

CORTLANDT SUMMER PLANNER

ACTIVITIES FOR ADULTS, SENIORS AND YOUTH!

Town Supervisor

Richard H. Becker, MD

Town Board

James F. Creighton

Cristin Jacoby

Robert E. Mayes

Joyce C. White

FEATURED THIS SUMMER:

SUMMER '25
CHARLES J. COOK
POOL SEASON PASSES

TRAVEL CAMPS
(5TH/ 6TH GRADE
& 7TH/ 8TH GRADE)

INTRO TO
STAND-UP PADDLE
BOARDING

SENIOR CITIZEN
RECOGNITION PICNIC

SUMMER CONCERT
& MOVIE SERIES

YOUTH SWIM
INSTRUCTION

"EARLY BIRD"
ADULT LAP
SWIMMING

EVENTS FOR ALL AGES
& MUCH MORE!



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Town of Cortlandt Recreation & Conservation Department

Cortlandt Town Hall
1 Heady Street
Cortlandt Manor, NY 10567-1241

-  Phone: 914-734-1050
-  Website: www.townofcortlandt.com
-  Email: tocrec@townofcortlandt.com
-  Facebook: facebook.com/townofcortlandt
-  Instagram: [@townofcortlandt](https://instagram.com/townofcortlandt)

- Sponsored by the Town of Cortlandt -

TOWN SUPERVISOR

Richard H. Becker, MD

TOWN BOARD

James F. Creighton | Cristin Jacoby | Robert E. Mayes | Joyce C. White

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- Paul Pacchiana
- Nathan Palmer
- Joseph Mintz
- Joseph Ryan
- Kelly LaVasseur Reilly
- Joy Snyder

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- Everett Skelly

RECREATION & CONSERVATION DEPARTMENT

- Ken Sherman, Director..... 914-734-1058
- Lesley Popkin, Deputy Director.....914-734-1057
- Tim Fisher, Recreation Supervisor II 914-734-1056
- Greg Kroohs, Recreation Supervisor..... 914-734-1055
- Deanna Peterson , Recreation Supervisor..... 914-734-1053
- Dawn Mahoney, Director of Senior Services914-528-1572
- Rebecca Ferguson, Assistant Director of Senior Services..... 914-528-8377
- Lindsey Luposello, Youth Center Director.....914-736-0498
- Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator..... 914-734-1052

OFFICE STAFF

Emma Giovinco | Janice LaFave

The Town of Cortlandt gratefully acknowledges the cooperation extended by the Hendrick Hudson School District, Lakeland Central School District, Village of Buchanan, Village of Croton-on-Hudson, Cortlandt Town Center and to all other groups regarding the use of their facilities and to our business community for supporting our programs and teams.

CORTLANDT TOWN HALL	Main Telephone Number	914-734-1000
DEPARTMENT OF ENVIRONMENTAL SERVICES	<i>167 Roa Hook Road, Cortlandt Manor, NY 10567</i>	
Director	Steve Ferreira, P.E.	914-737-0100
Deputy Director D.E.S Administration	Christina Edwards	914-737-0100
Working Supt. Highway		914-737-0075
Highway & Parks Division		914-737-0075
Sanitation Division		914-737-0100
Water Division		914-734-1026
Water Division Billing Issues, Northern Westchester Joint Water Works		914-737-5380 EXT 114
HOTLINE FOR INFORMATION AND EVENTS		914-734-1000 EXT 28
DIRECTOR OF OPERATIONS	Claudia Vahey	914-734-1004
JUSTICE COURT	Judge Kimberly Ragazzo	914-734-1090
	Judge Livia Rodriguez	
JUSTICE COURT CLERK	Audrey Stewart	914-734-1090
MURIEL H. MORABITO COMMUNITY CENTER	<i>29 West Brook Drive, Cortlandt Manor, NY 10567</i>	
Office of the Aging Director	Dawn Mahoney	914-528-1464
Nutrition Site Manager & Assistant to Director	Rebecca Ferguson	914-528-8377
DEPARTMENT OF PLANNING & COMMUNITY DEVELOPMENT		
Director	Christopher Kehoe	914-734-1080
Assistant Director	Rosemary Boyle-Lasher	914-734-1083
PURCHASING DEPARTMENT/ CENTRAL SUPPLIES		
Director of Purchasing	Jennifer Glasheen	914-734-1046
RECEIVER OF TAXES	Debra A. Carter	914-734-1030
DEPARTMENT OF RECREATION AND CONSERVATION		
Director	Ken Sherman	914-734-1058
Deputy Director	Lesley Popkin	914-734-1057
SUPERVISOR	Richard H. Becker, MD	914-734-1002
Secretary to the Supervisor	Judi Peterson	914-734-1002
Assistant to the Supervisor	Dianne Carroll	914-734-1101
Assistant to the Supervisor	Elvia Sinchi	914-734-1002
DEPARTMENT OF TECHNICAL SERVICES- CODE ENFORCEMENT, ENGINEERING, AND PLANNING		
Director D.O.T.S	Michael Preziosi, P.E.	914-734-1060
Deputy Director, D.O.T.S.	Artie D'Angelo, Jr., P.E.	914-734-1060
Director, Code Enforcement	Martin Rogers, P.E.	914-734-1010
Assistant Director, Code Enforcement	Holly Haight	914-734-1015
TOWN ASSESSOR		914-734-1040
TOWN ATTORNEY	Thomas Wood	914-736-0930
DEPUTY TOWN ATTORNEY	Michael Cunningham	914-736-0930
TOWN COMPTROLLER	Patricia Robcke	914-734-1070
TOWN CLERK	Laroue Shatzkin	914-734-1020
YOUTH & RECREATION CENTER	<i>3 Memorial Drive, Croton on Hudson, NY 10520</i>	
Youth Center Director	Lindsey Luposello	914-736-0498

Dear Cortlandt Resident:

I am excited to present you with our new Summer 2025 Cortlandt Planner. There is so much to do in our community. Here are some highlights of our upcoming programs and events:

June 7th- Charles Cook Pool Opening Date

June 12th- First Summer Concert - "Red, White and Brews" 6:00- 7:00 PM, "Hill Billy Parade" 7:00- 8:30 PM will be perform at the Cortlandt Waterfront Park

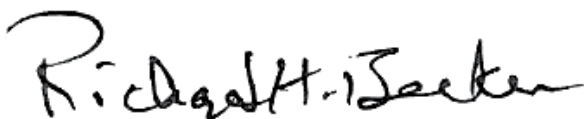
August 20th- Annual Senior Citizen and Veterans Recognition Day Picnic at Charles J. Cook Pool

August 22nd- Youth Center end of summer family pool party at Charles J. Cook Pool

Cortlandt Family Fun will be held on October 4th with more information to follow.

Wishing you a fun filled summer season with friends and family. Enjoy all of the amazing activities in the ***Town of Cortlandt, Where Life Works!***

Sincerely,



Richard H. Becker, M.D.
Supervisor, Town of Cortlandt



VETERANS INFORMATION

VETERANS MEETINGS

Our Cortlandt Regional Veterans Committee meets monthly at Cortlandt Town Hall, 1 Heady Street. Chairman, Willy Nazario (a Purple Heart Vietnam Veteran) and his fellow Veterans represent the pride in Country that is reflected in all of our Veterans throughout the years.

If you have any questions in regard to the meetings, please call 914-734-1002.

VIETNAM MEMORIAL AND MILITARY ORDER OF THE PURPLE HEART MEMORIAL AT CORTLANDT TOWN HALL

The Town of Cortlandt has two beautiful memorials on the front lawn at Town Hall. Both our Vietnam Memorial, which was constructed during the 50th Anniversary of the war, and the Military Order of the Purple Heart Memorial honor our brave veterans. These memorials are a living tribute to those men and women who served and defended our Country and for those who sacrificed their lives for our freedoms in America.

In addition, we have a Veteran's Memorial at our Cortlandt Waterfront Park by the Hudson River in the hamlet of Verplanck honoring all veterans who have served in the many conflicts throughout the world.



CORTLANDT MILITARY TRIBUTE BANNERS



The Town of Cortlandt is proud to announce that we sponsor a Military Tribute Banner Program. The banners are a beautiful tribute to honor all of our men and women who have served or are currently serving in our nation's military. The banners will be displayed from Memorial Day to Veterans Day at three locations: along Route 9A near the VA Hospital in Montrose, Broadway in Verplanck and Oregon Road. Once this period ends, they are taken down and given to the sponsor who purchased the banner as a keepsake. The deadline to order for 2025 is April 7th.

For additional details regarding these special banners and for ordering/payment information, please visit the Town Information Section at www.townofcortlandt.com. You may also contact the Supervisor's Office at 914-734-1002 or DianneC@townofcortlandt.com.



In honor of our Town of Cortlandt Disabled Veterans and their spouses, the Town of Cortlandt Recreation Department will offer half prices for all recreation programs offered in this planner.



STORM PREPAREDNESS

TOWN OF CORTLANDT INFORMATION

IMPORTANT RESOURCES AND LINKS

CON EDISON

800-752-6633 | www.coned.com

Sign up for alerts on the Town of Cortlandt Website:

www.townofcortlandt.com/alerts

TOWN OF CORTLANDT STORM HOTLINE

914-97-STORM

914-977-8676

www.townofcortlandt.com

TOWN OF CORTLANDT, DES HIGHWAY DIVISION

914-737-0075

highway@townofcortlandt.com

for downed trees and/or wires

TOWN OF CORTLANDT FACEBOOK

www.facebook.com/townofcortlandt

OPTIMUM CABLE, NY

BRONX / BROOKLYN / WESTCHESTER

Residential Customer Service, 718-860-3513

www.optimum.net

VERIZON FIOS

800-837-4966

www.verizon.com/home/fios/

NYS POLICE

Non-Emergency Phone 914-737-7171

WESTCHESTER COUNTY POLICE

Non-Emergency Phone 914-864-7701

EMERGENCY 911

STORM PREPAREDNESS CHECKLIST

- Pay close attention to weather advisories and storm warnings



- Keep a flashlight and fresh batteries handy



- Refuel vehicles and ensure they are in good working condition



- Have a battery powered radio to keep informed of restoration efforts



- Have a plan to check on vulnerable neighbors and family members



- Stock water and packaged or canned foods that do not require refrigeration



- Have a phone that does not require an electric outlet to operate; Charge cell phones or have a car cell phone charger



- Ensure adequate supplies of medications, cash, and other necessities



- Stay at least 30 feet away from downed power lines, and lines that may be entangled and hidden in fallen trees. Assume a downed line is live.
- Avoid using candles for illumination.
- Never use outdoor gas or charcoal grills, indoors as they pose a fire hazard and, over time, can give off deadly carbon monoxide gas. Use these appliances outdoors only, with proper ventilation. Operate motor vehicles outdoors only, and never in the garage.

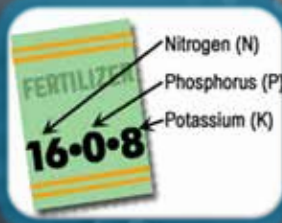
SOLUTIONS TO STORMWATER POLLUTION

EASY THINGS YOU CAN DO EVERY DAY TO PROTECT OUR WATER

Stormwater is water from rain or melting snow that flows from rooftops, paved areas, and lawns that doesn't soak into the ground. Instead, it runs off into waterways, streams, ponds, lakes, and rivers. As it flows, stormwater runoff collects and transports soil, animal waste, salt, fertilizers, oil and grease, pesticides, litter, and other potential pollutants. This pollution can enter groundwater, streams, lakes, ponds, and rivers. It can even affect the quality of our drinking water!

Increase in impervious surfaces cause more stormwater runoff. Because less water is soaking into the ground flooding can become more frequent and more destructive. The Town of Cortlandt is a regulated community and has enacted updated Town ordinances governing stormwater. To learn more, visit our website at: www.townofcortlandt.com/stormwater

WHAT CAN YOU DO TO HELP WITH STORMWATER ISSUES?



LAWN CARE

Most lawns tested in Westchester County DO NOT need more phosphorus. If you must fertilize, use phosphorus-free fertilizer (where the middle number on the bag is zero). Excess fertilizer flows into streams, lakes, rivers, and reservoirs, where it can degrade drinking water, lead to algae and plant growth and contribute to fish kills. Don't fertilize when rain is expected. Leave grass clippings on the lawn to recycle nutrients. More information on lawn care is available in the Town of Cortlandt Recycling brochure.

SEPTIC SYSTEM MAINTENANCE

Failing septic systems can contaminate groundwater, drinking water and surface flows. Most of the Town of Cortlandt is serviced by individual septic systems. Your septic system should be pumped and inspected regularly. Generally, septic tanks should be cleaned out every 3-5 years, depending on the size of the tank. Do not pour chemicals, paints, fats, or excess medications down your pipes. Driving on or parking on septic field may damage them.



LANDSCAPING HELPS

Keep vegetation and organic material on the soil, especially on slopes. Landscape to limit the steepness or length of slopes. Build a buffer of vegetation by watercourses to help filter sediment. Replace the lawn at water's edge with shrubs, hedges or trees. Anything that slows the flow of water will help us give time for the pollution to be removed.



CARE FOR YOUR CAR

Little drops of oil and gas add up. One pint of oil can cause an oil slick the size of a football field. Take used motor oil to gas stations. NEVER pour it down the drain. Take other fluids to approved recycling locations. Use saw dust or kitty litter to clean up leaks and spills in your driveway. Wash your car on your lawn if possible to capture runoff.

SCOOP THE POOP

Please pick up after your dog. It doesn't matter the size of the animal- all animal waste has an impact. Pet waste contains harmful bacteria and phosphorus that can promote the growth of weeds and algae.



REPORTING STORMWATER POLLUTERS

Your actions or the action of your neighbor affects our water resources. We are all downstream of someone. No polluted water should be allowed to go into our stormwater system. If you notice pollution of Stormwater you can report the details to DOTS - Engineering at 914-734-1010.



HOW TO REGISTER FOR RECREATION PROGRAMS ONLINE

**SUMMER 2025 ONLINE REGISTRATION WILL BEGIN ON:
MONDAY, MARCH 24, 2025, 8:30 AM**



To create a family account and register for programs, follow the instructions below or on the Community Pass site.

HOW TO CREATE A FAMILY ACCOUNT:

1. Go to www.townofcortlandt.com/reonline
2. From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
3. On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
4. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
5. Please save your login and password for future use.

HOW TO REGISTER FOR PROGRAMS:

1. Go to www.townofcortlandt.com/reonline to log back into the system.
2. Log in using the permanent username and password for your account.
3. Click the 'Click Here to Register' button.
4. Select the applicable Catalog by clicking the 'Continue' button next to your choice.
5. Verify email. Click 'Continue.'
6. Select the person registering, then 'Continue.'
7. Select the program (s) you wish to attend.
8. When finished with selections, click 'Continue.'
9. Complete payment information.

If you have any questions concerning account activation, registration or payments, please contact us at:
914-734-1050 or reonline@townofcortlandt.com

— IMPORTANT REGISTRATION INFORMATION —

- Registration can also be mailed to the Recreation office (PLEASE NOTE: Due to the popularity of our programming, and accessibility of online registration, mailing in your registration may result in waitlist);
Office Hours 8:30 AM to 4:00 PM:
Town of Cortlandt Recreation & Conservation
1 Heady Street
Cortlandt Manor, New York 10567-1254
- Use the appropriate registration form included in the back of this brochure for in office and/or mail in registrations.
- Include cash, a check, or a money order payable to THE TOWN OF CORTLANDT RECREATION DEPARTMENT for the total amount.
- Individual checks are necessary for separate courses and camp programs.
 - If a check is returned to the Recreation Department due to insufficient funds, there will be a \$20.00 service charge.
 - Checks **CANNOT BE REDEPOSITED**. Cash or Money Order will be required immediately to replace returned check and service charge.
- There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early!
- It is recommended that your registration be completed a minimum of two (2) weeks prior to the start of the program.
- If space is available in any program one week prior to the start of the program, nonresidents will be allowed to participate by paying a 20% surcharge of the higher fee.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.

GENERAL TOWN OF CORTLANDT RECREATION DEPARTMENT INFORMATION

CREDITS/ REFUNDS

- **A full refund will be issued for any program cancelled by the Recreation Department.**
- Any refund request because of illness or accident must be submitted in writing and be accompanied by a Doctor's Note. Refunds will be prorated based on the date received. **Requests must be made prior to the end of the program and will not be considered when a program is half over.** All requests must be submitted in writing.
- All other refund/credit requests (Other than medical) must also be submitted in writing and will be assessed a \$15.00 processing fee and issued a prorated program credit based on the date received. The credit must be used within two years from the date and must be mailed in with your application to ensure proper credit towards your next program or league registration. The credit is not replaceable – original form must be submitted for credit.
- Whether the initial registration is paid via cash, check, or credit card, **all refunds** will be issued via check.
- **DAY CAMP Refund policy:**
 - Any refund request received **prior to June 9th** will be issued for **90%** of the fee.
 - Any refund request received **between June 10th and June 23rd** will be issued for **50%** of the fee.
 - Any refund request received **after June 24th will not be issued.**
- **ALL OTHER Recreation program refund policies:**
 - Charles J. Cook Pool Refund Policy: Once a patron has entered the pool area, there will be no refunds issued.

SLIDING FEE SCALE AVAILABLE

It is the intention of the Town of Cortlandt that no resident be denied the ability to participate in recreation programs because of an inability to pay. The Town of Cortlandt Recreation Department offers a "Sliding Fee Scale" fee reduction based on your income. Please note, income tax paperwork, recent paystubs, unemployment paperwork, and any other relevant paperwork is required for review. The fee reduction can be applied to any Town of Cortlandt Recreation Department program including, camp, sports leagues, Charles J. Cook Pool Season Passes, etc. Fee reduction applications are available via the Recreation Department through Emma Giovinco at emmag@townofcortlandt.com or online at www.townofcortlandt.com/rec, 'Page Navigation', 'Sliding Fee Scale'.

RECREATION "SUGGESTION BOX"

There may be an activity or program that you enjoy which is not presently offered by the Recreation Division. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Town of Cortlandt Recreation Division encourages Town residents to express their particular ideas and concerns. Please help us to offer to you the programs and services, which you desire. Send all ideas and comments to tocrec@townofcortlandt.com.

HANDICAPPED ACCESSIBILITY

Programs described in this planner have been audited by our staff to determine general accessibility. All Town of Cortlandt facilities and Schools that are used to hold our programs are barrier free. For programs that are held outdoors please call the Recreation Department at 914-734-1050 for information.



TOWN OF CORTLANDT RECREATION PHOTO ID CARDS, CHARLES J. COOK POOL SEASON PASSES AND HOLLOW BROOK SEASON PASSES

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

- Previously issued ID cards are NOT acceptable as current proof of residency.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.
- Adult and Youth ID Card fee (Ages 4+), \$8.00.
- Senior Citizen ID Card fee (60+, must provide identification), \$4.00.

TOWN OF CORTLANDT RECREATION PHOTO ID CARD VIA COMMUNITY PASS AND EMAIL PROCEDURES

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

1. Residents must first create an account through Community Pass (*Please be sure to enter every household member into your family account that you would like to have registered for a Town of Cortlandt Recreation ID Card):
 - Go to www.townofcortlandt.com/reonline
 - From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
 - On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
 - On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept'.
 - Then click 'Finish'. Please save your login and password for future use.
2. Each adult resident in the household requesting an ID Card must submit two forms of proof of residency (Drivers license, current utility bill, current paystub, check with Town of Cortlandt address, car registration, etc. Previously issued ID cards are NOT acceptable as current proof of residency), via email to recidcard@townofcortlandt.com, along with the following.
 - Residents must also specify which family members in their account would like an ID Card
 - Residents must also submit photos of each family member requesting an ID Card
 - In color
 - Taken within the past 6 months, showing current appearance
 - Use a clear image of your face, preferably do not use filters commonly used on social media.
 - Full face, front view with a plain background preferred.
 - Do not wear a hat or headgear
 - Do not wear sunglasses
3. Office staff will then register each family member for their ID Cards.
4. Residents will be notified when their ID Cards are registered through Community Pass. Once they ID Cards are registered in Community Pass, residents must login to their Community Pass accounts and pay their ID Card balance. **Families will not be eligible to register for any other program through the Town of Cortlandt Community Pass Online Registration Software until the balance for their ID Cards is paid in full.**
5. Finally, once the balance is paid online in full, office staff will print the physical ID Cards, and mail them to the address on the residents Community Pass account.

Residents may also get their Town of Cortlandt Recreation Photo ID Cards directly at Town of Cortlandt Town Hall from 9:00 AM- 3:30 PM, no appointment required, please call 914-734-1050 for more information. Must bring two forms of proof of residency for each adult in the household.

Buchanan and Croton residents may use their Village ID card to receive our ID card rate for all programs except our summer swim passes and summer swim lessons. If you have a Buchanan or Croton Village ID Card and wish to register for a program online, please contact the Town of Cortlandt Recreation Department at recidcard@townofcortlandt.com.

TOWN OF CORTLANDT RECREATION PHOTO ID CARDS, CHARLES J. COOK POOL SEASON PASSES AND HOLLOW BROOK SEASON PASSES CONTINUED

CHARLES J. COOK POOL SEASON PASSES

IF YOU AND YOUR FAMILY ALREADY POSSESS VALID, PHYSICAL TOWN OF CORTLANDT PHOTO ID CARDS...

1. You may skip the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" steps on the previous page, and simply email recidcard@townofcortlandt.com to request 2025 Charles J. Cook Pool Season Passes for you and your family. Please specify which members of your family would like 2025 Charles J. Cook Season Passes. Once your payment has been made in full online at www.townofcortlandt.com/reconline, there is no further action required; The barcodes on your cards will have the Charles J. Cook Pool Season Pass information necessary to enter the pool facility.

IF YOU AND YOUR FAMILY DO NOT YET POSSESS TOWN OF CORTLANDT RECREATION PHOTO ID CARDS...

1. Steps 1-5 of the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" on the previous page would be similarly followed. Please specify which members would also like 2025 Charles J. Cook Season Passes, and your ID Cards will be free of charge with the price of the CJCP Season Passes.

HOLLOW BROOK GOLF STICKERS/ SEASON PASSES

IF YOU AND YOUR FAMILY ALREADY POSSESS VALID, PHYSICAL TOWN OF CORTLANDT PHOTO ID CARDS...

