

CORTLANDT WINTER/SPRING PLANNER

ACTIVITIES FOR ADULTS, SENIORS AND YOUTH!

Town Supervisor

Richard H. Becker, MD

Town Board

James F. Creighton
Cristin Jacoby

Robert E. Mayes
Joyce C. White

**FEATURED THIS
WINTER/SPRING:**

5TH GRADE FUN CLUB

EGG HUNT

EARTH DAY HIKE

SPRING YOUTH
SOCCER LEAGUE

SENIOR ACADEMY
AWARDS AFTERNOON

KARATE 4 KIDZ






MEN'S SOFTBALL
LEAGUE





Town of Cortlandt Recreation & Conservation Department

Cortlandt Town Hall
1 Heady Street
Cortlandt Manor, NY 10567-1241

-  Phone: 914-734-1050
-  Website: www.townofcortlandt.com
-  Email: tocrec@townofcortlandt.com
-  Facebook: facebook.com/townofcortlandt
-  Instagram: [@townofcortlandt](https://www.instagram.com/townofcortlandt)

- Sponsored by the Town of Cortlandt -

TOWN SUPERVISOR

Richard H. Becker, MD

TOWN BOARD

James F. Creighton | Cristin Jacoby | Robert E. Mayes | Joyce C. White

PARKS, RECREATION, & CONSERVATION ADVISORY BOARD

Tino Martin, Chairman
 Jeffrey Boudin
 Jennifer Corrado
 Pamela Bush Denenberg
 Paul DiRoma
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 Paul Pacchiana
 Nathan Palmer
 Joseph Mintz
 Joseph Ryan
 Kelly LaVasseur Reilly
 Joy Snyder

ADVISORY BOARD HIGH SCHOOL STUDENTS

Kailee Fleming
Emily Grace Ruvolo

RECREATION & CONSERVATION DEPARTMENT

Ken Sherman, Director..... 914-734-1058
 Lesley Popkin, Deputy Director.....914-734-1057
 Tim Fisher, Recreation Supervisor..... 914-734-1056
 Greg Kroohs, Recreation Supervisor..... 914-734-1055
 Deanna Peterson, Recreation Supervisor 914-734-1053
 Dawn Mahoney, Director of Senior Programs & Services914-528-1572
 Rebecca Ferguson, Assistant Director of Senior Programs & Services . 914-528-8377
 Lindsey Luposello, Youth Center Director.....914-736-0498
 Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator..... 914-734-1052

OFFICE STAFF

Emma Giovinco | Janice LaFave

The Town of Cortlandt gratefully acknowledges the cooperation extended by the Hendrick Hudson School District, Lakeland Central School District, Village of Buchanan, Village of Croton-on-Hudson, Cortlandt Town Center and to all other groups regarding the use of their facilities and to our business community for supporting our programs and teams.

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CORTLANDT TOWN HALL	MAIN TELEPHONE NUMBER	914-734-1000
DEPARTMENT OF ENVIRONMENTAL SERVICES <i>167 Roa Hook Road, Cortlandt Manor</i>		
Director	Steve Ferreira, P.E.	914-737-0100
Deputy Director	Christina Edwards	914-737-0100
Working Supt. Highway		914-737-0075
Highway & Parks Division		914-737-0075
Sanitation Division	914-737-0100	
Water Division	914-734-1026	
Water Division Billing Issues, Northern Westchester Joint Water Works		914-737-5380 EXT 114
HOTLINE FOR INFORMATION AND EVENTS		914-734-1000 EXT 28
DIRECTOR OF OPERATIONS	Claudia Vahey	914-734-1004
JUSTICE COURT	Judge Kimberly Ragazzo	914-734-1090
	Judge Maritza Fugaro-Norton	914-734-1090
JUSTICE COURT CLERK	Audrey Stewart	914-734-1090
MURIEL H. MORABITO COMMUNITY CENTER <i>29 West Brook Drive, Cortlandt Manor, NY 10567</i>		
Senior Programs & Services Director	Dawn Mahoney	914-528-1464
Nutrition Site Manager & Assistant to Director	Rebecca Ferguson	914-528-8377
DEPARTMENT OF PLANNING & COMMUNITY DEVELOPMENT		
Director	Christopher Kehoe	914-734-1080
Assistant Director	Rosemary Boyle-Lasher	914-734-1083
PURCHASING DEPARTMENT/ CENTRAL SUPPLIES		
Director of Purchasing	Jennifer Glasheen	914-734-1046
RECEIVER OF TAXES	Debra A. Carter	914-734-1030
DEPARTMENT OF RECREATION AND CONSERVATION		
Director	Ken Sherman	914-734-1051
Deputy Director	Lesley Popkin	914-734-1058
SUPERVISOR	Richard H. Becker, Md	914-734-1002
Secretary to the Supervisor	Judi Peterson	914-734-1002
Assistant to the Supervisor	Dianne Carroll	914-734-1101
Assistant to the Supervisor	Elvia Sinchi	914-734-1002
DEPARTMENT OF TECHNICAL SERVICES CODE ENFORCEMENT, ENGINEERING, AND PLANNING		
Director D.O.T.S	Michael Preziosi, P.E.	914-734-1060
Deputy Director, D.O.T.S.	Artie D'Angelo, Jr., P.E.	914-734-1060
Director, Code Enforcement	Martin Rogers, P.E.	914-734-1010
Assistant Director, Code Enforcement	Holly Haight	914-734-1015
TOWN ASSESSOR	Denise Knauer	914-734-1040
TOWN ATTORNEY	Thomas Wood	914-736-0930
DEPUTY TOWN ATTORNEY	Michael Cunningham	914-736-0930
TOWN COMPTROLLER	Patricia Robcke	914-734-1070
TOWN CLERK	Laroue Shatzkin	914-734-1020
YOUTH & RECREATION CENTER <i>3 Memorial Drive, Croton on Hudson, NY 10520</i>		
Youth Center Director	Lindsey Luposello	914-736-0498

Dear Cortlandt Resident:

We hope you enjoy looking through our Winter/Spring Planner! Inside, you will find many excellent programs that offer a variety of recreational opportunities for our community.

Here are some highlights of programs and events this season:

Synthetic ice-skating rink at our Youth Center located at 3 Memorial Drive in Croton on Hudson. The rink is opened for sessions: Friday (4:30 PM- 10:00 PM), Saturday and Sunday (12:30 PM- 8:00 PM) from November through March. Skates are available for rent.

For Adults

Take a yoga class (beginner to experienced), learn to speak Japanese, join our volleyball program.

For Senior Citizens

Learn to paint, dance, use your smart phone and enjoy a movie- see inside for details.

For Youth

Participate in a nature hike, become an art explorer and start learning to cook. Please join one of our many sport leagues.

Hudson River Eaglefest

Saturday, February 1st at Cortlandt Waterfront Park and other locations in the town.

Egg Hunt

Saturday, April 12th, promptly at 1:00 PM, outside the Youth Center.

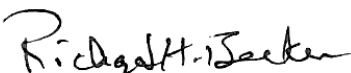
NEW Coming Spring/ Summer 2025

Juried Craft Fair at Cortlandt Waterfront Park
Town-Wide Tag Sale

For more details on these programs and many others, see inside to sign up! Please keep the Planner handy throughout this Winter/ Spring season to refer to for all town programs and events.

Did you know the Town of Cortlandt sends out weekly newsletter on Fridays to help keep our residents informed about everything Cortlandt? Learn about upcoming local events, community achievements, messages from the Desk of Supervisor Dr. Richard Becker and more! You can subscribe by visiting www.townofcortlandt.com/alerts. Share this with your family and friends!

Sincerely,



Richard H. Becker, M.D.
Supervisor, Town of Cortlandt



TRANSFORMED!

3RD ANNUAL STUDENT ART EXHIBITION OPEN CALL



Exhibition Dates: February 3, 2025 – May 1, 2025

Submission Window: Sun, Dec 1, 2024 – Sun, Jan 12, 2025 11:59pm

Artist Notification: Wed, Jan 15, 2025

Work Drop Off: Wed, Jan 29, 2025

Work Pick Up: Fri, May 2, 2025

Submission Form Link: <https://forms.gle/pPP6RpUrrmmMrchpz5>



Calling all student artists (K-12) residing or attending school in the Town of Cortlandt! Submit up to 3 works for our 3rd Annual Student Exhibition, Transformed! to be displayed at Town Hall. A celebration of possibilities, this exhibition seeks works in all mediums that recycle or transform images, materials, or objects in fantastical ways. Your imagination is the limit!



ART IRL! EXHIBITION OPEN CALL

EXHIBITION DATES: MAY 5, 2025 – JULY 31, 2025

SUBMISSION WINDOW: SAT, MAR 01, 2025 – SUN, APR 6, 2025 11:59PM

ARTIST NOTIFICATION: WED, APR 9, 2025

WORK DROP OFF: WED, APR 30, 2025

WORK PICK UP: FRI, AUG 1, 2025

SUBMISSION FORM LINK: [HTTPS://FORMS.GLE/EEDV82B1ECXBZY419](https://forms.gle/EEDV82B1ECXBZY419)



Calling all artists with studios in or residing within the Town of Cortlandt! Submit up to 5 works in all mediums for the exhibition, Art IRL!, to be displayed at Town Hall. This exhibition is an exploration of works "in real life" from artists who use digital tools in their creative process.



QUESTIONS? EMAIL OUR CURATOR, EREN JOHNSON, ART@TOWNOFCORTLANDT.COM

VETERANS INFORMATION

VETERANS MEETINGS

Our Cortlandt Regional Veterans Committee meets monthly at Cortlandt Town Hall, 1 Heady Street. Chairman, Willy Nazario (a Purple Heart Vietnam Veteran) and his fellow Veterans represent the pride in Country that is reflected in all of our Veterans throughout the years.

If you have any questions in regard to the meetings, please call 914-734-1002.

VIETNAM MEMORIAL AND MILITARY ORDER OF THE PURPLE HEART MEMORIAL AT CORTLANDT TOWN HALL

The Town of Cortlandt has two beautiful memorials on the front lawn at Town Hall. Both our Vietnam Memorial, which was constructed during the 50th Anniversary of the war, and the Military Order of the Purple Heart Memorial honor our brave veterans. These memorials are a living tribute to those men and women who served and defended our Country and for those who sacrificed their lives for our freedoms in America.

In addition, we have a Veteran's Memorial at our Cortlandt Waterfront Park by the Hudson River in the hamlet of Verplanck honoring all veterans who have served in the many conflicts throughout the world.



CORTLANDT MILITARY TRIBUTE BANNERS



The Town of Cortlandt is proud to announce that we sponsor a Military Tribute Banner Program. The banners are a beautiful tribute to honor all of our men and women who have served or are currently serving in our nation's military. The banners will be displayed from Memorial Day to Veterans Day at three locations: along Route 9A near the VA Hospital in Montrose, Broadway in Verplanck and Oregon Road. Once this period ends, they are taken down and given to the sponsor who purchased the banner as a keepsake. The deadline to order for 2025 is April 7th.

For additional details regarding these special banners and for ordering/payment information, please visit the Town Information Section at www.townofcortlandt.com. You may also contact the Supervisor's Office at 914-734-1002 or DianneC@townofcortlandt.com.



In honor of our Town of Cortlandt Disabled Veterans and their spouses, the Town of Cortlandt Recreation Department will offer half prices for all recreation programs offered in this planner.



STORM PREPAREDNESS

TOWN OF CORTLANDT INFORMATION

IMPORTANT RESOURCES AND LINKS

Con Edison
800-752-6633 | www.coned.com

Sign up for alerts on the Town of Cortlandt Website:
www.townofcortlandt.com/alerts

TOWN OF CORTLANDT, DES HIGHWAY DIVISION

914-737-0075
highway@townofcortlandt.com
for downed trees and/or wires

TOWN OF CORTLANDT TOWN HALL AND WEBSITE

914-734-1000
www.townofcortlandt.com

TOWN OF CORTLANDT FACEBOOK

www.facebook.com/townofcortlandt

OPTIMUM CABLE, NY

BRONX / BROOKLYN / WESTCHESTER
Residential Customer Service 718-860-3513
www.optimum.net

VERIZON FIOS

800-837-4966
www.verizon.com/home/fios/

NYS POLICE

Non-Emergency Phone 914-737-7171

WESTCHESTER COUNTY POLICE

Non-Emergency Phone 914-864-7701

EMERGENCY 911

STORM PREPAREDNESS CHECKLIST

- Pay close attention to weather advisories and storm warnings



- Keep a flashlight and fresh batteries handy



- Refuel vehicles and ensure they are in good working condition



- Have a battery powered radio to keep informed of restoration efforts



- Have a plan to check on vulnerable neighbors and family members



- Stock water and packaged or canned foods that do not require refrigeration



- Have a phone that does not require an electric outlet to operate; Charge cell phones or have a car cell phone charger



- Ensure adequate supplies of medications, cash, and other necessities



- Stay at least 30 feet away from downed power lines, and lines that may be entangled and hidden in fallen trees. Assume a downed line is live.
- Avoid using candles for illumination.
- Never use outdoor gas or charcoal grills, indoors as they pose a fire hazard and, over time, can give off deadly carbon monoxide gas. Use these appliances outdoors only, with proper ventilation. Operate motor vehicles outdoors only, and never in the garage.

HOW TO REGISTER FOR RECREATION PROGRAMS ONLINE

**WINTER/ SPRING 2025 ONLINE & IN OFFICE REGISTRATION WILL BEGIN ON:
THURSDAY, JANUARY 9, 2025, 8:30 AM**



To create a family account and register for programs, follow the instructions below or on the Community Pass site.

HOW TO CREATE A FAMILY ACCOUNT:

1. Go to www.townofcortlandt.com/reconline
2. From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
3. On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
4. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
5. Please save your login and password for future use.

HOW TO REGISTER FOR PROGRAMS:

1. Go to www.townofcortlandt.com/reconline to log back into the system.
2. Log in using the permanent username and password for your account.
3. Click the 'Click Here to Register' button.
4. Select the applicable Catalog by clicking the 'Continue' button next to your choice.
5. Verify email. Click 'Continue.'
6. Select the person registering, then 'Continue.'
7. Select the program (s) you wish to attend.
8. When finished with selections, click 'Continue.'
9. Complete payment information.

If you have any questions concerning account activation, registration or payments, please contact us at:
914-734-1050 or reconline@townofcortlandt.com

— IMPORTANT REGISTRATION INFORMATION —

- Registration can also be mailed to the Recreation office (PLEASE NOTE: Due to the popularity of our programming, and accessibility of online registration, mailing in your registration may result in waitlist);
Office Hours 8:30 AM to 4:00 PM:
Town of Cortlandt Recreation & Conservation
1 Heady Street
Cortlandt Manor, New York 10567-1254
- Use the appropriate registration form included in the back of this brochure for in office and/or mail in registrations.
- Include cash, a check, or a money order payable to THE TOWN OF CORTLANDT RECREATION for the total amount.
- Individual checks are necessary for separate courses and camp programs.
- There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early!
- It is recommended that your registration be completed a minimum of two (2) weeks prior to the start of the program.
- If space is available in any program one week prior to the start of the program, nonresidents will be allowed to participate by paying a 20% surcharge of the higher fee.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.

TOWN OF CORTLANDT RECREATION PHOTO ID CARDS & HOLLOW BROOK GOLF STICKERS

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

- Previously issued ID cards are NOT acceptable as current proof of residency.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.
- Adult and Youth ID Card fee, \$8.00.
- Senior Citizen ID Card fee (60+, must provide identification), \$4.00.

TOWN OF CORTLANDT RECREATION PHOTO ID CARDS VIA COMMUNITY PASS AND EMAIL

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

1. Residents must first create an account through Community Pass (*Please be sure to enter every household member into your family account that you would like to have registered for a Town of Cortlandt Recreation ID Card):
 - Go to www.townofcortlandt.com/reconline
 - From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
 - On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
 - On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept'.
 - Then click 'Finish.' Please save your login and password for future use.
2. Each adult resident in the household requesting an ID Card must submit two forms of proof of residency (Drivers license, current utility bill, current paystub, check with Town of Cortlandt address, car registration, etc. Previously issued ID cards are NOT acceptable as current proof of residency), via email to recidcard@townofcortlandt.com, along with the following.
 - Residents must also specify which family members in their account would like an ID Card
 - Residents must also submit photos of each family member requesting an ID Card
 - *In color*
 - *Taken within the past 6 months, showing current appearance*
 - *Use a clear image of your face. Do not use filters commonly used on social media.*
 - *Full face, front view with a plain background*
 - *Do not wear a hat or headgear*
 - *Do not wear sunglasses*
3. Office staff will then register each family member for their ID Cards.
4. Residents will be notified when their ID Cards are registered through Community Pass. **Families will not be eligible to register for any other program until the balance for their ID Cards is paid in full.**
5. Finally, office staff will print the physical ID Cards, and mail them to the address on the residents Community Pass account.

Residents may also get Town of Cortlandt Recreation Photo ID Cards in office at Town of Cortlandt Town Hall located at 1 Heady Street, Cortlandt Manor, Office #11; hours are Monday- Friday, 9:00 AM- 3:30 PM.

For Hollow Brook Golf Information, please see page 75.

Buchanan and Croton residents may use their Village ID card to receive our ID card rate for all programs except our summer swim passes and summer swim lessons. If you have a Buchanan or Croton Village ID Card and wish to register for a program online, please contact the Town of Cortlandt Recreation Department at recidcard@townofcortlandt.com.

GENERAL TOWN OF CORTLANDT RECREATION DEPARTMENT INFORMATION

CREDITS/ REFUNDS

- **A full refund will be issued for any program cancelled by the Recreation Department.**
- Any refund request because of illness or accident must be submitted in writing and be accompanied by a Doctor's Note. Refunds will be prorated based on the date received. **Requests must be made prior to the end of the program and will not be considered when a program is half over.** All requests must be submitted in writing.
- All other refund/credit requests (other than medical) must also be submitted in writing and will be assessed a \$15.00 processing fee and issued a prorated program credit based on the date received. The credit must be used within two years from the date and must be mailed in with your application to ensure proper credit towards your next program or league registration. The credit is not replaceable – original form must be submitted for credit.
- Whether the initial registration is paid via cash, check, or credit card, **all refunds** will be issued via check.

SLIDING FEE SCALE AVAILABLE

It is the intention of the Town that no resident of the Town be denied the ability to participate in programs because of an inability to pay. Income Tax backup is necessary, unemployment information, and any other paper work is requested for financial help already received by any other agencies. The fee reduction can be used with any program registration, sports league or resident pass in the Recreation Division. Fee reduction applications are available in the Recreation Office through Emma Giovinco at emmag@townofcortlandt.com or 914-734-1054.

