signing this Agreement. **I Accept** \_\_\_\_\_

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Course#	Participants Name		Sex	DOB	Activity Name	Total Fee
	Last Name	First Name				
<b>Total Fee</b>						<b>\$</b>

**NONRESIDENTS:** 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR. NONRESIDENTS ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

**THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE. SEPARATE CHECKS FOR ALL PROGRAMS.**

**MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT  
1 HEADY STREET, CORTLANDT MANOR, NY 10567**

By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department, you will automatically be enrolled to receive future communications from the Town of Cortlandt. You may opt of these future communications by clicking unsubscribe.

**FOR OFFICE USE ONLY**

TR Receipt # \_\_\_\_\_

CC Receipt # \_\_\_\_\_

Deposited \$ \_\_\_\_\_

Date \_\_\_\_\_



# PRE-SCHOOL/ YOUTH PROGRAM ACTIVITY REGISTRATION FORM

**Online registration available for Cortlandt Recreation Programs: [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline)**

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ DOB \_\_\_\_\_

Street Address \_\_\_\_\_ PO Box \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Work Phone # \_\_\_\_\_ Home Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Cell Phone Mobile Provider \_\_\_\_\_

- Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news.
- Yes, I would like to receive text message alerts from the Cortlandt Recreation Department. \*By checking this box, I understand that standard text messaging rates may apply.

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Course#	Participants Name		Grade	Sex	DOB	Activity Name	Total Fee
	Last Name	First Name					
<b>Total Fee</b>							<b>\$</b>

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1 HEADY STREET, CORTLANDT MANOR, NY 10567**

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**FOR OFFICE USE ONLY**

TR Receipt # \_\_\_\_\_

CC Receipt # \_\_\_\_\_

Deposited \$ \_\_\_\_\_

Date \_\_\_\_\_



# PRE-SCHOOL/ TINY TOT SWIM REGISTRATION FORM

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PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPETELY FILLED IN

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ DOB \_\_\_\_\_

Street Address \_\_\_\_\_ PO Box \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Work Phone # \_\_\_\_\_ Home Phone # \_\_\_\_\_

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Course#	Participants Name		Grade	Sex	DOB	Activity Name	Total Fee
	Last Name	First Name					
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**FOR OFFICE USE ONLY**

TR Receipt # \_\_\_\_\_

CC Receipt # \_\_\_\_\_

Deposited \$ \_\_\_\_\_

Date \_\_\_\_\_



# YOUTH SWIM INSTRUCTION REGISTRATION FORM

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Last Name \_\_\_\_\_ First Name \_\_\_\_\_ DOB \_\_\_\_\_

Street Address \_\_\_\_\_ PO Box \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Work Phone # \_\_\_\_\_ Home Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Cell Phone Mobile Provider \_\_\_\_\_

- Yes, I would like to receive marketing emails from the Cortlandt Recreation Department about new programs, upcoming events, and town news.
- Yes, I would like to receive text message alerts from the Cortlandt Recreation Department. \*By checking this box, I understand that standard text messaging rates may apply.

**INJURY RELEASE:** I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

**COVID-19 RELEASE:** By participating in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by my participation. I agree that if I am exposed to or infected by COVID-19 during my participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt, volunteer coaches, employees, and hired independent contractors, for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from contracting COVID-19. Every participant should bring a mask as players on the sideline will be required to wear masks. I acknowledge that I have read and fully understand the terms and conditions. By checking "I Accept" line below, you are signing this Agreement.

**PHOTO RELEASE:** I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. By checking "I Accept" line below, you are signing this Agreement. **I Accept** \_\_\_\_\_

1st Choice			2nd Choice			Participant's Name		D.O.B.	Age	Fee
Course Number	Group Level	Session Number	Course Number	Group Level	Session Number	Last	First			
<b>Total Fee</b>									<b>\$</b>	

**NONRESIDENTS:** 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR.  
NONRESIDENTS ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

**THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE.  
SEPARATE CHECKS FOR ALL PROGRAMS.**

**MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT  
1 HEADY STREET, CORTLANDT MANOR, NY 10567**

By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department, you will automatically be enrolled to receive future communications from the Town of Cortlandt. You may opt of these future communications by clicking unsubscribe.