1. You may skip the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" steps on the previous page, and simply email recidcard@townofcortlandt.com to request a 2025 Hollow Brook Golf Sticker/ Season Pass. Please specify which members of your family would also like 2025 Hollow Brook Golf Sticker/ Season Pass. (The Hollow Brook Sticker/ Season Pass is a physical sticker that will be placed on the back of your ID Card.)
2. Once the request has been processed through Community Pass by office staff, office staff will notify you via email that payment may then be made online at www.townofcortlandt.com/reconline.
3. Finally, you will be required to mail your Town of Cortlandt Photo ID Card to us at 1 Heady Street, Cortlandt Manor, NY 10567, or setup a date and time with recreation office staff to bring your card directly to Town Hall.

IF YOU AND YOUR FAMILY DO NOT YET POSSESS TOWN OF CORTLANDT RECREATION PHOTO ID CARDS...

1. Steps 1-5 of the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" on the previous page would be similarly followed. Please specify which members of your family would also like 2025 Hollow Brook Sticker/ Season Pass.

SWIM LESSON RECREATION PHOTO ID CARDS

IF YOUR CHILD ALREADY POSSESSES A VALID, PHYSICAL TOWN OF CORTLANDT PHOTO ID CARD AND/OR CJCP SEASON PASS...

1. You may skip the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" steps on the previous page, and simply register your child for your choice of swim lesson online at www.townofcortlandt.com/reconline. If you and your child do not possess a Charles J. Cook Pool Season Pass, your child's existing Town of Cortlandt Recreation Photo ID Card will act as your entry to the pool facility for the swim lesson.

IF YOUR CHILD DOES NOT YET POSSESS A TOWN OF CORTLANDT RECREATION PHOTO ID CARD AND/ OR CJCP SEASON PASS...

1. Steps 1-5 of the "Town of Cortlandt Recreation Photo ID Card via Community Pass and Email Procedures" on the previous page would be similarly followed. Please specify which children in your family you would also like to register for 2025 CJCP Swim Lessons. Please include the course number. In order to get the FREE Town of Cortlandt Recreation Photo ID Card, the Photo ID Card registration and swim lesson registration MUST BE DONE AT THE SAME TIME (IN THE SAME EMAIL).

For 2025 Photo ID Card rates, Charles J. Cook Pool Season Pass fees, and Hollow Brook Golf fees, please see page 76.

For more information on Charles J. Cook Pool, please see pages 75+84.

There will also be limited in-person registration for Town of Cortlandt Recreation Photo ID Cards, Charles J. Cook Pool Season Passes, and Hollow Brook Stickers/ Season Passes off business hours.

We request that all families in attendance enter every household member into your Community Pass family account that you would like to have registered for a Town of Cortlandt Recreation ID Card, Charles J. Cook Pool Season Pass, or Hollow Brook Season Pass prior to your in-person registration at www.townofcortlandt.com/reconline. Each family member requiring a new photo ID card must be present during registration for photos.

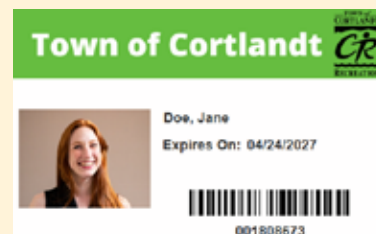
Cortlandt Town Hall

Recreation Department, Office #11

1 Heady Street, Cortlandt Manor, NY 10567

DATES AND TIMES

Thursday	April 10	4:00 PM- 7:00 PM
Tuesday	April 29	4:00 PM- 7:00 PM
Saturday	May 10	10:00 AM- 1:00 PM
Monday	May 19	4:00 PM- 7:00 PM



SUMMER CAMPS & YOUTH PROGRAMS

DAY CAMP

CHEERLEADING
CAMP

TENNIS CAMP





CAMPS & YOUTH PROGRAMS

"THE SUMMER CAMP IS SO MUCH FUN. IT WAS REALLY FUN GETTING TO TRAVEL TO DIFFERENT PLACES LIKE SPINS, PLAYLAND, SPLASH DOWN AND MORE. EVEN WHEN WE DIDN'T GO PLACES, WE GOT TO SWIM IN THE POOL! I LOVED HANGING WITH FRIENDS AND MAKING NEW FRIENDS FROM DIFFERENT SCHOOLS"- GIUSEPPE D.



Full Day Summer Camp Important Information & Policies

CAMP REGISTRATION INFORMATION

- Please note that the camp registration is on a FIRST COME/ FIRST SERVE BASIS..
- Registration Options:
 - **Online Registration** (www.townofcortlandt.com/reconline)
 - **Mail In Registration** to our office, located in the Town of Cortlandt Town Hall, 1 Heady Street, Cortlandt Manor, NY 10567
 - **Drop Off Registration** directly at Town of Cortlandt Town Hall to the Recreation Office (#11) Monday-Friday, 9:00 AM- 3:30 PM, or utilize the drop box location located outside Town of Cortlandt Town Hall.
- *WE DO NOT ACCEPT CAMP REGISTRATIONS VIA PHONE, EMAIL, OR FAX.*
- Any incomplete hard copy camp registrations received by our office will be returned to the sender and not processed until all necessary information is provided.
- There will be a late registration fee for anyone who registers after June 13th for all of our Day Camp Programs.
 - The late fee will be \$25 for each session, and a total of \$75 when registering for all three sessions.
- The application deadline to enroll for ALL camps including Day Camp, 5th/6th Grade Camp, and 7th/8th Grade Camp will be:

DEADLINE FOR ALL REGISTRATIONS; NO EXCEPTIONS:

Tuesday, June 24 for Session I
Tuesday, July 8 for Session II
Tuesday, July 22 for Session III

CAMP PICK UP/ DROP OFF INFORMATION

***THE TOWN OF CORTLANDT WILL NOT PROVIDE BUS TRANSPORTATION TO AND FROM CAMP.** Campers must be dropped off at their designated camp location and time. *

- **DAY CAMP (K- 4TH):** All pick up/drop offs will be done at Charles J. Cook Park, 293A Furnace Dock Rd, Cortlandt, NY 10567. In our best effort to eliminate pick up and drop off congestion, please follow the designated time slots below. Please make a note that camp activities start at 9:10 AM, so please be on time..
 - MORNING DROP OFF
 - K-2nd Grade: 8:35 AM- 8:50 AM
 - 3rd & 4th Grade: 8:50 AM-9:05 AM
 - AFTERNOON PICK UP
 - K- 2nd Grade: 3:30 PM- 3:40 PM
 - 3rd & 4th Grade: 3:40 PM- 3:50 PM
- **5TH & 6TH GRADE CAMP:** All pick up/drop offs will be done at Hendrick Hudson High School, 2166 Albany Post Road, Montrose, NY 10548. All campers can be dropped off from 8:40-9:00 AM, and picked up 3:30PM-3:45 PM.
- **7TH & 8TH GRADE CAMP:** All pick up/drop offs will be done at Blue Mountain Middle School, 7 Furnace Woods Road, Cortlandt, NY 10567. All campers can be dropped off from 8:40-9:00 AM, and picked up 3:30 PM-3:45 PM.

The Recreation Office will be staffed from 8:00 AM to 4:30 PM from June 30th through August 8th. If you have any comments/ questions/ concerns, please call 914-734-1050.

It is the intention of the Town of Cortlandt that no resident be denied the ability to participate in recreation programs because of an inability to pay. The Town of Cortlandt Recreation Department offers a "Sliding Fee Scale" fee reduction based on your income. Please note, income tax paperwork, recent paystubs, unemployment paperwork, and any other relevant paperwork is required for review. The fee reduction can be applied to any Town of Cortlandt Recreation Department program including, camp, sports leagues, Charles J. Cook Pool Season Passes, etc. Fee reduction applications are available via the Recreation Department through Emma Giovinco at emmag@townofcortlandt.com or online at www.townofcortlandt.com/rec, 'Page Navigation', 'Sliding Fee Scale'.



DAY CAMP (GRADES K- 4TH AS OF SEPT '25)

Taylor Pisani, Director

(Enrollment is limited to 225 per section)

A rain or shine program that offers swimming instruction, sports, music, arts and crafts, drama, supervised swimming, special events and some special day trips. Children are to bring lunch and a drink. Campers are instructed to label their clothing and towels. A Town of Cortlandt Recreation t-shirt will be provided to all participants free of charge.

Course #: Section I 100-1U June 30- July 11 (No Camp Friday, July 4th)
 Section II 100-2U July 14- July 25
 Section III 100-3U July 28- August 8

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Days: Monday- Friday

Time: 9:00 AM- 3:45 PM

REGISTERED AND PAID IN FULL BEFORE FRIDAY, JUNE 13TH

Fees: Section I \$430
 Section II \$430
 Section III \$430
 All Three Sections \$1,210

REGISTERED AND PAID IN FULL AFTER FRIDAY, JUNE 13TH

Section I \$455
 Section II \$455
 Section III \$455
 All Three Sections \$1,285



5TH AND 6TH GRADE CAMP (GRADES 5TH & 6TH AS OF SEPT '25)

Shawn Rawlins, Director

(Enrollment is limited to 100 per section)

A rain or shine program specifically designed for these grade levels. The program will offer such activities as arts & crafts, sports, bowling, swimming and special trips each session. Campers should bring a lunch and a drink.

Course #:	Section I	102-1U	June 30- July 11 (No Camp Friday, July 4th)
	Section II	102-2U	July 14- July 25
	Section III	102-3U	July 28- August 8

Location: Hendrick Hudson High School (2166 Albany Post Road, Montrose)

Days: Monday- Friday

Time: 9:00 AM- 3:45 PM

**REGISTERED AND PAID IN
FULL BEFORE FRIDAY, JUNE 13TH**

Fees:	Section I	\$480
	Section II	\$480
	Section III	\$480
	All Three Sections	\$1,360

**REGISTERED AND PAID IN
FULL AFTER FRIDAY, JUNE 13TH**

Section I	\$505
Section II	\$505
Section III	\$505
All Three Sections	\$1,435

7TH AND 8TH GRADE CAMP (GRADES 7TH & 8TH AS OF SEPT '25)

Matt Glashoff, Director

(Enrollment is limited to 100 per section)

A rain or shine program specifically designed for these grade levels. The program will offer such activities as arts & crafts, sports, bowling, swimming and special trips each session. Campers should bring a lunch and a drink.

Course #:	Section I	103-1U	June 30- July 11 (No Camp Friday, July 4th)
	Section II	103-2U	July 14- July 25
	Section III	103-3U	July 28- August 8

Location: Blue Mountain Middle School (7 Furnace Woods Road, Cortlandt Manor)

Days: Monday- Friday

Time: 9:00 AM- 3:45 PM

**REGISTERED AND PAID IN
FULL BEFORE FRIDAY, JUNE 13TH**

Fees:	Section I	\$480
	Section II	\$480
	Section III	\$480
	All Three Sections	\$1,360

**REGISTERED AND PAID IN
FULL AFTER FRIDAY, JUNE 13TH**

Section I	\$505
Section II	\$505
Section III	\$505
All Three Sections	\$1,435



MEDICAL IMMUNIZATION POLICIES

The Westchester County Department of Health (DOH) requires that all campers must have documented proof of immunizations from a physician. Please note that the COVID-19 vaccine is not required.

In order to comply with this requirement, the Town of Cortlandt Recreation Department requires you to obtain this information from your physician and return it to our office no later than Friday, June 13, 2025. A print out from your child's last physical examination that also includes a complete immunization history with dates is acceptable. Immunizations from physician must be signed or stamped. Another option, if you have a patient portal, is to print out the immunization information yourself. The immunization record must show the campers name, date of birth, the list of immunizations and dates administered. As always, your records will remain private and confidential. Immunization Record Forms may be submitted in any of the following ways (Please include your child's name and campattending- i.e. Day Camp, 5th/6th Grade Camp, 7th/8th Grade Camp):

- Scan and email the form as an attachment to tocrec@townofcortlandt.com
- Fax the form to the Recreation Office at 914-734-1059
- Mail the form to the Recreation Office at 1 Heady Street, Cortlandt Manor, NY 10567
- Drop the form off at the drop box location located outside of Town of Cortlandt Town Hall at 1 Heady Street, Cortlandt Manor, NY 10567

PLEASE NOTE: Along with the paperwork from your child's physician, the Town of Cortlandt also requires that you fill in all of the dates in the appropriate spaces on the camp application form (If you choose to complete a hard copy registration form AND online).

Thank you for your understanding and cooperation. Please contact the Town of Cortlandt Recreation Department at 914-734-1050 if you have any questions. We are looking forward to another great Cortlandt Camp season!

FULL DAY SUMMER CAMP PARENTS INFORMATION NIGHT

A pre-camp opportunity to meet your child's camp director, and various camp staff. You will be able to hear first hand about the camp program and ask any questions that you have.



Location: Cortlandt Town Hall Nyberg Meeting Room
(1 Heady Street, Cortlandt Manor)
Day/Date: Monday, June 23
Time: 7:00 PM

**TOWN OF CORTLANDT AFTER CAMP PROGRAM
(GRADES 5TH- 8TH ONLY & ONLINE REGISTRATION ONLY)**

This service is offered on Tuesdays, Wednesdays, Thursdays, Fridays ONLY for the 6 weeks of Camp. Your child will be bussed to the Town of Cortlandt Youth Center and can use this facility as they wish. A parent or guardian can pick their child up at their earliest convenience. (The Youth Center closes at 8 PM on Summer Weeknights).

Registration for the Youth Center After Camp Program MUST be completed online at www.townofcortlandt.com/reconline. Children registered for the Youth Center After Camp Program MUST also register to be a participant of the Youth Center. This registration must be completed online at www.townofcortlandt.com/reconline (search by keyword). The Youth Center registration is valid for one year and needs to be renewed on a yearly basis. You will be notified by email prior to renewal requirement.

Course Number: Session I: July 1- July 11 (No Camp/ After Camp Friday, July 4th)
Session II: July 15- July 25
Session III: July 29- August 8
Location: Town of Cortlandt Youth Center (3 Memorial Drive, Croton on Hudson)
Day: Tuesdays, Wednesdays, Thursdays, Fridays
Fee: \$40.00 Per Session

Playground Free Play Program

PLAYGROUNDS/ FREE PLAY (GRADES K-5 AS OF SEPT '25)

This is a FREE drop off and pickup program supervised by paid recreation staff. The program offers such activities as arts and crafts, sports and special events. Your child must be dropped off and picked up by an adult 18 years or older. Playground programs will NOT be held on rainy days. If the playground is cancelled at 8:45 AM, the playground will not be re-opened on that day.

LOCATION/ COURSE NUMBERS:

Frank G. Lindsey Elementary School
57 Trolley Road, Montrose

Section I	134-1U	June 30- July 11 (No Camp Friday, July 4th)
Section II	134-2U	July 14- July 25
Section III	134-3U	July 28- August 8



Muriel H. Morabito Playground
29 Westbrook Drive, Cortlandt Manor

Section I	135-1U	June 30- July 11 (No Camp Friday, July 4th)
Section II	135-2U	July 14- July 25
Section III	135-3U	July 28- August 8
Time:	9:00 AM- 12:30 PM	
Fee:	Free	



Youth Sports Camps

CHEERLEADING CAMP (GRADES K- 5TH AS OF SEPT '25)

Nicole Curran (Varsity Head Coach of Hendrick Hudson High School Cheerleading), Instructor

Got Spirit? Want to know what being a cheerleader is all about? Enjoy a fun filled morning of cheers, chants, dances, stunts, and tumbling! Learn the in's and out's on how to be a cheerleader! Cheerleaders will learn a mini routine and have a performance on the Friday of each session- you won't want to miss it! Please wear sneakers, no jewelry and bring a water bottle and snack.

- Course Number:** 105-1U
Location: Legacy Training Center, (2305 Crompond Road, Cortlandt Manor)
Days/ Dates: Monday- Friday, July 7-July 11 (5 sessions)
Time: 9:00 AM- 12:00 PM
Fee: \$85 with ID/ \$90 without ID/ \$108 nonresident



HEN HUD FOOTBALL CAMP (GRADES 1ST- 6TH OF SEPTEMBER '25)

Cole Coyle (Varsity Head Football Coach for Hendrick Hudson High School), Instructor

The Hen Hud Youth Football Camp offers young players an immersive experience where they can develop their skills and passion for the sport in a structured environment. Led by qualified coaches, these camps provide instruction on fundamental techniques, teamwork, and sportsmanship. Through a combination of drills, scrimmages, and interactive activities, participants gain valuable knowledge and confidence to excel both on and off the field.

- Course Number:** 108-1U
Location: Hendrick Hudson High School Football Field (2166 Albany Post Rd, Montrose)
Days/ Dates: Monday- Thursday, July 7- July 10 (4 sessions) Rain Date: Friday, July 11th
Time: 5:00 PM- 7:00 PM
Fee: \$200 with ID/ \$205 without ID/ \$247 nonresident

HEN HUD WRESTLING CAMP (BOYS, GRADES K- 6TH AS OF SEPTEMBER '25)

Rob Porter, Instructor

Children will be introduced to the sport of wrestling and taught the basic moves, stances, and techniques of the sport. Those who have been exposed to the sport already, will receive further instruction. Children should bring their lunch and snacks for the day.

- Course Number:** 139-1U
Location: Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)
Days/ Dates: Monday- Friday, July 7-July 11 (5 sessions)
Time: 9:00 AM- 1:30 PM
Fee: \$125 with ID/ \$130 without ID/\$156 nonresident



JUNIOR GOLF PROGRAM AT THE BACK NINE (AGES 7-12)

Introduce your child to the exciting world of golf at The Back Nine! Our 1-week summer programs are designed for beginners and young players looking to develop their skills in a fun, supportive, and fully air conditioned environment. Each session includes professional instruction to learn the basics of golf and access to state-of-the-art golf simulators. A small snack will be provided.

Location: The Back Nine (2050 E Main Street, Cortlandt Manor)
Days/ Dates/
Course Numbers: 120-1U July 7-July 11
 120-2U July 14-July 18
 120-3U July 21-July 25
 120-4U July 28-August 1
Time: 9:00 AM - 12:00 PM
Fee: \$250 with ID/ \$255 without ID/ \$306 nonresident

LACROSSE CAMP: BOYS (GRADES 1ST- 8TH AS OF SEPTEMBER '25)

Troy Lepore, Instructor

Great week of lacrosse for players of all levels. Run by Hen Hud Varsity Coach Troy Lepore along with Hen Hud alumni currently playing college lacrosse. This camp will work on the fundamentals of the game thru great instruction and drills coupled with fun and games!

Course Number: 109-1U
Location: Hendrick Hudson High School Turf Field (2166 Albany Post Road, Montrose)
Days/ Dates: Monday- Thursday, July 14- July 17 (4 sessions)
Time: 9:00 AM- 1:00 PM
Fee: \$150 with ID/ \$155 without ID/ \$186 nonresident

LACROSSE CAMP: GIRLS (GRADES 1ST- 8TH AS OF SEPTEMBER '25)

Rob Porter, Instructor

The Hendrick Hudson girls lacrosse camp will be for beginners to advanced players from 1st to 8th grade. Each session will include stick work instruction, position specific drills and game development. Campers will be coached by current and former Hendrick Hudson Varsity high school and college players. The camp will strive to create a fun environment and develop a love of the game for campers. Bring mouth guard, stick and water bottle.

Course Number: 136-1U
Location: Hendrick Hudson High School Turf Field (2166 Albany Post Road, Montrose)
Days/ Dates: Monday- Thursday, July 21-July 24 (4 sessions)
Time: 9:00 AM- 1:00 PM
Fee: \$100 with ID/ \$105 without ID/ \$121 nonresident



RED DEVIL/ CORTLANDT BASKETBALL CAMP (GRADES 2ND- 8TH AS OF SEPTEMBER '25)

Lou Panzanaro, Director

Individual instruction daily. Fundamentals of shooting, passing, dribbling, rebounding, post-play & defensive play, individual evaluation, competition & games each day, competition within own ability.

Course Number: 111-1U
Location: Hendrick Hudson High School Dome (2166 Albany Post Road, Montrose)
Days/ Dates: Monday- Friday, August 11- August 15 (5 sessions)
Time: 9:00 AM- 1:00 PM
Fee: \$105 with ID/ \$110 without ID/ \$132 nonresident



SAILORS GIRLS BASKETBALL CAMP (GIRLS, GRADES 2ND- 5TH AS OF SEPTEMBER '25)

Megan Boyle Head Coach of Hendrick Hudson Girls Varsity Basketball, Instructor

She shoots, she scores! Sign up for a one-week girls only basketball camp with Coach Megan Boyle and some of the Hen Hud High School varsity players. Participants will receive individual instruction on dribbling, passing, shooting, and rebounding. Daily contests with an emphasis on team offensive and defensive concepts. Camp is open for girls in grades 2nd-5th. Please wear athletic clothing and sneakers you are comfortable running around in.

- Course Number:** 104-1U
- Location:** Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)
- Days/ Dates:** Monday- Friday, July 21- July 25 (5 sessions)
- Time:** 9:00 AM- 12:00 PM
- Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident

SOCCER CAMP (AGES 7- 14)

Soccer program for beginners as well as the advanced soccer player. This camp will stress individual skill practices, functional training for positional play, attacking and defensive principles, and the players responsibilities in their third of the field. No transportation provided. Each participant should bring a lunch, snacks and plenty of fluids.

- Course Number:** 114-1U
- Location:** Sprout Brook Lacrosse All Purpose Field (130 Sprout Brook Road, Cortlandt Manor)
- Days/ Dates:** Monday-Thursday, July 21- July 24 (4 sessions) (Friday, 7/25 will be used in case of rain as a makeup)
- Time:** 9:00 AM- 1:00 PM
- Fee:** \$80 with ID/ \$85 without ID/ \$102 nonresident

TENNIS CAMP

Brad Fredman (Hendrick Hudson High School Varsity Boys & Girls Tennis Coach), Instructor

Participants will receive expert instruction emphasizing eye-hand coordination, racquet skills, locomotor skills, teamwork, and sportsmanship. The program is designed for the beginner or advanced beginner, and will place an emphasis on basic stroke knowledge, rules of game, introductory strategies, and having fun! Racquets will be provided if needed.

Ages 4-9

- Course Number:** 115-1U
- Location:** Lake Street Tennis Courts (Across from Hendrick Hudson High School)
- Days/ Dates:** Monday- Friday, June 23- June 27 (5 sessions)
- Time:** 4:00 PM- 5:30 PM
- Fee:** \$70 with ID/\$75 without ID/ \$90 nonresident

Ages 10-15

- Course Number:** 115-2U
- Location:** Lake Street Tennis Courts (Across from Hendrick Hudson High School)
- Days/ Dates:** Monday- Friday, June 23- June 27 (5 sessions)
- Time:** 5:45 PM- 7:45 PM
- Fee:** \$90 with ID/ \$95 without ID/ \$114 nonresident



Youth Artistic Camps

MUSICAL THEATER WORKSHOP (GRADES 3RD- 9TH AS OF SEPTEMBER '25)

Robyn Ferracane, Instructor

Immerse yourself in the world of theater! This workshop is for everyone from the student acting for the first time, to the seasoned performer. This program takes the student from the audition process to a final performance everyone will enjoy. Not only will this workshop be a source of fun and excitement but it will also increase the skill level of every student, whether their goal is to become a professional actor or use the workshop to have fun and develop life skills. Production with costumes, props and minimal sets. All youth will have a role to play, receive a script and will be taught any music they will need to perform for their role. The result will be a wonderful final performance on Friday at 1:00 PM for family and friends.