RECREATION "SUGGESTION BOX"

There may be an activity or program that you enjoy which is not presently offered by the Town of Cortlandt Recreation Department. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Town of Cortlandt Recreation Department encourages residents to express their ideas and concerns! Help us offer the best programs and services! Send all ideas and comments to tocrec@townofcortlandt.com.

HANDICAPPED ACCESSIBILITY

Programs described in this brochure have been audited by our staff to determine general accessibility. All Town of Cortlandt facilities and Schools that are used to hold our programs are barrier free. For programs that are held outdoors please call the Recreation Department at 914-734-1050 for information.

The winter weather is unpredictable, and inclement or dangerous conditions may warrant the cancellation of some programs on those days. Programs cancelled due to inclement weather will be made up if the schedule permits. You will be contacted via email directly through our online registration software, Community Pass, about cancellations. Please be vigilant to check your email, including your spam.



LOOKING AHEAD

Summer 2025 Camp Registration Important Dates and Reminders



The 2025 Summer Recreation Program Planner should be mailed home to residents mid to late March.

Monday, March 24th 8:30 AM: In-office and online registration for all Summer 2025 Recreation Programs begins.

Friday, June 13th: Deadline to register for camp (Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade) before the late registration fee is applied; a \$25 fee for each session, and a total of \$75 when registering for all three sessions.

Tuesday, June 24th: Deadline to register for Session I (Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade)

Tuesday, July 8th: Deadline to register for Session II (Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade)

Tuesday, July 22nd: Deadline to register for Session III (Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade)

Prospective Day Camp, 5th/6th Grade Camp, and 7th/ 8th Grade Information:

Session I June 30th- July 11th* (No Camp on Friday, July 4th)

Session II July 14th- July 25th*

Session III July 28th- August 8th*

Day Camp: Charles J. Cook Park

5th/ 6th Grade Camp: Hendrick Hudson High School*

7th/8th Grade Camp: Blue Mountain Middle School*

**All information above is subject to change based on Hendrick Hudson School District availability and scheduling.*



WINTER PROGRAM HIGHLIGHTS



ADULT

DEFENSIVE DRIVING

PICKLEBALL 101

WOGA:
WEIGHTS & YOGA

YOUTH

KARATE 4 KIDZ

FOOD FUN

AMERICAN RED CROSS
BABYSITTING COURSE



WINTER PROGRAM

ADULT PROGRAM - ADVANCED KARATE

"THE KARATE TAEKWONDO CLASS IS THE GREATEST EXPERIENCE I HAVE EVER HAD. STARTING FROM NOT KNOWING ANYTHING TO ACHIEVING ALL THE SKILLS THAT I KNOW NOW. I AM VERY HAPPY WITH THE INSTRUCTOR, JEFFREY BUTLER. HE IS VERY FRIENDLY, A TRUE PROFESSIONAL. VERY DEDICATED, PATIENT, AND KNOWLEDGEABLE. NICK, THE ASSISTANT INSTRUCTOR, IS ALSO WELL VERSED IN TEACHING GIVING THE CLASS. TWO GREAT INSTRUCTORS THAT GO ABOVE AND BEYOND IN TEACHING EVERY ONE OF US TO MAKE SURE WE ALL ARE LEARNING THE SAME SKILLS. COULDN'T BE ANY HAPPIER WITH THIS CLASS!"- YURY A. REYES



Winter Adult Programs

Town of Cortlandt Seniors (residents only) ages 60 and over receive a 50% discount for recreation programs
The 50% discount for recreation programs will also be offered to Town of Cortlandt Disabled Veterans and their spouses (proof required).

BADMINTON

Geert Janssen, Director

This will be a non-league badminton program designed for adults. The program is for fun and exercise. Players of all skill levels are welcome to come for free play!

Course Number: 401-1W
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Day/ Date: Tuesday, starting date: February 4 (8 Sessions)
Time: 6:30 PM- 8:00 PM
Fee: \$40 with ID/ \$45 without ID/ \$54 nonresident

BASKETBALL

Steve Staiano, Director

Free Play Basketball. Registration closed after third session.

Course Number: 400-1W (18 & Over)
Location: Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)
Day/ Date: Tuesday, starting date: January 14 (16 sessions)
Time: 8:00 PM- 10:00 PM
Fee: \$55 with ID/ \$60 without ID/ \$72 nonresident

Course Number: 400-2W (30 & Over)
Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: January 11 (16 sessions)
Time: 10:00 AM- 12:00 PM
Fee: \$55 with ID/ \$60 without ID/ \$72 nonresident

BEGINNER HUSTLE

Liz Peterson, Instructor

Enjoy learning a true NY dance that is still going strong as one of the most popular social dances in history! Not just for Disco, this partner dance can be done to many genres of pop music and is perfect for dancing at social events and parties. Learn the basics and a good vocabulary (dance steps) to get you out on the dance floor! Hustle and West Coast Swing are both considered "slot" dances (more linear versus rotational). Take both classes (discounted) and you'll know two great social dances that can be done to a variety of music! Class is taught in an enjoyable, comfortable interactive environment for absolute beginners or those who wish to improve their skills. No experience or partner necessary. Instructor Liz Peterson has been teaching for 34 years and loves to share the joy of dancing. No make-up classes allowed/provided.

**Participants will receive a discount when registering for both Beginner West Coast Swing and Beginner Hustle
\$150 with ID/ \$155 without ID/ \$174 nonresident.*

Course Number: 463-1W
Location: Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Tuesday, starting date: January 28 (6 Sessions)
Time: 7:45 PM- 8:45 PM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

BEGINNER WEST COAST SWING

Liz Peterson, Instructor

Come have fun learning how to West Coast Swing, a smooth, stylish dance with roots in Lindy Hop known for its slotted movements, where dancers move back and forth in a linear pattern. Learn the basics and a good vocabulary (dance steps) to get you out on the dance floor! West Coast Swing and Hustle are both considered "slot" dances (more linear versus rotational). Take both classes (discounted) and you'll know two great social dances that can be done to a variety of music! Class is taught in an enjoyable, comfortable interactive environment for absolute beginners or those who wish to improve their skills. No experience or partner necessary. Instructor Liz Peterson has been teaching for 34 years and loves to share the joy of dancing. No make-up classes allowed/provided.

**Participants will receive a discount when registering for both Beginner West Coast Swing and Beginner Hustle \$150 with ID/ \$155 without ID/ \$174 nonresident.*

- Course Number:** 428-1W
- Location:** Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
- Day/ Date:** Tuesday, starting date: January 28 (6 Sessions)
- Time:** 6:30 PM- 7:30 PM
- Fee:** \$90 with ID/ \$95 without ID/ \$114 nonresident

DEFENSIVE DRIVING COURSE (6 HOURS TOTAL)

B.J. Jani, Instructor

This is an approved course by the Department of Motor Vehicles. On completion of this course the DMV will reduce points from the license and insurance company's gives discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver. PLEASE BRING YOUR DRIVERS LICENSE AND A PEN. Meet in High School front lobby prior to first class.

- Course Number:** 403-1W
- Location:** Community Room (CUE), (3113 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
- Day/ Date:** Monday & Tuesday; March 10 & 11 (2 sessions)
- Time:** 6:30 PM- 9:30 PM
- Fee:** \$45 with ID/ \$50 without ID/ \$60 nonresident

FOREVER FIT (AGES 50 PLUS)

Premier Personal Trainer

Strength training, stretching and cardio exercise for strong bones, flexibility and lower resting heart rate. Just what you need.

- Course Number:** 405-1W
- Location:** Premier Athletic Club (2127 Albany Post Road, Montrose)
- Day/ Date:** Mondays, starting date: February 3 (8 sessions)
- Time:** 11:30 AM- 12:30 PM
- Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident



KARATE & ADVANCED KARATE **(AGES 14 & OVER- CLASS IS SUBDIVIDED BY AGE AND ABILITY)**

Jeff Butler, Instructor

This is a traditionally taught martial arts class that operates throughout the year. New participants may wear comfortable clothes that are appropriate to go to the gym. Returning students will wear the class uniforms. Belt ranks are given as people progress from one level to the next. Class activities include warm ups, stretching, basic techniques, heavy bag/focus mitts, single and partner drills as well as sparring and self-defense. Parents of youth members: Youth must initially be accompanied by an adult until the instructor gives parents permission to drop them off.

Course Number:	410-1W
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Thursday, starting date: February 6 (16 sessions)
Time:	6:00 PM- 8:00 PM
Fee:	\$65 with ID/ \$70without ID/ \$84 nonresident

BEGINNER ADULT KARATE (AGES 14 & OLDER)

Jeff Butler, Instructor

This is for those adults with no experience or for those who have some previous training but want to get back into martial arts at a slower pace. Participants will learn basic techniques, stretching, and some focus mitts/heavy bag.

Course Number:	457-1W
Location:	Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor - Located in the Cortlandt Town Center)
Days/ Dates:	Saturday, starting date, February 8 (10 sessions)
Time:	10:00 AM- 11:00 AM
Fee:	\$55 with ID/\$60 without ID/ \$71 nonresident

PICKLEBALL 101 (AGES 14 & OVER)

Beth Shea, PPR Certified Professional Instructor

This class will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like ping pong, you will enjoy pickleball! Full games with scoring will take place in the last two classes. This class is appropriate for brand new players or those who have tried the sport a couple of times and want to learn the basics correctly. Equipment will be provided for the first session.

Course Number:	455-1W
Location:	Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/ Dates:	Tuesdays, starting date: January 28 (6 sessions)
Time:	4:30 PM- 5:30 PM
Fee:	\$175 with ID/ \$180 without ID/ \$216 nonresident

Course Number:	455-2W
Location:	Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)
Days/ Dates:	Thursdays, starting date: January 30 (6 sessions)
Time:	1:00 PM- 2:00 PM
Fee:	\$175 with ID/ \$180 without ID/ \$216 nonresident

INTRODUCTION TO SWORDSMANSHIP (AGES 12 & OVER)***Jeff Butler, Instructor***

A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. Anyone under the age of 16 must have a parent or guardian present.

Course Number:	432-1W
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Sunday, starting date: February 9 (16 sessions)
Time:	4:30 PM- 6:00 PM
Fee:	\$65 with ID/ \$70 without ID/ \$83 nonresident

ADVANCED SWORDSMANSHIP**(PARTICIPANTS MUST HAVE COMPLETED BEGINNER CLASS TO REGISTER)*****Jeff Butler, Instructor***

Course Number:	432-2W
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Sunday, starting date: February 9 (16 sessions)
Time:	6:00 PM- 7:30 PM
Fee:	\$65 with ID/ \$70 without ID/ \$83 nonresident

VOLLEYBALL (ADVANCED)***Patrick Ferguson, Supervisor***

A non-league volleyball program designed for adults. Two co-ed volleyball programs will be offered. Wednesday evenings are for the more skilled players. These programs are for fun and exercise. Come out and have a good time!

Course Number:	418-1W
Location:	Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date:	Wednesday, starting date: February 26 (8 sessions)
Time:	7:00 PM- 9:00 PM
Fee:	\$32 with ID/ \$37 without ID/ \$45 nonresident

WOGA I***Ruane Edge, Instructor***

As we get older, our muscle mass decreases. Using one pound weights and yoga... we will increase muscles as well as stretch the body with yoga. There will be a 5 minute meditation at the end of class. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number:	442-1W
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Monday, starting date: January 27 (10 sessions)
Time:	11:00 AM- 12:00 PM
Fee:	\$90 with ID/ \$95 without ID/ \$114 nonresident

WOGA II***Ruane Edge, Instructor***

Just like WOGA I... Only doing more reps with weights and more exercises. Ending class with a little Pilates and also a five minute meditation. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number:	442-2W
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Wednesday, starting date: January 29 (10 sessions)
Time:	10:00 AM- 11:30 AM
Fee:	\$130 with ID/ \$135 without ID/ \$162 nonresident

LITE YOGA

Ruane Edge, Instructor

Have you ever wanted to learn yoga? Then this is the class for you. This class will take you step by step through poses and breathing to relax the whole body. There will be a 5 minute meditation at the end of the class. Please bring a yoga mat and water to every class.

Course Number: 451-1W
Location: Cortlandt Community Room (CUE),
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates: Monday, starting date: January 27 (10 sessions)
Time: 9:30AM- 10:30 AM
Fee: \$90 with ID, \$95 without ID/ \$114 nonresident

YOGA, CORE, AND STRETCH

Karen Lett, Instructor

Deepen your yoga practice and nurture your body. Decrease stress and increase strength, flexibility, balance, focus, and overall well-being. Special emphasis placed on posture, core, and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

Course Number: 449-1W
Location: Community Room (CUE),
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Wednesday, starting date: January 22 (9 sessions)
Time: 6:30 PM- 7:45 PM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

YOGA II

Ruane Edge, Instructor

This class is for more experienced yoga people. More poses, and deepening breathing. There will be a 5 minute meditation at the end of class. Please bring yoga mat and water to every class.

Course Number: 452-1W *some yoga experience required
Location: Community Room (CUE),
(3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Tuesday, starting date: January 28 (10 Sessions)
Time: 10:00 AM- 11:30 AM
Fee: \$130 with ID/ \$135 without and ID/ \$162 nonresident



Winter Youth Programs

AFTER SCHOOL BOWLING (AGES 8- 15)

This program is designed for the Town of Cortlandt Youth so that they can experience bowling in a league format with friends and schoolmates. Participants play two games of bowling, free shoe rental, trophies, and a year end party.

Course Number: 302-1W
Location: Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)
Day/ Date: Friday, starting date: January 24 (10 sessions)
Time: 4:00 PM- 5:30 PM
Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

AMERICAN RED CROSS BABYSITTING (AGES 11- 14)

Angela Reeve, Instructor

The ARC Babysitter's Training course is designed to provide youth with the knowledge and skills necessary to safely & responsibly give care for children & infants in a fun and interactive way. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves & others safe, help children behave & learn about basic child care as well as basic first aid. Successful participants earn ARC Certification. Bring bagged lunch or dinner.

Course Number: 600-1W
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Wednesday, January 29
Time: 9:00 AM- 4:00 PM
Fee: \$84 with ID/ \$89 without ID/ \$107 nonresident



ART EXPLORERS (GRADES K- 3RD)

Cathy Carabee-Faiella, Instructor

Enjoy elbow deep excitement experimenting with artist quality materials & techniques including 3D fun, painting, drawing, paper mâché, and collage in an encouraging supportive environment. Your young artist will stretch their imagination & observational skills to develop their own artistic voice while drawing inspiration from famous artists & art from around the world. Creative risk taking was never so much fun! NEW PROJECTS EACH SEASON!

Course Number: 300-1W
Location: Cortlandt Youth Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Monday, starting date: January 27 (7 sessions);
No class February 17th & March 17th
Time: 4:00 PM- 5:15 PM
Fee: \$195 with ID/ \$200 without ID/ \$240 nonresident



ART QUEST (GRADES 4TH- 6TH)

Cathy Carabee-Faiella, Instructor

Crazy art exercises will help free up that artist in each of us! Acrylic & Watercolor painting, drawing from still life, collage, and more 3D adventures will be covered. Creative risk taking and problem solving is encouraged. NEW PROJECTS EACH SEASON!

Course Number: 300-1W
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Monday, starting date: January 27 (7 sessions); No Class February 17th & March 17th
Time: 5:30 PM- 7:00 PM
Fee: \$235 with ID/ \$240 without ID/ \$288 nonresident

BASKETBALL PROGRAM- YOUTH FREE PLAY (AGES 8-14)

A supervised open gym basketball program on Saturdays. *No registration fee required!

Location: Furnace Woods Elementary School Gym (239 Watch Hill Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: January 11 (8 sessions- No free play Saturday, February 15)
Time: 9:00 AM- 10:45 AM
Fee: Free

BUMPER BOWLING (AGES 5- 8)

An early developmental program designed for youths that are interested in exploring fundamentals of bowling with guaranteed fun and success. Participants play 2 games of bowling, free shoe rental, trophies and a year end party. Parents are encouraged to stay and help with scoring and supervision.

Course Number: 303-1W
Location: Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)
Day/ Date: Friday, starting date: January 24 (10 sessions)
Time: 4:00 PM- 5:30 PM
Fee: \$125with ID/ \$130 without ID/ \$156 nonresident

CREATIVE COOKING

Shari Munitz, Instructor

Come mix it up and join us for some creative cooking. We'll make it, bake it, stir it, cut it and lots more "hot stuff" (and cold cooking, too)! We'll integrate themes, science, math and more along with many skills while expanding our taste palate and being introduced to some new ingredients and food combinations. Not suggested for chefs with food allergies. Each week your young chef will make something different. Each session will teach new material.

Grades K- 3rd

Course Number: 643-1W
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesdays, starting date January 28 (5 sessions) (no class 2/18)
Time: 4:00 PM- 5:00 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

Grades 4th- 8th

Course Number: 643-2W
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesdays, starting date January 28 (5 sessions) (no class 2/18)
Time: 5:45 PM- 6:45 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

FOOD FUN (TWO YEAR OLD PROGRAM; NO KNIVES)

Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 224-1W
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesdays, starting date January 28 (5 sessions) (no class 2/18)
Time: 9:15 AM- 10:00 AM
Fee: \$125 with ID/ \$130 without ID/ \$150 nonresident

HOME ALONE (GRADES 5TH- 8TH)- SEE YC SPECIALTY PROGRAMS

ICE SKATING 101 (AGES 5-14)

Paul Lepore, Instructor

Non-skaters interested in learning the basics of ice skating on synthetic ice!

Course Number: 341-1W
Location: Cortlandt Synthetic Ice Rink
 (3 Memorial Drive, Croton on Hudson)
Day/Dates: Sunday, January 12
Time: 1:00 PM- 1:45 PM
Fee: Free

Course Number: 341-2W
Location: Cortlandt Synthetic Ice Rink
 (3 Memorial Drive, Croton on Hudson)
Day/Dates: Sunday, January 12
Time: 2:00 PM- 2:45 PM
Fee: Free

Course Number: 341-3W
Location: Cortlandt Synthetic Ice Rink
 (3 Memorial Drive, Croton on Hudson)
Day/Dates: Sunday, January 12
Time: 3:00 PM- 3:45 PM
Fee: Free



INTERVIEW SKILLS 101 (AGE 14- 18)- SEE YC SPECIALTY PROGRAMS

KARATE 4 KIDZ (AGES 6-14)

Jeff Butler, Instructor

This is for those children with no experience or for those who have some previous training but want to get back into martial arts at a slower pace. Participants will learn basic techniques, stretching, and some focus mitts/ heavy bag. This is NOT a drop-off program.