**FOR OFFICE USE ONLY**

TR Receipt # \_\_\_\_\_

CC Receipt # \_\_\_\_\_

Deposited \$ \_\_\_\_\_

Date \_\_\_\_\_



# DAY CAMP (K- 4TH GRADE GIRLS & BOYS) AS OF SEPT 2023

*On a First Come First Serve Basis- Limited Enrollment.*

**ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS!**

**Go to [www.TownOfCortlandt.com/Reconline](http://www.TownOfCortlandt.com/Reconline)**

RPG (Registered Parent/ Guardian) Name \_\_\_\_\_ RPG DOB \_\_\_\_\_

Home Address \_\_\_\_\_ PO Box \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone # \_\_\_\_\_ Home Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Email \_\_\_\_\_

Last Name of Camper \_\_\_\_\_ First \_\_\_\_\_

Child's DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex M OR F (Circle One) Grade in Fall '23 \_\_\_\_\_

Parent/Guardian 1 Name \_\_\_\_\_

Work Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Parent/Guardian 2 Name \_\_\_\_\_

Work Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Mailing Address (If Different From Above) \_\_\_\_\_

Emergency Name (Other Than Parent) \_\_\_\_\_ Phone # \_\_\_\_\_

<p>REGISTERED AND PAID IN FULL BEFORE FRIDAY, 6/9</p> <ul style="list-style-type: none"> <li>• Session I                 \$390.00</li> <li>• Session II                \$390.00</li> <li>• Session III               \$390.00</li> <li>• All Three Sessions       \$1,090.00</li> </ul>	<p>REGISTERED AND PAID IN FULL AFTER FRIDAY, 6/9</p> <ul style="list-style-type: none"> <li>• Session I                 \$415.00</li> <li>• Session II                \$415.00</li> <li>• Session III               \$415.00</li> <li>• All Three Sessions       \$1,165.00</li> </ul>
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**MAKE CHECKS PAYABLE TO: TOWN OF CORTLANDT DEPT. OF RECREATION & CONSERVATION  
1 Heady Street, Cortlandt Manor, NY 10567-1254**

*\*ALL NEW RATES FOR CAMP 2023\*ALL SESSIONS MUST BE PAID IN FULL*

CAMP SESSIONS: PLEASE CHECK THE APPROPRIATE BOXES BELOW				
100-1U	Session I	June 26 - July 7		\$
100-2U	Session II	July 10 - July 21		\$
100-3U	Session III	July 24 - August 4		\$
All 3 Sessions	Session I, II, III	June 26 - August 4		\$
<b>TOTAL</b>				

**YOU MUST ENTER THE IMMUNIZATION DATES BELOW (MONTH, DAY, & YEAR) AS WELL AS SUBMIT DOCUMENTED PROOF OF IMMUNIZATIONS FROM A PHYSICIAN TO TOCREC@TOWNOFCORTLANDT.COM.**

*PLEASE NOTE THAT THE COVID-19 VACCINE IS NOT REQUIRED.*

Diphtheria/ Pertusus/ Toxoid (DPT) (5 doses)	Dates:	1.	2.	3.	4.	5.
Oral Polio Vaccine (OPV) (4 doses)	Dates:	1.	2.	3.	4.	
Measles/ Mumps/ Rubella (MMR ) (2 doses)	Dates:	1.	2.			
Hepatitis B (Hep B) (3 doses)	Dates:	1.	2.	3.		
Haemophilus influenza type B (Hib) (4 doses)	Dates:	1.	2.	3.	4.	
Varicella (Chicken Pox) (2 doses)	Dates:	1.	2.	Check here if the child had disease: _____		
COVID-19 (1 to 3 doses)	Dates:	1.	2.	3.		