Section I: Into The Woods

Course Number: 610-1U

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Days/Dates: Monday- Friday, August 11-August 15 (5 sessions)

Time: 9:00 AM- 3:00 PM

Fee: \$210 with ID/ \$215 without ID/ \$255 nonresident

Section II: Seussical

Course Number: 610-2U

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Days/Dates: Monday- Friday, August 18-August 22(5 sessions)

Time: 9:00 AM- 3:00 PM

Fee: \$210 with ID/ \$215 without ID/ \$255 nonresident



PRINCESS CAMP (AGES 4- 7)

Lindsey Cole, Instructor

Hear Ye! Hear Ye! By order of the Town of Cortlandt all Princesses are invited to join The Royal Court! Each day your little one will assume their role as princesses as they move thru crafts, games, stories, and songs that focus on being kind, caring, respectful, responsible, strong, and brave. A daily message from our Queen will guide each day's theme as the princesses create their own persona and costume. Family and friends are invited on the final day as each princess is presented at The Royal Court. Participants should bring a lunch, snack and wear comfortable shoes or sneakers appropriate for outdoor play.

Course Number: 124-1U

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Days/ Dates: Monday- Friday, July 14- July 18 (5 sessions)

Time: 10:00 AM- 1:00 PM

Fee: \$150 with ID/ \$155 without ID/ \$186 nonresident

SUPER HERO CAMP (AGES 4-7)

Lindsey Cole, Instructor

Join forces with Cortlandt Recreation to expand each child's imagination and help them become the ultimate superhero. Each camper will have the opportunity to create their own super hero persona, and design a costume to go with it. Campers will make crafts that help them fight the battle against evil, and find out their true identity. Trained and experienced staff instructors, Arts, Crafts and games during break times, and sports activities for each day of camp! Family and friends are invited on the final day for an Awards Ceremony. Participants should bring lunch, snacks and water. Please wear sneakers for outdoor play.

Course Number: 125-1U
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Days/ Dates: Monday- Friday, July 28- August 1 (5 sessions)
Time: 10:00 AM- 1:00 PM
Fee: \$150 with ID/ \$155 without ID/ \$186 nonresident



Youth Programs

AMERICAN RED CROSS BABYSITTING (AGES 11- 14)

Angela Reeve, Instructor

The ARC Babysitter's Training course is designed to provide youth with the knowledge and skills necessary to safely & responsibly give care for children & infants in a fun and interactive way. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves & others safe, help children behave & learn about basic child care as well as basic first aid. Successful participants earn ARC Certification. Bring bagged lunch or dinner.

Course Number: 600-1U
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Saturday, June 7
Time: 8:00 AM- 3:00 PM
Fee: \$84 with ID/ \$89 without ID/ \$107 nonresident

CREATIVE COOKING

Shari Munitz, Instructor

Come mix it up and join us for some creative cooking. We'll make it, bake it, stir it, cut it and lots more "hot stuff" (and cold cooking too!) in this enthusiastic, educational and completely fun kitchen class. We'll integrate holidays, themes, science, math and many other topics and kitchen skills while expanding our taste palate, and being introduced to some new ingredients and food combinations! Not suggested for chefs with food allergies.

Grades K- 3rd
Course Number: 643-1U
Days/ Dates: Tuesday, May 6-June 3 (5 classes)
Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Time: 4:00 PM- 5:00 PM
Fee: \$135 with ID/ \$140 without ID/\$162 nonresident

Grades 4th- 8th
Course Number: 643-2U
Days/Dates: Tuesday, May 6-June 3 (5 classes)
Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Time: 5:45 PM- 6:45 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

FOOD FUN (TWO YEAR OLD PROGRAM; NO KNIVES)

Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 224-1U
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, May 6-June 3 (5 classes)
Time: 9:15 AM- 10:00 AM
Fee: \$125 with ID/ \$130 without ID/ \$150 nonresident



YC COSMETIC BASICS (GRADES 6TH-8TH AS OF SEPTEMBER '25)

Join professional make-up artist, Leola in learning the fundamentals of makeup application. Participants will receive a make-up started kit that includes eye liner, mascara, eye shadow and applicator. Participants can bring their own makeup.

- Course Number:** 609-1U
- Day/ Date:** Thursday, June 19
- Time:** 3:00 PM- 5:00 PM
- Location:** Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
- Fee:** \$40 with ID/ \$45 without ID



CROTON SAILING SCHOOL

Adults can take hands-on sailing instruction aboard a fleet of 24', 26', and 34' yachts. Courses are offered in Learn to Sail, Coastal Cruising, Bareboat Cruising & Navigation. All courses offer American Sailing Association certification. Captain Charters are also available. You may also sail on your own with the Croton Sailing Club. For more information contact the Croton Sailing School at 914-271-6868 and www.crotonsailing.com.

CROTON SAILING'S- EAST SAILING ACADEMY

Croton Sailing School's youth program introduces children and teens aged 9-15 to small boat sailing and racing. Young sailors learn in three groups: Mariners, Voyagers, and Explorers. The program is taught aboard a fleet of vessels ranging in size from 13-24 feet. Boating safety is stressed throughout the program and all students wear life jackets any time they are on the water. The EAST Sailing Academy's program enables children to learn in a relaxed and safe atmosphere while offering unlimited challenges to advance their sailing skills. For rates, schedules, and more information about the East Sailing academy contact the Croton Sailing School at 914-271- 6868 or www.crotonsailing.com.

KARATE 4 KIDZ (AGES 7 & OLDER)

Jeff Butler, Instructor

This is for those children with no experience or for those who have some previous training but want to get back into martial arts at a slower pace. Participants will learn basic techniques, stretching, and some focus mitts/ heavy bag. This is NOT a drop-off program.

- Course Number:** 456-1U
- Location:** Cortlandt Community Room (CUE),
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
- Days/ Dates:** Saturday, starting date, June 21 (10 sessions)
- Time:** 9:00 AM- 10:00 AM
- Fee:** \$55 with ID/\$60 without ID/ \$71 nonresident

LACE UP BASKETBALL

Vaughn Dweck, Instructor

The program is designed to develop skilled basketball play, and provide regimented training for strengthening hand-foot coordination. Participants will engage in structured workouts to develop skills for competitive play. The program leaders are nationally recognized coaches, experienced in building basketball I.Q. and a greater capacity for understanding the sport.

Ages 10-12

Course Number: 333-1U

Location: Cortlandt Youth & Recreation Center Basketball Court
(3 Memorial Drive, Croton on Hudson)

Days/ Dates: Saturdays and Sundays, starting date, June 7 (6 sessions)

Time: 8:45 AM- 10:00 AM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

Ages 10-12

Course Number: 333-2U

Location: Cortlandt Youth & Recreation Center Basketball Court
(3 Memorial Drive, Croton on Hudson)

Days/ Dates: Saturdays and Sundays, starting date, July 12 (6 sessions)

Time: 8:45 AM- 10:00 AM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

Ages 10-12

Course Number: 333-3U

Location: Cortlandt Youth & Recreation Center Basketball Court
(3 Memorial Drive, Croton on Hudson)

Days/ Dates: Saturdays and Sundays, starting date, August 9 (6 sessions)

Time: 8:45 AM- 10:00 AM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

Ages 13-16

Course Number: 333-4U

Location: Cortlandt Youth & Recreation Center Basketball Court
(3 Memorial Drive, Croton on Hudson)

Days/ Dates: Saturdays and Sundays, starting date, June 7 (6 sessions)

Time: 10:00 AM- 11:15 AM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

Ages 13-16

Course Number: 333-5U

Location: Cortlandt Youth & Recreation Center Basketball Court
(3 Memorial Drive, Croton on Hudson)

Days/ Dates: Saturdays and Sundays, starting date, July 12 (6 sessions)

Time: 10:00 AM- 11:15 AM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

Ages 13-16

Course Number: 333-6U

Location: Cortlandt Youth & Recreation Center Basketball Court
(3 Memorial Drive, Croton on Hudson)

Days/ Dates: Saturdays and Sundays, starting date, August 9 (6 sessions)

Time: 10:00 AM- 11:15 AM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

STORYBOOK COOKING (AGES 3-6)

Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 642-1U
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, May 6-June 3 (5 classes)
Time: 10:30 AM- 11:30 AM
Fee: \$125 with ID/ \$130 without ID/ \$150 nonresident

Course Number: 642-2U
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, May 6-June 3 (5 classes)
Time: 12:30 PM- 1:30 PM
Fee: \$125 with ID/ \$130 without ID/ \$150 nonresident

TOWN OF CORTLANDT TENNIS INSTRUCTION

Lydia Reynolds, Instructor

Students will learn forehand, backhand, volley, overhead & serve. Stokes will be reinforced through drills & games. Students will need their own racquet.

COURSE NUMBER	LEVEL	DAY	TIME
316-1U	Youth Beginner (Ages 5- 8)	Saturday	9:00 AM- 10:00 AM
316- 2U	Youth Beginner (Ages 9- 12)	Saturday	9:00 AM- 10:00AM
Location: Lake Street Tennis Courts (Across from Hendrick Hudson High School)			
Days/Dates: Saturday, starting date, May 17 (6 sessions)			
Fee: \$75 with ID/ \$80 without ID/ \$96 nonresident			



SPORTS, LEAGUES, & TEAMS (ADULT & YOUTH)

**FALL YOUTH
SOCCER LEAGUE**

SWIM TEAM





SPORTS LEAGUES & TEAMS (ADULT & YOUTH)

"THE TOWN OF CORTLANDT BOYS SOCCER LEAGUE HAS MADE SUCH A POSITIVE IMPACT ON MY SON. HE HAS MADE GREAT IMPROVEMENTS IN HIS SOCCER SKILLS, PEER INTERACTIONS AND OVERALL LOVE FOR SOCCER. THE DEDICATED COACHES AND STAFF HELP MAKE EACH SUNDAY GAME FUN FOR ALL OF THE FAMILY. WE LOVE THE SOCCER PROGRAM AND LOVE CHEERING ON THE BOYS EACH SUNDAY"- NATALIE D.



Youth Leagues & Teams

SWIM TEAM (AGES 6- 18 AS OF 6/01/25)

Nicole Segnit, Head Coach

THIS IS NOT A LEARN TO SWIM PROGRAM. To participate on this team the swimmer must be a resident of the Town of Cortlandt and be able to pass the deep water test.

This is a competitive swimming team competing in the Northern Westchester Swim Conference. The swim team provides a variety of competitive experiences regardless of ability during the summer season. There are no tryouts for the swim team but children must demonstrate a swimming proficiency in at least one of the four competitive strokes (freestyle, backstroke, breaststroke, or butterfly).

Meets are held weekday evenings and Saturday mornings. Please visit <http://northernwestchestersc.com/> for more information.

Course Number:	315-1U
Location:	Charles J. Cook Pool (293 Furnace Dock Road, Cortlandt Manor)
Days/Dates:	Starting Date: June 30 (Practice Monday-Friday)
Time:	7:00 AM- 9:00 AM (Ages 11-18) 7:30 AM- 9:00 AM (Ages 6-10)
Fee:	\$150 with ID/ \$155 without ID

SWIM TEAM SUIT ORDER INFORMATION

Team ID: 874

Team Portal Link:

<https://metroswimshop.com/pages/team-account?teamid=CRSC>

Female Suit:	\$56.75 + tax
Male Jammer:	\$56.75 +tax



LITTLE LEAGUE

This program is not run through the Recreation Office but it is run by a board of volunteers. For more Information please contact: Cortlandt American Little League (C.A.L.L.) Little League levels of play start at Age 5 up to 15 years old.

Providing little league baseball for youth in the following school districts: Lakeland, Yorktown, and Mahopac.

For more information, view their website at www.cortlandtamericanll.com or email Cortlandtbaseball@gmail.com

Cortlandt National Little League (C.N.L.L.) (Hendrick Hudson School District)

Email: cnll@cnllbaseball.org

Website: www.cnllbaseball.org

Croton Little League (C.L.L.)

The Little League is open to boys and girls living within the Croton Harmon Union Free School District.

Email: ccl2018@gmail.com

Website: www.crotonlittleleague.com

Cortlandt Softball Little League

Girls ages 5- 12

For more information go to:

<https://www.cortlandtsoftball.info/home>

Email: CSLLPresident@outlook.com or

CSLLSecretary@outlook.com

Follow us on Facebook:

<https://www.facebook.com/CortlandtGirlsSoftball>



Picture of the Wally Blattman, Don & Sylvia Harfst Sprout Brook Little League Field located at Sprout Brook Park on Sprout Brook Road in northern Cortlandt. It is used by both Cortlandt American and Cortlandt National Little League Organizations.

CORTLANDT TACKLE FOOTBALL LEAGUE

Cole Coyle, Coach

Join our Tackle Football Team and experience the excitement of full-contact competition in a safe and supportive environment! Our team is built on dedication, teamwork, and a passion for the game, with a strong focus on proper technique and safe play. Whether you're an experienced athlete or new to the sport, our coaches provide top-tier training to help you develop skills in strategy, strength, and agility while prioritizing injury prevention. Practices are held at Sprout Brook Park every Tuesday and Thursday from 5:15 PM to 6:30 PM. Compete in thrilling games, build lifelong friendships, and push yourself to new limits with confidence join our team today!



- Course Number:** 344-1U (Grades 2nd- 4th)
344-2U (Grades 5th & 6th)
- Location:** Practices at Sprout Brook Softball Field (130 Sprout Brook Road, Cortlandt Manor)
Games will be held at Hendrick Hudson High School Turf
(2166 Albany Post Road, Montrose)
- Days/ Dates:** Practices, Tuesdays and Thursdays, starting date August 25 (24 sessions)
Games will be scheduled either on Fridays, Saturdays, and/ or Sundays- Specific game dates and times to be determined. (Roughly 10 games)
- Time:** Practices, 5:15 PM- 6:30 PM
Games, anywhere from 9:00 AM- 6:30 PM
- Fee:** \$150 with ID/ \$155 without ID/ \$186 nonresident

**Uniforms will be an additional charge, once registration is complete, Coach Cole Coyle will reach out with more information. For any questions or concerns, Cole may be reached via ccoyle0392@yahoo.com.



FALL SOCCER LEAGUE (BOYS AND GIRLS)

****Coaches and officials are always needed! Please call 914-734-1055****

Applications are available in the local schools, recreation office, and in the back of this planner. Online Registration is also available at www.townofcortlandt.com/reconline. League games are played Sunday afternoons during September, October and November. Practices will be held once a week for one hour.

All registrations are accepted on a first-come, first-serve basis. Maximum number of registrations accepted is dependent upon the number of coaches available. Any application received after July 11th will be charged a LATE FEE, and go on a wait list. A spot on the waitlist does NOT guarantee a spot in the league.

BOYS

1st & 2nd Grade*
3rd & 4th Grade*
5th & 6th Grade*

GIRLS

1st & 2nd Grade*
3rd & 4th Grade*
5th & 6th Grade*

Registration Fee: \$70 with ID/ \$75 without ID/
\$90 nonresident
Late Fee (After 7/11): \$80 with ID/ \$85 without ID/
\$102 nonresident

**Grade is for 2025/ 2026 School Year*

EVALUATIONS

All players must attend evaluations unless notified by the recreation department. Players who do not attend evaluations will be PLACED RANDOMLY onto teams by the recreation division. In order to be picked by a coach you must attend evaluations.

Evaluations will take place at Blue Mountain Middle School located at 7 Furnace Woods Road, Cortlandt (Rain or Shine) as follows:

Monday, July 21	1st & 2nd Grade Boys 6:00 PM 1st & 2nd Grade Girls 6:45 PM
Tuesday, July 22	3rd & 4th Grade Boys 6:00 PM 3rd & 4th Grade Girls 6:45 PM
Wednesday, July 23	5th & 6th Grade Boys 6:00 PM 5th & 6th Grade Girls 6:45 PM



ADULT PROGRAMS

● **YOGA WITH A VIEW**

● **PADDLEFIT**

● **TAI CHI &
CHI KUNG**



ADULT PROGRAMS

"RUANNE'S CLASSES HAVE A GREAT VIBE! HER CLASSES ARE WELCOMING AND SHE OFFERS AN ENGAGING YOGA SESSION EACH CLASS. MANY OF THE INDIVIDUALS THAT ATTEND HER CLASSES HAVE BEEN PRACTICING WITH RUANNE FOR MANY YEARS WHICH IS A TESTAMENT TO HER SKILLS AS A YOGA INSTRUCTOR."

- LISA K.



Adult Programs

Town of Cortlandt Seniors (residents only) ages 60 and over receive a 50% discount for recreation programs
The 50% discount for recreation programs will also be offered to Town of Cortlandt Disabled Veterans and their spouses
(Proof required for both discounts)

BASKETBALL (18 & OVER)

Instructor, Lionel Patterson

Free Play Basketball. Registration closed after third session.

Course Number: 400-1U
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Days/ Dates: Tuesday, starting date, June 24 (12 sessions)
Time: 7:30 PM- 9:30 PM
Fee: \$55 with ID/ \$60 without ID/ \$72 nonresident

BASKETBALL (30 & OVER)

Instructor, Lionel Patterson

Free Play Basketball. Registration closed after third session.

Course Number: 400-2U
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Days/ Dates: Saturday, starting date, June 21 (12 sessions)
Time: 10:00 AM- 12:00 PM
Fee: \$55 with ID/ \$60 without ID/ \$72 nonresident

"EARLY BIRD" CHARLES J. COOK POOL LAP SWIM PROGRAM CONTINUED (AGES 18 & UP)

See Charles J. Cook

Pool & Spray Park Section

DEFENSIVE DRIVING COURSE (6 HOURS TOTAL)

B.J. Jani, Instructor

This is an approved course by the Department of Motor Vehicles. Upon completion of this course, the DMV will reduce points from the license and insurance companies will give discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver. Please bring your Drivers License and a pen.

Course Number: 403- 1U
Location: Cortlandt Community Room (CUE),
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates: Monday & Tuesday, July 28th & 29th (2 sessions)
Time: 6:30 PM- 9:30 PM
Fee: \$45 with ID/ \$50 without ID/ \$60 nonresident

KARATE & ADVANCED KARATE (AGES 14 & OVER)

Jeff Butler, Instructor

TAE KWON DO (Korean) style of Karate. A sophisticated program to teach self-awareness, confidence, and physical fitness. Students are asked to wear loose clothing or Karate GI's (not required). A program for the beginner as well as those who have some experience. This program is affiliated with the World Tae Kwon Do Association. Children under 16 need to be accompanied by guardian until instructor approves drop-off.

Course Number: 410-1U
Location: Cortlandt Community Room (CUE),
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates: Thursday, starting date, June 26 (10 sessions)
Time: 6:00 PM- 8:00 PM
Fee: \$55 with ID/\$60 without ID/ \$72 nonresident

INTRO TO KARATE FOR ADULTS (AGES 14 & OLDER)

Jeff Butler, Instructor

This is for those who have completed Karate Basics or is an ongoing participant of the traditional Karate & Advanced Karate Course. Each week this class will rotate between forms practice, sparring/ self defense and focus mitts/ heavy bag.

Course Number: 410 -1U
Location: Cortlandt Community Room (CUE),
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates: Saturday, starting date, June 21 (10 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$55 with ID/\$60 without ID/ \$72 nonresident

PROBLEM GAMBLING PREVENTION FOR PARENTS (ADULTS ONLY)

See Yc Courses & Specialty Programs: Grades K - 12Th

PADDLEFIT

Tara Scheller, Instructor

Strength, balance, and cardio... oh my! We use body weight exercises and fast paced paddling to get your heart rate up and endorphins flowing. Each week introduces four new exercises to target your upper body, core, legs/ glutes, and full body - variations on pushups, planks, squats, burpees and more...all on a paddle board! Guided by a certified PaddleFit Coach, it's like having a personal trainer on the water! Paddle experience is recommended. Participants **MUST** be able to swim. Bringing your own board is recommended!

June

Course Number: 466-1U
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: June 1 (3 sessions)
Time: 10:45 AM- 12:00 PM
Fee: \$165 with ID/ \$170 without ID/ \$204 nonresident

July

Course Number: 466-2U
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: July 13 (3 sessions)
Time: 10:45 AM- 12:00 PM
Fee: \$165 with ID/ \$170 without ID/ \$204 nonresident

August

Course Number: 466-3U
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: August 10 (3 sessions)
Time: 10:45 AM- 12:00 PM
Fee: \$165 with ID/ \$170 without ID/ \$204 nonresident



STAND-UP PADDLEBOARDING***Tara Scheller, Instructor***

Stand-up paddle boarding is a full-body workout that trains your balance and core strength in a fun new way. Our Stand-Up Paddle Board (SUP) classes are a great way to exercise outside, have fun, and experience a little adventure all at the same time. Learn how to paddle and improve your skills each week with a certified SUP Coach. Paddle experience is not required. Participants MUST be able to swim. Bringing your own board is recommended!

June

Course Number: 466-1U
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: June 1 (3 sessions)
Time: 12:30 PM- 1:45 PM
Fee: \$165 with ID/ \$170 without ID/ \$204 nonresident

July

Course Number: 466-1U
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: July 13 (3 sessions)
Time: 12:30 PM- 1:45 PM
Fee: \$165 with ID/ \$170 without ID/ \$204 nonresident

August

Course Number: 466-1U
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: August 10 (3 sessions)
Time: 12:30 PM- 1:45 PM
Fee: \$165 with ID/ \$170 without ID/ \$204 nonresident

SUP YOGA***Tara Scheller, Instructor***

Get anchored with SUP Yoga on Lake Meahagh. Guided by a certified SUP Yoga Instructor, our signature SUP Yoga class is designed to strengthen the body, awaken your core muscles, improve balance, and relax the mind. Each lesson is planned for all levels, offering modifications and more challenging options as the weeks progress. Includes instruction in basic paddle skills. Yoga and paddle experience is helpful but not required. Participants MUST be able to swim. Bringing your own board is recommended!