Course Number: 308-1W
Location: Cortlandt Community Room (CUE),
 (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/Dates: Saturday, starting date: February 8 (10 sessions)
Time: 9:00 AM- 10:00 AM
Fee: \$55 with ID/ \$60 without ID/ \$71 nonresident

MUSICAL THEATER WORKSHOP (GRADES 3RD-9TH)

Robyn Ferracane, Instructor, Professional Actress

Attention: Singers and actors! Immerse yourself in the world of theater! This workshop is for everyone from the student acting for the first time, to the seasoned performer. This program takes youth from the audition process to a final performance everyone will enjoy. The production is done with some costumes, props and minimal sets. All youth will have a role to play, will receive a script adapted to the students and will be taught the music they need to perform their role.

Course Number:	610-1W
Location:	Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date:	Monday- Friday, February 17-21; Performance: Friday, February 21
Time:	9:00 AM- 3:00 PM
Fee:	\$200 with ID/ \$205 without ID/ \$246 nonresident

RESUMANIA (AGE 14- 18)- SEE YC SPECIALTY PROGRAMS

SAILORS WRESTLING CLUB (GRADES 2ND- 6TH)

Sailors Youth Wrestling will begin its second season! This is a great opportunity for all students from grades 2nd to 6th. Youth wrestling is a dynamic and engaging sport designed for children and adolescents, typically ranging from ages 5 to 11. It emphasizes physical fitness, discipline, and personal development while teaching fundamental wrestling techniques. Here are some key aspects of youth wrestling: Physical Development, Skill Building, Discipline, Community, and Camaraderie.

Course Number:	311-1W
Location:	Hendrick Hudson High School Cafeteria (2166 Albany Post Road, Montrose)
Day/ Date:	Monday, starting date: January 13 (9 sessions)
Time:	6:00 PM- 7:30 PM
Fee:	\$125 with ID/ \$130 without ID/ \$156 nonresident

SKYHAWKS BASKETBALL

This fun, skilled-intensive program, is designed for beginning to intermediate players. Using our progressive curriculum, we focus on the whole player, teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and smallsided scrimmages.

Ages 3 - 5

Course Number:	336-1W
Location:	Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Day/ Date:	Saturday , starting date: February 8 (6 sessions)
Time:	12:00 PM- 12:50 PM
Fee:	\$119 with ID/ \$124 without ID/ \$149 nonresident

Ages 6 - 8

Course Number:	336-2W
Location:	Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)
Day/ Date:	Saturday , starting date: February 8 (6 sessions)
Time:	1:00 PM- 1:50 PM
Fee:	\$119 with ID/ \$124 without ID/ \$149 nonresident

Ages 5 - 7

Course Number:	336-3W
Location:	Buchanan Verplanck Elementary School Gym (160 Westchester Avenue, Buchanan)
Day/ Date:	Monday , starting date: February 10 (6 sessions)
Time:	4:30 PM- 5:20 PM
Fee:	\$119 with ID/ \$124 without ID/ \$149 nonresident

Ages 8 - 10

Course Number:	336-4W
Location:	Buchanan Verplanck Elementary School Gym (160 Westchester Avenue, Buchanan)
Day/ Date:	Monday , starting date: February 10 (6 sessions)
Time:	5:30PM- 6:20 PM
Fee:	\$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS SOCCERTOTS

These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! Parent participation required for ages 2-3.5 years.

LITTLE CUBS (Age 2)

Course Number: 218-1W
Location: Blue Mountain Middle School Multi Purpose Room (7 Furnace Woods Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: February 8 (6 Sessions)
Time: 10:00 AM-10:50 AM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

CUBS (Age 3)

Course Number: 219-1W
Location: Blue Mountain Middle School Multi Purpose Room (7 Furnace Woods Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: February 8 (6 Sessions)
Time: 11:00 AM-11:50 AM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

BEARS (Age 4)

Course Number: 220-1W
Location: Blue Mountain Middle School Multi Purpose Room (7 Furnace Woods Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: February 8 (6 Sessions)
Time: 12:00 PM- 12:50 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

GRIZZLIES (Age 5)

Course Number: 221-1W
Location: Blue Mountain Middle School Multi Purpose Room (7 Furnace Woods Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: February 8 (6 Sessions)
Time: 1:00 PM- 1:50 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident



SKYHAWKS VOLLEYBALL

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun filled program! All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate player.

Ages 7 - 10

Course Number: 337-1W

Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt)

Day/ Date: Saturday, starting date: February 8 (6 sessions)

Time: 12:00 PM- 12:50 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Ages 11 - 14

Course Number: 337-2W

Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt)

Day/ Date: Saturday, starting date: February 8 (6 sessions)

Time: 1:00 PM- 1:50 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

STORYBOOK COOKING (AGES 3-6)

Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 642-1W

Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)

Day/Dates: Tuesdays, starting date January 28
(5 sessions) (no class 2/18)

Time: 10:30 AM- 11:30 AM

Fee: \$135 with ID/ \$140 without ID/\$162
nonresident

Course Number: 642-2W

Location: Cortlandt Youth & Recreation
Center (3 Memorial Drive, Croton on Hudson)

Day/Dates: Tuesdays, starting date January 28
(5 sessions) (no class 2/18)

Time: 12:30 PM- 1:30 PM

Fee: \$135 with ID/ \$140 without ID/\$162
nonresident

YC CLEAN UP (GRADES 6TH- 12TH) **SEE YC SPECIALTY PROGRAMS**



SPRING PROGRAM HIGHLIGHTS



ADULT

BEGINNER
DANCE CLASSES

PICKLEBALL TUNE UP

BEGINNER CHA-CHA

YOUTH

SKYHAWKS
SOCCERTOTS

SWIM INSTRUCTION

ENVIRONMENTAL
COURSE

SPRING PROGRAM

YOUTH PROGRAM
FLAG FOOTBALL LEAGUE



"FLAG FOOTBALL WAS AN AMAZING OPPORTUNITY FOR THE KIDS TO LEARN AND HAVE A GREAT TIME. THE COACHES DID AN EXCELLENT JOB WITH DRILLS, GAMES, AND INTERACTIONS WITH THE CHILDREN. WE CAN'T WAIT TO BE BACK PLAYING AGAIN!"

- MELISSA LOCATELLI



Spring Adult Programs

Town of Cortlandt Seniors (residents only) ages 60 and over receive a 50% discount for recreation programs. The 50% discount for recreation programs will also be offered to Town of Cortlandt Disabled Veterans and their spouses (proof required).

BEGINNER CHA-CHA

Liz Peterson, Instructor

Come have fun learning how to social dance and get your Latin Mojo on! Classes are taught in an enjoyable, comfortable interactive environment for absolute beginners or those who wish to improve their skills. Learn the basics of Cuban Motion and a good vocabulary (dance steps) to get you out on the dance floor! Mambo & Cha-Cha have similar vocabularies so taking both classes helps to reinforce what you're learning and you'll know two dances! No experience or partner necessary. Instructor Liz Peterson has been teaching for 33 years and loves to share the joy of dancing.

*Participants will receive a discount when registering for both Beginner Mambo/ Salsa and Beginner Cha-Cha
\$150 with ID/ \$155 without ID/ \$174 nonresident.

Course Number: 420-1S
Location: Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Tuesday, starting date: April 1 (6 Sessions)
Time: 7:45 PM- 8:45 PM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

BEGINNER MAMBO/ SALSA

Liz Peterson, Instructor

Come have fun learning how to social dance and get your Latin Mojo on! Classes are taught in an enjoyable, comfortable interactive environment for absolute beginners or those who wish to improve their skills. Learn the basics of Cuban Motion and a good vocabulary (dance steps) to get you out on the dance floor! Mambo & Cha-Cha have similar vocabularies so taking both classes helps to reinforce what you're learning and you'll know two dances! No experience or partner necessary. Instructor Liz Peterson has been teaching for 33 years and loves to share the joy of dancing.

*Participants will receive a discount when registering for both Beginner Mambo/ Salsa and Beginner Cha-Cha
\$150 with ID/ \$155 without ID/ \$174 nonresident.

Course Number: 406-1S
Location: Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Tuesday, starting date: April 1 (6 Sessions)
Time: 6:30 PM- 7:30 PM
Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

DEFENSIVE DRIVING COURSE (6 HOURS TOTAL)

B.J. Jani, Instructor

This is an approved course by the Department of Motor Vehicles. On completion of this course the DMV will reduce points from the license and insurance company's gives discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver.

PLEASE BRING YOUR DRIVERS LICENSE AND A PEN. Meet in High School front lobby prior to first class.

Course Number: 403- 1S
Location: Community Room (CUE), (3113 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Monday & Tuesday; April 14 & 15 (2 sessions)
Time: 6:30 PM- 9:30 PM
Fee: \$45 with ID/\$50 without ID/ \$60 nonresident

INTRODUCTION TO JAPANESE LANGUAGE (AGES 12 & OVER)

Nick DeMauro, Instructor

This course is designed to provide an introduction to spoken and written Japanese, aimed towards beginning to intermediate learners. Over the course of this 10 week session, students will learn the essentials of Japanese grammar, vocabulary, and writing. In addition, students will also receive an overview of Japanese culture and history in order to contextualize the language. Both adults and children welcome!

Course Number: 425-1S
Location: Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date: Monday, starting date: March 24 (10 sessions)
Time: 7:30 PM- 8:30 PM
Fee: \$150 with ID/\$155 without ID/ \$186 nonresident

PICKLEBALL BEGINNERS CLINIC (YOUTH & ADULTS AGE 14 AND OVER)

Beth Shea, PPR Certified Professional Instructor

This clinic will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like Ping-Pong, you will enjoy pickleball! Mini games with scoring will take place in the last thirty minutes. The clinic is appropriate for brand new players or who have tried the sport a couple of times and want to learn the basics correctly. Please bring a paddle, water bottle and sneakers.

Course Number: 454-1S
Location: Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)
Days/Dates: Saturday, May 10
Time: 1:30 PM- 3:00 PM
Fee: \$27 with ID/ \$32 without ID/ \$39 nonresident

SHARPEN YOUR SKILLS AT PICKLEBALL (AGES 18 & OLDER)

Beth Shea, PPR Certified Professional Instructor

Designed for players who know the rules, scoring and basics and have played several times, this smaller group class will offer feedback on how to improve each person's skill set and use better strategy. It will also include pointers about communication on the court and injury prevention.

Course Number: 460-1S
Location: Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)
Days/ Dates: Saturdays, starting date: May 10
Time: 12:00 PM- 1:00 PM
Fee: \$25 with ID/ \$30 without ID/ \$36 nonresident

PICKLEBALL TUNE-UP (YOUTH & ADULTS AGES 14 AND OVER)

Beth Shea, PPR Certified Professional Instructor

This class is for players who have played a few times and would like to improve their understanding of strokes, strategy, footwork, and communication on court. The first two weeks will fully review all of these important elements and each class will have increasing amounts of time spent playing games. Participants should bring a paddle, sneakers, and water bottle.

Course Number: 460-1S
Location: Cortlandt Youth Center Pickleball Courts (3 Memorial Drive, Croton on Hudson)
Days/ Dates: Thursdays, starting date: April 24 (4 sessions)
Time: 1:00 PM- 2:00 PM
Fee: \$98 with ID/ \$103 without ID/ \$124 nonresident



WOGA I***Ruane Edge, Instructor***

As we get older, our muscle mass decreases. Using one pound weights and yoga... we will increase muscles as well as stretch the body with yoga. There will be a 5 minute meditation at the end of class. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number:	442-1S
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Monday, starting date: April 21 (10 sessions)
Time:	11:00 AM- 12:00 PM
Fee:	\$90 with ID/ \$95 without ID/ \$114 nonresident

WOGA II***Ruane Edge, Instructor***

Just like WOGA I.... Only doing more reps with weights and more exercises. Ending class with a little Pilates and also a five minute meditation. Please bring yoga mat, 1 pound weight, and water to every class.

Course Number:	442-2S
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Wednesday, starting date: April 23 (10 sessions)
Time:	10:00 AM- 11:30 AM
Fee:	\$130 with ID/ \$135 without ID/ \$162 nonresident

LITE YOGA***Ruane Edge, Instructor***

Have you ever wanted to learn yoga? Then this is the class for you. This class will take you step by step through poses and breathing to relax the whole body. There will be a 5 minute meditation at the end of the class. Please bring a yoga mat and water to every class.

Course Number:	451-1S
Location:	Cortlandt Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Dates:	Monday, starting date: April 21 (10 sessions)
Time:	9:30AM- 10:30 AM
Fee:	\$90 with ID, \$95 without ID/ \$114 nonresident

YOGA, CORE, AND STRETCH***Karen Lett, Instructor***

Deepen your yoga practice and nurture your body. Decrease stress and increase strength, flexibility, balance, focus, and overall well-being. Special emphasis placed on posture, core, and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

Course Number:	449-1S
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Wednesday, starting date: April 2 (7 sessions)
Time:	6:30 PM- 7:45 PM
Fee:	\$70 with ID/ \$75 without ID/ \$90 nonresident

YOGA II***Ruane Edge, Instructor***

This class is for more experienced yoga people. More poses, and deepening breathing. There will be a 5 minute meditation at the end of class. Please bring yoga mat and water to every class.

Course Number:	452-1S *some yoga experience required
Location:	Community Room (CUE), (3131 East Main Street, Cortlandt Manor- Located in the Cortlandt Town Center)
Day/ Date:	Tuesday, starting date: April 22 (10 Sessions)
Time:	10:00 AM- 11:30 AM
Fee:	\$130 with ID/ \$135 without and ID/ \$162 nonresident

Spring Youth Programs

AFTER SCHOOL BOWLING (AGES 8- 15)

This program is designed for the Town of Cortlandt Youth so that they can experience bowling in a league format with friends and schoolmates. Participants play two games of bowling, free shoe rental, trophies, and a year end party.

Course Number: 302-1S
Location: Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)
Day/ Date: Friday, starting date: April 18 (10 sessions)
Time: 4:00 PM- 5:30 PM
Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

ART EXPLORERS (GRADES K- 3RD)

Cathy Carabee-Faiella, Instructor

Enjoy elbow deep excitement experimenting with artist quality materials & techniques including 3D fun, painting, drawing, paper mâché, and collage in an encouraging supportive environment. Your young artist will stretch their imagination & observational skills to develop their own artistic voice while drawing inspiration from famous artists & art from around the world. Creative risk taking was never so much fun! NEW PROJECTS EACH SEASON!

Course Number: 300-1S
Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Day/ Date: Monday, starting date: May 5 (7 sessions)
No class May 26
Time: 4:00 PM- 5:15 PM
Fee: \$195 with ID/ \$200 without ID/ \$240 nonresident

ART QUEST (GRADES 4TH- 6TH)

Cathy Carabee-Faiella, Instructor

Crazy art exercises will help free up that artist in each of us! Acrylic & Watercolor painting, drawing from still life, collage, and more 3D adventures will be covered. Creative risk taking and problem solving is encouraged. NEW PROJECTS EACH SEASON!

Course Number: 301-1S
Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Day/ Date: Monday, starting date: May 5 (7 sessions)
No class May 26th
Time: 5:30 PM- 7:00 PM
Fee: \$235 with ID/ \$240 without ID/ \$288 nonresident



BROADWAY ALL STARS (GRADES 3RD- 9TH)

Robyn Ferracane, Instructor

Love to act or sing? This workshop is for everyone from the beginner student to the seasoned performer. Experience the fun of the theatrical games, audition and having a role in a live production! Taught by a professional actress/director. Youth will enjoy nine working classes with a final Spring performance. Space is limited.

Course Number: 620-1S
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Saturday, starting date: March 29 (9 Sessions) (no class 4/19)
Performance: May 31
Time: 11:00 AM- 1:00 PM
Fee: \$200 with ID/ \$205 without ID/ \$246 nonresident

BUMPER BOWLING (AGES 5- 8)

An early developmental program designed for youths that are interested in exploring fundamentals of bowling with guaranteed fun and success. Participants play 2 games of bowling, free shoe rental, trophies and a year end party. Parents are encouraged to stay and help with scoring and supervision.

- Course Number:** 303-1S
- Location:** Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)
- Day/ Date:** Friday, starting date: April 18 (10 sessions)
- Time:** 4:00 PM- 5:30 PM
- Fee:** \$125 with ID/ \$130 without ID/ \$156 nonresident

CREATIVE COOKING

Shari Munitz, Instructor

Come mix it up and join us for some creative cooking. We'll make it, bake it, stir it, cut it and lots more "hot stuff" (and cold cooking, too)! We'll integrate themes, science, math and more along with many skills while expanding our taste palate and being introduced to some new ingredients and food combinations. Not suggested for chefs with food allergies. Each week your young chef will make something different. Each session will teach new material.

Grades K- 3rd

- Course Number:** 643-1S
- Location:** Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
- Day/Dates:** Tuesday, starting date March 18 (5 Sessions) (no class 4/15)
- Time:** 4:00 PM- 5:00 PM
- Fee:** \$135 with ID/ \$140 without ID/ \$162 nonresident

Grades 4th- 8th

- Course Number:** 643-2S
- Location:** Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
- Day/Dates:** Tuesday, starting date March 18 (5 Sessions) (no class 4/15)
- Time:** 5:45 PM- 6:45 PM
- Fee:** \$135 with ID/ \$140 without ID/ \$162 nonresident

DISCOVERY HIKE

Terry Kardos, Instructor

Get all of your senses ready, then let's hike through the forest and discover what early spring surprises nature offers! For families with children 5 years old and up.

- Course Number:** 914-1S
- Location:** Montrose Point State Forest (Kings Ferry Road, Montrose)
- Day/ Date:** Sunday, April 6
- Time:** 1:00 PM- 2:30 PM
- Fee:** \$10 with ID/ \$15 without ID/ \$18 nonresident

EXPLORING THE POND (FOR ADULTS AND CHILDREN)

Terry Kardos, Instructor

Remember the fun you had as a kid catching things in a pond? Dress in old clothes and footwear that can get muddy (rubber boots are recommended) and relive your childhood as we use nets to find what lives in the pond and learn about the food chain. Better yet: bring a kid or two with you! Children under seven must be accompanied by an adult.