Doctor's Name \_\_\_\_\_ Phone # \_\_\_\_\_

Allergies, medical problems, medications, special diet information, restriction on activity, etc.:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Hospitalization Insurance Company \_\_\_\_\_ ID# \_\_\_\_\_

**CAMP RELEASE:** I give permission, in case of injury, to take my child to a hospital for treatment, to include evaluation of injuries, x-rays and needed care. My signature below ALSO GIVES PERMISSION for my child to participate in all camp activities and to attend all off-site trips (any trip outside of campgrounds) which includes but are not limited to the CHARLES J. COOK POOL, AND ACTIVITIES, NATURE CENTERS, BOWLING ALLEYS AND MOVIE THEATERS. I understand that my child will accompany the Town of Cortlandt Department of Recreation & Conservation and its camp staff on all of these trips. In addition, I give my child permission to carry and apply sunscreen and carry and apply bug spray.

**INJURY RELEASE:** I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

**COVID-19 RELEASE:** By granting permission for my minor child to participate in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that this child may be exposed to or infected by COVID-19 by his or her participation. I agree that if he or she is exposed to or infected by COVID-19 during his or her participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from my child contracting COVID-19. I acknowledge that I have read and fully understand the terms and conditions.

**PHOTO RELEASE:** I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. By checking "I Accept" line below, you are signing this Agreement. **I Accept** \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

*The original Camp Application with Medical History/Immunization Records written ONTO the form and permission slip for Hospital care will be kept filed at the Town of Cortlandt Recreation Office.*

**THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE**

<b>FOR OFFICE USE ONLY</b>
TR# _____
CC# _____
Deposited \$ _____
Date _____

# 5TH & 6TH GRADE CAMP (GIRLS & BOYS) AS OF SEPT 2023

*On a First Come First Serve Basis- Limited Enrollment.*

**ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS!**

**Go to [www.TownOfCortlandt.com/Reconline](http://www.TownOfCortlandt.com/Reconline)**

RPG (Registered Parent/ Guardian) Name \_\_\_\_\_ RPG DOB \_\_\_\_\_

Home Address \_\_\_\_\_ PO Box \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone # \_\_\_\_\_ Home Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Email \_\_\_\_\_

Last Name of Camper \_\_\_\_\_ First \_\_\_\_\_

Child's DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex M OR F (Circle One) Grade in Fall '23 \_\_\_\_\_

Parent/Guardian 1 Name \_\_\_\_\_

Work Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Parent/Guardian 2 Name \_\_\_\_\_

Work Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Mailing Address (If Different From Above) \_\_\_\_\_

Emergency Name (Other Than Parent) \_\_\_\_\_ Phone # \_\_\_\_\_

<p>REGISTERED AND PAID IN FULL BEFORE FRIDAY, 6/9</p> <ul style="list-style-type: none"> <li>• Session I                 \$440.00</li> <li>• Session II                \$440.00</li> <li>• Session III               \$440.00</li> <li>• All Three Sessions       \$1,205.00</li> </ul>	<p>REGISTERED AND PAID IN FULL AFTER FRIDAY, 6/9</p> <ul style="list-style-type: none"> <li>• Session I                 \$465.00</li> <li>• Session II                \$465.00</li> <li>• Session III               \$465.00</li> <li>• All Three Sessions       \$1,280.00</li> </ul>
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**MAKE CHECKS PAYABLE TO: TOWN OF CORTLANDT DEPT. OF RECREATION & CONSERVATION  
1 Heady Street, Cortlandt Manor, NY 10567-1254**

*\*ALL NEW RATES FOR CAMP 2023\*ALL SESSIONS MUST BE PAID IN FULL*

CAMP SESSIONS: PLEASE CHECK THE APPROPRIATE BOXES BELOW				
100-1U	Session I	June 26 - July 7		\$
100-2U	Session II	July 10 - July 21		\$
100-3U	Session III	July 24 - August 4		\$
All 3 Sessions	Session I, II, III	June 26 - August 4		\$
<b>TOTAL</b>				