June

Course Number: 466-1U
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: June 1 (3 sessions)
Time: 9:00 AM- 10:15 AM
Fee: \$165 with ID/ \$170 without ID/ \$204 nonresident

July

Course Number: 466-1U
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: July 13 (3 sessions)
Time: 9:00 AM- 10:15 AM
Fee: \$165 with ID/ \$170 without ID/ \$204 nonresident

August

Course Number: 466-1U
Location: Lake Meahagh Park (Westchester Avenue, Verplanck)
Day/ Dates: Sunday, starting date: August 10 (3 sessions)
Time: 9:00 AM- 10:15 AM
Fee: \$165 with ID/ \$170 without ID/ \$204 nonresident

INTRODUCTION TO SWORDSMANSHIP (AGES 12 & OLDER)***Jeff Butler, Instructor***

A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. *Anyone under the age of 16 must have a parent or guardian present for the first class.*



Course Number:	432-1U
Location:	Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates:	Sunday, starting date, June 22 (10 sessions)
Time:	4:30 PM- 6:00 PM
Fee:	\$55 with ID/\$60 without ID/ \$72 nonresident

ADVANCED SWORDSMANSHIP (AGES 12 & OLDER)***Jeff Butler, Instructor***

A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. *Anyone under the age of 16 must have a parent or guardian present for the first class.*

Course Number:	432-2U
Location:	Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates:	Sunday, starting date, June 22 (10 sessions)
Time:	6:00 PM- 7:30 PM
Fee:	\$55 with ID/\$60 without ID/ \$72 nonresident

TAI CHI & CHI KUNG (AGES 16 AND OVER)***Sifu Nat Costanzo, Instructor***

Perfected over 2000 years ago, Tai Chi is a low impact workout designed to increase your mental and physical energy. Tai Chi is the most popular Chinese exercise in the world and is practiced daily by millions of people both young and old. The short form will be taught, as well as Chi Kung exercises and stretching to improve one's flexibility, balance and coordination. Chang style Tai Chi will help you achieve total harmony of body, mind and spirit. The slow rhythmic movements of Tai Chi will tone muscles, improve overall fitness, endurance, and will increase your strength. Tai chi is also very beneficial in stress reduction and relaxation.

BEGINNER I

Course Number:	415-1U
Location:	Performance Stage Waterfront Park (77 Riverview Avenue Verplanck, NY 10596)
Days/ Dates:	Monday, starting date, June 2 (4 sessions)
Time:	7:15 PM- 8:15 PM
Fee:	\$40 with ID/ \$45 without ID/ \$54 nonresident

BEGINNER II (**Previously attended*) *Beginner I will be dismissed at 8:30 those who register will continue for additional 15 minutes every week, depending on the number of participants.*

Course Number:	415-2U
Location:	Performance Stage Waterfront Park (77 Riverview Street Verplanck, NY 10596)
Day/ Dates:	Monday, starting date: June 2 (4 sessions)
Time:	8:15 PM- 8:30 PM
Fee:	\$10 with ID/ \$15 without ID/ \$18 nonresident

TENNIS INSTRUCTION

Lydia Reynolds, Instructor

Beginner: Students will learn forehand, backhand, volley, overhead & serve. Stokes will be reinforced through drills & games.

Intermediate: Through the use of drills & games, students will work on improving all strokes. In addition we will work on footwork, court positioning and game strategies. All registrants must bring their own racquets.

COURSE #	LEVEL	DAY	TIME
416-1U	Adult Beginner (Ages 18 & over)	Saturday	10:00 AM- 11:00 AM
416-2U	Adult Intermediate (Ages 18 & over)	Saturday	10:00 AM- 11:00 AM
416-3U	Adult Advanced Intermediate (Ages 18 & over)	Saturday	11:00 AM- 12:00 PM

Location: Lake Street Tennis Courts (Across from Hendrick Hudson High School)
Days/ Dates: Saturday, starting date, May 17 (6 sessions)
Fee: \$75 with ID/ \$80 without ID/ \$96 nonresident

WOGA I

Ruane Edge, Instructor

As we get older, our muscle mass decreases. Using one pound weights and yoga... we will increase muscles as well as stretch the body with yoga. There will be a 5 minute meditation at the end of class. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number: 442-1U
Location: Community Room (CUE),
 (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates: Monday, starting date, July 14 (6 sessions)
Time: 11:00 AM- 12:00 PM
Fee: \$64 with ID/ \$69 without ID/ \$83 nonresident

WOGA II

Ruane Edge, Instructor

Just like WOGA I.... Only doing more reps with weights and more exercises. Ending class with a little Pilates and also a five minute meditation. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number: 442-2U
Location: Community Room (CUE),
 (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates: Wednesday, starting date, July 16 (6 sessions)
Time: 10:00 AM- 11:30 AM
Fee: \$94 with ID/ \$99 without ID/ \$119 nonresident

LITE YOGA

Ruane Edge, Instructor

Have you ever wanted to learn yoga? Then this is the class for you. This class will take you step by step through poses and breathing to relax the whole body. There will be a 5 minute meditation at the end of the class. Please bring a yoga mat and water to every class.

Course Number: 451-1U
Location: Community Room (CUE),
 (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates: Monday, starting date, July 14 (6 Sessions)
Time: 9:30AM- 10:30 AM
Fee: \$64 with ID/ \$69 without ID/ \$83 nonresident

YOGA, CORE, AND STRETCH

Karen Lett, Instructor

Deepen your yoga practice and nurture your body. Decrease stress and increase strength, flexibility, balance, focus, and overall well-being. Special emphasis placed on posture, core, and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

Course Number: 449-1U
Location: Cortlandt Waterfront Park (77 Riverview Avenue, Verplanck)
Days/ Dates: Wednesday, starting date, July 9 (6 sessions)
Time: 6:30 PM- 7:30 PM
Fee: \$64 with ID/ \$69 without ID/ \$83 nonresident

YOGA II

Ruane Edge, Instructor

This class is for more experienced yoga people. More poses, and deepening breathing. There will be a 5 minute meditation at the end of class. Please bring yoga mat and water to every class.

Course Number: 452-1U *some yoga experience required
Location: (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Days/ Dates: Tuesday, starting date, July 15 (6 Sessions)
Time: 10:00 AM- 11:30 AM
Fee: \$94 with ID/ \$99 without ID/ \$119 nonresident

YOGA WITH A VIEW

Enjoy the benefits of an outdoor yoga practice: Spectacular views of the river, fresh air and sounds of nature. Join us for this nourishing ALL level flow class. We invite beginners through experienced yogis to cultivate inner peace, build strength, increase flexibility and balance. Bring mats and water. Feel free to bring blocks and a strap if this enhances your practice.

Katherine Kavanagh, Instructor

Course Number: 435-1U
Location: Cortlandt Waterfront Park (77 Riverview Avenue, Verplanck)
Days/ Dates: Mondays, starting date, July 14 (6 sessions)
Time: 6:00 PM- 7:15 PM
Fee: \$70 with ID/ \$75 without ID/ \$90 nonresident

Sabrina Eyster, Instructor

Course Number: 435-2U
Location: Cortlandt Waterfront Park (77 Riverview Avenue, Verplanck)
Days/ Dates: Saturdays, starting date, July 12 (6 sessions)
Time: 9:30 AM- 10:45 AM
Fee: \$70 with ID/ \$75 without ID/ \$90 nonresident



SENIOR SERVICES

STILL LIFE:
MIXING IT UP

SENIOR CITIZEN
RECOGNITION PICNIC

PLAY WITH
PAUL





SENIOR SERVICES

"THE TOWN OF CORTLANDT OFFERS US SENIORS A WIDE VARIETY OF PROGRAMS TO ADDRESS OUR SOCIAL, PHYSICAL, ARTISTIC AND EMOTIONAL NEEDS. ALL ARE LED BY HIGHLY QUALIFIED PROFESSIONALS AND VERY WELL ATTENDED. I CONSIDER MYSELF VERY FORTUNATE TO LIVE IN THIS TOWN."

- CLARA J.





Senior Services

The Cortlandt Golden Connection

WESTBROOK DRIVE, CORTLANDT MANOR
 914-528-1572
www.townofcortlandt.com/seniors



Director: Dawn Mahoney
 dawnm@townofcortlandt.com
Assistant Director: Rebecca Ferguson
 rebeccaf@townofcortlandt.com

To be **ELIGIBLE** to participate in any of the following Programs and Services you **MUST** be a **TOWN OF CORTLANDT RESIDENT** with proof of residency - current Con Ed bill or telephone bill required. **MUST** be least 60+ years of age.



CLUBS

Nor- Cort/ Cortlandt Club meeting take place at the Muriel H. Morabito Community Center on Westbrook Drive. Verplanck Club meets at the Verplanck Schoolhouse, 6th Street, Verplanck. Special events , information symposiums and socials are all part of club membership. To be a member of any of the above-mentioned clubs, you must be a resident of the Town of Cortlandt. Nor-Cort/ Cortlandt Seniors' Club- Tuesday, meeting begins at 10:30 AM. Coffee and Cake will be served for a nominal fee.

Ongoing Golden Connection Activities at the Muriel H. Morabito Community Center:

- Monday** 10:30 AM-11:30 AM Line Dance Exercise Class
- Tuesday** 10:00 AM- 1:00 PM Nor-Cort/ Cortlandt Senior Club
- Wednesday** 10:00 AM- 3:00 PM Varies - Check monthly calendar
- Thursday** 10:30 AM- 11:30 AM Chair Yoga Exercise Class
 10:00 AM- 2:00 PM Verplanck Senior Club
 (Verplanck School house)
- Friday** 10:15 AM- 11:15 AM Low Impact Exercise Class
 12:15 PM- 1:00 PM Zumba Gold Exercise Class



SENIOR SERVICES

COURSE DESCRIPTIONS

We offer a myriad of ongoing exercise classes throughout the year at no cost to Town of Cortlandt Seniors.

Mondays - LINE DANCE

10:30 AM-11:30 AM

Instructor: Cameron Kelly

Come Line Dance! Love to dance but don't have a partner! No problem! Come on over and burn some calories, get some exercise, have some laughs, and meet some great people who love to line dance.

Thursdays - CHAIR YOGA

10:30 AM-11:30 AM

Instructor: Karen Lett

The plan for the chair yoga class is to offer seniors health benefits by working on their physical activity. Seniors can find yoga to help their balance and stability. The participants will learn to work their breath, movement, and energy for balance and stress relief.

Fridays - LOW IMPACT AEROBICS AND MUSCLE STRENGTHENING/FLEXIBILITY

10:15 AM-11:15 AM

Instructor: Lori Barr

Come join this low-impact aerobics/muscle strengthening/flexibility class done to fun music in a safe, supportive, welcoming atmosphere. You'll burn fat, improve your heart health, build stronger muscles, and bones and increase your flexibility. This class is very appropriate for beginners and modifications will be demonstrated for several experience levels. All levels are welcome!

Fridays - ZUMBA GOLD

12:15 PM-1:00 PM

Instructor: Suzi Tipa

Perfect for our active older adults, Zumba Gold incorporates all of the energy, fun, and international rhythms of a traditional Zumba class, but at a lower intensity. Our class introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. You can modify any of the movements to suit your personal fitness level and goals. Come ready to sweat, and prepare to leave feeling empowered, strong and energized!

Non-resident senior rate available. Please note rate increased as of January 1, 2025. Call 914-528-1572 for more details/information



The following programs are funded under the Older Americans Act of 1965 as amended, through the cooperation of:

**The Department of Health & Human Services
New York State Office of the Aging
Westchester County Department of Senior Programs & Services
Town of Cortlandt**

TOWN OF CORTLANDT SENIOR PROGRAM INFORMATION - To assist seniors with other agency program information a Social Worker is available as needed. Call 914-528-8377 for referral.

BEREAVEMENT SUPPORT

Bereavement support is available to those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. Susan Loomis, LMSW will be available for support by appointment only. Meetings are typically held the first Thursday and third Thursday of the month from 12:00 PM- 1:00 PM. Office hours available upon request. Please call 914-528-1572 for more information.

BUS TRANSPORTATION TO THE MURIEL H. MORABITO COMMUNITY CENTER

Funded through the US Department of Health and Human Services-Administration on Aging (AoA), New York State Office for the Aging, Westchester County Department of Senior Programs and Services, and the Town of Cortlandt. Transportation is available Monday thru Friday to the Muriel H. Morabito Community Center for lunch and/or senior programs. Seniors are picked up in the morning and returned back home in the afternoon. In order for the Bus Service to operate, a minimum of 6 seniors are required. The contribution for bus transportation to and from the center is \$3.00. For congregate meals and bus transportation call 914- 528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation and some restrictions apply.

COMPUTER LAB AND TECH ASSISTANCE

Community Center staff is available to assist with basic cell phone questions, ie. Connect to Wi-Fi, create a contact, or even on how to take a selfie. The computers are available for daily use from 9:00 AM- 2:00 PM; except during pre scheduled computer classes.

NUTRITION PROGRAM

An on-site and home delivery service that provides persons age 60+ with a nutritious and well- balanced noon- time meal. Anyone needing or knowing individuals that would benefit from the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is \$3.00 and for Home Delivered Meals is \$5.00. For home delivered meals call 914-528-8377. Grab 'N' Go meal service will continue so that seniors can pick up a hot lunch and take it home. The cost for Grab 'N' Go is \$3.00 per meal.

SENIOR CITIZENS MEDICAL & PHARMACY TRANSPORTATION

This service offers transportation to area doctors, medical facilities, pharmacies and back home again to those eligible Town of Cortlandt Seniors. The Medical car runs on Monday, Thursday, and Friday. Transportation available to the following areas: Yorktown, Jefferson Valley, Lake Peekskill, Peekskill, Cortlandt Manor, Buchanan, Verplanck, and Croton on Hudson. For advanced reservations and information call Becky Ferguson at 914-528-8377. The contribution for the medical car is \$5.00. *Some restrictions apply. Seniors must be independent and/ or have a companion to ride/assist.

SHOPPING - The shopping bus will pick up Cortlandt Seniors at their home to go to the following shopping locations. Seniors will be returned to their homes after shopping. The contribution for the shopping bus is \$3.00.

Every Thursday	Cortlandt Town Center, Rte. 6	10:00 AM- 1:30 PM
1st Monday of Month	Uncle Giuseppe's & Trader Joe's (Yorktown)	10:30 AM- 1:30 PM
3rd Monday of Month	Jefferson Valley Mall	11:00 AM- 1:30 PM

(If the 3rd Monday is a holiday, the mall bus will run the following Monday.)

Call 914-528-5164 for reservations and information.

*Some restrictions apply. In order for shopping bus to operate a minimum number of 6 seniors are required.

Town of Cortlandt Senior Services Special Events And Classes

AARP DRIVER SAFETY COURSE

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Thursday, May 29
Time: 8:30 AM- 3:30 PM (bring driver license, pen, pad & lunch)
Fee: \$25.00 members of AARP- Please include membership number on check
\$30.00 non members of AARP

Checks payable to: AARP, no cash accepted

Minimum to run class is 10; Maximum is 40. Please call 914-528-1572 with any questions or concerns.

ANNUAL SENIOR CITIZEN AND VETERANS RECOGNITION DAY PICNIC

Please join us for a day of fun and relaxation. Registration required for free entrance. Open to all senior citizens or veterans residing in the Town of Cortlandt. Register at your local Senior Citizen Club in July.

Location: Charles J. Cook Park Upper Pavilion (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Wednesday, August 20 (rain date Friday, August 22)
Time: 11:00 AM- 2:00 PM
Fee: Free

Register prior to event at your Senior Citizen Clubs or by calling 914-528-1572. Bussing available upon sign up.



BINGO AFTERNOON

Join the staff for fun, friends, and cash prizes! Pots vary.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates: Tuesdays, May 27, June 17, July 29, August 26, September 30
Time: 12:30 PM- 2:30 PM
Fee: \$7.00 cash due at registration. \$10 cash at the door. This includes 1 card for each game (11 total games included with entrance fee.)
Additional cards, daubers, and bonus games may be purchased the day of the event.

Please call 914-528-1572 with any questions or concerns.

BOCCI

Stop by the center and enjoy a free game on our bocci courts!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates: Tuesdays beginning April 22 (weather pending)
Time: Drop in mornings
Fee: Free

Please call 914-528-1572 with any questions or concerns.

COFFEE CLUB

Held every Wednesday's at 12:00 PM. Get to know your neighbors and other seniors in your community. Coffee is provided and you can bring your own snacks!

DROP- IN PICKLEBALL

Stop by the Muriel H. Morabito Community Center on designated Mondays & Wednesdays afternoons for some pickleball fun! Be sure to check out our monthly calendar for available times.

HORSE RACING

Head over to the racetrack for an afternoon at Cortlandt Downs! This exciting horse-themed game is an active race towards the finish line. Six races in total. 50/50 and additional betting tickets will be available the day of the event.

- Location:** Cortlandt Raceway, Muriel Morabito Community Center
- Day/ Date:** Wednesday, April 23
- Time:** Doors open at 12:00 PM, Races begin at 12:30 PM SHARP!
- Fee:** \$5 cash entrance fee due at sign up. \$8 at the door. Includes light refreshments and 1 bet. Payment is due at registration no later than April 16th.

MEMOIR- STORYTELLING- JOURNALING

Instructor, Judith Heineman

Our stories matter! Leave a legacy of your unique life experiences. Explore the art of personal narrative in a fun, safe, interactive and supportive workshop. We will work individually in pairs and in small groups. Guided exercises and writing. Prompts will bring stories to life. For those who want to tell stories from memory, lots of techniques will be provided. With consensus we will share stories with guests at our final class.

- Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
 - Days/Dates:** Mondays, June 16, 23, 30, July 7 (4 sessions)
 - Time:** 12:00 PM- 2:00 PM
 - Fee:** \$35.00; checks payable to the Town of Cortlandt
- Pre-registration required no later than one week before with payment. Minimum to run class is 6, maximum is 8. Call 914-528-1572 for more information.*

MENS DISCUSSION GROUP

Our men's discussion group is a place for all men aged 60 and over to meet each other in an informal, social environment to share their knowledge and experiences. Wednesdays at 12:00 PM for coffee and conversation.

PLAY PICKLEBALL WITH PAUL

Immerse yourself in gameplay with a veteran player as your fourth. Paul will give advice and feedback throughout games on things like technique, shot selection, court positioning, strategy, and more. This is not a clinic or one on one lesson.

- Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
- Day/Date:** The first Wednesday of the month
- Time:** 1:00 PM- 3:00 PM
- Fee:** Free

PIZZA AND A MOVIE AFTERNOON

Come join us for an afternoon matinee on our 70 inch flat screen.

- Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
 - Days/ Dates:**
 - Friday, May 2 Blended
 - Friday, June 6 The Glass Castle
 - Friday, July 11 The War with Grandpa
 - Friday, August 1 Miss You Already
 - Friday, September 5 The Fabulous Four
 - Time:** 1:15 PM- 3:00 PM or until movie ends
 - Fee:** \$6 (includes pizza, drink and dessert)
- Pre-registration no later than one week before with payment. Maximum is 20. Call 914-528-1572 for more information.*

ROCKIN' THE CLOCK

Our ACE-certified instructor, Jody Alesandro, is back! Dance-fitness classes for active seniors and rock lovers of all ages!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates: Wednesdays, April 16, 23, 30, May 7, 21, 28, June 4, 11, 18, 25 (10 sessions)
Time: 9:30 AM- 10:30 AM
Fee: \$30.00

Pre-registration required no later than one week before with payment. Minimum to run class is 10. Call 914- 528-1572 for more information.

STILL LIFE: MIXING IT UP

Instructor, Sharon Rubinstein

This 5 week class will cover the art of still life by using a variety of objects and materials. A pile of books is an exercise in perspective drawing; white objects challenge you to see values; a vase or a flask can introduce shininess, metal and glass to your work, and flowers abound in color and shape. Let's explore! We will use pencil/silverpoint, charcoal, pastel/ watercolor.



Location: Muriel H. Morabito Community Center
(29 Westbrook Drive, Cortlandt Manor)
Days/ Dates: Wednesdays, April 16, 23, 30, May 7, 14
Time: 10:00 AM - 1:00 PM
Fee: \$85

Pre-registration required no later than one week before class. Minimum to run class is six. Call 914-528-1572 for more information.

SENIOR CRAFT AFTERNOONS

Join staff from the Hendrick Hudson Library for a fun afternoon creating crafts and memories.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates: Fridays, April 25, June TBD, August TBD
Time: 1:15PM
Fee: Free

Pre-registration required no later than one week before class. Minimum to run class is 6; Maximum is 20. Call 914-528-1572 for more information.

SENIOR POOL PLAYERS WELCOME

Whether you are a beginner or an expert, stop by for some friendly tips and competition.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days: Monday- Friday
Time: Drop In between 9:00 AM- 12:00 PM
Fee: Free; Call 914-528-1572 for more information.

SWING DANCE

Instructor Cameron Kelly will teach the steps to various types of dance in the 1st half of class. The 2nd half, just dance and have fun!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Time: 1:30 PM- 3:00 PM
Days/ Dates: Fridays, May 9, 16, 30, June 13, 20, 27 (6 sessions)
Fee: Free; No registration is necessary.

TABLE GAME TIME

All table games; Cards, Maj Jong, Canasta, Rummy cube, Poker, Pokeno, Scrabble and much more!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates: Available for play on Thursdays, 12:00 PM- 3:00 PM
Fee: Free

TAI CHI

Instructor, Kim Cercena

In this 11 week course, we will do Chi Kung warm ups and a short Tai Chi form. This form can be done seated or standing. Tai Chi can help with muscle strength, flexibility and balance. Tai Chi is a great way to connect your mind and body through movement and breathing.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates: Mondays, April 14, 21, 28, May 5, 12, 19, June 2, 9, 16, 23, 30 (11 sessions)
Time: 11:45 AM- 12:45 PM
Fee: \$30.00

Pre-registration with payment is required no later than one week prior to start of class. Call 914-528-1572 for more information.

WELCOME TO FREDDIE'S TABLE WHERE "A GREAT MEAL IS JUST MINUTES AWAY"

Come join French chef Freddie for a 3 part series, join one or all three where she will show you how to prepare wonderful dishes using simple & inexpensive ingredients.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates:
Part 1: Wednesday, May 21, 2025; The 1lb Ground Meat Adventure or how to make 3 different meals using 1lb of ground meat
Part 2: Wednesday, June 18, 2025; The 1 Salad Meal. Learn how to make 2 beautiful, healthy, simple but really tasty summer salads
Part 3: Wednesday, July 16, 2025; "Herbs Are a Fruit's Best Friend". While Freddie shows you 3 different summer desserts, Learn who are peaches, strawberries & raspberries BFFs.
Time: 11:30 AM- 1:00 PM
Fee: \$10 per class; \$20 for two classes; \$30 for all three
Registration: Pre-registration required no later than ten days before with payment. Minimum number to run the program is 10, max is 20

WII BOWLING

Play Wii Bowling on our large screen TV. New bowlers welcome!