- Course Number:** 906-1S
- Location:** Blue Mountain Reservation (435 Welcher Avenue, Peekskill)
(Head west on Welcher Avenue; in Peekskill; At the brown gatehouse, bear left; Continue past the trail lodge and park in lot. Meet by the pond.
- Day/ Date:** Sunday, June 1
- Time:** 1:00 PM -2:30 PM
- Fee:** \$10 with ID/ \$15 without ID/ \$18 nonresident

FOOD FUN (TWO YEAR OLD PROGRAM; NO KNIVES)

Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 224-1S
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, starting date March 18 (5 Sessions) (no class 4/15)
Time: 9:15 AM- 10:00 AM
Fee: \$125 with ID/ \$130 without ID/ \$150 nonresident

FLAG FOOTBALL CLINIC

Cole Coyle, Instructor

Our youth flag football league provides a dynamic and inclusive environment where kids can engage in the excitement of football without the contact. Designed for various age groups, the league emphasizes skill development, teamwork, and sportsmanship. With practices focusing on fundamental skills, players learn the game in a fun and supportive setting. Weekly practices offer a chance to put these skills to the test, fostering both competition and camaraderie. Coaches and volunteers are dedicated to creating a positive experience for every child, encouraging growth both on and off the field. The league aims to build confidence, physical fitness, and a love for the sport in a safe and encouraging atmosphere.



Course Number: 305-1S
Location: Sunset Field (85 Sunset Road, Montrose)
Day/ Date: Saturdays, starting date April 19 (8 sessions)
Time: 9:00 AM- 10:15 AM
Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

SKYHAWKS BASEBALL

Learn the fundamentals of fielding, catching, throwing, hiking, and base running– all in a fun, positive environment! Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Grades K & 1st

Course Number: 339-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: April 19 (6 sessions)
Time: 12:30 PM- 1:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Grades 2nd & 3rd

Course Number: 339-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Saturday, starting date: April 19 (6 sessions)
Time: 1:30 PM- 2:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS BASKETBALL

This fun, skilled-intensive program, is designed for beginning to intermediate players. Using our progressive curriculum, we focus on the whole player, teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small sided scrimmages.

Grades 3rd- 5th

Course Number: 336-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Wednesday, starting date: April 9 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Grades 6th- 8th

Course Number: 336-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Wednesday, starting date: April 9 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS SOCCERTOTS

These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! Parent participation required for ages 2-3.5 years.

LITTLE CUBS (Age 2)

Course Number: 218-1S
Location: Van Cortlandtville Elementary School (3100 E Main Street, Mohegan Lake)
Day/ Date: Sunday, starting date: April 6 (6 Sessions)
Time: 9:30 AM-10:15 AM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

CUBS (Age 3)

Course Number: 219-1S
Location: Van Cortlandtville Elementary School (3100 E Main Street, Mohegan Lake)
Day/ Date: Sunday, starting date: April 6 (6 Sessions)
Time: 10:30 AM-11:15 AM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

BEARS (Age 4)

Course Number: 220-1S
Location: Van Cortlandtville Elementary School (3100 E Main Street, Mohegan Lake)
Day/ Date: Sunday, starting date: April 6 (6 Sessions)
Time: 11:30 AM-12:15 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

GRIZZLIES (Age 5)

Course Number: 221-1S
Location: Van Cortlandtville Elementary School (3100 E Main Street, Mohegan Lake)
Day/ Date: Sunday, starting date: April 6 (6 Sessions)
Time: 12:30 PM-1:15 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS TENNIS

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis! Our tennis programs focuses on skill and refinement, as well as practice and match play to develop consistent, well-rounded tennis players.

Grades K-2nd

Course Number: 340-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Tuesday, starting date: April 8 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Grades 3rd- 5th

Course Number: 340-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Tuesday, starting date: April 8 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS TRACK & FIELD

Participants will learn different Track & Field events include javelin, discus, shot put, hurdles, long jump, triple jump and various running and relay events (activities may vary by area). Participants also learn positive life skills such as teamwork and sportsmanship.

Grades 3rd-5th

Course Number: 310-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Monday, starting date: April 7 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Grades 6th- 8th

Course Number: 310-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Monday, starting date: April 7 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS VOLLEYBALL

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun filled program! All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate player.

Ages 8-10

Course Number: 337-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Thursday, starting date: April 10 (6 sessions)
Time: 4:30 PM- 5:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Ages 11-14

Course Number: 337-2S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Thursday, starting date: April 10 (6 sessions)
Time: 5:30 PM- 6:30 PM
Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

STORYBOOK COOKING (AGES 3-6)

Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 642-1S
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, March 18 (5 Sessions) (no class 4/15)
Time: 10:30 AM- 11:30 AM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

Course Number: 642-2S
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Dates: Tuesday, March 18 (5 Sessions) (no class 4/15)
Time: 12:30 PM- 1:30 PM
Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

SWIMMING INSTRUCTION (AGES 5- 10)

FIRST CLASS IS AN EVALUATION SESSION! Each session with be sub-divided by skill into Swim Levels 1, 2, & 3.

COURSE	NUMBER	TIME
319-1S	Ages 4 1/2 to 6 yrs. old	5:00 PM-5:30 PM- Level A
319-2S	Ages 7 yrs. & 8 yrs. old	5:40 PM-6:10 PM- Level B
319-3S	Ages 9 yrs. to 10 1/2 yrs. old	6:20 PM-6:50 PM- Level C

Location: Premier Athletic Club (2127 Albany Post Road, Montrose)
Day/ Date: Friday, starting date: March 7 (10 sessions) No class April 18th
Fee: \$200 with ID/ \$205 without ID/ \$246 nonresident

THINGS THAT CREEP, CRAWL, AND FLY (AGES 3+)

Terry Kardos, Instructor

Come explore the world of tiny animals, find their homes, and learn the importance each one plays in our ecological food chain. Bugs will never just be bugs again. Children under seven must be accompanied by an adult.

Course Number: 908-1S
Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)
Day/ Date: Sunday, May 4
Time: 1:00 PM- 2:30 PM
Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

WET & WILD: AMAZING AMPHIBIANS (AGES 3-7)

Terry Kardos, Instructor

What does that long word mean, anyway? Learn about these animals and how their lives change in so many ways as they grow up. We will learn the calls of some local frogs and play a game. Adult caregivers need not stay but are welcome to join if children are more comfortable with their presence.

Course Number: 911-1S
Location: Georges Island Park (Dutch Street, Montrose)
 Look for sign at side of gatehouse for exact location
Day/ Date: Sunday, April 27
Time: 1:00 PM- 2:30 PM
Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

YC CLEAN UP (GRADES 6TH- 12TH)- SEE YC SPECIALTY PROGRAMS

LEAGUE HIGHLIGHTS

TRAVEL SOCCER

SPRING SOCCER LEAGUE

MEN'S SOFTBALL LEAGUE





LEAGUES

TRAVEL SOCCER

"MY DAUGHTER HAS REALLY ENJOYED PLAYING ON HER TOWN OF CORTLANDT TRAVEL SOCCER TEAM. SHE HAS GAINED NEW FRIENDS, DRAMATICALLY IMPROVED HER SOCCER SKILLS, AND GREW HER OVERALL CONFIDENCE IN ALL ASPECTS OF LIFE!" - JASON SCLAFANI



Sports Leagues & Teams Adult and Youth

GIRLS LACROSSE LEAGUE (SPRING) (GRADES 1ST- 6TH)

Stephen Couch, Director

ONLINE REGISTRATION NOW AVAILABLE AT WWW.TOWNOFCORTLANDT.COM/RECONLINE

Competitive Youth Lacrosse involving several local communities. Cortlandt will field teams for 1st & 2nd Grade Girls, 3rd & 4th Grade Girls, and 5th & 6th Grade Girls. Primary focus is on exposure to the sport and the growth of Lacrosse in our area. One to two practices per week, games on Monday - Sunday. ***There will be an additional fee for uniforms. All players must register with USLacrosse.org as well as with the Town of Cortlandt Recreation Department.*** The program requires full equipment. Limited supply of equipment provided. **Coaches Needed!** Coaches should register online at www.townofcortlandt.com/reconline.

Application deadline is Saturday, March 15th.

Parent Meeting: Sprout Brook Lacrosse All Purpose Field

Date: Saturday, March 15

Time: 9:00 AM for all grades

Fee: (1st & 2nd Grade) \$50 with ID/ \$55 without ID/ \$66 nonresident

Late Fee: \$55 with ID/\$60 without ID/ \$72 nonresident

Fee: (3rd- 6th Grade) \$90 with ID/ \$95 without ID/ \$114 nonresident

Late Fee: \$95 with ID/ \$100 without ID/ \$120 nonresident



BOYS LACROSSE LEAGUE (SPRING) (GRADES K- 8TH)

****This league is not managed through the Town of Cortlandt Recreation Department, please note the contact information for registration below****

The Sailors Youth Lacrosse Club will have four teams by grade: K-2nd Grade Boys, 3rd/ 4th Grade Boys, 5th/6th Grade Boys, 7th/8th Grade Boys. Practices will be two days a week (Tuesday/ Thursday evenings - times TBD)

Games will be on Saturdays and occasionally during the week. Schedule will be available in February for all registered players. Equipment is needed. If you are a new player they will help you with equipment for the season.

For more information on how to register, fees, and more please contact at Sailors.Youth.Lacrosse@gmail.com.

MENS SOFTBALL LEAGUE

The Town of Cortlandt Recreation Department offers a Men's Softball League for residents. Softball games will take place Monday- Friday, beginning mid April at various fields within the Town of Cortlandt. A pre-season meeting will be held in late March for all interested coaches. Fees TBA. For more information contact Recreation Supervisor, Tim Fisher at timf@townofcortlandt.com or 914-734-1056.

Anyone interested in umpiring in the Men's Softball League, please call Recreation Supervisor, Tim Fisher, at timf@townofcortlandt.com or 914-734-1056.



CORTLANDT SOCCER LEAGUE (SPRING) (GRADES 1ST-6TH)

ONLINE REGISTRATION AVAILABLE AT WWW.TOWNOFCORTLANDT.COM/RECONLINE

DEADLINE for registration is Friday, February 28th. All registrations are accepted on a first-come, first-serve basis. Any application received after March 1st will be charged a LATE FEE, and go on a wait list. Participants on the wait list are NOT guaranteed a spot in the league.

GRADE IS FOR 2024/2025 SCHOOL YEAR

BOYS

1st/ 2nd Grade Division*
3rd/ 4th Grade Division*
5th/ 6th Grade Division*

GIRLS

1st/ 2nd Grade Division*
3rd/ 4th Grade Division*
5th/ 6th Grade Division*

Registration Fee:

\$60 with ID/ \$65 without ID/ \$76 nonresident

Late Fee:

\$70 with ID/ \$75 without ID/ \$90 nonresident



EVALUATIONS

****Only players that did not participate in the Fall 2024 league MUST come for evaluations.*** Players who do not attend evaluations will be **PLACED RANDOMLY** onto teams by the recreation division. Teams may remain the same from the fall season dependent upon the number of registrants and the fairness of each team and division. All new players will be placed on a team.

Evaluations will take place at Blue Mountain Middle School (7 Furnace Woods Road, Cortlandt Manor) as follows:

Monday, March 3rd	1st/ 2nd Grade Boys	6:00 PM
Monday, March 3rd	3rd/ 4th Grade Boys	6:30 PM
Monday, March 3rd	5th/ 6th Grade Boys	7:00 PM
Tuesday, March 4th	1st/ 2nd Grade Girls	6:00 PM
Tuesday, March 4th	3rd/ 4th Grade Girls	6:30 PM
Tuesday, March 4th	5th/ 6th Grade Girls	7:00 PM



TRAVEL SOCCER 2025/ 2026 SEASON

Teams will participate in the Westchester Youth Soccer League (WYSL). The program requires two practices and one game per week. Practices will start in August. The fall season includes approximately 10 weeks of league play. Half of those games will be home, the other half will be away. The season will then continue in the spring with another 10-week schedule. It is a one-year commitment. Teams may participate in tournaments throughout the year. If your child played in 2024/2025 season they MUST attend tryouts. There are no guarantees that they will make the team again. You may not play in-house & travel soccer. Only 1 league is permitted at one time

*****IMPORTANT REGISTRATION INFORMATION FOR ALL: REGISTRATION FOR TRAVEL SOCCER NOW ONLINE** at www.townofcortlandt.com/reconline. Registration will first be completed without payment! Once your child has made a team, the Town of Cortlandt Recreation Department and/ or your coach will let you know when you can make payment online and/ or in office.*

FEE: \$550.00
ELIGIBILITY: Town of Cortlandt Residents, and those attending a Hendrick Hudson & Lakeland School Districts

Deadline for all applications is Monday, May 5, 2025.



TRAVEL SOCCER TRYOUTS: Saturday, April 12- Sprout Brook Lacrosse & Multi Purpose Field; Rain date is Saturday, April 26.

TRYOUT DATE: SATURDAY, April 12, 2025
Rain date is Saturday, April 26th at Sprout Brook Lacrosse & Multi-Purpose Field

DIVISION	TIME	BIRTHDATE
GIRLS U10/U11	8:00 AM- 9:15 AM	Birth Year: 2015 or 2016
BOYS U10/U11	9:30 AM- 10:45 AM	Birth Year: 2015 or 2016
BOYS U12	11:00 AM- 12:00 PM	Birth Year: 2014
GIRLS U12	1:15 PM- 2:15 PM	Birth Year: 2014

U10/U11 tryouts will include children in both age groups. If numbers warrant, we will offer a team in each age group. If not, this will be a U11 team with younger & older players combined.

IF YOUR CHILD PARTICPATES ON A TRAVEL SOCCER TEAM, THEY WILL BE INELIGIBLE TO PARTICPATE IN THE TOWN OF CORTLANDT YOUTH SOCCER LEAGUE



LITTLE LEAGUE

This program is not run through the Town of Cortlandt Recreation Department, it is run by a board of volunteers. For more Information please contact: Cortlandt American Little League (C.A.L.L.) Little League levels of play start at Age 5 up to 15 years old.

Providing little league baseball for youth in the following school districts: Lakeland, Yorktown, and Mahopac. For more information, view their website at www.callbb.org or email Cortlandtbaseball@gmail.com

CORTLANDT NATIONAL LITTLE LEAGUE (C.N.L.L.) (HENDRICK HUDSON SCHOOL DISTRICT)

Email: cnll@cnllbaseball.org Website: www.cnllbaseball.org

CROTON LITTLE LEAGUE (C.L.L.)

The Little League is open to boys and girls living within the Croton Harmon Union Free School District. Email: cll2018@gmail.com Website: www.crotonlittleleague.com

CORTLANDT SOFTBALL LITTLE LEAGUE

Girls ages 5 - 12

Registration for Spring Season opens January 1st, 2025

For more information go to <https://www.cortlandtsoftball.info/home>

Email: CSLLPresident@outlook.com or CSLLSecretary@outlook.com

Follow us on Facebook: <https://www.facebook.com/CortlandtGirlsSoftball>



Picture of the Wally Blattman, Don & Sylvia Harfst Sprout Brook Little League Field located at Sprout Brook Park on Sprout Brook Road. It is used by both Cortlandt American and Cortlandt National Little League Organizations.

SENIOR SERVICES HIGHLIGHTS

DISCO NIGHT

FIT & FUNCTIONAL CLASS

LUNCH & LEARN:
PREVENTING FALLS





SENIOR SERVICES

"I ENJOY THE LINE DANCE, ROCK AROUND THE CLOCK AND SWING CLASSES – ALL OF THE CLASSES ARE AWESOME, THE INSTRUCTORS ARE GREAT AND HELPFUL. THE 3 DAY TRIP TO CAPE COD WAS AMAZING – THE LOCAL TRIPS ARE ALWAYS GREAT. I ENJOY THE SENIOR CENTER AND FEEL IT'S A LIFE SAVER – AND LOOK FORWARD TO ALL THE DIFFERENT CLASSES AND TRIPS THAT THE CLUB PROVIDES – THANK YOU AND YOUR TEAM FOR ALL YOU DO FOR THE CENTER." - GLORIA BRUNO





Senior Services

The Cortlandt Golden Connection

29 WESTBROOK DRIVE, CORTLANDT MANOR
914-528-1572

www.townofcortlandt.com/seniors

Director: Dawn Mahoney | dawnm@townofcortlandt.com
Assistant Director: Rebecca Ferguson | rebeccaf@townofcortlandt.com



To be ELIGIBLE to participate in any of the following Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency – a current Con Ed bill or telephone bill required. MUST be least 60+ years of age.



CLUBS

Nor- Cort/ Cortlandt Club meeting take place at the Muriel H. Morabito Community Center on Westbrook Drive. Verplanck Club meets at the Verplanck Schoolhouse, 6th Street, Verplanck. Special events , information symposiums and socials are all part of club membership. To be a member of any of the above-mentioned clubs, you must be a resident of the Town of Cortlandt. Nor-Cort/ Cortlandt Seniors' Club- Tuesday, meeting begins at 10:30 AM. Coffee and Cake will be served.

Ongoing Golden Connection Activities at the Muriel H. Morabito Community Center:

Monday	10:30 AM-11:30 AM Line Dance Exercise Class
Tuesday	10:00 AM- 1:00 PM Nor-Cort/ Cortlandt Senior Club
Wednesday	10:00 AM- 3:00 PM Varies - Check monthly calendar
Thursday	10:30 AM- 11:30 AM Chair Yoga Exercise Class 10:00 AM- 2:00 PM Verplanck Senior Club (Verplanck School house)
Friday	10:15 AM- 11:15 AM Low Impact Exercise Class 12:15 PM- 1:00 PM Zumba Gold Exercise Class



EXERCISE COURSE DESCRIPTIONS

We offer a myriad of ongoing exercise classes throughout the year at no cost to Town of Cortlandt Seniors.

Mondays - LINE DANCE

10:30 AM-11:30 AM

Instructor: Cameron Kelly

Come Line Dance! Love to dance but don't have a partner! No problem! Come on over and burn some calories, get some exercise, have some laughs, and meet some great people who love to line dance.

Thursdays - CHAIR YOGA

10:30 AM-11:30 AM

Instructor: Karen Lett

The plan for the chair yoga class is to offer seniors health benefits by working on their physical activity. Seniors can find yoga to help their balance and stability. The participants will learn to work their breath, movement, and energy for balance and stress relief.

Fridays - LOW IMPACT AEROBICS AND MUSCLE STRENGTHENING/FLEXIBILITY

10:15 AM-11:15 AM

Instructor: Lori Barr

Come join this low-impact aerobics/muscle strengthening/flexibility class done to fun music in a safe, supportive, welcoming atmosphere. You'll burn fat, improve your heart health, build stronger muscles, and bones and increase your flexibility. This class is very appropriate for beginners and modifications will be demonstrated for several experience levels. All levels are welcome!