**YOU MUST ENTER THE IMMUNIZATION DATES BELOW (MONTH, DAY, & YEAR) AS WELL AS SUBMIT DOCUMENTED PROOF OF IMMUNIZATIONS FROM A PHYSICIAN TO TOCREC@TOWNOFCORTLANDT.COM.**

*PLEASE NOTE THAT THE COVID-19 VACCINE IS NOT REQUIRED.*

Diphtheria/ Pertusis/ Toxoid (DPT) (5 doses)	Dates:	1.	2.	3.	4.	5.
Oral Polio Vaccine (OPV) (4 doses)	Dates:	1.	2.	3.	4.	
Measles/ Mumps/ Rubella (MMR) (2 doses)	Dates:	1.	2.			
Hepatitis B (Hep B) (3 doses)	Dates:	1.	2.	3.		
Haemophilus influenza type B (Hib) (4 doses)	Dates:	1.	2.	3.	4.	
Varicella (Chicken Pox) (2 doses)	Dates:	1.	2.	Check here if the child had disease: _____		
COVID-19 (1 to 3 doses)	Dates:	1.	2.	3.		

Doctor's Name \_\_\_\_\_ Phone # \_\_\_\_\_

Allergies, medical problems, medications, special diet information, restriction on activity, etc.:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Hospitalization Insurance Company \_\_\_\_\_ ID# \_\_\_\_\_

**CAMP RELEASE:** I give permission, in case of injury, to take my child to a hospital for treatment, to include evaluation of injuries, x-rays and needed care. My signature below ALSO GIVES PERMISSION for my child to participate in all camp activities and to attend all off-site trips (any trip outside of campgrounds) which includes but are not limited to the CHARLES J. COOK POOL, AND ACTIVITIES, NATURE CENTERS, BOWLING ALLEYS AND MOVIE THEATERS. I understand that my child will accompany the Town of Cortlandt Department of Recreation & Conservation and its camp staff on all of these trips. In addition, I give my child permission to carry and apply sunscreen and carry and apply bug spray.

**INJURY RELEASE:** I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

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**PHOTO RELEASE:** I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. By checking "I Accept" line below, you are signing this Agreement. **I Accept** \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

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**THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE**

<b>FOR OFFICE USE ONLY</b>
TR# _____
CC# _____
Deposited \$ _____
Date _____

# 7TH & 8TH GRADE CAMP (GIRLS & BOYS) AS OF SEPT 2023

*On a First Come First Serve Basis- Limited Enrollment.*

**ONLINE REGISTRATION NOW AVAILABLE FOR CORTLANDT RECREATION PROGRAMS!**

**Go to [www.TownOfCortlandt.com/Reconline](http://www.TownOfCortlandt.com/Reconline)**

RPG (Registered Parent/ Guardian) Name \_\_\_\_\_ RPG DOB \_\_\_\_\_

Home Address \_\_\_\_\_ PO Box \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone # \_\_\_\_\_ Home Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Email \_\_\_\_\_

Last Name of Camper \_\_\_\_\_ First \_\_\_\_\_

Child's DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex M OR F (Circle One) Grade in Fall '23 \_\_\_\_\_

Parent/Guardian 1 Name \_\_\_\_\_

Work Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Parent/Guardian 2 Name \_\_\_\_\_

Work Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Mailing Address (If Different From Above) \_\_\_\_\_