Location: Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor
Days/ Dates: Thursdays
Time: 11:45 AM
Fee: Free

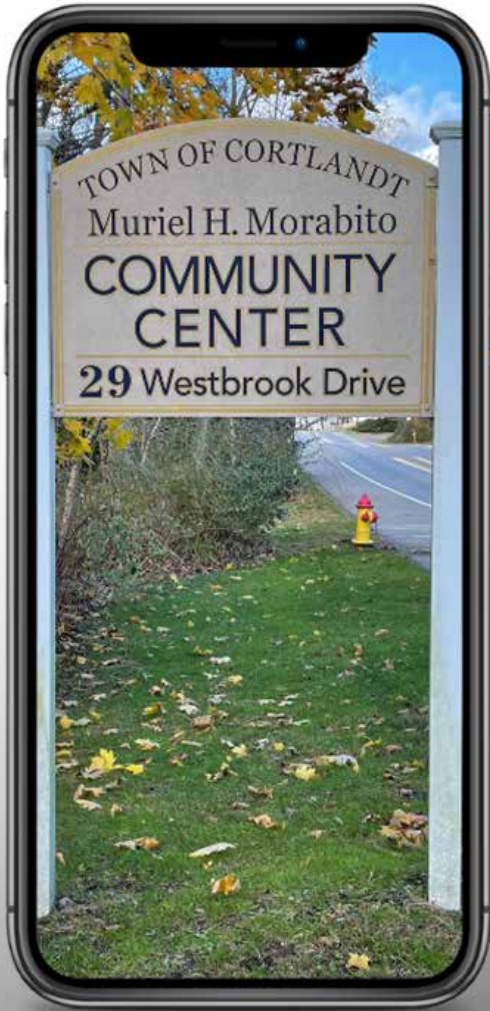
ZUMBA GOLD TONING

Instructor, Barbara Dellicurti

Back by popular demand! Zumba Gold Toning combines low impact dance cardio and light weights for a total body workout.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Days/ Dates: Wednesdays, July 9, 16, 23, 30, August 6, 13, 27, September 3, 10, 17, 24 (11 sessions)
Time: 10:00 AM - 10:45 AM
Fee: \$30.00

Pre-registration required no later than one week before with payment. Minimum to run class is 10. Call 914-528-1572 for more information.



Stay up to date about all things Town of Cortlandt Senior Services!

Interested in receiving our monthly calendar, specials, trip information, exercise links, and schedule changes?

Call 914-528-1572 to be added to our general email list, exercise email list, or both!

TOWNOFCORTLANDT.COM



Join other Veterans once a month for coffee and bagels for an informal meeting held, generally, on the last Wednesday of the month. (Call 914-734-1002 to check dates). The meeting is held at the Linda D. Puglisi Town Hall, 1 Heady Street, Cortlandt Manor, NY at 11:00 AM. Come meet your fellow Veterans to find out what is happening at the V.A. and other important information pertaining to Veterans.

YOUTH CENTER

5TH GRADE WELCOME
ABOARD LUAU

TAKE A HIKE!

YC FAMILY
POOL PARTY



YOUTH CENTER

"THE YOUTH CENTER IS VERY FUN! IT'S A GREAT PLACE. THEY HAVE LOTS OF ENTERTAINMENT AND PROGRAMS."

- CHARLIE S.



”

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Youth and Recreation Center

3 MEMORIAL DRIVE, CROTON-ON-HUDSON
914-736-0498
www.townofcortlandt.com/yc

Director: Lindsey Luposello | lluposello@townofcortlandt.com

The Director and part time staff are available to all young people in our town for conversation, information and referral. Cortlandt Recreation is committed to providing a variety of programs that are socially engaging, educational and fun for youth of all ages.



DROP IN PROGRAM AT THE YC FREE

Drop in activities include: table games - ping pong, pool, air hockey, arts and crafts, video games - Wii & Switch, TV, board games, learning lab, outside activities, basketball, pickleball and more! Youth must be registered participants for the drop-in program.

To Register Visit:
www.townofcortlandt.com/reconline

HOURS OF OPERATION

Summer Hours begin 6/27
ENTERING GRADES 6TH- 12TH
Monday- Thursday: 1:00 PM- 8:00 PM
Friday: 1:00 PM- 9:00 PM
Saturday: 4:00 PM- 9:00 PM • Sunday: Closed
GRADES 1ST- 5TH (WITH ADULT SUPERVISION)
Saturday: 1:00 PM- 4:00 PM

CLOSED

Monday, May 26
Friday, July 4
Friday, August 22
(Family Pool Party)
Monday, September 2

OPEN AT 1 PM

Wednesday, June 19

CORTLANDT COMMUNITY COALITION

HELP US KEEP OUR COMMUNITY SAFE, HEALTHY, AND DRUG FREE

Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator
Call 914-734-1052 for more information



YC Important Information For Parents

YC REGISTRATION PROCESS

*For Youth in Grades 6th-12th
in September*

All youth must be registered as a YC participant in order to register for our daily and specialty programming. Registration is good for one year & needs to be renewed on a yearly basis. You will be notified by email prior to renewal requirement.



Go to:
www.townofcortlandt.com/reconline
Search by keyword
"Youth Center"

2025-2026

BMMS BUS REGISTRATION IS DUE JULY 1ST!



Blue Mountain Middle School has a bus which drops youth off at the YC Monday-Friday. Youth **MUST** be registered online before you can register for a bus pass. Applications received after July 1st will have a minimum of a two week waiting period once school starts before a pass is issued. For more information and to register email:
lluposello@townofcortlandt.com



The YC is committed to providing educational programs for our youth which promote positive social development. Programs are implemented after school and with all of our drop-in participants. For more information, please call the YC at 914-736-0498.

YC Programs: Grades 6th-12th

Weekends: May - August

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

ALL PROGRAMS WILL START AT 4 PM

May 5: Cinco de Mayo Celebration
 May 15: Chocolate Chip Day
 May 19: Reese's Day
 May 27: Popsicle Day
 June 4: Cheese Day
 June 9: Donut Day
 June 19: Juneteenth Celebration
 June 26: Last Day of School Celebration

July 7: Chocolate Day
 July 14: Mac & Cheese Day
 July 21: Lollipop Day
 July 28: Ice Cream Sundae Day
 August 4: Chocolate Chip Cookie Day
 August 11: S'mores Day
 August 18: Ice Cream Day
 August 25: Waffle Day

May

Su	Mo	Tu	We	Th	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June

Su	Mo	Tu	We	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

KEY:

Week Day Program
 Friday Night Program
 Saturday Night Program



July

Su	Mo	Tu	We	Th	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

Su	M	Tue	We	Th	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

YC Programs: Grades 6th-12th

Weekends: May - August

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

FRIDAYS

PROGRAMS ARE FROM 6:45 PM- 8:45 PM; UNLESS OTHERWISE NOTED

May 2: BINGO

May 9: Henna

May 16: 5th Grade Luau (6PM-8:45PM)

May 23: Volleyball

May 30: Flag Football *6PM start

June 6: BINGO

June 13: Pickleball

June 20: Soccer

June 27: DJ Night (6PM- 8:45PM)

July 4: CLOSED

July 11: Flag Football *6pm start

July 18: Teen Night @ Charles Cook Pool (5PM-7:45PM)

July 25: Water Balloon Fun

August 1: BINGO

August 8: Teen Night @ Charles Cook Pool (5PM-7:45PM)

August 15: Water Balloon Fun

August 22: YC Family Pool Party (4PM-7PM)

August 29: Cornhole



SATURDAYS

PROGRAMS ARE FROM 6:45 PM- 8:45 PM; UNLESS OTHERWISE NOTED

May 3: Pickleball

May 10: Pizza Making

May 17: Cornhole

May 24: BINGO

May 31: Arts & Crafts

June 7: Soccer

June 14: Ice Cream Sundae Making

June 21: Slime Making

June 28: BINGO

July 5: Arts & Crafts

July 12: Water Balloon Fun

July 19: Pizza Making

July 26: Pickleball

August 2: Slime Making

August 9: Volleyball

August 16: Arts & Crafts

August 23: Cupcake Making

August 30: Water Balloon Fun

Youth must be registered members of the YC to participate in these programs. To register Go to: www.townofcortlandt.com/reconline. Search by keywords.

YC Programs: Descriptions

Grades 6th -12th



ARTS & CRAFTS: Chose from a wide range of arts & crafts such as lanyard, jewelry making, fuzzy posters, sand art, duct tape crafts, and more!

BINGO: Join us in some fun BINGO, lots of prizes and fun ahead!

CHEESE DAY: Enjoy a delicious cheese stick snack!

CINCO DE MAY CELEBRATION: Join the YC staff in celebrating this holiday while learning about the history of the day!

CORNHOLE: We will set up the cornhole boards for some competition. Teams of 2 needed for this game! We can play a tournament or just for fun!

CHOCOLATE DAY: Let's enjoy by eating CHOCOLATE!

CHOCOLATE CHIP COOKIE DAY:

Let's fire up that oven and bake some fresh, homemade chocolate chip cookies

DJ NIGHT: DJ Randy is in the YC House! Come & enjoy some music, dancing and contests with your friends outside (weather permitted)!

DONUT DAY: Come celebrate by enjoying donuts

FATHER'S DAY GIFT MAKING: Come make a father's day gift your dad will love for the holiday.

FLAG FOOTBALL: We have the football and the flags. Come by for some competitive flag football!

HENNA: The YC welcomes Margie from Making Faces Parties, a professional henna artist for a night of creativity and cultural fun as your hand becomes her canvas! Parental permission slip required in order to participate.

ICE CREAM SUNDAE DAY: Come cool down and enjoy creating your own ice cream sundae

JUNTEETH CELEBRATION: Join the YC staff in celebrating this holiday while learning about the history of the day!

LAST DAY OF SCHOOL CELEBRATION: Just as it sounds! Start summer off right by celebrating at the Youth Center! Music, games, snacks and more.



YC Programs: Descriptions

Grades 6th -12th

LOLLIPOP DAY: All participants can enjoy a delicious lollipop on this day

MAC & CHEESE DAY: Let's eat some yummy mac & cheese!

MAKE YOUR OWN: We will provide the ingredients and walk you through how to make your own pizza, ice cream sundae or cupcake!

MILKSHAKE DAY: Come and make your own milkshake!

MOTHER'S DAY GIFT MAKING: Come make a mother's day gift your mom will love for the holiday.

PICKLEBALL: Join the YC staff in learning this growing sport! Participants will be brought down to the new pickleball courts next door to the Youth Center to play.

POPSICLE DAY: Beat the heat with an ice cold popsicle!

REESE'S DAY: Come enjoy the peanut butter and chocolate candy everyone loves!

SOCCER: Come by and enjoy some competitive soccer on our small field with mini goals

S'MORES DAY: Let's celebrate by making s'mores. We guarantee you will be asking for "some more"!

SLIME MAKING: Experiment with YC Staff as we combine ingredients to create our very own slime!

TEEN NIGHT @ CHARLES COOK POOL: Join the YC staff at Charles Cook Pool! The Cortlandt Youth Center will be closed on these nights. Participants are responsible for transportation to and from the event. Participants can enjoy swimming in the pool, utilizing the diving boards, splash zone and all the local pool has to offer! Food and drinks available for purchase from the snack bar.

VOLLEYBALL: Come play on our outdoor volleyball court! We will have the large net set up, pick teams and play a bracket style tournament or play with our giant blow up beach ball! Weather permitting.

WATER BALLOON FUN: Join us for some fun and interactive water balloon games. It's sure to be a "cool" time!

WAFFLE DAY: Come by and enjoy a fresh hot waffle with tons of different toppings!



YC Courses & Specialty Programs

Grades K -12th

ACTIVE PARENTING (4TH EDITION)

Lisamaria Albanese, MSW, Instructor

This workshop is great for anyone ages 16+ who is a caregiver or works with children. This evidence based workshop will provide you with effective ways to use nonviolent discipline, teaches responsibility and other positive character traits, stimulates independence, opens up lines of communication, teaches you ways to diffuse power struggles, helps with school success and helps prevent future problems with sex, alcohol and other drugs. Certificate will be given if participant stays for entire workshop. Bagged lunch is required

Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Day/ Date: Saturday, May 31
Time: 9:00 AM- 2:00 PM

CANTEEN at the Community Center (Grades 6th- 12th)

Come and join us two nights a week for open gym basketball! Open to Croton, Hendrick Hudson, Copper Beach Middle School and Walter Panas High School Students or middle/high school students who are town residents. Youth must be registered in order to participate. Register on site during program hours.

Location: Muriel H. Morabito Community Center
(29 Westbrook Drive, Cortlandt Manor)
Days/ Time: Tuesdays, 7:00 PM- 9:00 PM
Days/ Time: Thursdays, 7:00 PM- 9:00 PM
Fee: Free

HOME ALONE (GRADES 5TH- 8TH)

This program will provide each child with the essentials needed when they are home without adult supervision. Discussion will cover first aid, telephone and door answering, activity plans, encountering emergencies and more!

Course Number: 612-1U
Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Day/ Date: Saturday, May 3
Time: 10:00 AM- 11:30 AM
Fee: Free

MINI GOLF

Join the YC staff in enjoying the FREE mini golf course located behind the Charles Cook Pool! Participants can also hang out, listen to music and play cornhole and/or basketball. Pre-registration is required.

Location: Charles J. Cook Pool (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Thursday, June 19
Time: 11:00 AM- 1:00 PM
Fee: Free

OPEN GYM at Hen Hud High School

For Hendrick Hudson School District Residents Only. Come and join us for some free play basketball! Youth must be registered as a participant of the Youth Center in order to participate.

Location: Hendrick Hudson High School Gym
(2166 Albany Post Road, Montrose)
Day/ Date: Mondays, ending June 23
(No program when school is closed)
Time: 7:30 PM- 9:30 PM
Fee: Free

PROBLEM GAMBLING PREVENTION FOR PARENTS

Join us on Zoom as we educate parents on facts, warning signs and dangers of gambling in youth.

Course Number: 688-1U
Location: Zoom
Day/ Date: Wednesday, May 21
Time: 7:00 PM- 8:30 PM
Fee: Free

ROCK WALL HOURS

Youth must have permission slip to climb and proper sneakers/attire. Rock wall hours are subject to change. To ensure the rock wall is open, please call 914-736-0498.

Monday-Friday: 4:00 PM-6:00 PM
(Grades 6th-12th)
Tuesday & Thursday: 1:00 PM-3:00 PM
(Grades 6th-12th)
Saturday: 1:00 PM-4:00 PM
(Grades 1st-5th)
4:00 PM-6:00 PM
(Grades 6th-12th)

TAKE A HIKE!

Join the YC staff in this beginner hiking program. Learn the basics of safety while hiking, while getting some fresh air and exercise. Pre-registration is required.

Session I:

Course Number: 683-1U
Location: Charles J. Cook Pool
(293 Furnace Dock Road,
Cortlandt Manor)
Day/ Date: Saturday, May 31
Time: 11:00 AM- 1:00 PM
Fee: Free

YC BAKING & COOKING WEEK

Register for a week of baking & cooking! Learn how to follow a recipe and the fundamentals of cooking & baking. Participants will cook and bake multiple things and get to enjoy them when we are done!

Course Number:

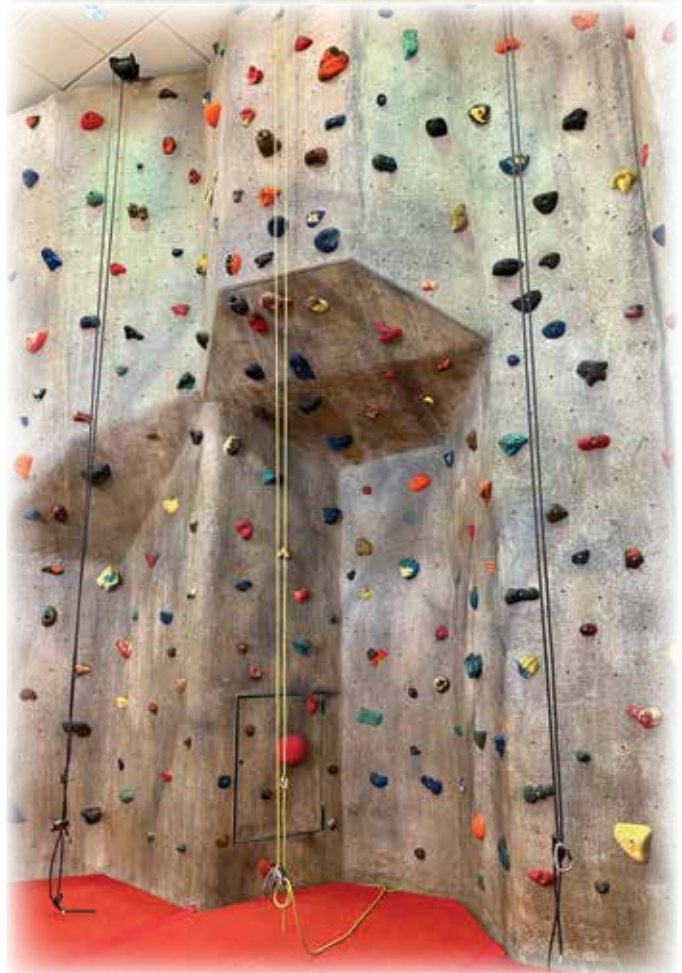
Location: Cortlandt Youth Center & Recreation Center (3 Memorial Drive, Croton on Hudson)
Days/ Dates: Monday-Friday, August 11-15
Time: 3:15 PM- 5:15 PM
Fee: \$20 with ID/\$25 without ID

YC CLEAN-UP (GRADES 6TH- 12TH)

Join the Glashoffs in this unique program to help cleanup our town! Participants will be given supplies to help them pick-up litter and debris from local sites around the town. Youth will receive volunteer hours for community service. Parents will be responsible for dropping off and picking-up their child at the designated locations.

Time: 10:00 AM- 11:00 AM
Session I: 652-1U
Day/ Date: Saturday, May 10
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Session II: 652-2U
Day/ Date: Saturday, June 9
Location: Cortlandt Waterfront (77 Riverview Avenue, Verplanck)



Youth Employment Services : Ages 14-18

We're Open For Business:

Calling All Youth, Business Owners & Town Residents

Our mission is to provide a free service which seeks to connect youth ages 14-18 with local businesses and community members who have employment opportunities.

**REGISTER
NOW!**

EMPLOYERS

TEXT:

HIRE

YOUTH

TEXT:

YESINFO

TO: 833-343-0298



www.townofcortlandt.com/yes

yes@townofcortlandt.com

914-642-3027

By texting keyword, "yesinfo" or "hire" to 833-343-0298 you agree to receive a text message with more information about the YES program. Additional forms will be necessary to receive promotional automated messages. This agreement isn't a condition of any purchase. Msg & data rates may apply. To unsubscribe from the message, respond "STOP".

YC Family Pool Party

Families and youth are invited to an end of summer party at Charles J. Cook Pool. There will be music, games, contests and prizes! Children must be accompanied by an adult. All pool rules apply. Limited space.

- Location:** Charles J. Cook Pool (293 Furnace Dock Road, Cortlandt Manor)
- Day/Date:** Friday, August 22
- Rain Date:** Friday, August 29
- Time:** 4:00 PM- 7:00 PM
- Ages:** All ages (activities appropriate for 4 years- Adult)
- Fee:** Free
- Registration:** Registration will begin on 7/7/25.
Required in advance for all family members online at www.townofcortlandt.com/reconline.



YC Family Programs: Grades 1st-5th (With Adult Supervision)

Pre-registration required for all programs.

YC FAMILY MOTHER'S DAY GIFT MAKING

Come make a mother's day gift your mom will love just in time for the holiday.

Course Number: 685-1U
Day/Date: Saturday, May 10
Time: 1:00 PM- 2:00 PM

YC FAMILY FATHER'S DAY GIFT MAKING

Come make a father's day gift your dad will love just in time for the holiday.

Course Number: 686-1U
Day/Date: Saturday, June 14
Time: 1:00 PM- 2:00 PM

YC FAMILY WATER BALLOON FUN

Join us for some fun and interactive water balloon games. It's sure to be a "cool" time!

Course Number: 687-1U
Day/Date: Saturday, July 19
Time: 1:00 PM- 2:00 PM



YC Programs: 5th Grade Class of 2025

Beginning Friday, June 27, youth entering 6th grade in September are welcomed to attend all of our Monday through Saturday programming! Youth must be registered members of the YC. Visit www.townofcortlandt.com/reconline to register!

OPEN HOUSE

All 5th Grade Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are Cortlandt residents along with their parents are invited to the Youth Center to meet the staff, and see all the activities and programs the YC has to offer. Youth will then go outside to participate in group activities, while parents stay inside to learn how to register their children for the YC, learn about the BMMS Bus and get any and all of their questions answered. Light refreshments will be available.

Day/Date: Saturday, April 26
Time: 1:00 PM- 2:00 PM
2:00 PM- 3:00 PM
3:00 PM- 4:00 PM
Fee: Free
Registration: Pre-registration for a time slot is required for youth & parent (s); search by keywords



5TH GRADE WELCOME ABOARD LUAU

The YC will host a special LUAU themed DJ Night for 5th Grade Graduates to welcome them to the YC Family! There will be music, snacks, contests and prizes. The Luau is for all 5th Grade Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are a Cortlandt resident. If your child has any allergies or individual concerns please speak with the YC Director at 914-736-0498.

Day/Date: Friday, May 16
(Rain date: Friday, May 23)
Time: 6:30 PM- 9:00 PM
Fee: Free
Registration: Pre-registration required.
Begins Saturday, April 26th and closes Wednesday, May 15th at midnight.
Search by keywords.

All youth must be registered members of the Youth Center prior to registering for the Luau



Online registration is on a first come first served basis. Please register all youth & adult participants. Go to: www.townofcortlandt.com/reconline. Search by keywords.

SPECIAL EVENTS & ACTIVITIES



SUMMER CONCERT
& MOVIE SERIES



EARTH DAY HIKE



COMMUNITY
GARDEN



Special Events & Activities

ANNUAL SENIOR CITIZEN RECOGNITION DAY PICNIC

(Ages 60+) See SENIOR SERVICES: THE CORTLANDT GOLDEN CONNECTION

COMMUNITY GARDEN

Join us to Volunteer at our Town of Cortlandt Community Garden! A Town of Cortlandt resident with tremendous knowledge in gardening volunteers to coordinate this effort! Located at Lake Meahagh, Westchester Avenue, Verplanck, NY 10596. Cortlandt residents and groups (Scouts, Civic organizations, etc.) will take care of their defined areas with the coordinator's guidance. Contact the Town of Cortlandt Recreation Department at tocrec@townofcortlandt.com or 914-734-1050.