Fridays - ZUMBA GOLD

12:15 PM-1:00 PM

Instructor: Suzi Tipa

Perfect for our active older adults, Zumba Gold incorporates all of the energy, fun, and international rhythms of a traditional Zumba class, but at a lower intensity. Our class introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. You can modify any of the movements to suit your personal fitness level and goals. Come ready to sweat, and prepare to leave feeling empowered, strong and energized!

Non-resident senior rate available. Please call 914-528-1572 for more details/information



The following programs are funded under the Older Americans Act of 1965 as amended, through the cooperation of:

**The Department of Health & Human Services New York State Office of the Aging
Westchester County Department of Senior Programs & Services Town of Cortlandt**

TOWN OF CORTLANDT SENIOR PROGRAM INFORMATION- To assist seniors with other agency program information a Social Worker is available as needed. Call 914-528-8377 for referral.

BEREAVEMENT SUPPORT

Bereavement support is available to those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. Susan Loomis, LMSW will be available for support by appointment only. Please call 914-528-1572 for more information or to see if there is a meeting scheduled.

BUS TRANSPORTATION TO THE MURIEL H. MORABITO COMMUNITY CENTER

Funded through the US Department of Health and Human Services-Administration on Aging (AoA), New York State Office for the Aging, Westchester County Department of Senior Programs and Services, and the Town of Cortlandt. Transportation is available Monday thru Friday to the Muriel H. Morabito Community Center for lunch and/or senior programs. Seniors are picked up in the morning and returned back home in the afternoon. In order for the Bus Service to operate, a minimum of 6 seniors are required. The contribution for bus transportation to and from the center is \$3.00. For congregate meals and bus transportation call (914) 528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation and some restrictions apply.

COMPUTER LAB AND TECH ASSISTANCE

Community Center staff is available to assist with basic cell phone questions, i.e. Connect to Wi-Fi, create a contact, or even on how to take a selfie. The computers are available for daily use from 9:00 AM- 2:00 PM; except during pre scheduled computer classes.

FILE FOR LIFE

The File of Life is a card which contains vital information and is kept on the inside doorknob of their house/ apartment's entry/ exit door, readily available to EMTs when they arrive on an emergency call. The medical card lists the patient's emergency medical contacts, health problems, medications taken, allergies, recent surgeries and more. Call 914-528-1572 for additional information or stop by the Community Center and pick up your free File of Life bag today.

NUTRITION PROGRAM

An on-site and home delivery service that provides persons age 60+ with a nutritious and well- balanced noon-time meal. Anyone needing or knowing individuals that would benefit from the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is \$3.00 and for Home Delivered Meals is \$4.00. For home delivered meals call (914)528-8377. Grab 'N' Go meal service will continue so that seniors can pick up a hot lunch and take it home. The cost for Grab 'N' Go is \$3.00 per meal.

OPERATION SNOWFLAKE

The Town of Cortlandt Senior Services Division offers a snow shoveling service for eligible Senior Citizens who reside in the Town of Cortlandt based on availability. Seniors who are unable to shovel their walkway should call the Muriel H. Morabito Center at 914-528-8377 for eligibility and registration.

SENIOR CITIZENS MEDICAL & PHARMACY TRANSPORTATION

This service offers transportation to area doctors, medical facilities, pharmacies and back home again to those eligible Town of Cortlandt Seniors. The Medical car runs on Monday, Thursday, and Friday. Transportation available to the following areas: Yorktown, Jefferson Valley, Lake Peekskill, Peekskill, Cortlandt Manor, Buchanan, Verplanck, and Croton on Hudson. For advanced reservations and information call Becky Ferguson at 914-528-8377. The contribution for the medical car is \$5.00.

*Some restrictions apply. Seniors must be independent and/or have a companion to ride/ assist.

SHOPPING-The shopping bus will pick up Cortlandt Seniors at their home to go to the Cortlandt Town Center every Thursday and to the Jefferson Valley Mall on the 3rd Monday of the month. Seniors will be returned to their homes after shopping. The contribution for the shopping bus is \$3.00.

Every Thursday	Cortlandt Town Center, Rte. 6	10:00 AM- 1:30 PM
1st Monday of Month	Uncle Giuseppe's & Trader Joes (Yorktown)	10:30AM - 1:30PM
3rd Monday of Month	Jefferson Valley Mall	11:00 AM- 1:30 PM

(If the 3rd Monday is a holiday, the mall bus will run the following Monday.)

Call 914-528-5164 for reservations and information.

*Some restrictions apply. In order for shopping bus to operate a minimum number of 6 seniors are required.

Special Events & Classes

12TH ANNUAL "CORTLANDT SENIORS ACADEMY AWARDS AFTERNOON"

Walk the Red Carpet... Vote on your Fav's... Be Voted Best Dressed... Enjoy A Catered Lunch... Stop by the Center on February 25 for an afternoon of glam, glitz, goodies, and prizes! Gowns, suits, glamour and garb are encouraged! Walk the Red Carpet and strut your stuff.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Tuesday, February 25; Snow date Wednesday, February 26
Time: 11:00 AM-2:00 PM; Doors open at 10:30 AM
Fee: \$7.00 in advance; make checks payable to Cortlandt Rotary Club
Registration: Must RSVP to 914-528-1572 by February 18 with payment
For more information please call the Cortlandt Rotary at 914-246-0135



BINGO AFTERNOON

Join the staff for fun, friends and cash prizes! Pots vary.

Location: Muriel H. Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Tuesdays, January 28, February 18, March 25, April 29
Time: 12:30 PM- 2:30 PM
Fee: \$7.00 cash entrance fee paid in advance which includes one card for each game. \$10 at the door the day of the event. Additional cards, daubers, and bonus games may be purchased the day of the event.
Registration: Pre-registration with payment is required to secure your spot.
Call 914-528-1572 for more information.

COFFEE CLUB

Held every Wednesday at 12:00 PM. Get to know your neighbors and other seniors in your community. Coffee is provided and you can bring your own snacks!

COLOR YOURSELF CALM

Join us for a selection of calming patterns to color. Bring your own coloring tools or use ours. Feel free to bring a snack and drink.

Location: Muriel H. Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Friday, January 31 and March 28
Time: 1:15 PM- 3:00 PM
Fee: Free
Registration: Pre-registration required no later than one week. Call 914-528-1572 for more information.

CREATIVE COLLAGES

Let your creativity flow during this afternoon of collage creating. Use our materials and mix them with your own pictures or items to make a wonderful memory board, travel ideas, or a beautiful valentine vision. Boards, magazines and other supplies will be available.

Location: Muriel H. Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Friday, February 14
Time: 1:15 PM
Fee: Free
Registration: Pre-registration required no later than one week. Call 914-528-1572 for more information.

DISCO NIGHT

Grab your love beads, dust off your bell bottoms, strap on your boogie shoes and hustle on over! You don't want to miss this GrOVy night full of fun, friends and all the funky stuff! Dress to impress. Light refreshments will be available

- Location:** Muriel H. Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Friday, January 10
Time: 6:00 PM- 8:00 PM
Fee: \$8 in advance; \$10 at the door.
Registration: Pre-registration required no later than one week before with payment.
Minimum number to run the program is 40. Call 914-528-1572 for more information.

FIT & FUNCTIONAL CLASS

Join M2 Speed, Strength & Performance for the "Fit & Functional" class each Wednesday morning from 10am-11am during the months of January and February 2025. The class will focus on overall human movement, burning fat, building balance, strength and better function. Each participant is encouraged to wear proper training attire (shorts or sweatpants with a T-shirt or Sweatshirt) and bring water and a light post training snack. Please consult your physician prior to enrollment, then come burn some calories and have some fun! Please check out our website to learn more about us at www.mmscny.com.

- Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Date: Wednesday, January 15, 22, 29, February 5, 12, 19, 26 (7 sessions)
Time: 10:00 AM- 11:00 AM
Fee: \$20.00
Registration: Pre-registration required no later than one week before with payment.
Minimum number to run the program is 20. Call 914-528-1572 for more information.

HORSE RACING

Head over to the racetrack for an afternoon at Cortlandt Downs! This exciting horse-themed game is an active race towards the finish line. Six races in total. 50/50 and additional betting tickets will be available the day of the event.

- Location:** Cortlandt Raceway, Muriel Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
Date: Wednesday, April 23
Time: Doors open at 12:00 PM, Races begin at 12:30 PM SHARP!
Fee: \$5 entrance fee includes light refreshments and one bet, \$8 if paid at the door, the day of the event.
Registration: Payment is due at registration; no later than April 17th. Call 914-528-1572 for more information.

GENTLE MOVEMENT CLASS

Instructor, Barbara Burns

Barbara weaves gentle movement, simple dance moves, stretching and breathing together to provide a fun yet relaxing class. Guided meditation and stillness at the end of the class to settle and ground the energy created. No yoga or dance experience is necessary.

- Location:** Muriel Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
Date: Mondays- January 13, 27, February 3, 10, 24, March 3, 10, 17 (8 sessions)
Time: 12:00 PM- 1:00 PM
Fee: \$20 for all sessions.
Registration: Pre-registraion required no later than one week before.
Call 914-528-1572 for more information.

DROP IN PICKLEBALL

Learn the fun sport that combines tennis, badminton, and ping-pong. Stop by the Muriel H. Morabito Community Center on scheduled Monday and Wednesday afternoons to see what the craze is all about! Check our monthly calendar for scheduled dates and times.



LUNCH & LEARN - PREVENTING FALLS

Please join us for a discussion on how to prevent falls in the home environment. Laura Anderson, Speech-Language Pathologist, Certified Brain Injury Specialist, and Coordinator of the Neurological Rehabilitation Program at North Westchester Restorative Therapy and Nursing Center will lead a discussion regarding home modifications and exercises to implement in order to decrease the risk of falls.

- Location:** Muriel H. Morabito Community Center
- Day/Date:** Wednesday, February 12
- Time:** 12:00 PM
- Fee:** Free
- Registration:** Pre-registration required no later than one week before. No walk ins please. Call 914-528-1572 for more information.

PIZZA AND A MOVIE AFTERNOON

Come join us for an afternoon matinée on our 70 inch flat screen.

- Location:** Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor
- Day/ Date:** Friday, Jan. 3 Murder on the Orient Express
Friday, Feb. 7 What's Love Got To Do With It
Friday, March 7 Thelma
Friday, April 4 Ordinary Angels
Friday, May 2 Blended
- Time:** 1:00 PM- 3:00 PM or until movie ends
- Fee:** \$6 (includes pizza, drink and dessert)
- Registration:** Pre-registration required with payment. Must register no later than one week before, maximum 20.

MENS DISCUSSION GROUP

Our men's discussion group is a place for all men aged 60 and over to meet each other in an informal, social environment to share their knowledge and experiences. Wednesdays at 12:00 PM for coffee and conversation.

POTLUCK AFTERNOON

Join the Center staff and warm up this winter with a potluck afternoon. Please bring a dish to share - it can be an appetizer, main course, side, or dessert. Feel free to bring your favorite dish or try a new recipe. The Center will provide plates, utensils, and non-alcoholic beverages. Looking forward to a fun afternoon of great food and company!

- Location:** Muriel H. Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
- Day/ Dates:** Wednesday, January 22
- Time:** 12:00 PM
- Fee:** Free
- Registration:** Pre-registration required no later than one week before

SENIOR CRAFT AFTERNOONS

Join staff from the Hendrick Hudson Library for a fun afternoon creating crafts and memories.

- Location:** Muriel H. Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
- Day/Date:** Fridays, February 28 and April 25
- Time:** 1:30 PM- 3:00 PM
- Fee:** Free
- Registration:** Pre-registration required no later than one week before class. Minimum number to run the class is 6; max is 15. Call 914-528-1572 for more information

SILVER STAGE MOTIVATOR

Beat those winter blues with us! Brian Blotner is motivational companion for aging adults and need-based individuals. He will be speaking about Positivity, Happiness and Laughter- They Keys to Longevity .

- Location:** Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
- Day/Date:** Wednesday, March 19
- Time:** 10:30 AM
- Fee:** Free; Light refreshments will be served.
- Registration:** Pre-registration required no later than 1 week before. Call 914-528-1572 for more information.

SQUARE DANCING WITH SANDY

Square Dancing is friendship, set to music! Exercise the body and mind while having fun! Free class and all levels welcome! Partners welcome, but not needed. All you need is a smile and comfortable shoes!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/Date: Wednesday, March 12 (Snow date, March 26)
Time: 1:00 PM- 3:00 PM
Fee: \$5.00 cash entry fee paid in advance; \$8 at the door on the day of the event.
Registration: Pre-registration required no later than 1 week before w/ payment.
Minimum number to run the program is 20. Call 914-528-1572 for more information.

TABLE GAME TIME

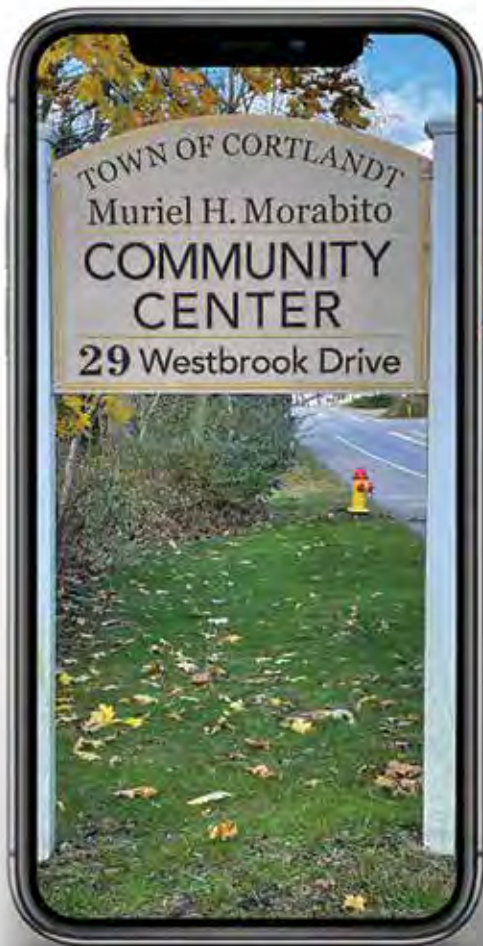
All table games; Cards, Maj Jong, Canasta, Rummy Cube, Poker, Scrabble and much more!

Location: Muriel H. Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
Day/ Dates: Available for play on Thursdays, 12:00 PM- 3:00 PM
Fee: Free

WII BOWLING

Play Wii Bowling on our large screen TV. New bowlers welcome!

Location: Muriel H. Morabito Community Center, (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Thursdays
Time: 11:45 AM
Fee: Free



Stay up to date about all things Town of Cortlandt Senior Services!

Interested in receiving our monthly calendar, specials, trip information, exercise links, and schedule changes?

Call 914-528-1572 to be added to our general email list, exercise email list, or both!

TOWNOFCORTLANDT.COM

Join other Veterans monthly for coffee and bagels at an informal meeting held on the fourth Wednesday of the month, in the Nyberg Room at the Linda D. Puglisi Town Hall, 1 Heady Street, Cortlandt Manor, NY at 11:00 AM. Come meet your fellow Veterans to learn and discuss important veterans issues, as well as the latest happenings at the V.A. in Montrose.

YOUTH CENTER HIGHLIGHTS



5TH GRADE LUAU

HOME ALONE

YC COOKING
AND BAKING WEEK

YOUTH CENTER

"THE YOUTH CENTER IS A GREAT PLACE TO HANG OUT WITH FRIENDS. THEY ALSO TEACH US EDUCATIONAL LIFESKILLS WHICH IS BOTH FUN AND IMPORTANT!" -

JEWEL RIVAS





Youth and Recreation Center

3 MEMORIAL DRIVE, CROTON-ON-HUDSON
914-736-0498
www.townofcortlandt.com/yc



Director: Lindsey Luposello | lluposello@townofcortlandt.com

The Director is available to all young people in our town for conversation, information and referral. Cortlandt Recreation is committed to providing a variety of programs that are socially engaging, educational and fun for youth of all ages.



FREE DROP IN PROGRAM AT THE YC

Drop in activities include: table games - ping pong, pool, air hockey, arts and crafts, video games- Wii & Switch, TV, board games, learning lab, outside activities, basketball, pickle ball and more!

HOURS OF OPERATION

*Youth must be registered participant for the drop-in program.
Visit www.townofcortlandt.com/reconline

GRADES 6TH-12TH

DROP OFF

Mon- Thurs: 3:00 PM- 8:00 PM

Friday: 3:00 PM- 9:00 PM

Saturday: 4:00 PM- 9:00 PM

Sunday: CLOSED

GRADES 1ST-5TH

(WITH ADULT SUPERVISION)

Saturday: 1:00 PM- 4:00 PM

HOLIDAY HOURS GRADES 6TH - 12TH

*OPEN AT 1 PM

January 2

Feb 17-Feb 21

January 3

March 17

January 20

April 14-April 18

January 29

CLOSED

January 1

May 16 (Open only to 5th Grade

Luau Attendees;

Rain Date: May 26)



CORTLANDT COMMUNITY COALITION

HELP US KEEP OUR COMMUNITY SAFE, HEALTHY, AND DRUG FREE

Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator

Call 914-734-1052 for more information



YC Important Information For Parents

YC REGISTRATION PROCESS

For Youth in Grades 6th-12th

All youth must be registered as a YC participant in order to attend our daily and specialty programming. Registration is good for one year & needs to be renewed on a yearly basis. You will be notified by email when it is time to renew.



Go to:
www.townofcortlandt.com/reconline
Search by keyword
"Youth Center"

2025-2026

BMMS BUS REGISTRATION IS DUE JULY 1ST!



Blue Mountain Middle School has a bus which drops youth off at the YC Monday-Friday. Youth **MUST** be registered online before you can register for a bus pass. Applications received after July 1st will have a minimum of a two week waiting period once school starts before a pass is issued. For more information and to register email:
lluposello@townofcortlandt.com



The YC is committed to providing educational programs for our youth which promote positive social development. Programs are implemented after school and with all of our drop-in participants. For more information, please call the YC at 914-736-0498.