Emergency Name (Other Than Parent) \_\_\_\_\_ Phone # \_\_\_\_\_

<p>REGISTERED AND PAID IN FULL BEFORE FRIDAY, 6/9</p> <ul style="list-style-type: none"> <li>• Session I \$440.00</li> <li>• Session II \$440.00</li> <li>• Session III \$440.00</li> <li>• All Three Sessions \$1,205.00</li> </ul>	<p>REGISTERED AND PAID IN FULL AFTER FRIDAY, 6/9</p> <ul style="list-style-type: none"> <li>• Session I \$465.00</li> <li>• Session II \$465.00</li> <li>• Session III \$465.00</li> <li>• All Three Sessions \$1,280.00</li> </ul>
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**MAKE CHECKS PAYABLE TO: TOWN OF CORTLANDT DEPT. OF RECREATION & CONSERVATION  
1 Heady Street, Cortlandt Manor, NY 10567-1254**

*\*ALL NEW RATES FOR CAMP 2023\*ALL SESSIONS MUST BE PAID IN FULL*

CAMP SESSIONS: PLEASE CHECK THE APPROPRIATE BOXES BELOW				
100-1U	Session I	June 26 - July 7		\$
100-2U	Session II	July 10 - July 21		\$
100-3U	Session III	July 24 - August 4		\$
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<b>TOTAL</b>				

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Varicella (Chicken Pox) (2 doses)	Dates:	1.	2.	Check here if the child had disease: _____		
COVID-19 (1 to 3 doses)	Dates:	1.	2.	3.		

Doctor's Name \_\_\_\_\_ Phone # \_\_\_\_\_

Allergies, medical problems, medications, special diet information, restriction on activity, etc.:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Hospitalization Insurance Company \_\_\_\_\_ ID# \_\_\_\_\_

**CAMP RELEASE:** I give permission, in case of injury, to take my child to a hospital for treatment, to include evaluation of injuries, x-rays and needed care. My signature below ALSO GIVES PERMISSION for my child to participate in all camp activities and to attend all off-site trips (any trip outside of campgrounds) which includes but are not limited to the CHARLES J. COOK POOL, AND ACTIVITIES, NATURE CENTERS, BOWLING ALLEYS AND MOVIE THEATERS. I understand that my child will accompany the Town of Cortlandt Department of Recreation & Conservation and its camp staff on all of these trips. In addition, I give my child permission to carry and apply sunscreen and carry and apply bug spray.

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Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

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**THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE**

<b>FOR OFFICE USE ONLY</b>
TR# _____
CC# _____
Deposited \$ _____
Date _____

# TOWN OF CORTLANDT 2023 YOUTH FALL BOYS SOCCER

**Fee:** \$60 with Town of Cortlandt ID Card  
\$65 without Town of Cortlandt ID Card  
\$76 nonresident  
**Late Fee:** \$70 with Town of Cortlandt ID Card  
(After 3/6) \$75 without Town of Cortlandt ID Card  
\$90 nonresident

**ONLINE REGISTRATION AVAILABLE AT  
WWW.TOWNOFCORTLANDT.COM/RECONLINE**

If you would like to register by mail, please return this form and fee to: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567

EVALUATIONS WILL TAKE PLACE AT BLUE MOUNTAIN MIDDLE SCHOOL (7 FURNACE WOODS RD, CORTLANDT MANOR)

Tuesday, July 25 ALL BOYS 6:00 PM

*\*ALL PLAYERS MUST PROVIDE THEIR OWN SHORTS AND HARD SHELL SHINGUARDS\**

Child's Name \_\_\_\_\_ Male \_\_\_\_ Female \_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Pertinent medical information (Allergies, medications, etc.) \_\_\_\_\_

Has your child played soccer with the Town of Cortlandt before? **Yes / No** If your child has played soccer in the past, what team did they play on? \_\_\_\_\_

Does your child have any conflict, which could prevent him/ her from attending games on Sunday afternoons or practices on weeknights and Saturdays? (Circle One) **Yes / No** If yes, what? \_\_\_\_\_

Shirt Sizes (Please select one):

Youth: **Youth Medium** (8-10) **Large** (14-16) / Adult: **Small** (34-36) **Medium** (38-40) **Large** (42-44) **X-Large** (46-48)