The Cortlandt Community Coalition & The Westchester County Police host **National Prescription Drug Take Back Day**

Bring your unused, unwanted, or expired medication for safe disposal.

Town of Cortlandt Town Hall
Purchasing Dept.
1 Heady Street, Cortlandt Manor
Saturday, April 26th
10:00 AM - 2:00 PM

Drug deactivation and disposal bags (Detera) will also be distributed.



CORTLANDT DAY CAMP

TOY DRIVE

A donation box will be available at Town Hall Monday - Friday 8:30AM - 4:00PM

Starting March 31
Ending May 23

More info: 914-734-1055
Gkroohs@townofcortlandt.com



Action Figures, Barbie's, Toy Vehicles, etc.
Items appropriate for grades K-4



TOWN WATERFRONT YARD SALE

ATTENTION SELLERS



**SIGN UP USING QR CODE
BY MAY 1, 2025**

**SATURDAY
MAY 3, 2025
10AM-4PM**

**\$20
SPACES**

**CORTLANDT WATERFRONT PARK
41 RIVERVIEW STREET, VERPLANCK
RAIN DATE: SUNDAY, MAY 4, 2024**

**For more information, please contact the
Recreation Department at (914) 734-1050
or visit www.townofcortlandt.com/yardsale**

TOWN OF CORTLANDT
**EARTH DAY
HIKE**

SAVE

THE

DATE

**SATURDAY
APRIL 5, 2025**

10AM-12NOON

BLUE MOUNTAIN RESERVATION
435 WELCHER AVE
PEEKSKILL



TOWN OF CORTLANDT GOVERNMENT 

Modern
**MAKERS
MARKET**

CORTLANDT WATERFRONT PARK
41 RIVERVIEW STREET
VERPLANCK

**COMING
THIS
FALL!**



TOWN OF CORTLANDT GOVERNMENT
WWW.TOWNOFCORTLANDT.COM

CORTLANDT
Where life works.



TOWN OF CORTLANDT SUMMER CONCERT & MOVIE SERIES



LIVE MUSIC
FOOD TRUCKS



CONCERT DATES

JUNE 12, 2025

RED, WHITE AND BREWS 6:00-7:00 PM

HILL BILLY PARADE 7:00-8:30 PM

JUNE 26, 2025

THE THORNWOODS 6:00-7:00 PM

THE CREW 7:00-8:30 PM

JULY 10, 2025

CHRISTINE AND ELLIOT SPERO DUO 6:00-7:00 PM

BOB & NORM/ POWDERFINGER 7:00-8:30 PM

JULY 24, 2025

THE INDEPENDENCE 6:00-7:00 PM

BLACKSTONE 7:00-8:30 PM

JULY 31, 2025

HEY BABY 7:00-8:30 PM

AUGUST 7, 2025

SIX STRING COUNTRY BAND 6:30-8:30 PM

MOVIES BEGIN 8:30 PM

MOVIE DATES

JUNE 26, 2025

MUFASA: THE LION KING (2024)

JULY 24, 2025

THE WILD ROBOT (2024)

AUGUST 7, 2025

MOANA 2 (2024)

FOOD VENDORS

AMERICAN DOGS

GYRO UNO

HOMESTYLE DESSERTS BAKERY

MISTER SOFTEE

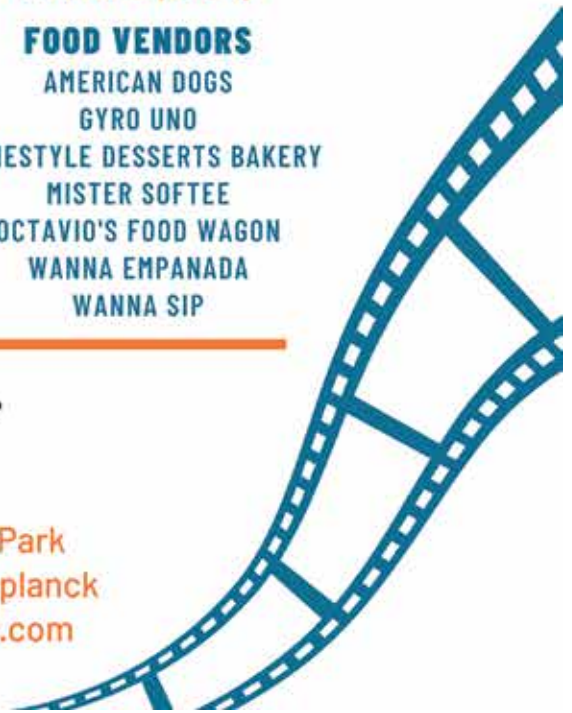
OCTAVIO'S FOOD WAGON

WANNA EMPANADA

WANNA SIP



Cortlandt Waterfront Park
77 Riverview Street, Verplanck
www.townofcortlandt.com










Join us! FAMILY FUN DAY



 Saturday, October 4, 2025
Rain date, Sunday October 5, 2025

 Cortlandt Youth & Recreation Center
3 Memorial Drive, Croton on Hudson

 3:00 - 7:00 PM

LIVE MUSIC **FACE PAINTING**
FOOD TRUCKS **PONY RIDES**
FREE RIDES FOR CHILDREN **BALLOON ANIMALS**

Visit www.townofcortlandt.com/reconline
to register to be a volunteer!

 **914-734-1050**
tocrec@townofcortlandt.com
www.townofcortlandt.com/rec

Sponsored by
Supervisor: Richard Becker, MD
Town Board:
James Creighton
Cristin Jacoby
Robert Mayes
Joyce White





Nor-West Regional Special Services

Providing therapeutic recreation programs for individuals with special needs to Cortlandt, Ossining, Peekskill, and Yorktown residents since 1973

LOOKING FOR QUALITY RECREATION FOR A CHILD, TEEN, OR ADULT WITH A DEVELOPMENTAL DISABILITY?

Director, Ed McKay
Supervisor, Stephan Rothstein



THERAPEUTIC PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL AND INTELLECTUAL DISABILITIES

Nor West Regional Special Services is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 8-65 in a variety of community-based weekly programs and special events, designed for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown, and Ossining. Individuals living at home and enrolled in the Home & Community Based Services Waiver do not pay registration fees.

PART-TIME EMPLOYMENT- SEASONAL

Nor-West offers employment to students ages 16 and up and adults looking for part-time employment, working with children and adults. Good working experience for persons interested in working in the Human Services or Special Education fields. Make your own work schedule, flexible hours. Call Nor-West for an application, or visit our website.

THERAPEUTIC RECREATION

Are you looking for a local recreation program for a child with a developmental disability? Nor-West Regional operates weekly youth programs during the Fall session, including Instructional Bowling, Afternoon Adventure Trips, and Instructional Swimming. Program is open to residents of Cortlandt, Peekskill, Ossining and Yorktown. Nominal venue fees apply. For additional information and registration materials, visit the Nor-West website.



www.nor-west.org • 914-737-4797
Nor-West is a certified OPWDD respite provider



Cortlandt Community Rowing proudly supports the Town of Cortlandt's commitment to helping outdoor recreation and wellness thrive in our community.

ROWING IS A LIFETIME SPORT FOR EVERY BODY!

CCRA promotes health, fitness, and the benefits of team participation through rowing instruction to people of all ages, experience, and ability levels.



LEARN MORE:

CortlandtRowing.com Cortlandt Rowing Viking_Rowing
 CortlandtRowing@gmail.com CCRA is a non-profit 501(c)(3)

VAN CORTLANDTVILLE HISTORICAL SOCIETY

The Van Cortlandtville Historical Society welcomes people who are interested in learning more about the history of our community and sharing it with others. The society was founded in 1921 and has been headquartered in the historic Little Red Schoolhouse, 297 Locust Avenue, Cortlandt Manor, since 1972. A primary goal is hands-on education of children about life in the mid-19th century through such activities as the Early School Days program and the annual Colonial Fair, led by history enthusiasts in period clothing. Other activities include reenactments of local military events from the Revolutionary War, erection of roadside markers at local historic sites, annual memorial services, upgrading of Van Cortlandtville Memorial Park and rehabilitation of the Van Cortlandt family plot in Hillside Cemetery.

The society welcomes appropriate memorabilia and genealogical records from local residents. The society's regular meetings, at 2 PM at the Schoolhouse on the third Saturday of most months, feature a variety of presentations that extend far beyond the primary emphasis on early-day education and the rich Revolutionary War history of the community. Visitors and new members are always welcome. Booklets for a self-guided walking tour are available, along with other literature about local historic sites. Most activities are open to everyone at no charge. For more information, or to schedule a visit, please call the Schoolhouse at 914-736-7868, visit www.vancort.net or email society@vancort.net



Facility Rentals

SPROUT BROOK PARK- PICNIC/ PAVILION

PAVILION FEES

The Mickey Carbone Pavilion at Sprout Brook Park is available for rental by the public. All group picnics are responsible for bagging their garbage and placing the bags in the Park dumpsters at the front parking lot. Pavilion rental is for any part or all of a day's use.

In-Season Hours: 10:00 Am- Dusk

Off-Season Hours: 9:30 Am- 6:00 Pm (Dusk)

Monday Through Friday (Non Holiday)

25 To 100 People \$75

101 To 200 People \$150

Saturday, Sunday And Holidays

25 To 100 People \$150

101 To 200 People \$200

Call 914-734-1052, Monday through Friday 9:00 AM- 3:30 PM to check on availability and rental procedures. Application and deposit must be made in advance through the Town of Cortlandt Recreation Office at Town Hall.

COMMUNITY ROOM, CORTLANDT TOWN CENTER

The Community Room is located at 3131 East Main Street, Mohegan Lake, in the Cortlandt Town Center. It is available for rental use by Town residents and Town groups. For information and to make a reservation please call the Town of Cortlandt Recreation Office at 914-734-1052, Monday through Friday, 9:00 AM- 3:30 PM.

TOWN OF CORTLANDT YOUTH AND RECREATION CENTER

Celebrate your child's birthday or host your Scout, Youth, Church, Synagogue, or Civic Organization Groups meeting/event at the Cortlandt Youth and Recreation Center. The YC is available to rent for birthday parties on Saturdays from 1:30 PM- 3:30 PM for children Host up to 20 of your child's friends, where they can play ping-pong, air hockey, pool, foosball, and climb the rock wall. The YC is available Monday through Thursday from 3:00 PM- 8:00 PM for civic organization meetings. Contact Lindsey for more information at 914-736-0498 or lluposello@townofcortlandt.com.





**Charles J. Cook Pool
& Spray Park
293 Furnace Dock Road
Cortlandt Manor, NY 10567**



IMPORTANT POLICIES FOR 2025

***All residents must have a valid Town of Cortlandt recreation photo ID card
To present at the Charles J. Cook pool gate entrance.
See pages 11+12 for more information on how to purchase an ID card.***

DATES/ HOURS OF OPERATION

Normal Hours of Operation: 10:45 AM- 7:00 PM

Opening Date: Saturday, June 7th
(Weekends only until June 21st)
Week of June 23rd- June 27th operating
hours are 12:00 PM- 7:00 PM

**POOL OPENS FULL TIME
SATURDAY, JUNE 28TH**

**POOL CLOSSES FOR SEASON ON
MONDAY, SEPTEMBER 1st (LABOR DAY)
AT 7:00 PM**

Please remember to bring your Town of Cortlandt Recreation Photo ID Card; you will be required to scan in upon entering the Charles J. Cook Pool facility.

Charles J. Cook Pool accepts cash, checks, and/ or credit cards (No American Express) at the front gate for daily admission, etc.
Town of Cortlandt Recreation Photo ID Cards and Charles J. Cook Pool Season Passes will be sold at the facility from 10:45AM to 5:30 PM when the pool is scheduled to be open.

Swim lesson registrations can be completed online beginning Monday, March 24th at 8:30 AM through to Thursday, June 26th. After this point, all swim lesson registration will be taken at Charles J. Cook Pool, 10:00 AM- 4:30 PM, Monday- Friday.

CHARLES J. COOK POOL POLICIES

- An adult must directly supervise children under 16 years of age.
- Balls, Frisbees, and any other throw toys are not permitted in the water.
- Only Coast Guard Approved life saving devices may be used as personal flotation devices in designated areas ONLY- check with Head Lifeguard on duty.
- Coast Guard Approved life vests are also available for loan at the Pool Office (Town of Cortlandt Recreation Photo ID Card needed for deposit).
- Kickboards are restricted to designated areas ONLY check with Head Lifeguard on duty.
- Diapers/ Pampers are not allowed in the water. Tight fitting plastic/rubber pants or a swim diaper must be worn.
- Swim areas are staffed with certified lifeguards and on-site management to ensure your enjoyment and safety.

**IMPORTANT INFORMATION REGARDING
TOWN OF CORTLANDT SWIM MEETS**

The Town of Cortlandt will be hosting swim meets during the summer season.

During these times, the lap lanes and the diving area will be off limits to the public. Meets are held on

- Tuesdays and/or Thursdays from 4:00 PM- 8:00 PM and
- Saturdays from 8:00 AM- 1:00 PM



*Note: Meet dates are scheduled by Northern Westchester County Swim Association- Schedule TBA.
For further information please call 914-734-1057. We encourage our residents to root for our team!

TOWN OF CORTLANDT REGISTRATION 2025 FEES

RECREATION PHOTO ID CARD, CHARLES J. COOK POOL SEASON PASSES, & HOLLOW BROOK GOLF CLUB SEASON PASSES

TOWN OF CORTLANDT RECREATION PHOTO ID CARD	FEE	VALID FOR
Recreation Photo ID Card (Adult and Child, Ages 4 & Up) Free with the purchase of a Charles J. Cook Pool Season Pass	\$8.00	3 Years
Senior Citizen Recreation Photo ID Card (60 years of age or older- Proof of age required) Half price Senior Citizen discount only applicable to Town of Cortlandt Residents.	\$4.00	3 Years
Replacement Recreation Photo ID Card If Lost (Adult, Child, and Senior)	\$5.00	3 Years

SEASON PASS TYPE	FEE	VALID FOR
Hollow Brook Golf Club Season Pass (Plus \$8.00 for a TOC Recreation Photo ID Card if the resident does not have a current card- this pass will only be sold at Town of Cortlandt Town Hall, they will not be sold at Charles J. Cook Pool at any point))	\$12.00	1 Year (January- December)
Family Season Pass, Charles J. Cook Pool 2 Adults & 1 Child or 1 Adult & 2 Children	\$320.00	1 Season (Summer 2025)
Family Season Pass Continued: Each Additional Child Season Pass, Charles J. Cook Pool	\$65.00	
Adult Individual Season Pass, Charles J. Cook Pool	\$145.00	
Child Individual Season Pass, Charles J. Cook Pool	\$115.00	
Senior Citizen/Veteran/Active Military Individual Season Pass, Charles J. Cook Pool (Applies to Individual Only)	\$78.00	

DAILY ADMISSION FEES FOR CHARLES J. COOK POOL

The following Charles J. Cook daily fees are only applicable to residents who do not possess Charles J. Cook Pool Season Passes.

TOWN OF CORTLANDT RESIDENT DAILY FEES		
<ul style="list-style-type: none"> • All residents must have a valid Town of Cortlandt Recreation Photo ID Card to present at the Charles J. Cook Pool gate entrance. See pages 11+12 for more information on how to purchase an ID Card. • Village of Buchanan and Croton Residents must also purchase a Town of Cortlandt Photo ID Card to gain access to the pool facility. Village ID cards will not be accepted for admission for the 2025 season. 		
	FEE BEFORE 4:00 PM	FEE AFTER 4:00 PM
Adults	\$12.00	\$6.00
Child	\$9.50	\$4.75
Senior Citizen	\$6.50	\$3.25
Active Duty Service Member and Family and Veterans (Immediate Family Only)	\$6.50	\$3.25

GUEST FEES	
<ul style="list-style-type: none"> • All guests must be accompanied by a Town of Cortlandt resident with a valid Town of Cortlandt Recreation Photo ID Card. 	
Senior Citizen, Adults, & Children	\$15.00

SWIMMING INSTRUCTION (AGES 5- 16)

Director- Nicole Segnit, W.S.I.

All participants of Charles J. Cook Pool swim lessons, regardless of age, will require a Town of Cortlandt Recreation Photo ID Card (Free of charge with purchase of swim lesson; ID Card will be valid for 3 years)..

If the child already possesses a valid ID card, you may register for swim lessons online at www.townofcortlandt.com/reconline.

If the child does not yet possess an ID Card, parents/ guardians must follow the instructions on page _____ ("Town of Cortlandt Recreation Photo ID Cards, Charles J. Cook Pool Season Passes, and Hollow Brook Season Passes") to acquire one before the swim lesson registration can be completed. **In order to get the free Town of Cortlandt Recreation Photo ID Card, the Photo ID Card registration and swim lesson registration must be completed at the same time/ requested in the same email.**

If you choose to complete a hard copy registration form, please be sure to put the **Course Number, Session, Swim Level Number** and your **1st and 2nd choice** for time slots on the Youth Swim Instruction Registration Form (Found in the back of this brochure). PLEASE NOTE: Due to the popularity of our programming, and accessibility of online registration, mailing in your registration may result in waitlist.

****NO ONLINE SWIM LESSON REGISTRATION AFTER THURSDAY, JUNE 26TH. After this point, all swim lesson registration will be taken at the directly at the pool, 10:00 AM-4:30 PM, Monday- Friday.****

Level 1- Introduction to Water Skills

Helps participants feel comfortable in the water.

- Enter and exit water using ladder steps and side
- Blow bubbles through mouth & nose
- Bobbing
- Open eyes under water & retrieve submerged objects
- Front & back glides & floats
- Recover to vertical position
- Roll from front to back to front
- Tread water using arm & hand actions
- Alternating & simultaneous leg actions on front & back
- Alternating & simultaneous arm actions on front & back
- Combined arm & leg actions on front & back

Level 2- Fundamental Aquatic Skills

Gives participants success with fundamental skills.

- Enter & exit water by stepping or jumping from the side
- Fully submerge & hold breath
- Bobbing
- Open eyes under water & retrieve submerged object
- Front, jellyfish & tuck floats
- Front & back glides & floats
- Recover to vertical position
- Roll from front to back & back to front
- Change direction of travel while swimming on front or back
- Tread water using arm & leg actions on front & back
- Combined arm & leg actions on front & back
- Finning arm action

Level 3- Stroke Development

Builds on the skills in Level 2 thru additional guided practice in deeper water.

- Enter water by jumping from the side
- Headfirst entries from the side in sitting & kneeling positions
- Bobbing while moving toward safety
- Rotary breathing
- Survival Float
- Back Float
- Change from vertical to horizontal position on front & back
- Tread water
- Flutter, scissor, dolphin & breaststroke kicks on front
- Front crawl & elementary backstroke

Level 4- Stroke Improvement

Develops confidence in the skills learned and improves other aquatic skills..

- Headfirst entries from the side in compact and stride positions
- Swim under water
- Feet first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back

Level 5- Stroke Refinement

Provides further coordination and refinement of strokes.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly sculling

Location:	Charles J. Cook Pool		
Course Number:	510	10:00 AM- 10:40 AM	(Level 1, 2, 3)
	520	10:45 AM- 11:25 AM	(Level 2, 3, 4)
	540	3:40 PM- 4:20 PM	(Level 1, 2, 3, 4, 5)
	550	4:30 PM- 5:10 PM	(Level 1, 2, 3, 4, 5)
Session Number/ Dates:	1U	June 30- July 10 (No rain date Friday, 7/4)	8 sessions
	2U	July 14- July 24	8 sessions
	3U	July 28- August 7	8 sessions
Days:	Monday- Thursday (Fridays will be used as rain dates) Three, two week sessions		
Fee:	\$90 with Charles J. Cook Pool Season Pass \$185 without Charles J. Cook Pool Season Pass		

Swim group level is available at listed times ONLY and on a Limited Basis (1:6 staff to swimmer ratio)
A MINIMUM ENROLLMENT is NEEDED to RUN scheduled CLASSES.

Inclement Weather Policy:
During inclement weather with thunder and/ or lightning, all swimmers must evacuate the water for a minimum of thirty minutes. Two rain dates have been built into the program session (Fridays), if the two rain dates are used, a credit for the missed classes will be issued.

**All Pre-School and Tiny Tot Swim Lessons take place at Charles J. Cook Pool
293 Furnace Dock Road, Cortlandt Manor, NY 10567**

All participants of Charles J. Cook Pool swim lessons, regardless of age, will require a Town of Cortlandt Recreation Photo ID Card (Free of charge with purchase of swim lesson; ID Card will be valid for 3 years).

If the child already possesses a valid ID card, you may register for swim lessons online at www.townofcortlandt.com/reconline.

If the child does not yet possess an ID Card, parents/ guardians must follow the instructions on page 12 ("Town of Cortlandt Recreation Photo ID Cards, Charles J. Cook Pool Season Passes, and Hollow Brook Season Passes") to acquire one before the swim lesson registration can be completed. **In order to get the free Town of Cortlandt Recreation Photo ID Card, the Photo ID Card registration and swim lesson registration must be completed at the same time/ requested in the same email.**

In order to qualify for the lower rate, participants ages four (4) and up must possess their own Season Pass. If the participant is three (3) or under, the parent or guardian must possess a season pass. Family Season Passes may also apply.

****No online swim lesson registration after Thursday, June 26th. After this point, all swim lesson registration will be taken at the directly at the pool, 10:00 AM- 4:30 PM, Monday- Friday.****

PRE-SCHOOL SWIM
(AGES 3 & 4 YEARS AS OF 7/1/25)

Nicole Segnit, WSI, Director

This class will provide a transition for children to prepare them for a group lesson in Swim Level A. This is not a class for children afraid of the water. Parents must stay on the deck and may be asked to get in the water to help with acclimation.