YC Programs: Grades 6th-12th

Weekday Programs: January - April

ALL PROGRAMS WILL START AT 3:30 PM

While at the Youth Center, youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Monday, January 6: Whipped Cream Day
 Monday, January 13: Therapy Dog Visit
 Monday, January 20: Milkshake Monday
 Thursday, January 30: Hot Chocolate Day
 Wednesday, February 5: Nutella Day
 Monday, February 10: Pizza Bagel Day
 Monday, February 24: Cupcake Day
 Thursday, March 6: Oreo Cookie Day

Thursday, March 13: Potato Chip Day
 Monday, March 17: Milkshake Monday
 Tuesday, March 25: Waffle Day
 Wednesday, April 2: Jelly Day
 Monday, April 7: Therapy Dog Visit
 Monday, April 14: Milkshake Monday
 Tuesday, April 22: Jelly Bean Day



YC Programs: Grades 6th-12th

School Breaks

1:00 PM- 8:00 PM; PROGRAM AT 3:30 PM
 (Fridays close at 9:00 PM)

Monday, February 17: Milkshake Monday
 Tuesday, February 18: BINGO
 Wednesday, February 19: Rockwall Races
 Thursday, February 20: Pictionary
 Friday, February 21: Trivia
 Monday, April 14: Milkshake Monday
 Tuesday, April 15: BINGO
 Wednesday, April 16: Rockwall Races
 Thursday, April 17: Soccer
 Friday, April 18: Trivia

During days off from school the Youth Center staff can take groups down to the ice skating rink during the sessions below:

Saturdays, 1 PM- 7:30PM
 Skating Sessions:
 1:00 PM -2:00 PM
 2:30 PM- 4:00 PM
 4:30 PM- 6:00 PM
 6:30 PM- 7:30 PM

Participants MUST be registered for the Youth Center to participate in these programs.
To register please visit: www.townofcortlandt.com/reconline.
Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming

YC Programs: Grades 6th-12th

Weekends: January - April

FRIDAYS

ALL PROGRAMS ARE FROM 6:45PM-8:45PM; UNLESS OTHERWISE NOTED

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

- | | |
|-----------------------------------------------------|--------------------------------------|
| January 3: Blind Karaoke | March 7: Game Night: BINGO |
| January 10: Game Night- BINGO | March 14: Flag Football *6-7:30 PM |
| January 17: Cornhole Tournament | March 21: Henna *6PM- 8PM |
| January 24: Henna *6:00 PM- 8:00 PM | March 28: Karaoke |
| January 31: KIDS NIGHT OUT (3rd-6th Grades) | April 4: Movie Night |
| February 7: Valentine's Disco Dance & Skate 6- 8:45 | April 11: Pickleball Tournament |
| February 14: Valentine's Day Celebration | April 18: Relay Races |
| February 21: Pool Tournament | April 25: DJ Night *6:00 PM- 8:45 PM |
| February 28: Foot Volleyball | |



SATURDAYS

ALL PROGRAMS WILL START AT 6:45PM-8:45PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

- | | |
|----------------------------------------------|---------------------------------------------|
| January 4: Rockwall Races | March 8: Rockwall Races |
| January 11: Pizza Making | March 15: St. Patty's Day Cookie Decorating |
| January 18: Game Night-UNO | March 22: Relay Races |
| January 25: Slime Making | March 29: Cupcake Making |
| February 1: Rock, Paper, Scissors Tournament | April 5: Rock, Paper, Scissors Tournament |
| February 8: Blind Karaoke | April 12: Game Night- BINGO |
| February 15: Valentine Cookie Decorating | April 19: Slime Making |
| February 22: Game Night- Hedbanz | April 26: Flag Football |
| March 1: Pizza Making | |

Participants MUST be registered for the Youth Center to participate in these programs.
To register please visit: www.townofcortlandt.com/reconline.
Programs are subject to change, please visit www.townofcortlandt.com/yc for updated programming

YC Program Descriptions

Grades 6th-12th



CUPCAKE DAY

We will be serving freshly baked cupcakes today!

BILLIARDS (POOL) TOURNAMENT

Join us for some competition as we set up a pool tournament! Team up or play as a single. We will set up brackets and prizes will be rewarded for the winner (s).

CORNHOLE TOURNAMENT

Split into teams of two and compete in a bracket-style corn hole tournament. Prizes for the winning team!

DISCO DANCE & SKATES

Come by the Cortlandt Youth Center at the Skate Rink for a night of skating, dancing and fun! Ice skating rentals and skating are FREE.

DJ NIGHT

Enjoy the music styling of DJ Randy, dancing and contests with your friends! Lots of prizes!

FOOT VOLLEYBALL

This indoor game is played just like volleyball but with your feet and a balloon!

FLAG FOOTBALL FRIDAYS

Friday night lights at the YC. Come by for some flag football.

GAME NIGHT

Join the YC staff as we play classic board games. We will rotate between BINGO, Hedbanz, and UNO! Prizes for winning teams.

HENNA

The YC welcomes Margie from Making Faces Parties, a professional henna artist for a night of creativity and cultural fun as your hand becomes her canvas! Parental permission slip required in order to participate.

HOT CHOCOLATE DAY

Warm up from the cold with a cup of delicious hot chocolate. Top with marshmallows and whipped cream of course!

JELLY DAY

Enjoy some delicious jelly donuts!

JELLY BEAN DAY

Let's celebrate by playing a round of Bean Boozled!

KARAOKE/BLIND KARAOKE

Grab the mic and sing your heart out to your new and old favorite tunes. You can even accompany the song with your best dance moves! For blind karaoke youth listen to the song without looking at the lyrics and have to try and guess which song is playing!

MAKE YOUR OWN

Join the YC staff in baking/cooking . We will rotate in making pizza, ice cream sundaes, cup cakes, and more! And then enjoy your creations!

MILK SHAKE MONDAYS

Youth will be able to make their own individualized milkshake. The perfect treat to enjoy on their day off from school!



YC Program Descriptions

Grades 6th-12th



NUTELLA DAY

Enjoy some fresh Nutella with crackers!

OREO DAY

Oh! Oh! Oreo, let's celebrate milk's favorite cookie!

POTATO CHIP DAY

Choose your favorite potato chip to enjoy at the YC!

PICKLEBALL TOURNAMENT

We will play a bracket-style tournament of pickleball. Prizes for winning teams!

PIZZA BAGEL DAY

Enjoy hot & yummy pizza bagels!

ROCK, PAPER, SCISSORS TOURNAMENT

Participants play 1 v 1, best 2 out of 3, classic game of rock, paper scissors! There will be a winner and loser bracket for a fun night of simple competition

ROCKWALL RACES

Come and climb our 25 foot rock climbing wall! These include rock wall races, a chance to get on our wall of fame and more. Parent permission slip must be on file to climb

RELAY RACES

Split into even teams and race in different obstacle styled relay races! Prizes for winning teams

SLIME MAKING

Experiment as we combine ingredients to create our very own slime!

ST.PATRICK'S DAY COOKIE DECORATING

Enjoy decorating cookies with lots of different Irish inspired toppings!

THERAPY DOG VISIT

A visit from internationally certified therapy dogs Daryl and Zander! Youth can pet and snuggle with the dogs while also learning about their trainings. A room will be available for those allergic or scared of dogs.

VALENTINE'S DAY CELEBRATION

Love is in the air! Let's celebrate with candy and treats for everyone!

VALENTINE COOKIE DECORATING

Decorate heart shaped cookies with LOTS of yummy toppings. Icing, sprinkles, chocolate chips, marshmallows and more!

WAFFLE DAY

Candy, whipped cream, & maple syrup are just a few toppings we will have to put on your fresh waffle on this day.

WHIPPED CREAM DAY

Let's play the game Pie Face to recognize this fun day!



YC Specialty Programs: Grades K - 12th

See each program for grades; programs listed in alphabetical order

Pre-registration required for all courses. Programs are on a first come, first serve basis.

Go to: www.townofcortlandt.com/reonline to register for these courses. Search by keywords.

AMERICAN RED CROSS BABYSITTING COURSE- (AGES 11- 15)

See WINTER YOUTH PROGRAMS/ SPRING YOUTH PROGRAMS

BROADWAY ALL STARS (GRADES 3RD- 9TH)

See WINTER YOUTH PROGRAMS/ SPRING YOUTH PROGRAMS

CANTEEN (GRADES 6TH- 12TH)

Come and join us for two nights a week for open gym basketball! Open to Croton, Hendrick Hudson, Lakeland Middle and Panas High School Students or any middle/high school student who is a town resident. Youth must be registered to participant; sign-up forms are available at the program.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)
Day/ Date: Tuesdays & Thursdays
Time: 7:00 PM- 9:00 PM

CREATIVE COOKING (GRADES K- 8TH)

See WINTER YOUTH PROGRAMS/ SPRING YOUTH PROGRAMS

HOME ALONE (GRADES 5TH-8TH)

This program will provide each child with the essentials needed when they are home without adult supervision. Discussion will cover first aid, telephone and door answering, activity plans, encountering emergencies and more!

Course Number: 612-1S
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Saturday, February 8
Time: 10:00 AM- 11:30 AM
Fee: Free

KIDS NIGHT OUT (GRADES 3RD- 6TH)

Attention Parents! Drop your kids off at the Youth Center for a DJ Night while you enjoy the Town Trivia Night. Take a night off and relax! Youth will be provided free pizza and ice sticks, DJ music by DJ Randy, Games with prizes: Limbo, hot potato, knock out and more! Preregistration is required for Youth Center Drop Off. This program is paired with Parents Trivia Night

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/Date: Friday, January 31
Time: 6:00 PM-9:00 PM

MUSICAL THEATER WORKSHOP (GRADES 3RD-9TH)

See WINTER YOUTH PROGRAMS/ SPRING YOUTH PROGRAMS

OPEN GYM BASKETBALL AT HEN HUD HIGH SCHOOL

For Hendrick Hudson School District Residents Only. Come and join us for some free play basketball! Youth must be registered as a participant of the Youth Center in order to participate.

Location: Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)
Day/ Date: Mondays (No program when school is closed)
Time: 7:30 PM- 9:30 PM
Fee: Free

ROCK WALL HOURS

Youth must have permission slip to climb and proper sneakers/attire. Rock wall hours are subject to change. To ensure the rock wall is open, please call 914-736-0498.

Monday-Thursday: 4:00 PM- 6:00 PM (Grades 6th-12th)
Saturday: 1:00 PM- 3:00 PM (Grades 1st-5th)
5:00 PM- 7:00 PM (Grades 6th-12th)

YC BAKING/COOKING WEEK

Register for a week of baking & cooking! Learn how to follow a recipe and the fundamentals of cooking & baking. Participants will cook and bake multiple things and get to enjoy them when we are done!

Course Number: 693-1W
Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Day/Date: Monday-Friday, February 17-21
Time: 3:15 PM- 5:15 PM
Fee: \$20 with ID/ \$25 without ID

Course Number: 693-1S
Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Day/Date: Monday-Friday, April 14-18
Time: 1:30 PM- 3:30 PM
Fee: \$20 with ID/ \$25 without ID



YC CLEAN-UP (GRADES 6TH-12TH)

Join the Glashoffs in this unique program to help clean-up our town! Participants will be given supplies to help them pick-up litter and debris from local sites around the town. Youth will receive volunteer hours for community service. Parents will be responsible for dropping off and picking-up their child at the designated location.

Course Number: 652-1S
Day: Saturday, April 12
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Time: 3:00 PM- 4:00 PM



YC 5th Grade Fun Club

The 5th Grade Fun Club Program allows 5th grade youth in the Town of Cortlandt to participate in a safe and structured environment after school while challenging themselves with a variety of games, activities and special projects. During this time, youth get acclimated to the Town of Cortlandt Youth Center and everything the facility has to offer including but not limited to: indoor game tables, homework room & help if needed, art room, outdoor activities and LifeSkills lessons. Participants from Hendrick Hudson School District are bused on the days listed below from Furnace Woods to the YC. **It is the Parent's responsibility to pick-up their child by 5:00 PM.** Participants from Lakeland/Panas and/or Croton must have their own transportation to and from the program. This program is for Town of Cortlandt residents only. ***Pre-registration is required by January 28. To register go online to: www.townofcortlandt.com/reconline and search by keywords.**

- You must register your child for this program prior to sending them. You can only register for one day per week.
- Registration is first come, first serve.
- Youth can only attend on the specific day you register them for. There is no switching days.
- If your child is being picked up by someone other than a parent or guardian please send them with a note or call the YC the day of Fun Club.
- There are vending machines for snacks and drinks. The machines take one and five dollar bills as well as quarters. The staff does NOT have change.
- Your child may bring their own snack to Fun Club.
- The YC is NOT RESPONSIBLE for any personal belongings brought to or left at the center during the program.
- No Fun Club when school is closed or has an early dismissal
- On Friday, May 16 there will be a Luau themed BBQ for all 5th Grade Graduates.
- Youth will be able to participate in the YC's regularly scheduled programming as "6th graders" starting June 27.

Location: Youth Center
Time: School Dismissal- 5:00 PM
Fee: Free
Age: 5th Graders in the Town of Cortlandt
More Info: Contact Lindsey at lluposello@townofcortlandt.com or 914-736-0498.

Hendrick Hudson School District:

Bus provided from Furnace Woods to the Cortlandt Youth Center. Parents are responsible for PICK UP.
Day: Tuesdays, Wednesdays or Thursdays
Dates: February 4- May 8

Croton, Lakeland/Panas, Homeschool, other:

NO BUS PROVIDED. Parents are responsible for PICK UP & DROP OFF.
Day: Mondays
Dates: February 3- May 5

Programs are on a first come, first serve basis
Go to: www.townofcortlandt.com/reconline to register for the YC & 5th Grade Programs. Search by keywords.

YC 5th Grade Open House

All 5th Grade 2025 Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are a Cortlandt resident with their parents are invited to come to the Youth Center to meet the staff, and see all the activities and programs the YC has to offer. Youth will then go outside to participate in group activities, while parents stay inside to learn how to register their children for the YC, learn about the BMMS Bus and get any and all of their questions answered. Light refreshments will be available to enjoy outside as you tour the facility.

Day/Date: Saturday, April 26
Time: 1:00 PM- 2:00 PM
2:00 PM- 3:00 PM
3:00 PM- 4:00 PM
Fee: Free
Registration: Pre-registration for a time slot is required for youth & parent(s); search by keywords.

YC 5th Grade Welcome Aboard LUAU

The YC will host a special LUAU themed DJ Night for 5th Grade Graduates to welcome them to the YC Family! There will be music, snacks, contests and prizes. The Luau is for all 5th Grade Graduates from the Hendrick Hudson, Lakeland (residents) and Croton Harmon School Districts or who are a Cortlandt resident. If your child has any allergies or individual concerns please speak with the YC Director at 914-736-0498. **All youth must be registered members of the Youth Center prior to registering for the Luau.**

Day/Date: Friday, May 16
(Rain date: Friday, May 23)
Time: 6:30 PM- 9:00 PM
Fee: Free
Registration: Pre-registration required. Begins Saturday, April 26 and closes Thursday, May 15th at midnight. Search by keywords.

YC Family Programs: Grades 1st-5th (With Adult Supervision)

FAMILY MINUTE TO WIN IT

It's challenge time; both mind and body! Teams will have a minute to complete each task to rack-up the most points to win.

Course Number: 603-1W
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Saturday, January 25
Time: 1:00 PM- 2:00 PM
Fee: Free
Registration: Pre-registration required for each adult and youth participant

FAMILY VALENTINE'S DAY CREATIONS

It's time to get creative. Participants can decorate their own Valentine's Day cookies as well as make cards for the ones they love.

Course Number: 657-1W
Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)
Day/ Date: Saturday, February 8
Time: 1:00 PM- 2:00 PM
Fee: Free
Registration: Pre-registration required for each adult and youth participant

ST. PATRICK'S DAY COOKIE DECORATING

Participants can decorating their own St. Patrick's Day Cookie!

Course Number: 602-1S
Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)
Day/ Date: Saturday, April 5
Time: 1:00 PM- 2:00 PM
Fee: Free
Registration: Pre-registration required for each adult and youth participant



Youth Employment Services (Y.E.S.) : Ages 14-18

WE'RE OPEN FOR BUSINESS:

CALLING ALL YOUTH, BUSINESS OWNERS & COMMUNITY MEMBERS

Our mission is to provide a free service which seeks to connect youth ages 14-18 with local businesses and town residents who have employment opportunities.

REGISTER NOW!

EMPLOYERS

TEXT:

HIRE

YOUTH

TEXT:

YESINFO

TO: 833-343-0298

www.townofcortlandt.com/yes



yes@townofcortlandt.com

914-642-3027

By texting keyword, "yesinfo" or "hire" to 833-343-0298 you agree to receive a text message with more information about the YES program. Additional forms will be necessary to receive promotional automated messages. This agreement isn't a condition of any purchase. Msg & data rates may apply. To unsubscribe from the message, respond "STOP".

Youth Employment Services (Y.E.S.) Programs

RESUMANIA (AGES 14-18)

Create your own resume. Learn what employers look for, proper formatting & additional tips to help you stand out!

Course Number: 630-1W

Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)

Day/ Date: Wednesday, January 29

Time: 10:00 AM- 11:00 AM

INTERVIEW SKILLS 101 (AGES 14-18)

Learn interview skills and tips to help land your dream job! Practice interview questions & what to expect in an interview. These skills will set you up for success!

Course Number: 631-1W

Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)

Day/ Date: Wednesday, January 29

Time: 11:15 AM- 12:15 PM

Prevention Programs

PROBLEM GAMBLING PREVENTION FOR PARENTS

Lindsey Luposello, Instructor

Join us on Zoom as we educate parents on facts, warning signs and dangers of gambling in youth.

Course Number: 688-1W

Location: Zoom

Day/Date: Wednesday, March 19

Time: 7:00 PM- 8:30 PM

ACTIVE PARENTING (4TH EDITION)

Lisamaria Albanese, MSW, Instructor

This workshop is great for anyone ages 16+ who is a caregiver or works with children. This evidence based workshop will provide you with effective ways to use non violent discipline, teaches responsibility and other positive character traits, stimulates independence, opens up lines of communication, teaches you ways to diffuse power struggles, helps with school success and helps prevent future problems with sex, alcohol and other drugs. Certificate will be given if participant stays for entire workshop. Bagged lunch is required.

Course Number:

Location: Cortlandt Youth & Recreation Center
(3 Memorial Drive, Croton on Hudson)

Day/Date: Saturday, February 1 OR March 1

Time: 9:00 AM- 2:00 PM



SPECIAL EVENT HIGHLIGHTS



EGG HUNT



EARTH DAY HIKE



TEATOWN HUDSON
RIVER EAGLEFEST



Special Activities and Events

COMMUNITY GARDEN

Join us to Volunteer at our Town of Cortlandt Community Garden! A Town of Cortlandt resident with tremendous knowledge in gardening volunteers to coordinate this effort! Located at Lake Meahagh, Westchester Avenue, Verplanck, NY 10596. Cortlandt residents and groups (Scouts, Civic organizations, etc.) will take care of their defined areas with the coordinator's guidance. Contact the Town of Cortlandt Recreation Department at tocrec@townofcortlandt.com or 914-734-1050.