RPG (Registered Parent/Guardian) \_\_\_\_\_

Street Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Home # \_\_\_\_\_ Work or Cell # \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Emergency # \_\_\_\_\_

**INJURY RELEASE:** I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt.

**COVID-19 RELEASE:** By granting permission for my minor child to participate in any programs sponsored by the Town of Cortlandt, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that this child may be exposed to or infected by COVID-19 by his or her participation. I agree that if he or she is exposed to or infected by COVID-19 during his or her participation in any programs sponsored by the Town of Cortlandt, then my heirs, successors, assigns, and I have waived any right to maintain a lawsuit against the Town of Cortlandt, volunteer coaches, employees, and hired independent contractors, for exposure to COVID-19, and my heirs, successors, assigns, and I shall hold the Town of Cortlandt harmless with respect to any damages incurred from my child contracting COVID-19. Every participant should bring a mask as players on the sideline will be required to wear masks. I acknowledge that I have read and fully understand the terms and conditions.

**PHOTO RELEASE:** I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. **I Accept** \_\_\_\_\_

By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department, you will automatically be enrolled to receive future communications from the Town of Cortlandt. You may opt of these future communications by clicking unsubscribe.

I understand that my child agrees to play on any team assigned, obey all rules and to attend practice showing fair play and sportsmanship at all times.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

**THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE.**

**COACHES AND SPONSORS NEEDED**

***If you are interested in coaching, please go to [www.townofcortlandt.com/reconline](http://www.townofcortlandt.com/reconline) to register or call 914-734-1056 for more information. If you are interested in sponsoring a team, please call 914-734-1055. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.***

**FOR OFFICE USE ONLY:**

**TR Receipt # \_\_\_\_\_ CC Receipt # \_\_\_\_\_ Reg # \_\_\_\_\_ Date Deposited \_\_\_\_\_**

**YOUTH SOCCER REGISTRATION DEADLINE: July 14, 2023**  
**Participants placed on the waitlist are not guaranteed a spot in the league**

# TOWN OF CORTLANDT 2023 YOUTH FALL GIRLS SOCCER

**Fee:** \$60 with Town of Cortlandt ID Card  
\$65 without Town of Cortlandt ID Card  
\$76 nonresident  
**Late Fee:** \$70 with Town of Cortlandt ID Card  
(After 3/6) \$75 without Town of Cortlandt ID Card  
\$90 nonresident

**ONLINE REGISTRATION AVAILABLE AT  
WWW.TOWNOFCORTLANDT.COM/RECONLINE**

If you would like to register by mail, please return this form and fee to: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567

EVALUATIONS WILL TAKE PLACE AT BLUE MOUNTAIN MIDDLE SCHOOL (7 FURNACE WOODS RD, CORTLANDT MANOR)

Wednesday, July 26 ALL GIRLS 6:00 PM

*\*ALL PLAYERS MUST PROVIDE THEIR OWN SHORTS AND HARD SHELL SHINGUARDS\**

Child's Name \_\_\_\_\_ Male \_\_\_\_ Female \_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Pertinent medical information (Allergies, medications, etc.) \_\_\_\_\_

Has your child played soccer with the Town of Cortlandt before? **Yes / No** If your child has played soccer in the past, what team did they play on? \_\_\_\_\_

Does your child have any conflict, which could prevent him/ her from attending games on Sunday afternoons or practices on weeknights and Saturdays? (Circle One) **Yes / No** If yes, what? \_\_\_\_\_

Shirt Sizes (Please select one):

Youth: **Youth Medium** (8-10) **Large** (14-16) / Adult: **Small** (34-36) **Medium** (38-40) **Large** (42-44) **X-Large** (46-48)

RPG (Registered Parent/Guardian) \_\_\_\_\_

Street Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Home # \_\_\_\_\_ Work or Cell # \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Emergency # \_\_\_\_\_

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# TOWN OF CORTLANDT CHEERLEADING

