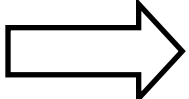


TOWN OF CORTLANDT - THE GOLDEN CONNECTION



AUGUST 2024



Monday	Tuesday	Wednesday	Thursday	Friday
29 Westbrook Drive Cortlandt Manor, NY 914-528-1572	Program Information On Reverse Side! 	NOTICE: CALENDARS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE!	1 TRIP OUT SARATOGA , 9:15am Chair Yoga 10:30am Wii Bowling 11:45am Mahjong/Chinese Mahjong, Cards, Canasta and Board Games 12:00pm Bereavement Support 12 Noon Verplanck Mtg.10am @Schoolhouse	2 Low Impact 10:15am Zumba 12:15pm Pizza & Movie 1:00pm "Just Getting Started"
5 Line Dancing 10:30am-11:30am Cold Treat 12:00-1:00pm Poker Group 1:00-3:00pm Drop in Pickleball 1:30-3:00pm Shopping Trip to Uncle G.s & Trader Joe's	6 Nor-Cort/Cortlandt Summer Party at Cortlandt Colonial Restaurant 12-3pm	7 Men's Discussion Group 12:00pm Coffee Hour 12:00pm Craft Afternoon 12:00pm Drop in Pickleball 1:30-3:00pm	8 Chair Yoga 10:30am Wii Bowling 11:45am Mahjong/Chinese Mahjong, Cards, Canasta and Board Games 12:00pm Verplanck Mtg. 10:00am @Schoolhouse	9 <u>NO Low Impact</u> Zumba 12:15pm
12 Line Dancing 10:30-11:30am Poker Group 1:00-3:00pm Drop in Pickleball 1:30-3:00pm	13 Bocce 9:30am <u>NO Nor-Cort /Cortlandt Mtg.</u> Annual Senior Recognition Day Picnic/ Veterans Picnic @Cook Pool 11:00am-2:00pm	14 Mens Discussion Group 12:00pm Coffee Hour 12:00pm Drop in Pickleball 1:30-3:00pm	15 Trip Lottery: Foxwoods/Nordic Lodge Chair Yoga 10:30am Wii Bowling 11:45am Mahjong/Chinese Mahjong, Cards, Canasta and Board Games 12:00pm Verplanck Mtg. 10am @Schoolhouse	16 Low Impact 10:15am Zumba 12:15pm Rain Date - Senior Picnic
19 Line Dancing 10:30am-11:30am Poker Group 1:00-3:00pm Drop in Pickleball 1:30-3:00pm	20 Bocce 9:30am Nor-Cort/Cortlandt Mtg. 10:30am Lunch Bingo	21 Men's Discussion Group 12:00pm Coffee Hour 12:00pm Drop in Pickleball 1:30-3:00pm	22 Chair Yoga 10:30am Wii Bowling 11:45am Mahjong/Chinese Mahjong, Cards, Canasta and Board Games 12:00pm Verplanck Mtg.10:00am @Schoolhouse	23 Low Impact 10:15am Zumba 12:15pm
26 Line Dancing 10:30am-11:30am Poker Group 1:00-3:00pm Drop in Pickleball 1:30-3:00pm	27 Bocce 9:30am Nor-Cort/Cortlandt Mtg. 10:30am <u>BIG BINGO</u> 12:30pm	28 Men's Discussion Group 12:00pm Coffee Hour 12:00pm <u>NO Drop in Pickleball</u> Swing Dancing 1:30-3:00pm	29 Chair Yoga 10:30am Wii Bowling 11:45am Mahjong/Chinese Mahjong, Cards, Canasta and Board Games 12:00pm Verplanck Mtg.10:00am@Schoolhouse	30 Low Impact 10:15am Zumba 12:15pm

TOWN OF CORTLANDT “GOLDEN CONNECTION”

Bocce: Stop by the Center and enjoy a free game on our bocce courts on Tuesdays.

Cold Treat: Monday, August 5th at 12 Noon. Cool off with a treat on a summer day. \$1.00 payment when you register. Money will be refunded when you come that day.

Bereavement Support: Available to those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. Susan Loomis, LMSW will be available for support. Next Meeting scheduled Thursday, August 1st. Meetings are typically held the first and third Thursday of the month from 12:00pm-1:00pm. Office hours available upon request.

Pizza & Movie: “Just Getting Started” starring Morgan Freeman, Tommy Lee Jones and Rene Russo. Story of Duke Diver living the high life as the manager of a luxurious resort in Palm Springs. He soon faces competition from Leo, a former military man who likes the same woman as Duke. Friday, August 2 at 1:00pm. Pre-registration is required, one week prior, with payment of \$6.00 for 2 slices of pizza, beverage, and dessert.

Nor-Cort/Cortlandt Summer Party: “Under the Disco Lights” being held at Cortlandt Colonial Restaurant on Tuesday, August 6th, doors open at Noon. Please see Leah Olsen, on Tuesdays, for details and sign up.

Craft Day: Wednesday, August 7th, join Cherie from Hendrick Hudson Library for a fun filled afternoon of crafting a simple quilled greeting card. Please sign up in advance, no charge.

Annual Senior Recognition Picnic/Veterans Picnic: Seniors, Veterans and Spouses or significant other, please join us at Charles Cook Pool on Tuesday, August 13th, 11:00am-2:00pm Sign up in advance with food choice. Bring your bathing suit, enjoy the pool, good company, and music. Bus will be available and encouraged let staff know if you need transportation. Free!



SCHEDULE OF EVENTS

Trip Lottery for August: Put your slips in for Foxwood Casino and Nordic Lodge by 8/15. Lottery slips will be drawn and perhaps you will be a winner. Trip date is November 1st. If you’ve never been to Nordic Lodge, you’re in for a treat. Wonderful, all you can eat lobster, prime rib, shrimp, as well as a many other choices and a fabulous ice cream dessert bar.

Swing Dance w/Cameron: If you always wanted to learn to Swing Dance join in on Wednesday, August 28th from 1:30-3:00pm where Cameron puts you through the steps to the oldies. Free!

Big Bingo: Tuesday, August, 27th at 12:30pm. Entrance fee is \$7.00 paid in advance includes card for each game. Additional cards, daubers and bonus Games will be available for purchase. Pre-registration is required with payment to reserve your spot. In the future, payment at the door will be \$10.00 instead of \$7.

Upcoming Events:

1. Rockin’ The Clock w/Jody, September - October (9 Sessions) Fee: \$20.00
2. Thursday, September 12, Verplanck Picnic
3. Friday, September 13, Senior Resorce Fair - Senator Harckham
4. Monday, September 16 - 19 extended Acadia, Maine Trip
5. Monday, September 23, Cooking Class
6. Thursday, September 26, Flu Shots; 1:00-3:00pm
7. Friday, September 27 - 6:30-8:30pm; Special Friday Night Line Dancing