CROSS COUNTRY SKIING AND ICE SKATING

*This is not a Town of Cortlandt program/ activity.

Enjoy Ice Skating or Cross Country Skiing at Blue Mt. Reservation located at Welcher Avenue in Peekskill. An ideal location for scenic outdoor cross country skiing and skating. Whether you prefer challenging trails through wooded areas of open spaces to traverse. You must provide your own equipment. No rentals are available. Conditions permitting cross country skiing is allowed seven days a week during daylight hours. Blue Mt. Reservation is an ideal location for scenic outdoor skating. As with skiing you must bring your own skates. No rentals available. Ice is checked daily at all locations for safety and conditions. Look for sign posting safe conditions, ice skating is permitted seven days a week during daylight hours. For your own safety always check conditions before heading out to the park. For more information go to <https://parks.westchestergov.com/>. Free admission and free parking.

EGG HUNT

Come meet and take pictures with the Bunny at our Town of Cortlandt Egg Hunt! Prizes are available for all participants! Age groups: 2-5 years old and 6 years old and over.

- Location:** Youth Center, 3 Memorial Drive, Croton on Hudson
(Off of Albany Post Road, just before the Cortlandt Train Station)
- Date:** Saturday, April 12; Rain Date: Sunday, April 13
- Time:** 1:00 PM, Promptly
- Fee:** Free



EARTH DAY HIKE

The Town of Cortlandt is pleased to announce that we will once again be hosting our annual Earth Day Hike. Join us on Saturday, April 26th at 10:00 AM and discover the beauty of Cortlandt! Location will be announced soon. Please check our website at www.townofcortlandt.com and social media for details.

Location: TBD
Date: April 26
Time: 10:00 AM



TEATOWN HUDSON RIVER EAGLEFEST

Watch in awe as wintering bald eagles fly overhead at Teatown's Hudson River Eaglefest. Don't miss this opportunity to view our national symbol up-close and learn how conservation efforts have brought about the now vibrant bald eagle population in the Hudson Valley. Join us at Steamboat Dock River Park where guests can enjoy eagle viewing! Visit www.teatown.org/events/eaglefest/ or email EagleFest@teatown.org for more information.

Location 1: Headquartered at Croton Point Park.
Tickets Required and Pre-sale tickets are discounted and on sale now at www.teatown.org/events/eaglefest/

Location 2: Steamboat Dock River Park for FREE viewing- No tickets required
Date: Saturday, February 1 (Snow Date, Sunday, February 2)
Time: 9:00 AM- 4:00 PM
Fee: Please contact Teatown Lake Reservation for 2025 Rates 914-762-2912



TOWN OF CORTLANDT

DISCO *Night*

JANUARY 10, 2025
6:00PM -8:00 PM

MURIEL H. MORABITO COMMUNITY CENTER
29 WESTBROOK DRIVE, CORTLANDT MANOR

➤➤ FEE: \$8 IN ADVANCE; \$10 AT THE DOOR

➤➤ OPEN TO THE COMMUNITY, AGE 30+.

➤➤ PRIZE FOR THE BEST DRESSED!!

➤➤ LIGHT REFRESHMENTS

FOR MORE INFORMATION, CALL 914-528-1464 OR
EMAIL DAWN AT DAWNM@TOWNOFCORTLANDT.COM



 **THE SENTINEL
OF MOHEGAN LAKE**
AN ASSISTED LIVING COMMUNITY

Town of Cortlandt

Trivia Night

with
Chopper
Jacobs: The
Trivia Dude

Tease Your Brain & Win A Prize!

Friday, January 31st

6:30 PM – 8:30 PM

FULGUM'S BAR & GRILL

2151 Albany Post Road, Montrose

**\$15 per
person**

Register individually and
teams of 4 can/will be
formed at the event

More information & Registration:
www.townofcortlandt.com/reconline



Cortlandt Community Rowing proudly supports the Town of Cortlandt's commitment to helping outdoor recreation and wellness thrive in our community.

ROWING IS A LIFETIME SPORT FOR EVERY BODY!


CCRA promotes health, fitness, and the benefits of team participation through rowing instruction to people of all ages, experience, and ability levels.

CCRA
VERPLANCK, NEW YORK

CORTLANDT COMMUNITY ROWING

LEARN MORE:

CortlandtRowing.com  Cortlandt Rowing  Viking_Rowing

 CortlandtRowing@gmail.com CCRA is a non-profit 501(c)(3)

Van Cortlandville Historical Society

The Van Cortlandville Historical Society welcomes people who are interested in learning more about the history of our community and sharing it with others. The society was founded in 1921 and has been headquartered in the historic Little Red Schoolhouse, 297 Locust Avenue, Cortlandt Manor, since 1972. A primary goal is hands-on education of children about life in the mid-19th century through such activities as the Early School Days program and the annual Colonial Fair, led by history enthusiasts in period clothing. Other activities include reenactments of local military events from the Revolutionary War, erection of roadside markers at local historic sites, annual memorial services, upgrading of Van Cortlandville Memorial Park and rehabilitation of the Van Cortlandt family plot in Hillside Cemetery.

The society welcomes appropriate memorabilia and genealogical records from local residents. The society's regular meetings, at 2 PM at the Schoolhouse on the third Saturday of most months, feature a variety of presentations that extend far beyond the primary emphasis on early-day education and the rich Revolutionary War history of the community. Visitors and new members are always welcome. Booklets for a self-guided walking tour are available, along with other literature about local historic sites. Most activities are open to everyone at no charge. For more information, or to schedule a visit, please call the Schoolhouse at 914-736-7868, visit www.vancort.net or email society@vancort.net.



Nor-West Regional Special Services

Providing therapeutic recreation programs for individuals with special needs to Cortlandt, Peekskill, Ossining and Yorktown residents since 1973

LOOKING FOR QUALITY RECREATION FOR A CHILD, TEEN, OR ADULT WITH A DEVELOPMENTAL DISABILITY?

Director, Wendy Greenfield
Program Coordinator, Ed McKay



THERAPEUTIC PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL AND COGNITIVE IMPAIRMENTS

Nor West Regional Special Services is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 8-65 in a variety of community-based weekly programs and special events, designed primarily for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown, and Ossining. Individuals living at home and enrolled in the Home & Community Based Services Waiver do not pay registration fees.

PART-TIME EMPLOYMENT- SEASONAL

Nor-West offers employment to students ages 16 and up, working with children and adults. Good working experience for persons interested in working in the Human Services or Special Education fields. Make your own work schedule, flexible hours. Call Nor-West for an application.

THERAPEUTIC RECREATION

Are you looking for a local recreation program for a child with a developmental disability? Nor-West Regional operates three weekly youth programs during the Fall session, including Instructional Bowling, Afternoon Adventure Trips, and Instructional Swimming. Program is open to residents of Cortlandt, Peekskill, Ossining and Yorktown. Nominal venue fees apply. For additional information and registration materials, visit the Nor-West website.



www.nor-west.org • 914-737-4797

Nor-West is a certified OPWDD respite provider

Town Of Cortlandt Facility Rentals

TOWN OF CORTLANDT COMMUNITY ROOM (C.U.E.) CORTLANDT TOWN CENTER

The Community Room is located at 3131 East Main Street, Mohegan Lake, in the Cortlandt Town Center. It is available for rental use by Town residents and Town groups. For information and to make a reservation please contact Colleen Anderson in the Town of Cortlandt Recreation Department at 914-734-1052, Monday through Friday, 8:30 AM- 4:00 PM.

TOWN OF CORTLANDT YOUTH AND RECREATION CENTER

Celebrate your child's birthday or host your Scout, Youth, Church, Synagogue, or Civic Organization Groups meeting/event at the Cortlandt Youth and Recreation Center. The Youth Center is available to rent for birthday parties on Saturdays from 1:30 PM- 3:30 PM or 2:00 PM- 4:00 PM for children ages 7 and older. Host up to 20 of your child's friends, where they can play ping-pong, air hockey, pool, foosball, and climb the rock wall (for additional fee). The Youth Center is available Monday through Thursday from 3:00 PM- 8:00 PM for civic organization meetings. For more information and to make a reservation, please contact the Youth Center Director, Lindsey Luposello, at lluposello@townofcortlandt.com or 914-736-0498.

SPROUT BROOK PARK- PICNIC/ PAVILION

PAVILION FEES

The Mickey Carbone Pavilion at Sprout Brook Park is available for rental by the public. All group picnics are responsible for bagging their garbage and placing the bags in the Park dumpsters at the front parking lot. Pavilion rental is for any part or all of a day's use.

IN-SEASON HOURS: 10:00 AM- DUSK
OFF-SEASON HOURS: 9:30 AM- 6:00 PM (DUSK)

MONDAY through FRIDAY (Non Holiday)
25 to 100 people \$75
101 to 200 people \$150

SATURDAY, SUNDAY AND HOLIDAYS
25 to 100 people \$150
101 to 200 people \$200

Call 914-734-1052, Monday through Friday 9:00 AM- 3:30 PM to check on availability and rental procedures. Application and deposit must be made in advance through the Town of Cortlandt Recreation Office at Town Hall.



Special Park Facilities

FOR ALL TOWN OF CORTLANDT RESIDENTS:

Please remember that dogs must be leashed at all times and to pick up after your pets.

CROTON ARBORETUM

10 Fox Lane, Croton on Hudson

The Jane E. Lytle Arboretum in Croton-on-Hudson NY provides a variety of walking trails, including a handicap-accessible trail, through wildlife habitats on 22 acres of woods and wetlands. Located at the end of Lounsbury/ Fox Road and following a short drive or walk across the Hudson National golf course, the Arboretum is open seven days a week, 365 days a year. Managed by the Croton Arboretum and Sanctuary Inc., the Arboretum provides programs in conservation, education, and recreation. For directions and information, please visit www.crotonarboretum.org.



FURNACE DOCK LAKE

Furnace Dock Road, Croton on Hudson

The Town of Cortlandt acquired and saved the 100 year old Furnace Dock Lake in 2011.

Rules and Regulations:

- All activities at your own risk
- Park is open dawn to dusk
- Keep pets leashed, clean up after them as well
- All garbage is to be taken out of the park
- Do not remove or destroy plants, wildlife, or artifacts
- The following is prohibited:
 - Hunting, firearms, alcohol, and camping
 - Motorized vehicles and mountain bikes
 - Fires, smoking, swimming, and dumping
 - Feeding wildlife, metal detectors, and radios
 - Fireworks, music, and loud noise



CORTLANDT DOG PARK

130 Sprout Brook Road, Cortlandt Manor

There are two areas designated for small dogs and large dogs. For more information or to report an incident, please contact the Recreation Supervisor, Tim Fisher, at timf@townofcortlandt.com or 914-734-1056.

Dog Park Rules and Regulations

Dog Park closes at dusk daily.

- No animals other than dogs may be brought into the fenced area.
- All dogs must be leashed until safely inside the dog park and returned to a leash prior to exiting. Make sure gates are closed after entering and leaving the park.
- Do not leave a leash on a dog in the park. Bring your leash into the park in case of emergency or altercation.
- Dog owners must remain in the fenced area while their dogs are using the dog park. Owners must be in view of their dogs and have voice control at all times.
- Children accompanying dog owners must be strictly supervised and at least twelve years old to be allowed inside unless accompanied by an adult.
- Children under ten years old not allowed (some dogs see small dogs as prey) in large dog area.
- Children under five years old not allowed in the park.
- Spectators should remain outside the fenced area.
- Aggressive dogs and dogs in heat are not allowed.
- Owners must immediately leash and remove dogs from the dog park at the first sight of aggressive behavior.
- Do not bring sick dogs to the park.
- Owners must dispose of waste properly in the designated on-site containers.
- Owners must prevent dogs from digging holes.
- While small bite-sized training treats are permitted, food in bowls, long-lasting chews, or glass containers are not allowed.
- No Smoking and no food are allowed inside of the dog park.
- No more than three dogs per person are allowed on any single visit.
- Puppies less than four months old are not permitted in the park.
- Dogs must be licensed and vaccinated for rabies and DHLPP.
- Current license and rabies tags must be worn on the dog's collar at all times.
- Owners are liable for any injury or damage caused by their dog and are fully responsible for their dog's actions.
- Trainers are not allowed to use the park to conduct business
- In the event of an emergency, call 911.



CHARLES J. COOK PARK

293 Furnace Dock Road, Cortlandt Manor

For over half a century, the Town of Cortlandt has owned the piece of property off Furnace Dock Road now known as the Charles J. Cook Recreation Center. After a 1.5 million dollar renovation in 2000, this recreational facility became one of Cortlandt's most popular venues. This active sports complex offers residents a variety of leisure activities. With a concrete surface, drainage system, filtration system, splash park and as of 2021, a newly upgraded bathhouse. The Charles J. Cook Pool is open daily during the summer from 10:45 AM until 7:00 PM and until 8:00 PM on Friday evenings. Swim areas are staffed with lifeguards, and on-site management.

A water spray park was dedicated in 2016 with five additional features. During June and July, the Town of Cortlandt Swim and Dive Teams hold meets and practice at the Pool.

The Town's summer camp program allows children, grades K- 8th, to enjoy the pool as well as the Charles J. Cook Recreation Center's playground, all purpose ball field, two tennis courts, basketball courts, a fitness trail, and 9-hole miniature golf course.



The nature and fitness trail is approximately ½ mile and consists of an 8-ft wide rustic trail (natural) and twenty (20) pieces of fitness equipment.

The miniature golf course opened in the spring of 2019; Each hole has a Town of Cortlandt inspired feature, such as the Little Red School House, Bear Mountain Bridge, and the Toll House. The course is open to both pool users and the general public during normal operating hours. The golf course will remain open spring, fall, summer, weather permitting.



For residents interested in exploring the natural environment, there are nature trails, the "Touch & Smell" Garden and the Bicentennial Garden. As a tribute to the 200th birthday of the Town of Cortlandt, the Bicentennial Garden includes a beautiful flower garden and a time capsule, containing over 100 items of importance in the Town's history.



HOLLOW BROOK TRAIL

Hollow Brook Trail was dedicated in October of 2016, the trail is part of 70 acres that was given to the Town several years ago. The trail is approximately three quarters of a mile long. The entrance to the trail is located at the bottom of Anton Place in Lake Peekskill. The trail is adjacent to the Hollow Brook Golf Course.

HUDSON RIVER COMMUNITY BOAT LAUNCH

77 Riverview Avenue, Verplanck

Located at the Cortlandt Waterfront Park (Off Riverview Avenue and Broadway in the Hamlet of Verplanck))

Seasonal use *ONLY* from April 1st through October 31st,
park hours 7:00 AM to Dusk

Rules and Regulations

- Town of Cortlandt, Village of Buchanan and Village of Croton residents only
- Use of the ramp for commercial purpose is strictly prohibited
- Town of Cortlandt Boat Launch Permit is required.
- Permit is available at the Cortlandt Town Hall in the Town Clerk's office at 1 Heady Street, Cortlandt
- Manor, New York 10567, the main phone number is 914-734-1020
- Clear Ramp area- Come in Slow- NO WAKE
- Pull boat around to launching ramp as soon as space becomes available. Pull boat to the tie-down zone and clear the ramp so others may use the boat launch
- Permit for ramp access MUST be in full view on the dash or mirror of your vehicle. If your permit is not in view, you will receive a summons and fines.
- Anyone driving over 5 MPH within 50 feet of the shore will forfeit their permit and be given a summons and fines.
- Boat size not to exceed 22 feet
- NO swimming, sunbathing
- Waterskiing or loitering in the launch area
- NO overnight parking



HOLLOW BROOK GOLF COURSE

1060 Oregon Road, Cortlandt Manor

The Hollow Brook Golf Club is a private/ public course with Cortlandt residents being able to reserve tee-times. The Town coordinates those rounds reserved for the exclusive use of Cortlandt residents (agreement on file), Tuesday through Sunday for public use. On Tuesday and Thursday, seven of the tee times are discounted at \$85.00 after 2:00 PM, Greens fees will be a total \$110.00 for all other tee times Tuesday, Wednesday and Thursday. On Fridays, Saturdays, Sundays and Holidays greens fees will be \$160.00 with no tee times before noon. Prices include greens fees and a cart. Range balls (only available when playing) for \$10.00. Reservations can be made five days in advance by calling 914-734-1500.

Residents will need to purchase a golf sticker (\$12.00) in the Town of Cortlandt Recreation Department of Town Hall located at 1 Heady Street in Cortlandt Manor. This sticker will be placed on the back of your Town of Cortlandt Recreation Photo ID card. If you do not currently have a valid Town of Cortlandt Recreation Photo ID Card, one can be purchased for an additional \$8.00 by providing two forms of proof of residency. For more information regarding Town of Cortlandt Recreation Photo ID Cards or Hollow Brook Golf Stickers, please contact the Recreation Department at tocrec@townofcortlandt.com or 914-734-1050.

Rules and Regulations

- Times can be made by phone only.
- Tee Times can be made five (5) days in advance, after 10:00 AM i.e. Friday for Tuesday, Saturday for Wednesday, Sunday for Thursday, Monday for Friday, Wednesday for Saturday and Sunday.
- Residents must have golf shoes with soft spikes, collared shirts, golf pants or Bermuda shorts- NO JEANS, CUTOFFS, SHORT SHORTS, and CARGO PANTS OR SHORTS.
- Residents may bring one guest at town fees.
- Residents can only make reservations for themselves and their guest and not another town resident.
- Residents must show their Town of Cortlandt resident card with a golf sticker.
- Residents cannot use the driving range or practice areas unless they are playing golf.
- Additional fees will be charged for food and beverage.
- Additional fees will be charged for the driving range- \$10.00
- Residents will not be allowed on the tee before their Tee Time and do not have access to the Club House.



CORTLANDT ICE RINK

3 Memorial Drive, Croton on Hudson

All attendees must have a Town of Cortlandt Recreation Photo ID Card, please visit page_____ for more information. The Cortlandt Ice Rink ribbon cutting was held at the 2022 Winter Wonderland event. The Cortlandt Ice Rink will close for the season as of February 24, 2025.



Hours of Operation:

Fridays, 4:30 PM- 10:00 PM

Skating Sessions:

4:30 PM- 6:00 PM

6:30 PM- 8:00 PM

8:30 PM- 10:00 PM

Saturdays, 12:30 PM- 10:00 PM

Skating Sessions:

12:30 PM-2:00 PM

2:30 PM- 4:00 PM

4:30 PM- 6:00 PM

1/2 HOUR ICE MAINTENANCE

6:30 PM- 8:00 PM

8:30 PM- 10:00 PM

Sundays, 12:30 PM- 6:00 PM

Skating Sessions:

12:30 PM- 2:00 PM

2:30 PM-4:00 PM

4:30 PM- 6:00 PM

1/2 HOUR ICE MAINTENANCE AFTER EACH SESSION

*On days that schools are closed the rink will be open and follow a Sunday schedule.