Course Number: 201-1U
Days/ Dates: Monday & Wednesday,
(Fridays will be used as rain dates)
starting date: June 30 (6 Sessions)
Time: 3:40 PM- 4:20 PM
Fee: \$75 per child with Season Pass/
\$110 without Season Pass

Course Number: 201-2U
Days/ Dates: Monday & Wednesday,
starting date: June 30 (6 Sessions)
(Fridays will be used as rain dates)
Time: 4:30 PM- 5:10 PM
Fee: \$75 per child with Season Pass/
\$110 without Season Pass

Course Number: 201-3U
Days/ Dates: Monday & Wednesday,
starting date: July 21 (6 Sessions)
(Fridays will be used as rain dates)
Time: 3:40 PM- 4:20 PM
Fee: \$75 per child with Season Pass/
\$110 without Season Pass

Course Number: 201-4U
Days/ Dates: Monday & Wednesday,
starting date: July 21 (6 Sessions)
(Fridays will be used as rain dates)
Time: 4:30 PM- 5:10 PM
Fee: \$75 per child with Season Pass/
\$110 without Season Pass

TINY TOT SWIMMING
(AGES 6 MONTHS- 3 YEARS AS OF 7/1/25)

Nicole Segnit, WSI, Director

An introduction to the fundamentals of swimming. Water adjustment, building confidence and comfort in the water. A parent will be expected to participate in the water. Tight fitting RUBBER PANTS or a SWIM DIAPER must be worn in the water.

Course Number: 202-1U
Days/ Dates: Tuesday & Thursday, starting date:
July 1 (6 Sessions)
(Fridays will be used as rain dates)
Time: 3:40 PM- 4:20 PM
Fee: \$75 per child with Season Pass/
\$110 without Season Pass

Course Number: 202-2U
Days/ Dates: Tuesday & Thursday, starting date:
July 1 (6 Sessions)
(Fridays will be used as rain dates)
Time: 4:30 PM- 5:10 PM
Fee: \$75 per child with Season Pass/
\$110 without Season Pass

Course Number: 202-3U
Days/ Dates: Tuesday & Thursday, starting date:
July 22 (6 Sessions)
(Fridays will be used as rain dates)
Time: 3:40 PM- 4:20 PM
Fee: \$75 per child with Season Pass/
\$110 without Season Pass

Course Number: 202-4U
Days/ Dates: Tuesday & Thursday, starting date:
July 22 (6 Sessions)
(Fridays will be used as rain dates)
Time: 4:30 PM- 5:10 PM
Fee: \$75 per child with Season Pass/
\$110 without Season Pass

“Early Bird” Charles J. Cook Pool Lap Swim Program

Our lap swim program gives fitness-minded adults the chance to take to the water without interruption from other swimmers. The program will be broken into two separate time slots, 9:00 AM- 10:00 AM and 10:00- 11:00 AM. Within those sections, there will be two options, a single swimmer per lane option, and a two swimmers per lane option. Registration begins online and in office on Monday, June 9th. PLEASE REGISTER EARLY, spots are limited.

SINGLE SWIMMER PER LANE OPTION

Course Number: 445-1U
Location: Charles J. Cook Pool
Day/ Dates: Tuesdays, starting date:
July 1 (9 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$20 with CJCP Season Pass
\$30 without CJCP Season Pass

SINGLE SWIMMER PER LANE OPTION

Course Number: 445-5U
Location: Charles J. Cook Pool
Day/ Dates: Thursdays, starting date:
July 3 (9 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$20 with CJCP Season Pass
\$30 without CJCP Season Pass

TWO SWIMMERS PER LANE OPTION

Course Number: 445-2U
Location: Charles J. Cook Pool
Day/ Dates: Tuesdays, starting date:
July 1 (9 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$10 with CJCP Season Pass
\$20 without CJCP Season Pass

TWO SWIMMERS PER LANE OPTION

Course Number: 445-6U
Location: Charles J. Cook Pool
Day/ Dates: Thursdays, starting date:
July 3 (9 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$10 with CJCP Season Pass
\$20 without CJCP Season Pass

SINGLE SWIMMER PER LANE OPTION

Course Number: 445-3U
Location: Charles J. Cook Pool
Day/ Dates: Wednesdays, starting date:
July 2 (9 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$20 with CJCP Season Pass
\$30 without CJCP Season Pass

SINGLE SWIMMER PER LANE OPTION

Course Number: 445-7U
Location: Charles J. Cook Pool
Day/ Dates: Fridays, starting date:
July 4 (9 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$20 with CJCP Season Pass
\$30 without CJCP Season Pass

TWO SWIMMERS PER LANE OPTION

Course Number: 445-4U
Location: Charles J. Cook Pool
Day/ Dates: Wednesdays, starting date:
July 2 (9 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$10 with CJCP Season Pass
\$20 without CJCP Season Pass

TWO SWIMMERS PER LANE OPTION

Course Number: 445-8U
Location: Charles J. Cook Pool
Day/ Dates: Fridays, starting date:
July 4 (9 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$10 with CJCP Season Pass
\$20 without CJCP Season Pass



“Early Bird” Charles J. Cook Pool Lap Swim Program

Our lap swim program gives fitness-minded adults the chance to take to the water without interruption from other swimmers. The program will be broken into two separate time slots, 9:00 AM- 10:00 AM and 10:00- 11:00 AM. Within those sections, there will be two options, a single swimmer per lane option, and a two swimmers per lane option.

Registration begins online and in office on Monday, June 9th. PLEASE REGISTER EARLY, spots are limited.

SINGLE SWIMMER PER LANE OPTION

Course Number: 446-1U
Location: Charles J. Cook Pool
Day/ Dates: Tuesdays, starting date:
July 1 (9 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$20 with CJCP Season Pass
\$30 without CJCP Season Pass

SINGLE SWIMMER PER LANE OPTION

Course Number: 446-5U
Location: Charles J. Cook Pool
Day/ Dates: Thursdays, starting date:
July 3 (9 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$20 with CJCP Season Pass
\$30 without CJCP Season Pass

TWO SWIMMERS PER LANE OPTION

Course Number: 446-2U
Location: Charles J. Cook Pool
Day/ Dates: Tuesdays, starting date:
July 1 (9 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$10 with CJCP Season Pass
\$20 without CJCP Season Pass

TWO SWIMMERS PER LANE OPTION

Course Number: 446-6U
Location: Charles J. Cook Pool
Day/ Dates: Thursdays, starting date:
July 3 (9 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$10 with CJCP Season Pass
\$20 without CJCP Season Pass

SINGLE SWIMMER PER LANE OPTION

Course Number: 446-3U
Location: Charles J. Cook Pool
Day/ Dates: Wednesdays, starting date:
July 2 (9 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$20 with CJCP Season Pass
\$30 without CJCP Season Pass

SINGLE SWIMMER PER LANE OPTION

Course Number: 446-7U
Location: Charles J. Cook Pool
Day/ Dates: Fridays, starting date:
July 4 (9 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$20 with CJCP Season Pass
\$30 without CJCP Season Pass

TWO SWIMMERS PER LANE OPTION

Course Number: 446-4U
Location: Charles J. Cook Pool
Day/ Dates: Wednesdays, starting date:
July 2 (9 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$10 with CJCP Season Pass
\$20 without CJCP Season Pass

TWO SWIMMERS PER LANE OPTION

Course Number: 446-8U
Location: Charles J. Cook Pool
Day/ Dates: Fridays, starting date:
June 4 (9 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$10 with CJCP Season Pass
\$20 without CJCP Season Pass



Special Park Facilities

FOR ALL TOWN OF CORTLANDT RESIDENTS:

Please remember that dogs must be leashed at all times and to pick up after your pets.

CROTON ARBORETUM

The Jane E. Lytle Arboretum in Croton-on-Hudson NY provides a variety of walking trails, including a handicap accessible trail, through wildlife habitats on 22 acres of woods and wetlands. Located at the end of Lounsbury/ Fox Road and following a short drive or walk across the Hudson National golf course, the Arboretum is open seven days a week, 365 days a year. Managed by the Croton Arboretum and Sanctuary Inc., the Arboretum provides programs in conservation, education, and recreation. For directions and information, please visit www.crotonarboretum.org.



FURNACE DOCK LAKE

The Town of Cortlandt acquired and saved the 100 year old Furnace Dock Lake in 2011.

Furnace Dock Lake Rules and Regulations

For a safe and enjoyable park experience please obey the following rules:

- All activities at your own risk
- Park is open dawn to dusk
- Keep pets leashed, clean up after them as well
- All garbage is to be taken out of the park
- Do not remove or destroy plants, wildlife, or artifacts

The following is prohibited:

- Hunting, firearms, alcohol, and camping
- Motorized vehicles and mountain bikes
- Fires, smoking, swimming, and dumping
- Feeding wildlife, metal detectors, and radios
- Fireworks, music, and loud noise



CORTLANDT DOG PARK

The Dog Park is located at 130 Sprout Brook Road, Cortlandt Manor. There are two areas designated for small dogs and large dogs. For more information, please contact the Recreation Department at 914-734-1056. Please register your dog at www.townofcortlandt.com/reconline.

Dog Park Rules and Regulations

Participation agreement and assumption of risk and liability insurance

1. Dog Park closes at dusk daily.
2. No animals other than dogs may be brought into the fenced area.
3. All dogs must be leashed until safely inside the dog park and returned to a leash prior to exiting. Make sure gates are closed after entering and leaving the park.
4. Do not leave a leash on a dog in the park. Bring your leash into the park in case of emergency or altercation.
5. Dog owners must remain in the fenced area while their dogs are using the dog park. Owners must be in view of their dogs and have voice control at all times.
6. Children accompanying dog owners must be strictly supervised and at least twelve years old to be allowed inside unless accompanied by an adult.
7. Children under ten years old not allowed (some dogs see small dogs as prey) in large dog area.
8. Children under five years old not allowed in the park.
9. Spectators should remain outside the fenced area.
10. Aggressive dogs and dogs in heat are not allowed.
11. Owners must immediately leash and remove dogs from the dog park at the first sight of aggressive behavior.
12. Do not bring sick dogs to the park.
13. Owners must dispose of waste properly in the designated on-site containers.
14. Owners must prevent dogs from digging holes.
15. While small bite-sized training treats are permitted, food in bowls, longlasting chews, or glass containers are not allowed.
16. No Smoking and no food are allowed inside of the dog park.
17. No more than three dogs per person are allowed on any single visit.
18. Puppies less than four months old are not permitted in the park.
19. Dogs must be licensed and vaccinated for rabies and DHLPP. Current license and rabies tags must be worn on the dog's collar at all times.
20. Owners are liable for any injury or damage caused by their dog and are fully responsible for their dog's actions.
21. Trainers are not allowed to use the park to conduct business
22. Any incident, problem etc. should be reported to the Cortlandt Recreation Department at 914-734-1050.
23. In the event of an emergency, call 911.

I Understand That: Permission from the Town to use the dog park is conditional on compliance with the above dog park rules.

I Also Understand and Agree That: The dog park is to provide a fenced-in area where dog owners may bring their dogs and permit them to run freely with other dogs, and that unleashing my dog (s) and being present in an area where there are other people, including children, and other unleashed dogs, poses risks to others and myself and to my dog (s) and the dogs and property of dogs, and I do hereby agree to assume such risks.

I Further Agree To: Release, discharge, hold harmless and indemnify the Town of Cortlandt and all of it's officials, agents, officers, employees and representatives from liability for any and all claims for injuries, damages and/ or losses whatsoever to any person or animal (including but not limited to disability and death) or property which may arise out of, result from or be associated with the use of or presence on the dog park by myself and/or my dog (s).

HOLLOW BROOK TRAIL

Hollow Brook Trail was dedicated in October of 2016, the trail is part of 70 acres that was given to the Town several years ago. The trail is approximately three quarters of a mile long. The entrance to the trail is located at the bottom of Anton Place in Lake Peekskill. The trail is adjacent to the Hollow Brook Golf Course.

HUDSON RIVER COMMUNITY BOAT LAUNCH

Located at the Cortlandt Waterfront Park (Off Riverview Avenue and Broadway in the Hamlet of Verplanck)

Seasonal Use ONLY from April 1st through October 31st, Park Hours 7:00 AM to Dusk

Rules and Regulations

- Town of Cortlandt, Village of Buchanan and Village of Croton residents only
- Use of the ramp for commercial purpose is strictly prohibited
- Town of Cortlandt Boat Launch Permit is required.
- Permit is available at the Cortlandt Town Hall in the Town Clerk's office at 1 Heady Street, Cortlandt Manor, New York 10567, the main phone number is 914-734-1020
- Clear Ramp area- Come in Slow- NO WAKE
- Seasonal use only from April 1st through October 31st
- Pull boat around to launching ramp as soon as space becomes available. Pull boat to the tie-down zone and clear the ramp so others may use the boat launch
- Permit for ramp access MUST be in full view on the dash or mirror of your vehicle. If your permit is not in view, you will receive a summons and fines.
- Anyone driving over 5 MPH within 50 feet of the shore will forfeit their permit and be given a summons and fines.
- Boat size not to exceed 22 feet
- NO swimming, sunbathing
- Waterskiing or loitering in the launch area
- NO overnight parking



HOLLOW BROOK GOLF COURSE

Public Access to the Hollow Brook Golf Course (Off Oregon Road)

The Hollow Brook Golf Club is a private/ public course with Town residents being able to reserve tee-times. The Town coordinates those rounds reserved for the exclusive use of Town residents (agreement on file), Tuesday through Sunday for public use. On Tuesday and Thursday, seven of the tee times are discounted at \$85.00 after 2:00 PM, Greens fees will be a total \$110.00 for all other tee times Tuesday, Wednesday and Thursday. On Fridays, Saturdays, Sundays and Holidays greens fees will be \$160.00 with no tee times before noon. Prices include greens fees and a cart. Range balls (only available when playing) for \$10.00. Reservations can be made five days in advance by calling 914-734-1500.

Residents will need to purchase a golf sticker (\$12.00) in the Town of Cortlandt Recreation Department of Town Hall located at 1 Heady Street in Cortlandt Manor. This sticker will be placed on the back of your Town of Cortlandt Recreation Photo ID card. If you do not currently have a valid Town of Cortlandt Recreation Photo ID Card, one can be purchased for an additional \$8.00 by providing two forms of proof of residency. For more information regarding Town of Cortlandt Recreation Photo ID Cards or Hollow Brook Golf Stickers, please contact the Recreation Department at tocrec@townofcortlandt.com or 914-734-1050.

Rules for Town of Cortlandt Players

1. Tee Times can be made by phone only.
2. Tee Times can be made five (5) days in advance, after 10:00 AM i.e. Friday for Tuesday, Saturday for Wednesday, Sunday for Thursday, Monday for Friday, Wednesday for Saturday and Sunday.
3. Residents must have golf shoes with soft spikes, collared shirts, golf pants or Bermuda shorts- NO JEANS, CUTOFFS, SHORT SHORTS, and CARGO PANTS OR SHORTS.
4. Residents may bring one guest at town fees.
5. Residents can only make reservations for themselves and their guest and not another town resident.
6. Residents must show their Town of Cortlandt resident card with a golf sticker.
7. Residents cannot use the driving range or practice areas unless they are playing golf.
8. Additional fees will be charged for food and beverage.
9. Additional fees will be charged for the driving range-\$10.00
10. Residents will not be allowed on the tee before their Tee Time and do not have access to the Club House.
- 11.



CHARLES J. COOK PARK

For over half a century, the Town of Cortlandt has owned the piece of property off Furnace Dock Road now known as the Charles J. Cook Recreation Center. After a 1.5 million dollar renovation in 2000, this recreational facility became one of Cortlandt's most popular venues. This active sports complex offers residents a variety of leisure activities. With a concrete surface, drainage system, filtration system, splash park and as of 2021, a newly upgraded bathhouse. The Charles J. Cook Pool is open daily during the summer from 10:45 AM until 7:00 PM and until 8:00 PM on Friday evenings. Swim areas are staffed with lifeguards, and on-site management.

A water spray park was dedicated in 2016 with five additional features. During June and July, the Town of Cortlandt Swim and Dive Teams hold meets and practice at the Pool.

The Town's summer camp program allows children, grades K through 8th, to enjoy the pool as well as the Charles J. Cook Recreation Center's playground, all purpose ball field, two tennis courts, basketball courts, a fitness trail, and 9- hole miniature golf course.



The nature and fitness trail is approximately ½ mile and consists of an 8-ft wide rustic trail (natural) and twenty (20) pieces of fitness equipment.

The miniature golf course opened in the spring of 2019; Each hole has a Town of Cortlandt inspired feature, such as the Little Red School House, Bear Mountain Bridge, and the Toll House. The course is open to both pool users and the general public during normal operating hours. The golf course will remain open spring, fall, summer, weather permitting.



**Opening Date: Saturday, June 7th
(Weekends only until June 21st)**

10:45 AM- 7:00 PM

June 23rd- June 27th

12:00 PM- 7:00 PM

June 30th- August 8th

Monday- Thursdays: 3:30 PM- 7:00 PM

Fridays: 8 PM

Saturdays & Sundays: 11:00 AM- 7:00 PM



August 9th- September 1st

Monday - Sundays 11:00 AM- 7:00 PM

For residents interested in exploring the natural environment, there are nature trails, the "Touch & Smell" Garden and the Bicentennial Garden. As a tribute to the 200th birthday of the Town of Cortlandt, the Bicentennial Garden includes a beautiful flower garden and a time capsule, containing over 100 items of importance in the Town's history.



HUDSON HIGHLANDS GATEWAY PARK

Sprout Brook Road (Main)

Threatened twice by dense residential development, was protected in 1998 when a coalition of more than 35 groups representing homeowners, the homeowners, the community, government agencies and several environmental organizations united to preserve this 352-acre site. The Coalition to Preserve the Hudson Highlands Gateway raised \$6 million to buy the parcel. In May 2000, the Scenic Hudson Land Trust, the Town of Cortlandt and Westchester County purchased the property.

A network of trails in the park exposes visitors to woodlands, streams, steep slopes, bedrock outcroppings and meadows, revealing much human and natural history and providing spectacular river views. This park is ecologically significant because it is home to several; noteworthy ecosystems. The site's upland wetlands are crucial for many frogs and salamanders to survive. Several different snake species use the prominent, east-facing cliffs of the park to warm themselves in the sun. Also the park's Westchester County location is in one of the country's three major bird migration corridors. Come spring, hundreds of thousands of birds fly over the park where they stop to rest and feed.

Since the property was acquired, the Hudson Highlands Gateway Task Force, a group of concerned citizens - has been working with The Scenic Hudson Land Trust, the Town of Cortlandt and New York-New Jersey Trail Conference on issues including park improvements, illegal ATV use and assessing the park's natural resources. Hudson Highlands Gateway Park is an ideal destination for an afternoon or all-day outing. Recreational activities abound, including hiking, birding, cross-country skiing, fishing and snowshoeing. Located at the southern end of the fabled Hudson Highlands, the park once served as a Revolutionary War lookout and now is open for public enjoyment.

Directions

Two parking areas are available; one is temporarily shared with Sprout Brook Park, 0.3 miles from the intersection of Sprout Brook Road and Highland Avenue, just past and on the same side as the athletic. Cross road and enter park through the gap in guardrail. Universally accessible parking area is at the end of Doris Lee Drive. Park on gravel in front of fence.

Operating Hours Open year-round, from dawn to dusk.

Park Rules & Regulations

- The park is open dawn to dusk.
- Vehicles are permitted only in the designated parking areas.
- Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
- Keep pets leashed; please clean up after them.
- Do not remove or destroy plants, wildlife or artifacts.
- Always hike with a friend.
- Motorized vehicles, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios are prohibited.

Caution

Deer ticks, which can transmit Lyme disease, are a growing problem. Take precautions and check for ticks after leaving.



Description of Trails

Hudson Highlands Gateway Park has four trails, totaling more than 4.9 miles that traverse the 352-acre site. There are many meandering, wooded roads where one could easily get lost. Please stay on marked trails. The degree of difficulty for the hiking trails ranges from easy to moderate. Trail users should wear sturdy shoes and beware of loose rocks, holes and slippery surfaces..

(Red Trail)

Annsville Creek Trail 1 mile, approx. 1 hr.

This trail starts at Doris Lee Drive and is universally accessible to the Pond Overlook. It travels by Annsville Creek, which contains breeding trout populations. Fishing is allowed. A sensitive wetland area surrounds the creek.

(Blue Trail)

Upland Trail 2 miles

A steep ascent through a meadow and mixed woods forest brings visitors to a terrific view of the Hudson River. The remainder of the trail encompasses rolling terrain that passes by many historic stone walls.

(Yellow Trail)

Hudson Overlook Spur 0.6 miles

Distinguished by its scenic overlook, this trail also crosses a small stream that is the outlet for a large wetland upslope.

(White Trail)

Vernal Pool Trail 1.6 miles

Beginning from the northernmost point of the Upland Trail, this trail works its way up and along a ridgeline. As it descends it passes by a large vernal pool, through a wetland and contains a number of steep slopes. Be cautious of wet surfaces. The trail finishes along an old woods road and rejoins the Upland Trail.

YOUR VALLEY, YOUR VOICE, YOUR FUTURE

We hope you enjoy visiting Hudson Highlands Gateway Park. This and other significant Hudson Valley landscapes are protected by the Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of Readers Digest Association, Inc. Scenic Hudson also gratefully acknowledges those who helped make this park a reality; Town of Cortlandt, Westchester County, New York-New Jersey Trail Conference, New York State and many dedicated individuals who donated their time, energy and financial support.

Scenic Hudson works to protect and restore the Hudson River and its majestic landscape as an irreplaceable national treasure and a vital resource for residents and visitors. A crusader for the valley since 1963, today they are the largest environmental group focused on the Hudson River Valley. Our team of experts combines land acquisition, support for agriculture, citizen-based advocacy and sophisticated planning tools to create environmentally healthy communities, champion smart economic growth, open up riverfronts to the public and preserve the valley's inspiring beauty and natural resources.



Town of Cortlandt Playgrounds



Cortlandt Community Recreation Area
Croton Avenue, Cortlandt Manor



Jim Martin Aviation Playground
Cortlandt Waterfront Park
River View Avenue, Verplanck



Muriel H. Morabito Community Center Playground
29 West Brook Drive, Cortlandt Manor



Old Pond Park
8th Street, Verplanck



Peter Cutignola Memorial Playground
1 Memorial Drive, Croton



Sprout Brook Park Playground
Sprout Brook Park, Cortlandt Manor



Sunset Park Playground
Sunset Road, Montrose



Tommy Thurber Park Playground
Tommy Thurber Lane, Montrose

LAKE MEAHAGH PARK

Westchester Avenue, Verplanck

Lake Meahagh Park hosts a basketball court, walking path, and is the home of the Town of Cortlandt Community Garden. It is also a boat launch for the CCRA (Cortlandt Community Rowing Association).



OSCAWANA BOAT LAUNCH

Oscawana boat launch is located on Cortlandt Street in Crugers. A launching area for kayak's and canoes; hiking trails that lead out to the Hudson River. It was dedicated on October 4, 2004 by former Cortlandt Town Supervisor Linda D. Puglisi and the Town Board.