Coach/Program Director: Nicole Curran  
cortlandtcougarscheerleading@gmail.com - 914-924-1832

Cheerleader Name \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Name \_\_\_\_\_ Parent Cell # \_\_\_\_\_

Parent Email \_\_\_\_\_

## **PROGRAM FEE: \$225**

**Fee Includes:** registration, bow, practice shorts and tee, uniform

T-shirt Size \_\_\_\_\_ Short Size \_\_\_\_\_

Uniform Top \_\_\_\_\_ Uniform Skirt \_\_\_\_\_

### **PAYMENT INFORMATION:** Please check one

Cash \_\_\_\_\_ Check # \_\_\_\_\_ Cheddar Link \_\_\_\_\_

**Checks payable to:** Cortlandt Cougars Cheerleading (in the amount of \$225.00)

**Email CortlandtCougarsCheerleading@gmail.com** if you'd like to pay online

Signature \_\_\_\_\_

### **ADDITIONAL INFORMATION:**

- K-2nd graders: practices will be Monday's starting October 3rd 2022 @ Legacy Training Center (2305 Crompond Road, Cortlandt Manor 10567) from 4:25-5:25pm. There is a tumble class that LTC is offering immediately following practice from 5:00-6:00 at a discounted rate!! Please take advantage of this great deal and see the registration form attached! LTC will discount registration and class fees! Contact LegacyTrainingCenter2022@gmail.com for registering!
- 3rd - 6th graders: practices will be Fridays 4:15-5:15 starting Friday October 7th, 2022 @ Frank G. Lindsey for the following dates: 10/7, 10/14, 10/28. Starting November 4th practices will be at Legacy Training Center (2305 Crompond Road, Cortlandt Manor 10567) 4:00-5:00. In November there will be a tumble class that LTC is offering immediately following practice from 5:00-6:00 at a discounted rate!! Please take advantage of this great deal and see the registration form attached! LTC will discount registration and class fees! Contact LegacyTrainingCenter2022@gmail.com for registering!

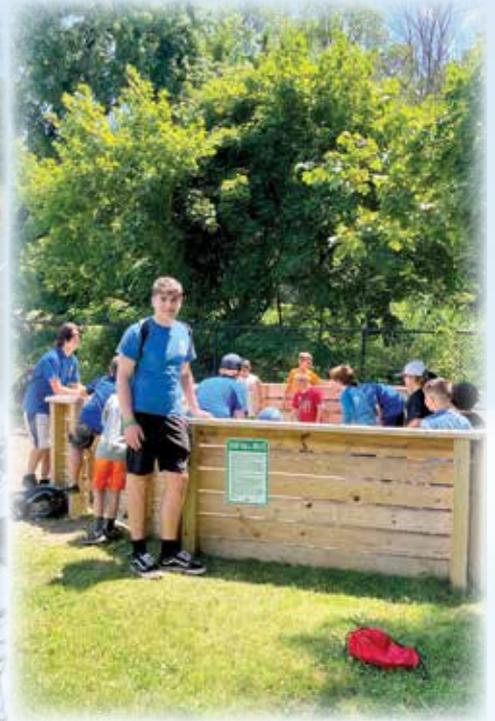
Please email us with any questions! cortlandtcougarscheerleading@gmail.com



**Please mail in this form if paying by check to:**

Coach Nicole Curran  
8 Beechland Court  
Montrose NY 10548







Town of Cortlandt  
Department of Recreation & Conservation  
1 Heady Street  
Cortlandt Manor, NY 10567-1254

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Town of Cortlandt has to offer?  
**Visit us on our website, Facebook, and Instagram!**



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Facebook



Town of Cortlandt  
Website



Town of Cortlandt  
Instagram

Sign up to receive monthly email newsletters and weekly updates  
From the Desk of Supervisor Dr. Richard H. Becker at  
[www.townofcortlandt.com/alerts](http://www.townofcortlandt.com/alerts).

This will help keep you, our residents, informed about everything Cortlandt!