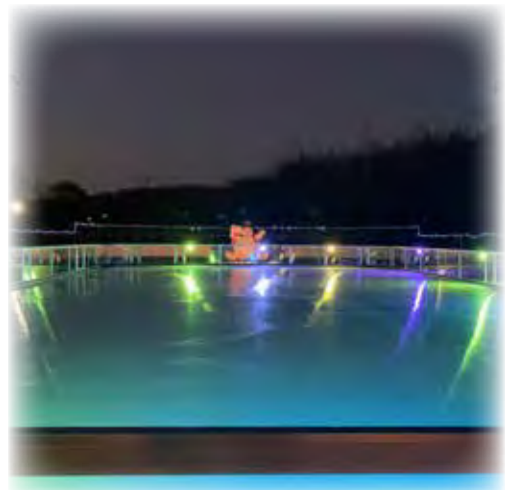
Fees: (90 Minute Skating Session)

\$5.00 Adult

\$3.00 Youth

\$7.00 Guest (Must be accompanied by a Town of Cortlandt Resident)

Skates available at the rink to rent for a \$3.00 fee or you can use your own skates.



HUDSON HIGHLANDS GATEWAY PARK

Sprout Brook Road, Cortlandt Manor

Threatened twice by dense residential development, this land was protected in 1998 when a coalition of more than 35 groups representing homeowners, the homeowners, the community, government agencies and several environmental organizations united to preserve this 352-acre site. The Coalition to Preserve the Hudson Highlands Gateway raised \$6 million to buy the parcel. In May 2000, the Scenic Hudson Land Trust, the Town of Cortlandt and Westchester County purchased the property.

A network of trails in the park exposes visitors to woodlands, streams, steep slopes, bedrock outcroppings and meadows, revealing much human and natural history and providing spectacular river views. The site's upland wetlands are crucial for many frogs and salamanders to survive. Several different snake species use the prominent, east-facing cliffs of the park to warm themselves in the sun. Also, the park's Westchester County location is in one of the country's three major bird migration corridors. Come spring, hundreds of thousands of birds fly over the park where they stop to rest and feed.

Since the property was acquired, the Hudson Highlands Gateway Task Force has been working with The Scenic Hudson Land Trust, the Town of Cortlandt and New York-New Jersey Trail Conference on issues including park improvements, illegal ATV use and assessing the park's natural resources.

Directions: Two parking areas are available; one is shared with Sprout Brook Park, 0.3 miles from the intersection of Sprout Brook Road and Highland Avenue, just past and on the same side as the athletic. Cross road and enter park through the gap in guardrail. Universally accessible parking area is at the end of Doris Lee Drive. Park on gravel in front of fence.

Operating Hours

Open year-round, from dawn to dusk.

Rules & Regulations:

- The park is open dawn to dusk.
- Vehicles are permitted only in the designated parking areas.
- Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
- Keep pets leashed; please clean up after them.
- Do not remove or destroy plants, wildlife or artifacts.
- Always hike with a friend.
- Motorized vehicles, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios are prohibited.



Hudson Highlands Gateway Park has four trails, totaling more than 4.9 miles that traverse the 352-acre site. There are many meandering, wooded roads where one could easily get lost. Please stay on marked trails. The degree of difficulty for the hiking trails ranges from easy to moderate. Trail users should wear sturdy shoes and beware of loose rocks, holes and slippery surfaces.

(Red Trail)

Annsville Creek Trail 1 mile, approx. 1 hr.

This trail starts at Doris Lee Drive and is universally accessible to the Pond Population. It travels by Annsville Creek, which contains breeding trout populations. Fishing is allowed. A sensitive wetland area surrounds the creek.

(Blue Trail)

Upland Trail 2 miles

A steep ascent through a meadow and mixed woods forest brings visitors to a terrific view of the Hudson River. The remainder of the trail encompasses rolling terrain that passes by many historic stonewalls.

(Yellow Trail)

Hudson Overlook Spur 0.6 miles

Distinguished by its scenic overlook, this trail also crosses a small stream that is the outlet for a large wetland upslope.

(White Trail)

Vernal Pool Trail 1.6 miles

Beginning from the northernmost point of the Upland Trail, this trail works its way up and along a ridgeline. As it descends it passes by a large vernal pool, through a wetland and contains a number of steep slopes. Be cautious of wet surfaces. The trail finishes along an old woods road and rejoins the Upland Trail.

YOUR VALLEY, YOUR VOICE, YOUR FUTURE

We hope you enjoy visiting Hudson Highlands Gateway Park. This and other significant Hudson Valley landscapes are protected by the Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of Readers Digest Association, Inc. Scenic Hudson also gratefully acknowledges those who helped make this park a reality; Town of Cortlandt, Westchester County, New York-New Jersey Trail Conference, New York State and many dedicated individuals who donated their time, energy and financial support.

Scenic Hudson works to protect and restore the Hudson River and its majestic landscape as an irreplaceable national treasure and a vital resource for residents and visitors. A crusader for the valley since 1963, today they are the largest environmental group focused on the Hudson River Valley. Our team of experts combines land acquisition, support for agriculture, citizen based advocacy and sophisticated planning tools to create environmentally healthy communities, champion smart economic growth, open up river fronts to the public and preserve the valley's inspiring beauty and natural resources.



Town of Cortlandt Playgrounds



Cortlandt Community Recreation Area
Croton Avenue, Cortlandt Manor



Jim Martin Aviation Playground
Cortlandt Waterfront Park
77 Riverview Street, Verplanck



Muriel H. Morabito Community Center Playground
29 West Brook Drive, Cortlandt Manor



Old Pond Park
8th Street, Verplanck



Peter Cutignola Memorial Playground
3 Memorial Drive, Croton on Hudson



Sprout Brook Park Playground
130 Sprout Brook Road, Cortlandt Manor



Sunset Park Playground
82 Sunset Road, Montrose



Tommy Thurber Park Playground
10 Bonnie Hollow Lane, Montrose

LAKE MEAHAGH PARK

Westchester Avenue, Verplanck

Westchester Avenue, Verplanck Lake Meahagh Park hosts a basketball court, walking path, and is the home of the Town of Cortlandt Community Garden. It is also a boat launch for the CCRA (Cortlandt Community Rowing Association).



OSCAWANA ISLAND NATURE PRESERVE BOAT LAUNCH

Oscawana boat launch is located on Cortlandt Street in Crugers. A launching area for kayak's and canoes; hiking trails that lead out to the Hudson River. It was dedicated on October 4, 2004 by former Cortlandt Town Supervisor Linda D. Puglisi and the Town Board.



PICKLEBALL COURTS

Croton Avenue, Cortlandt Manor

With the increasing popularity of the growing paddle sport, Pickleball, the Town of Cortlandt has converted one tennis court at the Croton Community Recreation Area off of Croton Avenue (Down the road from Walter Panas High School) into four pickleball courts.



3 Memorial Drive, Croton on Hudson

The Cortlandt Hockey Rink located next to the Cortlandt Youth Center has also been converted into five Pickleball Courts. The rink will be used for Pickleball until mid November, when it will be turned into the Cortlandt Ice Rink until the beginning.



SPROUT BROOK PARK

130 Sprout Brook Road in Cortlandt Manor

The park is over 22 acres and has two softball fields, a little league field (which includes a snack bar and bating cage), soccer field, an all purpose field, a pavilion available for renting, a playground, and a dog park.



TENNIS COURTS

Nets will be kept up weather permitting at the following locations around mid March:

Lake Street Tennis Courts 6 Courts
Lake Street, Montrose

THE TOLL HOUSE

28 Bear Mountain Bridge Road, Cortlandt Manor

Located on Bear Mt. Road, Cortlandt Manor, NY Toll House was dedicated on September 22, 2002 and is a visitor center with information about the Hudson Valley. It is opened seasonally from May to November.

CORTLANDT WATERFRONT PARK

77 Riverview Avenue, Verplanck

Come and enjoy the Park, which includes a gazebo, fishing, crabbing, playground, veterans memorial, walking path, small boat, kayak and canoe launch area, horseshoe pits (bring your horseshoes). All with a spectacular view of the Hudson River! The Cortlandt Waterfront Park also hosts the Town of Cortlandt Summer Concert and Movie Series in the months of June through August.



TOWN OF CORTLANDT DEPARTMENT OF RECREATION AND CONSERVATION SEASONAL EMPLOYEE APPLICATION
1 HEADY STREET, CORTLANDT MANOR, NY 10567
914-734-1050 TOCREC@TOWNOFCORTLANDT.COM

Last Name	First Name	Phone #	Date Available
Address	City/Town	Zip	Email
Are you 18 years old or older? <input type="checkbox"/> Yes <input type="checkbox"/> No If not, what age? _____ DOB _____			
Minimum age for hire: CI: 14; Lifeguard, Maintenance/Cashier, Jr. Counselor, Playgrounds: 15; Intermediate Counselor: 16; Senior Counselor: 18			
EDUCATION (Name and Location of School)			DEGREE
High School			
College			
U.S. Military			
Other			
EMPLOYMENT HISTORY			
REF.			
From	To	Employer	Address
		Supervisor	Supervisor
From	To	Employer	Address
		Supervisor	Supervisor
PERSONAL REFERENCES			
REF.			
Name	Address	Phone No.	Sent
Name	Address	Phone No.	Sent
CERTIFICATIONS		RECREATION EXPERIENCE	
<input checked="" type="checkbox"/>	Expiration Date	<input checked="" type="checkbox"/>	Expiration Date
CPO	CPR		
LGT	1st Aid/ RTE		
WSI	Waterfront		
Positions applied for in order of preference			
1.		3.	
Applicants Signature:		Date	Interviewed by:
Recommended for employment		Title	Date
Yes <input type="checkbox"/> No <input type="checkbox"/>		Location	Salary
Practical Exam		Comment	

FOR FULL TIME EMPLOYMENT APPLICATIONS, PLEASE CONTACT TOWN OF CORTLANDT HUMAN RESOURCES AT 914-734-1004.

TOWN OF CORTLANDT ADULT PROGRAM ACTIVITY REGISTRATION FORM

Online registration available for Cortlandt Recreation Programs: www.townofcortlandt.com/reconline

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

Last Name _____ First Name _____

Street Address _____ PO Box _____

City _____ Zip _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Email Address _____

INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. By checking "I Accept" line below, you are signing this Agreement.

PHOTO RELEASE: I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as brochures and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. By checking "I Accept" line below, you are signing this Agreement. **I Accept** _____

Course#	Participants Name		Sex	DOB	Activity Name	Total Fee
	Last Name	First Name				
Total Fee						\$

NONRESIDENT S: 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR.
NONRESIDENT S ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM.

THE TOWN OF CORTALNDT DOES NOT PROVIDE ACCIDENT INSURANCE.
SEPARATE CHECKS FOR ALL PROGRAMS.

MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT
1 HEADY STREET, CORTLANDT MANOR, NY 10567

FOR OFFICE USE ONLY	
Deposited _____	_____
Date _____	_____

PRE-SCHOOL/ YOUTH PROGRAM ACTIVITY REGISTRATION FORM

Online registration available for Cortlandt Recreation Programs: www.townofcortlandt.com/reconline

PLEASE PRINT CLEARLY; APPLICATION MUST BE COMPLETELY FILLED IN

RPG Last Name _____ RPG First Name _____ RPG DOB _____
(Registered Parent/ Guardian)

Street Address _____ PO Box _____

City _____ Zip _____

Work Phone # _____ Home Phone # _____

Cell Phone # _____ Email Address _____

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Course#	Participants Name		Grade	Sex	DOB	Activity Name	Total Fee
	Last Name	First Name					
Total Fee							\$

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 SEPARATE CHECKS FOR ALL PROGRAMS.

MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT
 1 HEADY STREET, CORTLANDT MANOR, NY 10567

FOR OFFICE USE ONLY	
Deposited _____	_____
Date _____	_____

TOWN OF CORTLANDT 2025 SPRING BOYS YOUTH SOCCER

Fee: \$60 with ID Card
\$65 without ID Card
\$76 nonresident

Late Fee: (After 2/28)
\$70 with ID Card
\$75 without ID Card
\$90 nonresident

REGISTRATION DEADLINE:
FEBRUARY 28
Participants placed on the wait-list are not guaranteed a spot in the league.

**ONLINE REGISTRATION AVAILABLE AT
WWW.TOWNOFCORTLANDT.COM/RECONLINE**

If you would like to register by mail, please return this form and fee to: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567

ALL PLAYERS MUST PROVIDE THEIR OWN SHORTS AND HARD SHELL SHINGUARDS

Evaluations will take place at Blue Mountain Middle School (7 Furnace Woods Road, Cortlandt Manor) for players that did not participate in the Fall 2024 League:

1ST & 2ND GRADE BOYS
Monday 3/3 - 6:00 PM

3RD & 4TH GRADE BOYS
Monday 3/3 - 6:30 PM

5TH & 6TH GRADE BOYS
Monday 3/3- 7:00 PM

COACHES AND SPONSORS NEEDED

If you are interested in coaching, please go to www.townofcortlandt.com/reconline to register or call 914-734-1055 for more information. If you are interested in sponsoring a team, please call 914-734-1055. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

Child's Name _____ Male ___ Female ___ D.O.B. ___/___/___

School _____ Grade _____ Pertinent medical information _____

Has your child played soccer with the Town of Cortlandt before? Yes / No If your child has played soccer in the past, what team did they play on? _____

Does your child have any conflict, which could prevent him/ her from attending games on Sunday afternoons or practices on weeknights and Saturdays? (Circle One) Yes / No If yes, what? _____

Shirt Sizes (Circle One): **Youth Medium** (8-10) **Youth Large** (14-16)

Adult Small (34-36) **Adult Medium** (38-40) **Adult Large** (42-44) **Adult X-Large** (46-48)

RPG (Registered Parent/ Guardian) _____

Street Address _____ Town _____ Zip _____

Home # _____ Work or Cell # _____ Email _____

Emergency Contact Name _____ Emergency # _____

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I understand that my child agrees to play on any team assigned, obey all rules and to attend practice showing fair play and sportsmanship at all times.

Parents Signature _____ Date _____

FOR OFFICE USE ONLY:

TR Receipt # _____ CC Receipt # _____ Amount Paid \$ _____ Date Deposited _____

TOWN OF CORTLANDT 2025 SPRING GIRLS YOUTH SOCCER

Fee: \$60 with ID Card
 \$65 without ID Card
 \$76 nonresident

Late Fee: (After 2/28)
 \$70 with ID Card
 \$75 without ID Card
 \$90 nonresident

REGISTRATION DEADLINE:
 FEBRUARY 28
Participants placed on the wait-list are not guaranteed a spot in the league.

**ONLINE REGISTRATION AVAILABLE AT
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If you would like to register by mail, please return this form and fee to: Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY 10567

EVALUATIONS AT BLUE MOUNTAIN MIDDLE SCHOOL ONLY FOR PLAYERS THAT DID NOT PARTICIPATE IN THE FALL 2024 LEAGUE.

1ST & 2ND GRADE GIRLS Tuesday 3/4- 6:00 PM
3RD & 4TH GRADE GIRLS Tuesday 3/4 - 6:30 PM

5TH & 6TH GRADE GIRLS
 Tuesday 3/4 - 7:00 PM

COACHES AND SPONSORS NEEDED

If you are interested in coaching, please go to www.townofcortlandt.com/reconline to register or call 914-734-1055 for more information. If you are interested in sponsoring a team, please call 914-734-1055. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

Child's Name _____ Male ___ Female ___ D.O.B. ___/___/___

School _____ Grade _____ Pertinent medical information _____

Has your child played soccer with the Town of Cortlandt before? Yes / No If your child has played soccer in the past, what team did they play on? _____

Does your child have any conflict, which could prevent him/ her from attending games on Sunday afternoons or practices on weeknights and Saturdays? (Circle One) Yes / No If yes, what? _____

Shirt Sizes (Circle One): **Youth Medium** (8-10) **Youth Large** (14-16)

Adult Small (34-36) **Adult Medium** (38-40) **Adult Large** (42-44) **Adult X-Large** (46-48)

RPG (Registered Parent/ Guardian) _____

Street Address _____ Town _____ Zip _____

Home # _____ Work or Cell # _____ Email _____

Emergency Contact Name _____ Emergency # _____

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TOWN OF CORTLANDT GIRLS LACROSSE LEAGUE 2025

<p>Fee (1st & 2nd): \$50 with ID Card \$55 without ID Card \$66 nonresident</p> <p>Late Fee (1st & 2nd): \$55 with ID Card \$60 without ID Card \$72 nonresident</p> <p>Fee (3rd-6th): \$90 with ID Card \$95 without ID Card \$114 nonresident</p> <p>Late Fee (3rd- 6th): \$95 with ID Card \$100 without ID Card \$120 nonresident</p>	<p>REGISTRATION DEADLINE: THURSDAY, MARCH 9TH</p> <p>PARENTS MEETING: THURS., MARCH 9TH LACROSSE ALL PURPOSE FIELD (130 SPROUT BROOK ROAD, CORTLANDT MANOR)</p>	<p>ONLINE REGISTRATION ALSO AVAILABLE AT <u>WWW.TOWNOFCORTLANDT.COM/RECONLINE</u></p> <p>COACHES AND SPONSORS NEEDED If you are interested in coaching, please go to www.townofcortlandt.com/reconline to register or call 914-734-1053 for more information. If you are interested in sponsoring a team, please call 914-734-1053. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.</p>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

CHECK DIVISION BELOW

1ST/ 2ND GRADE GIRLS LACROSSE _____ 3RD- 6TH GRADE GIRLS LACROSSE _____

Child's Name _____

School _____ Grade _____ D.O.B. _____ / _____ / _____

Pertinent medical information (Allergies, medications, etc.) _____

Has your child ever played lacrosse before? Yes/ No Name of Team _____

RPG (Registered Parent/ Guardian) _____

Home # _____ Work or Cell # _____

Email _____

Street Address _____

Town _____ Zip _____

Emergency Contact Name _____ Emergency # _____

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Parents Signature _____ Date _____

FOR OFFICE USE ONLY:			
TR Receipt # _____	CC Receipt # _____	Amount Paid \$ _____	Date Deposited _____

Town of Cortlandt
Department of Recreation & Conservation
1 Heady Street
Cortlandt Manor, NY 10567-1254

Presort Standard
U.S. Postage
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