SPROUT BROOK PARK

130 Sprout Brook Road in Cortlandt Manor

The park is over 22 acres and has two softball fields, a little league field (which includes a snack bar and bating cage), soccer field, an all purpose field, a pavilion available for renting, a playground, and a dog park.



STEVEN HEBERT MEMORIAL SKATE PARK

***Muriel H. Morabito Community Center
West Brook Drive in Cortlandt Manor***



PICKLEBALL COURTS

With the increasing popularity of the growing paddle sport, Pickleball, the Town of Cortlandt has converted one tennis court at the Croton Community Recreation Area off of Croton Avenue (Down the road from Walter Panas High School) into four pickleball courts.



The Cortlandt Hockey Rink located next to the Cortlandt Youth Center (3 Memorial Drive, Croton on Hudson) has also been converted into five Pickleball Courts. The rink will be used for Pickleball until mid November, when it will be turned into the Cortlandt Ice Rink until the beginning of March.



THE TOLL HOUSE

Located on Bear Mt. Road, Cortlandt Manor, NY Toll House was dedicated on September 22, 2002 and is a visitor center with information about the Hudson Valley. It is opened seasonally from May to November.

CORTLANDT WATERFRONT PARK

The Cortlandt Waterfront Park is located at 77 Riverview Avenue in Verplanck and is located off of Riverview Avenue and Broadway in Verplanck. Come and enjoy the Park, which includes a gazebo, fishing, crabbing, playground, veterans memorial, walking path, small boat, kayak and canoe launch area, horseshoe pits (bring your horseshoes). All with a spectacular view of the Hudson River! The Cortlandt Waterfront Park also hosts the Town of Cortlandt Summer Concert and Movie Series in the months of June through August.



TENNIS COURT INFORMATION

Tennis nets will be kept up weather permitting at the following locations around mid March:

- Charles J. Cook Tennis Courts 2 Courts
Furnace Dock Road, Cortlandt Manor
- Lake Street Tennis Courts 6 Courts
Lake Street, Montrose

RULES & REGULATIONS

In order to accommodate as many residents as possible, use of the courts for two consecutive hours is prohibited if the courts are full.

TOWN OF CORTLANDT DEPARTMENT OF RECREATION AND CONSERVATION SEASONAL EMPLOYEE APPLICATION
1 HEADY STREET, CORTLANDT MANOR, NY 10567
914-734-1050 TOCREC@TOWNOFCORTLANDT.COM

Last Name		First Name		Phone #		Date Available	
Address		City/ Town		Zip		Email	
Are you 18 years old or older? Yes <input type="checkbox"/> No <input type="checkbox"/> If not, what age? _____ DOB _____							
Minimum age for hire: CIT: 15; Lifeguard, Maintenance/Cashier, Jr. Counselor, Playgrounds: 16; Intermediate Counselor: 17; Senior Counselor: 18+							
EDUCATION (Name and Location of School)				DEGREE		COMMENTS	
High School							
College							
U.S. Military							
Other							
EMPLOYMENT HISTORY							
REF.							
From	To	Employer	Address	Supervisor	Phone No.	Sent	Rec'd
From	To	Employer	Address	Supervisor	Phone No.	Sent	Rec'd
PERSONAL REFERENCES							
REF.							
Name	Address			Supervisor	Phone No.	Sent	Rec'd
Name	Address			Supervisor	Phone No.	Sent	Rec'd
CERTIFICATIONS							
				OTHER CERTIFICATIONS			
<input checked="" type="checkbox"/>	Expiration Date	<input checked="" type="checkbox"/>	Expiration Date	<input checked="" type="checkbox"/>	Expiration Date	<i>List: Sports, hobbies, special interests, extracurricular activities, certifications.</i>	
CPO		CPR					
LGT		1st Aid/ RTE					
WSI		Waterfront					
Positions applied for in order of preference							
1.				2.		3.	
Applicants Signature				Date			
Recommended for employment Yes <input type="checkbox"/> No <input type="checkbox"/>				Title		Date	
Practical Exam				Interviewed by		Salary	
				Comment			

FOR FULL TIME EMPLOYMENT APPLICATIONS, PLEASE CONTACT TOWN OF CORTLANDT HUMAN RESOURCES AT 914-734-1004.

TOWN OF CORTLANDT ADULT PROGRAM ACTIVITY REGISTRATION FORM

Online Registration Available For Cortlandt Recreation Programs: www.townofcortlandt.com/Reonline

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

Last Name _____ First Name _____ RPG DOB _____

Street Address _____ PO Box _____

City _____ Zip _____ Email Address _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Cell Phone Mobile Provider _____

INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

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Course#	Participants Name		Sex	DOB	Activity Name	Total Fee
	Last Name	First Name				
Total Fee						\$

NONRESIDENTS: 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR. NONRESIDENTS ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE. SEPARATE CHECKS FOR ALL PROGRAMS.

MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT, 1 HEADY STREET, CORTLANDT MANOR, NY 10567

By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department, you will automatically be enrolled to receive future communications from the Town of Cortlandt. You may opt of these future communications by clicking unsubscribe.

FOR OFFICE USE ONLY	
TR Receipt #	_____
CC Receipt #	_____
Deposited \$	_____
Date	_____

TOWN OF CORTLANDT PRE-SCHOOL AND YOUTH PROGRAM ACTIVITY REGISTRATION FORM

Online Registration Available For Cortlandt Recreation Programs: www.townofcortlandt.com/Reconline

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

RPG Last Name _____ RPG First Name _____ RPG DOB _____
 (Registered Parent/ Guardian)

Street Address _____ PO Box _____

City _____ Zip _____ Email Address _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Cell Phone Mobile Provider _____

INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

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Course#	Participants Name		Grade	Sex	DOB	Activity Name	Total Fee
	Last Name	First Name					
Total Fee							\$

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 NONRESIDENT S ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

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FOR OFFICE USE ONLY	
TR Receipt #	_____
CC Receipt #	_____
Deposited \$	_____
Date	_____

TOWN OF CORTLANDT YOUTH SWIM INSTRUCTION REGISTRATION FORM

Online Registration Available For Cortlandt Recreation Programs: www.townofcortlandt.com/Reconline

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

RPG Last Name _____ RPG First Name _____ RPG DOB _____
(Registered Parent/ Guardian)

Street Address _____ PO Box _____

City _____ Zip _____ Email Address _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Cell Phone Mobile Provider _____

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1st Choice			2nd Choice			Participant's Name		D.O.B.	Age	Fee
Course Number	Group Level	Session Number	Course Number	Group Level	Session Number	Last	First			
									Total Fee	\$

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 TOWN OF CORTLANDT RECREATION DEPARTMENT, 1 HEADY STREET, CORTLANDT MANOR, NY 10567

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FOR OFFICE USE ONLY
TR Receipt # _____
CC Receipt # _____
Deposited \$ _____
Date _____

DAY CAMP (K- 4TH GRADE GIRLS & BOYS) AS OF SEPTEMBER 2025

On a First Come First Serve Basis- Limited Enrollment.
ONLINE REGISTRATION AVAILABLE FOR SUMMER CAMP!
 Go to www.TownOfCortlandt.com/Reconline

RPG (Registered Parent/ Guardian) Name _____ RPG DOB _____

Home Address _____ PO Box _____

City _____ Zip _____

Email Address _____

Work Phone # _____ Home Phone # _____ Cell Phone # _____

Last Name of Camper _____ First _____

Child's DOB _____ Age _____ Sex M OR F (Circle One) Grade in Fall '25 _____

Parent/Guardian 1 Name _____

Work Phone # _____ Cell Phone # _____

Parent/Guardian 2 Name _____

Work Phone # _____ Cell Phone # _____

Mailing Address (If Different From Above) _____

Emergency Name (Other Than Parent) _____ Phone # _____

Relationship to the Child _____

REGISTERED AND PAID IN FULL BEFORE FRIDAY, 6/13 <ul style="list-style-type: none"> • Session I \$430.00 • Session II \$430.00 • Session III \$430.00 • All Three Sessions \$1,210.00 	REGISTERED AND PAID IN FULL AFTER FRIDAY, 6/13 <ul style="list-style-type: none"> • Session I \$455.00 • Session II \$455.00 • Session III \$455.00 • All Three Sessions \$1,285.00
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**MAKE CHECKS PAYABLE TO: TOWN OF CORTLANDT DEPT. OF RECREATION & CONSERVATION
 1 Heady Street, Cortlandt Manor, NY 10567-1254**

ALL NEW RATES FOR CAMP 2025 ALL SESSIONS MUST BE PAID IN FULL

CAMP SESSIONS: PLEASE CHECK THE APPROPRIATE BOXES BELOW				
100-1U	Session I	June 30- July 11		\$
100-2U	Session II	July 14- July 25		\$
100-3U	Session III	July 28- August 8		\$
All 3 Sessions	Session I, II, III	June 30- August 8		\$
TOTAL				

YOU MUST ENTER THE IMMUNIZATION DATES BELOW (MONTH, DAY, & YEAR) AS WELL AS SUBMIT DOCUMENTED PROOF OF IMMUNIZATIONS FROM A PHYSICIAN TO TOCREC@TOWNOFCORTLANDT.COM.

PLEASE NOTE THAT THE COVID-19 VACCINE IS NOT REQUIRED.

Diphtheria/ Pertusis/ Toxoid (DPT) (5 doses)	Dates:	1.	2.	3.	4.	5.
Oral Polio Vaccine (OPV) (4 doses)	Dates:	1.	2.	3.	4.	
Measles/ Mumps/ Rubella (MMR) (2 doses)	Dates:	1.	2.			
Hepatitis B (Hep B) (3 doses)	Dates:	1.	2.	3.		
Haemophilus influenza Type B (Hib) (4 doses)	Dates:	1.	2.	3.	4.	
Varicella (Chicken Pox) (2 doses)	Dates:	1.	2.	Check here if the child had disease: _____		
COVID-19 (1 to 3 doses)	Dates:	1.	2.	3.		

Doctor's Name _____ Phone # _____

Allergies, medical problems, medications, special diet information, restriction on activity, etc.:

Hospitalization Insurance Company _____ ID# _____

CAMP RELEASE: I give permission, in case of injury, to take my child to a hospital for treatment, to include evaluation of injuries, x-rays and needed care. My signature below ALSO GIVES PERMISSION for my child to participate in all camp activities and to attend all off-site trips (any trip outside of campgrounds) which includes but are not limited to the CHARLES J. COOK POOL, AND ACTIVITIES, NATURE CENTERS, BOWLING ALLEYS AND MOVIE THEATERS. I understand that my child will accompany the Town of Cortlandt Department of Recreation & Conservation and its camp staff on all of these trips. In addition, I give my child permission to carry and apply sunscreen and carry and apply bug spray.

INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt.

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Parent/Guardian Signature _____ Date _____

The original Camp Application with Medical History/Immunization Records written ONTO the form and permission slip for Hospital care will be kept filed at the Town of Cortlandt Recreation Office during the camp season.

THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE

FOR OFFICE USE ONLY
TR# _____
CC# _____
Deposited \$ _____
Date _____

5TH & 6TH GRADE CAMP (GIRLS & BOYS) AS OF SEPTEMBER 2025

On a First Come First Serve Basis- Limited Enrollment.

ONLINE REGISTRATION AVAILABLE FOR SUMMER CAMP!

Go to www.TownOfCortlandt.com/Reconline

RPG (Registered Parent/ Guardian) Name _____ RPG DOB _____

Home Address _____ PO Box _____

City _____ Zip _____

Email Address _____

Work Phone # _____ Home Phone # _____ Cell Phone # _____

Last Name of Camper _____ First _____

Child's DOB _____ Age _____ Sex M OR F (Circle One) Grade in Fall '25 _____

Parent/Guardian 1 Name _____

Work Phone # _____ Cell Phone # _____

Parent/Guardian 2 Name _____

Work Phone # _____ Cell Phone # _____

Mailing Address (If Different From Above) _____

Emergency Name (Other Than Parent) _____ Phone # _____

Relationship to the Child _____

REGISTERED AND PAID IN FULL BEFORE FRIDAY, 6/13	REGISTERED AND PAID IN FULL AFTER FRIDAY, 6/13
<ul style="list-style-type: none"> • Session I \$480.00 • Session II \$480.00 • Session III \$480.00 • All Three Sessions \$1,360.00 	<ul style="list-style-type: none"> • Session I \$505.00 • Session II \$505.00 • Session III \$505.00 • All Three Sessions \$1,435.00

**MAKE CHECKS PAYABLE TO: TOWN OF CORTLANDT DEPT. OF RECREATION & CONSERVATION
1 Heady Street, Cortlandt Manor, NY 10567-1254**

**ALL NEW RATES FOR CAMP 2025* ALL SESSIONS MUST BE PAID IN FULL*

CAMP SESSIONS: PLEASE CHECK THE APPROPRIATE BOXES BELOW				
100-1U	Session I	June 30- July 11		\$
100-2U	Session II	July 14- July 25		\$
100-3U	Session III	July 28- August 8		\$
All 3 Sessions	Session I, II, III	June 30- August 8		\$
TOTAL				

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PLEASE NOTE THAT THE COVID-19 VACCINE IS NOT REQUIRED.

Diphtheria/ Pertusis/ Toxoid (DPT) (5 doses)	Dates:	1.	2.	3.	4.	5.
Oral Polio Vaccine (OPV) (4 doses)	Dates:	1.	2.	3.	4.	
Measles/ Mumps/ Rubella (MMR) (2 doses)	Dates:	1.	2.			
Hepatitis B (Hep B) (3 doses)	Dates:	1.	2.	3.		
Haemophilus influenza Type B (Hib) (4 doses)	Dates:	1.	2.	3.	4.	
Varicella (Chicken Pox) (2 doses)	Dates:	1.	2.	Check here if the child had disease: _____		
COVID-19 (1 to 3 doses)	Dates:	1.	2.	3.		

Doctor's Name _____ Phone # _____

Allergies, medical problems, medications, special diet information, restriction on activity, etc.:

Hospitalization Insurance Company _____ ID# _____

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Parent/Guardian Signature _____ Date _____

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THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE

FOR OFFICE USE ONLY	
TR#	_____
CC#	_____
Deposited \$	_____
Date	_____

7TH & 8TH GRADE CAMP (GIRLS & BOYS) AS OF SEPTEMBER 2025

On a First Come First Serve Basis- Limited Enrollment.
ONLINE REGISTRATION AVAILABLE FOR SUMMER CAMP!
 Go to www.TownOfCortlandt.com/Reonline

RPG (Registered Parent/ Guardian) Name _____ RPG DOB _____

Home Address _____ PO Box _____

City _____ Zip _____

Email Address _____

Work Phone # _____ Home Phone # _____ Cell Phone # _____

Last Name of Camper _____ First _____

Child's DOB _____ Age _____ Sex M OR F (Circle One) Grade in Fall '25 _____

Parent/Guardian 1 Name _____

Work Phone # _____ Cell Phone # _____

Parent/Guardian 2 Name _____

Work Phone # _____ Cell Phone # _____

Mailing Address (If Different From Above) _____

Emergency Name (Other Than Parent) _____ Phone # _____

Relationship to the Child _____

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 1 Heady Street, Cortlandt Manor, NY 10567-1254**

**ALL NEW RATES FOR CAMP 2025* ALL SESSIONS MUST BE PAID IN FULL*

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100-3U	Session III	July 28- August 8		\$
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TOTAL				

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Hepatitis B (Hep B) (3 doses)	Dates:	1.	2.	3.		
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Doctor's Name _____ Phone # _____

Allergies, medical problems, medications, special diet information, restriction on activity, etc.:

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Parent/Guardian Signature _____ Date _____

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FOR OFFICE USE ONLY
TR# _____
CC# _____
Deposited \$ _____
Date _____

TOWN OF CORTLANDT 2025 YOUTH FALL BOYS SOCCER

Fee: \$70 with ID Card
 \$75 without ID Card
 \$90 nonresident

Late Fee: \$80 with ID Card
 \$85 without ID Card
 \$102 nonresident

REGISTRATION DEADLINE:
 JULY 11TH

Participants placed on the waitlist are not guaranteed a spot in the league.

EVALUATIONS WILL TAKE PLACE AT BLUE MOUNTAIN MIDDLE SCHOOL (7 FURNACE WOODS ROAD, CORTLANDT MANOR):

Monday, July 21	1st & 2nd Grade Boys	6:00 PM
Tuesday, July 22	3rd & 4th Grade Boys	6:00 PM
Wednesday, July 23	5th & 6th Grade Boys	6:00 PM

**ONLINE REGISTRATION AVAILABLE AT
 WWW.TOWNOFCORTLANDT.COM/RECONLINE!**

If you would like to register by mail, please return this form and fee to: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567

ALL PLAYERS MUST PROVIDE THEIR OWN SHORTS AND HARD SHELL SHINGUARDS

COACHES AND SPONSORS NEEDED

If you are interested in coaching, please go to www.townofcortlandt.com/reconline to register or call 914-734-1053 for more information. If you are interested in sponsoring a team, please call 914-734-1053. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

Child's Name _____ Male ___ Female ___ D.O.B. ___/___/___

School _____ Grade in Fall '25 _____

Pertinent medical information _____

Has your child played soccer with the Town of Cortlandt before? **Yes / No** If your child has played soccer in the past, what team did they play on? _____

Does your child have any conflict, which could prevent him/ her from attending games on Sunday afternoons or practices on weeknights and Saturdays? (Circle One) **Yes / No** If yes, what? _____

Shirt Sizes (Circle One): **Youth Medium** **Youth Large** **Adult Small**
 Adult Medium **Adult Large** **Adult X-Large**

RPG (Registered Parent/ Guardian) _____

Street Address _____ Town _____ Zip _____

Home # _____ Work or Cell # _____ Email _____

Emergency Contact Name _____ Emergency # _____

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I understand that my child agrees to play on any team assigned, obey all rules and to attend practice showing fair play and sportsmanship at all times.

Parents Signature _____ Date _____

FOR OFFICE USE ONLY:

TR Receipt # _____ **CC Receipt #** _____ **Reg #** _____ **Date Deposited** _____

TOWN OF CORTLANDT 2025 YOUTH FALL GIRLS SOCCER

Fee: \$70 with ID Card
 \$75 without ID Card
 \$90 nonresident

Late Fee: \$80 with ID Card
 \$85 without ID Card
 \$102 nonresident

REGISTRATION DEADLINE:
 JULY 11TH

Participants placed on the waitlist are not guaranteed a spot in the league.

**ONLINE REGISTRATION AVAILABLE AT
 WWW.TOWNOFCORTLANDT.COM/RECONLINE!**

If you would like to register by mail, please return this form and fee to: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567

ALL PLAYERS MUST PROVIDE THEIR OWN SHORTS AND HARD SHELL SHINGUARDS

EVALUATIONS WILL TAKE PLACE AT BLUE MOUNTAIN MIDDLE SCHOOL (7 FURNACE WOODS ROAD, CORTLANDT MANOR):

Monday, July 21	1st & 2nd Grade Girls	6:45 PM
Tuesday, July 22	3rd & 4th Grade Girls	6:45 PM
Wednesday, July 23	5th & 6th Grade Girls	6:45 PM

COACHES AND SPONSORS NEEDED

If you are interested in coaching, please go to www.townofcortlandt.com/reconline to register or call 914-734-1053 for more information. If you are interested in sponsoring a team, please call 914-734-1053. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

Child's Name _____ Male ___ Female ___ D.O.B. ___/___/___

School _____ Grade in Fall '25 _____

Pertinent medical information _____

Has your child played soccer with the Town of Cortlandt before? **Yes / No** If your child has played soccer in the past, what team did they play on? _____

Does your child have any conflict, which could prevent him/ her from attending games on Sunday afternoons or practices on weeknights and Saturdays? (Circle One) **Yes / No** If yes, what? _____

Shirt Sizes (Circle One): **Youth Medium** **Youth Large** **Adult Small**
 Adult Medium **Adult Large** **Adult X-Large**

RPG (Registered Parent/ Guardian) _____

Street Address _____ Town _____ Zip _____

Home # _____ Work or Cell # _____ Email _____

Emergency Contact Name _____ Emergency # _____

PHOTO RELEASE: I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. **I Accept** _____

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Parents Signature _____ Date _____

FOR OFFICE USE ONLY:

TR Receipt # _____ **CC Receipt #** _____ **Reg #** _____ **Date Deposited** _____



TOWN OF CORTLANDT CHEERLEADING



Coach/Program Director: Nicole Curran
cortlandtcougarscheerleading@gmail.com - 914-924-1832

Cheerleader Name: _____ Grade as of 9/2025: _____

Parent Name: _____ Parent Cell #: _____

Parent Email: _____

Program Fee - \$325

Fee includes: registration, bow, practice shorts and tee, uniform

****SIZING DAY WILL BE SENT OUT AFTER REGISTRATION****

******IF you do NOT need a uniform the fee is: \$250******

T-shirt size: _____ Shorts size: _____

Uniform top: _____ Uniform skirt: _____

Payment Information: please check one

Cash: _____ Check #: _____

Checks payable to: Cortlandt Cougars Cheerleading

Email CortlandtCougarsCheerleading@gmail.com if you'd like to pay online

Signature: _____

Additional information:

- ALL TEAM PRACTICES WILL BE ON MONDAY AT LEGACY TRAINING CENTER ~ 2305 Crompond Road Cortlandt Manor 10567
- We will have 3 teams: Prek - 1st, 2nd - 3rd and 4th - 6th
- All practices will be on MONDAY → 4:30-5:30 - TOC 4th - 6th, 5:30-6:30 -TOC K-1 & 2-3 (the gym will be divided)
- Please be on the lookout for our sizing/uniform exchange day
- PLEASE REGISTER BY: August 1st, 2025

Please email us with any questions! cortlandtcougarscheerleading@gmail.com
Follow us on Instagram: Cortlandt_Cougars_Cheerleading

Please mail in this form if paying by check to:

Coach Nicole Curran
8 Beechland Court
Montrose NY 10548





Town of Cortlandt
Department of Recreation & Conservation
1 Heady Street
Cortlandt Manor, NY 10567-1254

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PLEASE DELIVER PROMPTLY**

POSTAL PATRON



Sign up to receive monthly email newsletters
and weekly updates From the Desk of Supervisor
Dr. Richard H. Becker at
www.townofcortlandt.com/alerts.

This will help keep you, our residents, informed
about everything Cortlandt!

CORTLANDT
Where life works.

Interested to learn more about what the
Town of Cortlandt has to offer?
Scan the codes and visit us on our website or social!



Website



Facebook



Instagram